



## Triple Arthrodesis Fusion

### Post-Surgical Guidelines

**Week 2 Post-op** Follow up with the MD.  
Sutures are removed, x-rays obtained and new cast applied.

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**Week 6 Post-op** Follow up with the MD.  
Cast removed and x-rays taken.  
Walking boot usually applied, knee high compression stocking prescribed.  
Start formal PT.

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**Week 12 Post-op** Follow up with the MD.  
X-rays taken and fusion evaluated.  
Supportive shoe wear, orthotics, and physical therapy.

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**Month 6 Post-op** Follow up with x-rays and evaluation.