



## Excision of an Interdigital Neuroma

### Post-Surgical Guidelines

#### **Week 2 Post-op**

Follow up with the MD.

Sutures are removed, ace wrap and surgical shoe re-applied.

Wean out of surgical shoe at 3-4 weeks after surgery into a roomy shoe.

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#### **Week 6 Post-op**

Follow up with MD for final examinations.