



Minimally Invasive Bunion Realignment Surgery

Post-Surgical Guidelines

Week 0-2 Resting in dressing and walker boot - WBAT.

Week 2 Post-op Suture removal and application of DARCO toe splint - continue WBAT.
First post-op X-ray.
Start PT for ROM.

Week 4 Post-op X-ray check.
Continue PT.

Week 6 Post-op X-ray check and wean into roomy shoe +/- orthotic.
Continue PT.

12 weeks Post-op X-ray check.