

The background of the image is a photograph of a vast, open landscape. It features rolling green hills and fields that stretch towards a clear, bright blue sky. The lighting is natural, suggesting a sunny day. The overall mood is peaceful and serene.

*Prayer*  
MODELS



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# ACTS PRAYER

## ADORATION:

Begin your prayer in adoration and praise toward God. Let yourself be filled with wonder of who God is and how He desires to be with you, always. You can pray Psalm 100.

## CONFESSION:


Ask the Holy Spirit to reveal to you areas of sin and where you need God's grace. Confess to God what is on your heart in an authentic way. Be honest. Be real.

## THANKSGIVING:

Spend some time thanking God for the gifts in your life. Take account of the gifts that can often go unnoticed. Thank Him for each one.

## SUPPLICATION:

Lift up your cares and concerns to God. Pray for your needs, the needs of others, and anything else currently on your heart. Ask God to show you who else you need to pray for.



# THE LORD'S PRAYER

The Lord's Prayer is often recited in churches or at religious events, but there's so much more to this prayer. Jesus provided this model as an outline to teach us how to pray in a way that connects us to God, aligns our priorities with His, and helps us live dependently on Him.

Matthew 6:9-13 NKJV

*“Our Father in heaven, hallowed be your Name.  
Your Kingdom come, your will be done, on earth as it is in  
Heaven. Give us this day our daily bread.  
And forgive us our debts, as we forgive our debtors.  
And do not lead us into temptation, but deliver us from the evil  
one.  
For yours is the Kingdom and the power and glory forever.  
Amen.”*

# CONNECT WITH GOD RELATIONALLY

“Our Father in Heaven”

*“So you have not received a spirit that makes you fearful slaves. Instead, you received God’s Spirit when He adopted you as His own children. Now we call Him, “Abba, Father.”*

*ROMANS 8:15 NLT*

God loves for us to come to Him in this way— as His children who love Him and want to spend time with Him. Proclaim your personal relationship with God, addressing Him as your loving Father and thanking Him that you are His child.



# WORSHIP HIS NAME

“Hallowed be Your Name”

There is power in God’s name. Here is a list of some of His names to help us worship Him specifically and personally:

- God is Righteousness - He makes me clean
- God is Sanctifier - He has called me and set me apart
- God is Healer - He heals all my diseases
- God is Banner of Victory - He defeated my enemies
- God is Shepherd - He speaks to me and leads me
- God is Peace - He is my peace in every storm
- God is Provider - He supplies all of my needs

*“The name of the Lord is a strong tower; the righteous man runs into it and is safe.”*

*PROVERBS 18:10 ESV*

Speak God’s names out loud. When we proclaim who He is, we not only worship Him, but we also remind ourselves how powerful and great our God is.

# PRAY HIS AGENDA FIRST

“Your Kingdom come, your will be done, on earth as  
it is in Heaven”

We know God’s will is perfect, and we acknowledge His wisdom  
and sovereignty when we pray His agenda first.

*“He will always give you all you need from day to day if you will  
make the Kingdom of God your primary concern.”*

*LUKE 12:31 TLB*

Spend time focusing on what God is focused on. His priorities  
include:

- The whole world to know Jesus
- Blessing for those in authority
- Caring for the poor
- The Church around the world
- Freedom for those in bondage
- Accomplishing His purpose in our lives

# DEPEND ON HIM FOR EVERYTHING

“Give us this day our daily bread”

God promises to supply all our needs, and He wants us to trust Him to provide.

*“I look up to the mountains—does my help come from there? My help comes from the Lord, who made Heaven and earth!”*

*PSALM 121:1-2 NLT*

Ask God for what you need today. Bring your requests to Him, and trust Him enough to hand them over to Him fully. It may help to open your hands before God to physically show your surrender to Him. Problems can either be ours or God’s; they can’t be both.

# FORGIVE AND BE FORGIVEN

*“Forgive us our debts, as we forgive our debtors.”*

When we turn away from our sins and receive His forgiveness, our hearts are more prepared to forgive others as well.

*“If we confess our sins, He is faithful and just and will forgive us our sins and purify us from all unrighteousness.”*

*1 JOHN 1:9*

Ask God to check your heart and life and show you areas where you might need to ask for His forgiveness. Ask Him to forgive you and to help you forgive others. We can even choose to forgive people in advance!

# ENGAGE IN SPIRITUAL WARFARE

“And do not lead us into temptation, but deliver us from the evil one.”

The Bible makes it clear that we have an enemy who is trying to steal from us, kill us, and destroy us. As we pray, we take our stand against the enemy and fight from a place of victory through Jesus as we're empowered by His Holy Spirit. There is power in God's Word, and every lie the enemy has told us can be replaced with God's truth.

*“For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms.”*

*EPHESIANS 6:12*

Ask God to show you any lies you're believing or spiritual warfare happening in your life. If we resist the devil, he will flee from us. Through prayer, we can resist him and walk forward in freedom.

# EXPRESS YOUR FAITH IN GOD'S POWER

“For Yours is the Kingdom and the power and the glory forever.”

Ending our prayer time by claiming God's authority and power helps focus our minds on the truth and hope of who He is and what He can do.


*“Ah, Sovereign LORD, You have made the heavens and the earth by Your great power and outstretched arm. Nothing is too hard for You.”*

*JEREMIAH 32:17*

Remind yourself of God's power and then return to praising Him and declaring your faith in Him:

- “Yours is the Kingdom” - all authority belongs to You
- “Yours is the Power” - all mightiness flows from You
- “Yours is the Glory” - Your victory will be complete





# TABERNACLE PRAYER



# THE OUTER COURT

## Thanksgiving and Praise

*“Enter His gates with thanksgiving and His courts with praise; give thanks to Him and praise His name.”*

*PSALM 100:4 NIV*

Spend some time really thinking about all the blessings in your life for which you're thankful. You can write down a list, sing your own song of praise, or just spend quiet moments reflecting on your gratitude and praise toward God.

# THE BRAZEN ALTAR

## The Cross of Jesus

Thank God for the gift of Jesus for His sacrifice and love. Let the power of the cross and what it means for your life really settle in your spirit. In addition to expressing your gratitude, claim the power of transformation and healing that the cross of Jesus has in your life.

*“Praise the LORD, my soul, and forget not all His benefits—who forgives all your sins and heals all your diseases, who redeems your life from the pit and crowns you with love and compassion, who satisfies your desires with good things so that your youth is renewed like the eagle’s.”*  
*PSALM 103:2-5 NIV*

# THE LAVER

## The Cleansing and Preparing

Because of what Jesus did on the cross, we can confess our sins to Him and receive complete forgiveness and a fresh start. In prayer, humbly and sincerely turn away from your sins and allow God to cleanse and renew you. Then, surrender your life and every part of yourself to Him.

*“I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship.”*

*ROMANS 12:1 ESV*

# THE CANDLESTICK

## The Holy Spirit

When Jesus left the earth, Christians were given the gift of the Holy Spirit. He calls the Holy Spirit our “advocate.” We cannot do what God has called us to do without His supernatural power. It is through the Holy Spirit that God comforts us, guides us, and empowers us.

*“The Spirit of the LORD will rest on Him—the Spirit of Wisdom and of Understanding, the Spirit of Counsel and of Might, the Spirit of the Knowledge and fear of the LORD...”*

*ISAIAH 11:2 NIV*

# THE TABLE OF SHEWBREAD

## The Word of God

God's word is an incredible gift and a powerful tool; and it has great relevance and impact in our prayer life. Here is how you can incorporate God's Word into your prayer time:

1. Take time to read and think about the Word.
2. Claim God's many great promises for your life and the world around you.
3. Ask Him for fresh revelation of His Word.
4. Ask Him for a Word to help you as you go throughout your day.

*"Keep this Book of the Law always on your lips; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful."*

*JOSHUA 1:8 NIV*

# THE ALTAR OF INCENSE

## Worship

Thank God for making His presence available to you. Praise His Names and worship Him personally and specifically for Who He is and how He has moved in your life.

*“The name of the LORD is a strong tower;  
the righteous run to it and are safe.”*

*PROVERBS 18:10 NKJV*

# THE ARK OF THE COVENANT

## Intercession

The final place in the Tabernacle was the Holy of Holies, where God's presence dwelled. There, the priest interceded by praying on behalf of the people of God. In the same way, we intercede on behalf of those around us.

*“I urge, then, first of all, that petitions, prayers, intercession and thanksgiving be made for all people—for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness.*

*This is good, and pleases God our Savior, who wants all people to be saved and to come to a knowledge of the truth.”*

*1 TIMOTHY 2:1-4 NIV*

