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Work Experience & Volunteering



**INTERNATIONAL
LANGUAGE CENTRES**

Work Experience & Volunteering Course Description

Work Experience and volunteering programmes are designed to help young people and employees working in certain sectors where the use of English is important. These days it is becoming more and more important for people to be able to speak English well in the workplace.



Age: 16+
Level: B1+

Duration:
1-6 weeks

This course has two elements. In the mornings, the participants take a general English course designed to help them improve their communication skills in an international setting. In the afternoons, the participants do work experience as a volunteer in a local charity shop, NGO or similar organisation. This gives them a good chance to practise using English in a real working environment.

What are the benefits?

- Improving your general English language skills
- Giving you practice in a real life situation
- Learning how to deal with colleagues in English
- Giving you experience of work in the UK
- Every placement is individualised for each student
- All registered charities are in Colchester and are easily accessible by a short bus ride or within walking distance of the town centre

Some of the skills that students will develop whilst they are volunteering will include;

- Customer Service
- Business Etiquette
- Time Management
- Self-Reliance
- Interpersonal Skills
- Problem-Solving
- Practical Skills
- Commercial Awareness
- Organizational Skills
- Speaking and Listening

Sample Programme

	Monday	Tuesday	Wednesday	Thursday	Friday
09:30 – 10:45	Vocabulary building: Food and cooking	"Listening and Speaking: Food and eating"	"Reading and discussing an article about food science"	"Listening and speaking about restaurants: Present simple and continuous"	"Review and test: Writing about eating habits in your country"
11:00 – 12:45	"Vocabulary building: Money and spending habits"	"Present perfect/ past simple: Talking about experiences"	"Reading about a business person's life: Discussing ways to overcome problems"	"Talking about changes: Present perfect and for/since Writing a summary of your life"	"Review and test: Researching and presenting information about a tycoon."
14:00 - 17:00	Volunteering placement	Volunteering placement	Volunteering placement	Volunteering placement	Volunteering placement
Evening	With host family	With host family	With host family	With host family	With host family



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CERTIFICATE

Katia Casale

attended a course in English language and work experience
from 30/08/2019 to 30/09/2019,
reaching Upper-Intermediate level
(B2 on the Common European Framework for Language).

The course consisted of twenty fifty-minute lessons per week and local work experience of ten to fifteen hours a week.

The language course comprised:

- o Vocabulary building of topical and functional lexis
- o Grammatical use of language
- o Listening for general meaning and detail to recorded native speaking
- o Pronunciation of sounds, words and sentences
- o Speaking for fluency and interaction
- o Reading various types of text for general meaning and detail
- o Extended writing for accuracy, coherence and cohesion

Work experience involved a placement with a local employer to facilitate real-life tasks with the application of English language in an authentic setting.



ENGLISHUK
member

Accredited by the
BRITISH
COUNCIL

All students will receive a personalised certificate with details of their course content and



Accredited by the
BRITISH
COUNCIL
for the teaching
of English in the UK

ILC is a member of
English UK and accredited
by the British Council.

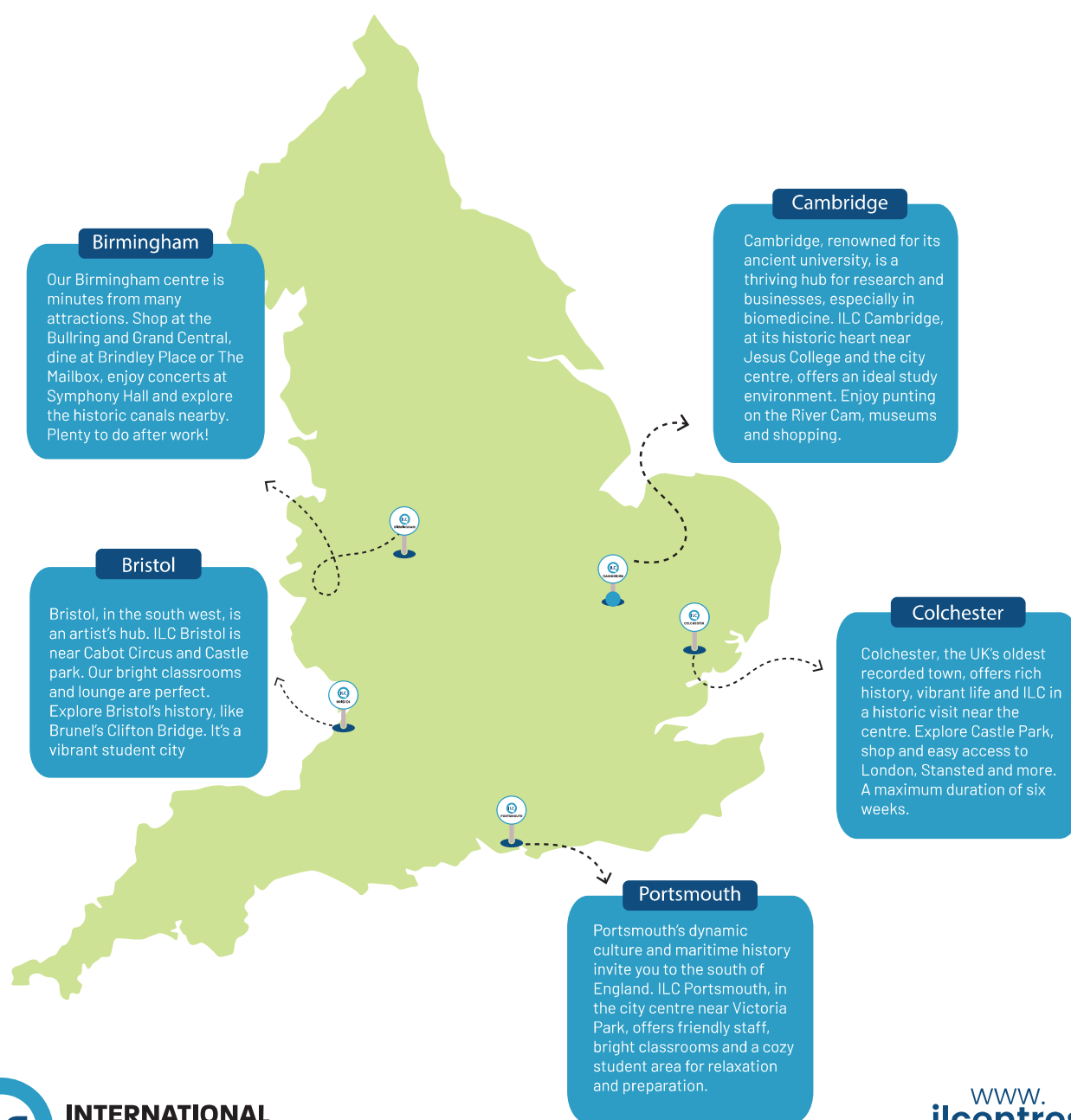


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Our Locations

We offer volunteering opportunities at all of our locations for students above the age of 16, allowing them to experience English culture in a variety of local cultures and improve their English, with a maximum duration of six weeks



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Some of Our Example Charities (Volunteering placements depend on availability)

Refugee Action

Refugee Action is a voluntary organisation working with refugees, asylum seekers and people with no access to public funds. They offer non-judgemental assistance to individuals and families in need. Refugee Action supports newcomers in navigating the challenges of a new town, foreign language, job market and cultural norms.



Dog Trust

Dogs Trust is the UK's largest dog welfare charity and cares for over 15,000 dogs each year through a network of 20 rehoming centres in the UK. They have been involved in every piece of legislation affecting dogs over the past 126 years. Their mission is to bring about the day when all dogs can enjoy a happy life, free from the threat of unnecessary destruction.



Emmaus Cafe

Emmaus are working together to end homelessness. They believe that overcoming homelessness often means more than a roof over your head. That's why Emmaus supports people to work their way out of homelessness, providing meaningful work as well as a stable home for as long as someone needs it. Emmaus have charity shops and cafes all over the United Kingdom.



PDSA

PDSA are the UK's leading vet charity. PDSA are dedicated to improving pet wellbeing in three very special ways – by educating owners, preventing disease and carrying out life-saving operations. Every year, the dedicated teams at 48 Pet Hospitals work tirelessly to provide 2.7 million veterinary treatments.



British Heart Foundation

The British Heart Foundation is dedicated to tackling cardiovascular disease, encompassing heart attacks, strokes, and congenital heart conditions in newborns. They fund critical research that has led to life-saving advancements like heart transplants, pacemakers, stents, and portable defibrillators. These innovations are now widely available, shaping a healthier future for heart health across the UK, making these vital tools accessible to everyone.



SENSE

This is a small charity shop with friendly and helpful staff in Colchester town centre. Sense is a charity here to help people communicate and experience the world. They believe that no one, no matter how complex their disabilities, should be isolated, left out, or unable to fulfil their potential.

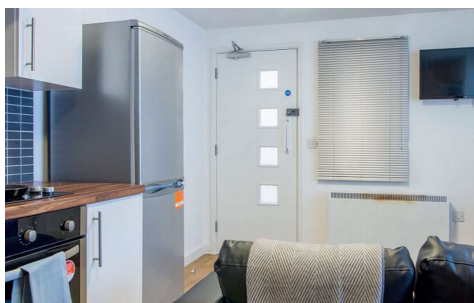


Group Bookings

ILC can accommodate group bookings for the Work Experience program in both Colchester and Cambridge. Course timetables are flexible and can be customised to meet specific requests. In cases involving larger groups, a split timetable may be necessary to ensure effective learning and participation.

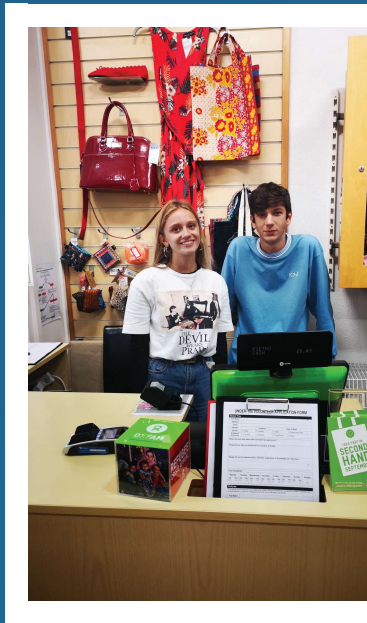
Accommodation

- ILC has plenty of comfortable and affordable accommodation options for you to choose from.
- Accommodation can get busy in the summer months, so be sure to book early.
- To experience the real local lifestyle, you may prefer a local homestay. You will talk to the hosts and enjoy home-cooked meals together. If you choose self-catering, you will have many opportunities to chat with the Homestay provider as well. Staying with a host family is a great option to really immerse yourself in the English language.
- For more independent students, we offer a choice of halls of residences or local hotels. Many of the residences have excellent onsite facilities such as gyms and places to eat and drink.





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