

SUNDAY

STUDENT
ARRIVE
AT THE
SUMMER
CENTRE

Evening Activity
Teambuilding Games

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

09:00 – 09:30



09:30 – 09:45

MORNING ASSEMBLY

09:45 – 10:45

LESSON 1

10:45 – 11:00



11:00 – 12:00

LESSON 2

12:00 – 12:15



1/2 Day Excursion to



12:15 – 13:15



CLACTON
PIER



13:15 – 14:00

PROJECT LESSON

PROJECT LESSON

PRESENTATIONS

14:00 – 16:00

AFTERNOON
ACTIVITY

Tour of
Ipswich &
Photo
Challenge

AFTERNOON
ACTIVITY

Sport:
Swimming &
Basketball
OR
Skill: African
Drumming &
Marshmallow
Towers

Relax and play at
the beach or pay
for:

- Fun & thrilling rides
- Arcade games
- Ten Pin Bowling
- Adventure Golf
- Ferris Wheel

AFTERNOON
ACTIVITY

Jump Rope
Workshop

AFTERNOON
ACTIVITY

Sport:
Swimming
& Kin-Ball
OR
Arts & Crafts:
Build a Roller
Coaster

16:00 – 18:00

FREE TIME

FREE TIME

18:00 – 18:45



Burgers & Bingo
Night



DINNER | 19:15 – 20:00

19:00 – 20:00

Evening Activity
Dodgeball

Evening Activity
Pictionary Teams
Tournament

Evening Activity
Water Bottle
Football

Evening Activity
Disco Karaoke &
Dance Off

Evening Activity
Film Night

20:00 – 22:30

FREE TIME & LIGHTS OUT AT 22:30

FULL DAY
EXCURSION

London

Walking Tour Of

- Big Ben
- Westminster Abby
- St James's Park
- Buckingham Palace
- Trafalgar Square
- Leicester Square
- Picadilly Circus

Free Time &
Shopping After Tour



INTERNATIONAL
LANGUAGE CENTRES



INTERNATIONAL
LANGUAGE HOLIDAYS

www.ilcentres.com

WEEKLY PROGRAMME
5–15 July

ILH IPSWICH RESIDENTIAL SUMMER CENTRE 2026



INTERNATIONAL
LANGUAGE CENTRES



INTERNATIONAL
LANGUAGE HOLIDAYS

www.ilcentres.com

WEEKLY PROGRAMME
12-18 July

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST 09:30 - 10:00	09:00 - 09:30 BREAKFAST					
MORNING ACTIVITY 10:00 - 12:00 Recycled Fashion show	09:30 - 09:45 MORNING ASSEMBLY					
	09:45 - 10:45 LESSON 1					
	10:45 - 11:00 BREAK					
	11:00 - 12:00 LESSON 2					
	12:00 - 12:15 BREAK		1/2 Day Excursion to		12:00 - 12:15 BREAK	
	12:15 - 13:15 LUNCH		BURY ST EDMUNDS		12:15 - 13:15 LUNCH	
Collect Packed Lunch	PROJECT LESSON		<ul style="list-style-type: none"> • St Edmundsbury Cathedral • Abbey Gardens • Arc shopping centre 		PROJECT LESSON	PRESENTATIONS
FREE TIME DEPARTURES & ARRIVALS AT THE SUMMER CENTRE	AFTERNOON ACTIVITY 'Minefield' Obstacle Course at Christchurch Park	AFTERNOON ACTIVITY Sport: Swimming & Rugby OR Arts & Crafts: T-shirt painting			AFTERNOON ACTIVITY Visit Christchurch Mansion & Frisbee Competition in Christchurch Park	AFTERNOON ACTIVITY Sport: Swimming & Tennis OR Skill: Circus Skills & Balloon Drop
	14:00 - 16:00 FREE TIME				14:00 - 16:00 FREE TIME	
	16:00 - 18:00 FREE TIME				16:00 - 18:00 FREE TIME	
DINNER	18:00 - 18:45 DINNER		Burgers & Quiz Night		18:00 - 18:45 DINNER	
Evening Activity Teambuilding Games	Evening Activity Drama Club	Evening Activity Water Pistol Battle			Evening Activity Chalk Graffiti Challenge	Evening Activity ILH Has Got Talent & Awards Ceremony
	19:00 - 20:00					Evening Activity Film Night
	20:00 - 22:30 FREE TIME & LIGHTS OUT AT 22:30					
						FULL DAY EXCURSION <i>Cambridge</i> Walking tour of: <ul style="list-style-type: none"> • The Colleges • River Cam • Mathematical Bridge • Great St Mary's Church • The Corpus Clock • Market Square • The Fitzwilliam Museum Free time to try punting and visit a college, and go shopping after tour
						DINNER 19:15 - 20:00

ILH IPSWICH RESIDENTIAL SUMMER CENTRE 2026



INTERNATIONAL LANGUAGE CENTRES



INTERNATIONAL LANGUAGE HOLIDAYS

www.ilcentres.com

WEEKLY PROGRAMME 19-25 July

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST 09:30 - 10:00	09:00 - 09:30	🕒 BREAKFAST 🕒				
MORNING ACTIVITY 10:00 - 12:00 Stop Motion Films	09:30 - 09:45	MORNING ASSEMBLY				
	09:45 - 10:45	LESSON 1				
	10:45 - 11:00	🕒 BREAK 🕒				
	11:00 - 12:00	LESSON 2				
	12:00 - 12:15	🕒 BREAK 🕒		1/2 Day Excursion to	🕒 BREAK 🕒	
Collect Packed Lunch	12:15 - 13:15	🍴 LUNCH 🍴		ESSEX OUTDOORS-MERSEA	🍴 LUNCH 🍴	
FREE TIME DEPARTURES & ARRIVALS AT THE SUMMER CENTRE	13:15 - 14:00	PROJECT LESSON		After 'It's a Knockout' inflatable obstacle course, head to the beach for: • Games • Crabbing	PROJECT LESSON	PRESENTATIONS
	14:00 - 16:00	AFTERNOON ACTIVITY Tour of Ipswich & Photo Hunt OR Scavenger Hunt in Christchurch Park	AFTERNOON ACTIVITY Sport: Swimming & Volleyball OR Skill: African Drumming & Parachute Challenge		AFTERNOON ACTIVITY Archery & Rocket Making with SCHOOL'S OUT	AFTERNOON ACTIVITY Sport: Swimming & Rounders OR Arts & Crafts: Build a 'Zap' Maze
	16:00 - 18:00	FREE TIME			FREE TIME	
🍴 DINNER 🍴	18:00 - 18:45	🍴 DINNER 🍴		Burgers & Bingo Night	🍴 DINNER 🍴	
Evening Activity Teambuilding Games	19:00 - 20:00	Evening Activity Murder Mystery	Evening Activity Popsicle Towers		Evening Activity 'Hide-and-Seek' Tag	Evening Activity Disco: Karaoke & Dance Off
	20:00 - 22:30	FREE TIME & LIGHTS OUT AT 22:30				
						FULL DAY EXCURSION <i>London</i> Walking tour of: • Tower Bridge • Shakespeare's Globe Theatre • Tate Modern Gallery • Millenium Bridge • St Paul's Cathedral • Southbank • London Eye Free time & shopping after tour
						DINNER 19:15 - 20:00
						Evening Activity Film Night

ILH IPSWICH RESIDENTIAL SUMMER CENTRE 2026



INTERNATIONAL LANGUAGE CENTRES



INTERNATIONAL LANGUAGE HOLIDAYS

www.ilcentres.com

WEEKLY PROGRAMME
26 July-1 August

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST 09:30 - 10:00	09:00 - 09:30	🕒🍳 BREAKFAST 🕒🍳				
MORNING ACTIVITY 10:00 - 12:00 Build a Racecourse	09:30 - 09:45	MORNING ASSEMBLY				
	09:45 - 10:45	LESSON 1				
	10:45 - 11:00	🕒☕ BREAK ☕🕒				
	11:00 - 12:00	LESSON 2				
	12:00 - 12:15	☕ BREAK ☕		1/2 Day Excursion to	☕ BREAK ☕	
Collect Packed Lunch	12:15 - 13:15	🍴 LUNCH 🍴		LANDGUARD FORT	🍴 LUNCH 🍴	
FREE TIME DEPARTURES & ARRIVALS AT THE SUMMER CENTRE	13:15 - 14:00	PROJECT LESSON		After visiting the fort, head to the beach for: • Games • Crabbing	PROJECT LESSON	PRESENTATIONS
	14:00 - 16:00	AFTERNOON ACTIVITY Capture the Flag at Christchurch Park	AFTERNOON ACTIVITY Sport: Swimming & Kin-Ball OR Skill: Dance Club		AFTERNOON ACTIVITY Visit Ipswich Museum & Tug-of-War Battle in Christchurch Park	AFTERNOON ACTIVITY Sport: Swimming & Badminton OR Skill: Circus Skills & Popsicle Catapults
	16:00 - 18:00	FREE TIME			FREE TIME	
🍴 DINNER 🍴	18:00 - 18:45	🍴 DINNER 🍴		Burgers & Quiz Night	🍴 DINNER 🍴	
Evening Activity Teambuilding Games	19:00 - 20:00	Evening Activity Fright Night	Evening Activity Build an Alien		Water Pistol Battle	ILH Has Got Talent & Awards Ceremony
	20:00 - 22:30	FREE TIME & LIGHTS OUT AT 22:30				
						FULL DAY EXCURSION <i>Norwich</i> Walking tour of: • Norwich Cathedral • Norwich Castle • Norwich Market • Elm Hill • The Royal Arcade Free time to visit the Cathedral and Castle, and go shopping after tour
						DINNER 19:15 - 20:00
						Evening Activity Film Night