

Special Focus

Fussy to Fulfilled

Psalm 131

Presented by
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February 8, 2026

Psalm 131

A song of ascents. Of David.

*1 Lord, my heart is not proud;
my eyes are not haughty.*

*I do not get involved with things
too great or too wondrous for me.*

*2 Instead, I have calmed and quieted my soul
like a weaned child with its mother;
my soul is like a weaned child.*

*3 Israel, put your hope in the Lord,
both now and forever.*

David's Defense (Vs. 1)

- Mankind is tempted to pursue what is beyond its reach!

David's Description (Vs. 2)

- Our fussiness is a sign of discontentment in the Lord!

David's Declaration (Vs. 3)

- The Lord is the answer to the fussiness of our flesh!

Discussion Questions:

1. What does it look like to build our own kingdom vs God's kingdom?
2. How is God teaching you to be fulfilled in Him through the trials that you have faced in the past or the present?
3. If an unbeliever were to ask you, "Why is having a relationship with the Lord fulfilling?" what would your response be?

Today's Worship Songs:

I Thank God

Let the Redeemed

There Is a Fountain

King of Kings

Only the Blood