



Registered Dietitians covered by insurance

Match with
your RD today



About Fay

Registered Dietitians meet with you 1-on-1 to design a plan that is customized to your needs.

This could include [meal planning](#), [journaling](#), or a number of other methods that are [clinically proven to work](#).

How Fay works

Your doctor referred you to see a dietitian — here's what to do next!



Find a dietitian

Book a consultation with a dietitian that specializes in your needs and accepts your insurance.



Meet virtually or in-person

Connect with your dietitian online from the comfort of your home or meet in-person.



Pay with insurance

Every dietitian is in-network, and we bill to insurance after your appointment, so you don't have to worry.

Find a Registered Dietitian for

Diabetes
PCOS
Eating Disorders
IBS
High Blood Pressure
Oncology
Sports Nutrition

Pregnancy
Thyroid Health
Transplants
General Nutrition
Weight Management
Ozempic / GLP-1 Support
[And so much more!](#)

Let insurance pay

Fay helps you find a highly qualified Registered Dietitian that accepts your insurance, so you can get the care you need while saving money.



and 700+ more plans

\$0 per session for 95% of people

Get your price estimate at faynutrition.com/get-your-price