

# **Mother/Son Amazing Race**

# 2025 Race FAQ

# **Overall Logistics**

#### How does the race work?

The race will start at the St. John Campus, where you'll receive race instructions and your first challenge to complete as a team. After completing your first challenge, you'll receive directions to a location in Central Austin.

Your team will complete two stations at each location before receiving instructions on how to proceed to the following location. After visiting three locations around Central Austin, we'll direct you back to the St. John Campus for your final challenge and a celebration at the finish line!

# What if I'm not competitive?

This year, we'll have four different heats competing across six stations scattered throughout Central Austin. Each heat includes a non-competitive option for first-time racers or those who prefer to take their time with the race. This way, every racer can race with others at their congregation at the best pace for each mom and son!

#### Are mother figures included?

We recognize that not every boy has a mom who will be able to join, so we welcome grandmothers, aunts, and/or family friends to step in with any young men they love and care for!

#### Can I race with multiple sons?

Absolutely! When you sign up, you can include information and payment for each son participating.





#### Can I race with a friend?

Yes! You and your son(s) can choose to race by yourselves or with another mother/son pair. When you register, the form includes a section to list the names of the mother/son pairs with whom you plan to race!

#### What if my sons are too old now?

We encourage moms and sons who have aged out of the race to volunteer together! A majority of our volunteers are previous racers! To sign up to serve, <u>click here</u>.

#### When will my race start time be?

This year, we have four races that start at 12pm, 1pm, 2pm, and 3pm. We split the races by **congregation** registrations. After registration closes, we'll share your race start time with you on **Wednesday, October 1.** 

If you're unable to race at your assigned time, please notify us, and we will help you find another race.

#### **Before the Race**

#### What should I do before the race?

Register! Registration is \$20 **per racer** and includes all the necessary supplies for the race. Registration opens Sunday, August 3, and closes Sunday, September 28. <u>Click here</u> to register.

#### Are there any required forms I need to fill out?

You'll receive a link to sign our digital waivers on **Wednesday, October 1.** Complete the digital waivers on or before **Wednesday, October 15** (three days before race day). After October 15, we cannot accept digital waivers—you'll need to complete them onsite at check-in.





# **Race Day Logistics**

## How long does the race take?

The race takes about  $2\frac{1}{2}$  hours from check-in to the finish line.

### Where does the race take place?

This year, the race will start and end at the St. John Campus (500 E. St. Johns Avenue, Austin, TX 78752). Then, you'll complete multiple stations at different locations around Central Austin and finish at the St. John Campus.

#### What should we wear?

We recommend wearing clothes you can comfortably move around in and don't mind getting wet or dirty. Moms will receive a fanny pack at check-in to carry their phones and wallets throughout the race. **Please leave your purse at home,** because you'll get in and out of your car throughout the race. We'll also give the boys a shirt at the start of the race that they can change into or save for later!

## What should we bring?

We recommend bringing some water bottles, snacks, and towels in your car, just in case!

