

combi pocket x compass edition

EN

Combining multiple drugs is not recommended. Effects and risks can add up unpredictably, and it puts an extra burden on your body. **If you decide to mix anyway:**

- ▶ **Avoid dangerous combinations.**
- ▶ **Educate yourself thoroughly** about each drug and try them one at a time first.
- ▶ **Take especially low doses.**
- ▶ **Avoid redosing if you can,** or at least be extra careful – make sure to wait until effects have peaked.
- ▶ **Avoid mixing multiple sedating drugs** (downers, e.g. alcohol, benzos, opioids, ketamine) as this can slow down your breathing to a life-threatening degree.
- ▶ **In an emergency:** If someone is unconscious, immediately call an ambulance (144) – it could be lifesaving!
- ▶ **Are you taking any medication?** Talk to your healthcare provider to rule out any risky interactions. They are here to help and bound by confidentiality.
- ▶ **Any questions?** Use free, anonymous drug checking or get an online consultation at saferparty.ch.

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Every individual reacts differently to drugs. There is no risk-free use. This information is provided for orientation only. It reflects the latest scientific knowledge as of 2026 and has been reviewed by medical professionals, but not all of the data can be fully verified.

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just say know

combi compass

pocket edition



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✘ Danger: Risk of death!
!- Warning: High risk
○ Risky
○ Less risky

	Alcohol	Benzodiazepines	Opioids	Codeine	Tramadol	Ketamine	Laughing Gas	Cocaine	(Meth-)Amphetamine	3-MMC, 4-MMC	MDMA	Magic Mushrooms	LSD	Cannabis	
Alcohol	AL	✘	✘	✘	✘	!	○	○	○	○	○		○	○	
Benzodiazepines	✘	✘	✘	✘	✘	!			○	○				Xanax, Valium; incl. Z-Drugs (Zolpidem etc.)	
Opioids	✘	✘	✘	✘	✘	✘	!	!	○	○				Heroin, Oxycodone, Morphine, Fentanyl etc.	
Codeine	✘	✘	✘	CO	!	✘	○	!	○	○				«lean»	
Tramadol	✘	✘	✘	!	TR	✘	!	!	!	✘	✘				
Ketamine	!	!	✘	✘	✘	KE	○	○	○	○			○		
Laughing Gas	○		!	○	!	○	LA	○	○	○	○	○	○	○	«nitrous», «whippets»
Cocaine	○		!	!	!	○	○	CC	○	○	○	○	○	○	«coke», «blow»
(Meth-)Amphetamine	○	○	○	○	!	○	○	○	AM	○		○	○	○	«speed», «tina», «ice», «crystal meth»
3-MMC, 4-MMC	○	○	○	○	✘	○	○	○	○	3/4	○	○	○	○	«mephedrone», «m-cat», «meow»; incl. 2-MMC
MDMA	○				✘		○	○		○	MD				«ecstasy», «molly»
Magic Mushrooms							○	○	○	○		MM	○	○	Psilocybin, Psilocin
LSD	○					○	○	○	○	○		○	LS	○	
Cannabis	○											○	○	CA	