



**“A luxurious journey through life supplying
all natural ingredients fresh fruit and
veggie combinations that fuel the body”**

FRUIT SMOOTHIES

Boosts energy & hydration



16oz

24oz

King Hawaiian

strawberry, pineapple, peach and mango

27.5gm protein,
255 kcal

28.8gm protein,
383 kcal

All American

strawberry and banana

52.3gm protein,
176 kcal

53.4gm protein,
264 kcal

Mango Meltdown

pineapple, mango and banana

10.1gm protein,
307 kcal

14gm protein,
460 kcal

Fruit Krave

orange, pineapple and mango

6gm protein,
264 kcal

7.7gm protein,
396 kcal

Tropics

pineapple, strawberry and banana

7.3gm protein,
258 kcal

7.3gm protein,
387 kcal

Juicy Jay

strawberry and pineapple

4.5gm protein,
153 kcal

6.2gm protein,
230 kcal

Rock Fuel

strawberry, blueberry, raspberry, blackberry and banana

7gm protein,
281 kcal

9.3gm protein,
422 kcal

Sizes: 16 oz **\$7** | 24 oz **\$10**



PROTEIN SMOOTHIES

Blends for strength & stamina



16oz

24oz

Golden State

*peanut butter, chocolate,
banana*

57gm protein,
409 kcal

63gm protein,
619 kcal

Ruby Red

*peanut butter, ginger,
beets and banana*

36.1gm protein,
343 kcal

41.6gm protein,
514 kcal

Peanut Butter Banana

Peanut butter and banana

53.25gm protein,
287 kcal

58gm protein,
416 kcal

Power Up

*strawberry, blueberry,
raspberry, blackberry,
banana and peanut butter*

35.5gm protein,
345 kcal

40.5gm protein,
518 kcal

Sizes: 16 oz **\$7** | 24 oz **\$10**

"Fuel your day with fresh flavors,
real ingredients, and nourishment
that feels as good as it tastes"



VEGGIE SMOOTHIES

Recovery blends



16oz

24oz

Emerald Green

spinach, kale, pineapple, apple and banana

28.8gm protein,
319 kcal

31.7gm protein,
459 kcal

Skin Helper

pineapple, apple, cucumber and spinach

3.0gm protein,
221 kcal

4.5gm protein,
332 kcal

Kandy Green

pineapple, mango and kale

5.2gm protein,
235 kcal

7.8gm protein,
352 kcal

Sizes: 16 oz **\$7** | 24 oz **\$10**

FRESH JUICES + SHOTS

ABC

205 Kcal

The Flush

180 Kcal

SINGLE JUICE SHOTS

Orange

176 Kcal

Carrot

160 Kcal

Apple

169 Kcal

Celery

79 Kcal

GINGER

LEMON

WHEAT GRASS

FLU SHOT

Sizes: 16 oz | **\$10**

Sizes: 2 oz | **\$5**



CHOCOLATE SMOOTHIES

Creamy blends for muscle recovery



16oz

24oz

Cookie Monsta

oreos

20.75gm protein,
247 kcal

37.5gm protein,
376 kcal

Bake Cookies

peanut butter and oatmeal

25.25gm protein,
310 kcal

44gm protein,
439 kcal

Chocolate Banana

chocolate and banana

22.75gm protein,
235 kcal

41.5gm protein,
364 kcal

ADD BOOSTERS (\$2)

Enhance your performance

Seamoss

Oats

Glutamine

Creatine

Shilajit

Fat Burner

Macca Root

Multi Vitamin

Energy Blend

Protein

Meal Replacement

Sizes: 16 oz \$7 | 24 oz \$10



BOOSTER BENEFITS



Sea moss

- Rich in essential minerals containing 92 out of 102 natural minerals
 - High in fiber and supports regular bowel movement
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Creatine

- Increase strength and power
 - Supports brain fog
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Glutamine

- Muscle recovery
 - Strengthens the immune system
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Shilajit

- Increases testosterone
 - Boosts stamina and supports libido
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Macca root

- Hormone balance
- Mood support and fertility

