# **ALL DAY BREAKFAST**

#### Pancakes & Waffles since 1940

Our batters are made in-house everyday, and made to order!

**Traditional Pancakes (4)** 

French Toast (4)

Large Belgium Waffle (1)

Add banana, chocolate chips, mixed berries or walnuts for an extra charge.

## **Eggcellent Breakfasts**

#### **Two-Egg Traditional**

2 extra large Canadian Grade A eggs, homefries and toast with your choice of premium smoked bacon, ham or farmer's sausage.

With premium protein: Canadian peameal bacon, turkey bacon or turkey sausage

#### Steak & Eggs

Fresh-cut AAA NY striploin, 2 extra large eggs, homefries, and toast. 6 oz. or 8 oz.

#### **Montreal Corned Beef Hash**

Lean minced corned beef, sautéed onions, 2 extra large eggs, homefries, and toast.

#### **Chorizo Sausage Hash**

Chorizo sausage, sautéed onions, 2 extra large eggs, homefries, and toast.

#### Maple Leaf

Three extra large Canadian Grade A eggs, maple sausages, homefries, baked beans, and toast.

#### Fran's Energy Breakfast

Three extra large Canadian Grade A eggs, shredded cheddar cheese and sliced ham, served on a freshly-baked croissant. Served with homefries.

#### **Scrambled Croissant**

3 extra large Canadian Grade A eggs, green and red peppers, onions, mushrooms, asparagus, tomato, avocado, goat cheese and our house Hollandaise on a freshly-baked croissant. Served with homefries.



#### **Morning Glory Waffle**

A jumbo waffle topped with 2 extra large eggs, 2 strips of bacon, caramelized apples and drizzled with hot syrup.

#### **Chicken & Waffles**

A freshly-made waffle with spicy fried chicken, drizzled with Fran's maple syrup.

#### **Vegetarian Sausages & Eggs**

2 extra large Canadian Grade A eggs, vegetarian sausages, homefries, and toast.

#### Whole Wheat Breakfast Wrap

3 extra large Canadian Grade A eggs, sautéed onions, peppers, bacon, tomato and cheddar cheese wrapped in a whole wheat tortilla. Served with homefries.

#### **Breakfast Tots**

2 extra large eggs, bacon, cheddar cheese, and hollandaise sauce on top of tater tots.

## THE BIG BREAKFAST

2 eggs, 2 slices of bacon, 2 sausages, 2 pancakes, homefries, and toast.



# **ALL DAY BREAKFAST**

## 3 Extra Large Egg Omelettes

All of our omelettes are made with 3 extra large Canadian Grade A eggs, and come with homefries and toast. Substitute homefries with a fresh fruit cup for an extra charge.

#### **Cheese Omelette**

Your choice of cheddar, Swiss, mozzarella, or feta.

#### **Western Omelette**

Diced Canadian ham, onions, red and green peppers.

Add cheddar, Swiss, mozzarella, or feta for extra charge.

#### The Vegetarian

Diced asparagus, spinach, tomato, onion, mushroom, and peppers.

#### **Build Your Own Omelette**

Start with a plain omelette.

Get an egg-white only omelette for extra an charge.

#### **Protein:**

Diced bacon, sausage, ham.

#### Cheese:

Cheddar, mozzarella, Swiss or feta.

#### Veggies:

Green or red peppers, diced asparagus, spinach, onions, mushrooms, tomatoes, olives, jalapeños, salsa.

#### **Benedicts**

2 extra large Canadian Grade A eggs, poached, on a toasted English muffin with our homemade Hollandaise sauce, sprinkled with shredded mozzarella cheese and paprika. Served with homefries.

#### **Canadian Benedict**

Lean Canadian peameal bacon.

#### Vegetarian Rainbow Benedict

Topped with asparagus, spinach, tomatoes, onions, peppers and mushrooms.

#### **Eggs Florentine**

On a bed of fresh baby spinach.

#### **Eggs Blackstone**

Fresh Atlantic smoked salmon.

#### **Steak Benedict**

Topped with a juicy 6oz striploin steak and fresh asparagus.

#### **Braised Beef Benedict**

Seasoned, slow-cooked pulled beef.

#### **Montreal Corned Beef Benedict**

Sautéed Montreal corned beef.

#### Portobello Mushroom Benedict

Poached eggs on top of fresh Portobello mushroom caps. Grilled to order.



## **Light Breakfasts**

#### Fresh Fruit Bowl

Freshly made everyday.

#### **Oatmeal**

Rolled oats made to order with a side of 2% milk and brown sugar. Add mixed berries for an extra charge.

#### **Yogurt Parfait**

Vanilla yogurt layered with honey granola and mixed berries.

#### Freshly-baked Scones

Freshly-baked scones, and a fresh fruit bowl.

### **Sides**

Fruit Cup

Homefries

French Fries

**Sweet Potato Fries** 

Onion Rings

Bacon, Ham, Sausage

Peameal Bacon

Turkey Bacon

Maple Sausages

Vegetarian Sausages

Corned Beef Hash

Chicken Breast

Fresh Atlantic Smoked Salmon

Side Pancakes (2)

## **STARTERS**

#### **Crusted Mozza Cheese Sticks**

Mozzarella sticks, tossed in Italian garlic bread crumbs. Served with parmesan marinara dipping sauce.

#### Calamari

Lightly-breaded calamari, fried to a crisp, golden brown. Served with a Thai-Chili sauce.

#### **Nachos Please**

Home-cooked tortillas stacked with mozzarella, cheddar, black olives, spicy jalapeños, diced red and green peppers, onions, and tomatoes. Served with sour cream and salsa.

Add a cup of our homemade chili

#### Fran's Wings

Lightly breaded wings with your choice of sauce: BBQ/honey garlic/hot/extra hot.

#### **Deep Fried Pickles**

A Toronto favourite! Served with ranch dip.

#### **Chicken Quesadillas**

Packed with mozzarella and cheddar cheese, peppers, onions, and tomatoes. Served with salsa and sour cream.

#### **Poutine**

A Canadian classic! Crispy fries topped with gravy and cheese curds.

Add chicken, braised beef or meat chili

# FRANWICHES, WRAPS & PANINI

Served with your choice of fries, homefries, or tortilla chips and salsa. Substitute for a side salad or sweet potato fries or onion rings for an extra charge.

#### Fran's Famous Club

Grilled chicken layered with bacon, lettuce, tomato and mayo on white, rye or whole wheat toast.

#### Grilled Chicken & Avocado Club

Grilled chicken, avocado, bacon, tomato, Swiss cheese and mayo.

#### **Chicken Parmigiana Sandwich**

Lightly breaded chicken, homemade tomato sauce, mozzarella cheese.

#### N.Y. Striploin Steak Sandwich

Canada No.1 choice New York steak, mozzarella, sautéed onions and mushrooms.

#### **Monte Cristo**

Ham, turkey and swiss cheese between 3 slices of thick texas toast dipped in egg and grilled to perfection.

#### Fran's Philly Beef

AAA top sirloin, Swiss cheese, mushrooms, sautéed onions and peppers.

#### **Western Sandwich**

Chopped ham, onions and peppers mixed with 3 large eggs, cooked light and fluffy. Served on your choice of toast.

#### **Triple Decker Reuben**

Sliced corned beef, Swiss cheese and sauerkraut on three slices of rye.

#### **Grilled Cheese Classic**

3 slices of thick cheddar or Swiss grilled between large slices of fresh egg bread.

#### **Packed Grill Cheese**

Our classic grilled cheese, stuffed with sautéed onions, sliced tomatoes, and 2 slices of premium bacon.

#### Triple Decker BLT Sandwich

4 strips of premium smoked bacon, lettuce, tomato and mayo.

#### Add cheddar or swiss cheese for an extra charge

#### **Grilled Chicken & Bacon Panini**

With avocado, tomato, bacon, and Jack cheese.

#### Portabella Panini

Roasted vegetables, portabella mushroom, avocado, tomato and Jack cheese.

#### **Steak or Chicken Finger Wrap**

Strips of tender steak or chicken breast wrapped with romaine lettuce, bacon bits, croutons and our classic Caesar dressing.

#### **Baja Chicken Wrap**

Chicken and roasted vegetables wrapped in a flour tortilla with lettuce, fresh tomatoes, onion, cucumber, salsa and our house-made chipotle mayo.

#### **Roasted Vegetables Wrap**

Marinated grilled peppers, onions, zucchini, eggplant, portobello mushrooms and cheese.

# SALADS, SOUPS & CHILI

#### Large Grilled Steak Salad

Grilled and sliced sirloin, seasonal greens, feta, black olives, peppers, onions, tomatoes, and balsamic vinaigrette dressing.

#### Large Greek Salad

Seasonal greens, peppers, cucumbers, tomatoes, onions, Kalamata olives, feta cheese, oil vinaigrette dressing.

#### Large Beet Spinach Salad

Baby spinach, mixed greens, roasted beet, goat cheese, toasted walnuts, red onions, and sun-dried tomato dressing.

#### Large Classic Caesar

Crispy romaine lettuce tossed with garlic croutons, diced smoked bacon, parmesan cheese and Caesar dressing. *Add chicken for an extra charge* 

#### Creamy Broccoli Soup

Simply delicious and heart warming.

#### **Meat Chili**

Our original hearty 1940s recipe. Canadian ground beef, red kidney beans, loaded with vegetables, topped with shredded cheddar. Served with toasted garlic bread.

#### Hearty Veggie Chili

Packed with hearty vegetables, red kidney beans and served with toasted garlic bread.

## FRAN'S FAVOURITES

#### **Orange Chicken**

Boneless breaded chicken tossed in our orange sauce, served on rice and vegetables.

#### Fish & Chips

Beer battered haddock fillets served with fries and coleslaw.

#### **Chicken Fingers**

Breaded chicken strips served with fries, celery, carrot sticks and plum sauce.

Toss in sauce for an extra charge: BBQ, honey garlic, hot or extra hot

#### **Chicken Parmigiana**

Herb-crusted chicken topped with mozzarella and our homemade tomato sauce. Served with mashed potatoes and veggies. Substitute for spaghetti and garlic toast an extra charge.

#### **Original Shepherd's Pie**

Our original recipe! Seasoned vegetables, beef, and creamy mashed potatoes.

#### Fran's Meatloaf

Our original recipe, featuring our homemade meatloaf with caramelized onions, topped with beef gravy. Served with mashed potatoes and veggies.

#### **Atlantic Salmon**

Grilled salmon with a toasted coconut and orange sauce. Comes with mashed potato and seasonal vegetables.

#### **Grilled Liver & Onions**

Tender beef liver, caramelized onions, bacon, mashed potato and seasonal vegetables.

## **HOMEMADE BURGERS**

We make all of our burger patties in house, from scratch, everyday, using AAA Canadian beef.

Our burgers are served on a fresh burger bun with lettuce, tomato, onions and a pickle with your choice of fries, homefries, or tortilla chips and salsa. Substitute for a side salad or sweet potato fries for an extra charge.

#### Half-Pound Franburger

Made with 100% Canadian beef.

#### Cheeseburger

Our half-pound Franburger with your choice of cheddar, mozzarella or swiss cheese.



# LEGENDARY BANQUET BURGER

Did you know that Fran's invented the banquet burger more than 75 years ago? We recreated this classic!

A half-pound burger patty topped with melted Canadian cheddar and bacon.

#### All-Canadian Banquet Burger

Classic Franburger topped with lean peameal bacon and melted cheddar cheese.

#### **Vegetarian Garden Burger**

Made with wholesome garden vegetables.

#### Fran's Chicken Burger

Made with grilled chicken breast.

Add cheddar or Swiss cheese for extra charge.

## **PASTA**

All of our pasta dishes come with garlic bread.

#### **Baked Lasagna**

Baked daily! 7 layers of thick meat sauce, cheese, and noodles, topped with melted cheese and marinara sauce.

#### Fran's Spaghetti

With homemade tomato sauce or homemade meat sauce. For an extra charge add: Baked cheese Chicken or shrimp Meatballs

#### **Fettuccine**

Sautéed mushrooms, fresh tomatoes, peppers, onions, fresh basil tossed in a nutmeg and parmesan alfredo sauce.

Add chicken or shrimp for an extra charge.

#### Baked 5-Cheese Macaroni

Cheddar, parmesan, Swiss, Jack, cream cheese, baked with a herb mozza crust.

# STEAK RIBS & CHICKEN

Served with garlic mashed potatoes and vegetables. Substitute for a side salad or sweet potato fries for an extra charge.

#### **Roasted Half-Chicken**

Juicy oven-roasted chicken served with our house-made BBQ sauce.

#### **Baby Back Ribs**

Slow cooked and glazed with our BBQ sauce. Half Rack or Full Rack

#### **BBQ Beef Short Ribs**

Canadian beef short ribs marinated in our Korean inspired house sauce.

#### I V NY Striploin

Tender, juicy, NY striploin. 8 oz. or 10 oz.

## **BEVERAGES**

#### Juice

Freshly Squeezed Orange Juice Freshly Squeezed Lemonade

Grapefruit, Cranberry, Apple, Tomato, or Pineapple

#### Coffee

Fran's Premium Blend Coffee (bottomless)

Decaffeinated Blend Coffee (bottomless)

Espresso Café Latte
Café Mocha Cappuccino
Americano Mochaccino

#### Tea

Orange Pekoe, Earl Grey, Mint, Green Tea, Chamomile, Lemon

#### **Fountain**

Soft Drinks Iced Tea

#### Milk

Milk

**Chocolate Milk** 

# **DESSERTS**

Fran's Favourite Pies

**Sky High Lemon Meringue** Tangy lemon with fluffy meringue.

Coconut Cream Pie

Real sweet coconut cream.

Fran's Homemade Apple Pie
Made in-house, daily. Served warm or cold.

Add cheddar or ice cream for extra charge

Rice Pudding 4.99

#### Water

Perrier 3.95
Bottled Water 2.50

#### **Floats**

5.95

#### Traditional Milk Shakes

Cool, thick, and delicious!
Chocolate, Vanilla, or Strawberry
8.99

#### **Smoothies**

Made with 100% real purées, juices and mixed fruit.

9.99

Very Berry

Raspberry, Blueberry and Strawberry

Super C

Strawberry, Orange and Banana

Piña Colada

Pineapple, Honey and Coconut

Florida Fanta Strawberry, Pineapple, Mango and Banana

## CAKES

Fran's Delicious Cakes

**Utopian Chocolate Cake** 

Layered chocolate and fudge, sweet and moist. Dusted with confectionary sugar.

**Colossal Carrot Cake** 

Coconut, crushed pineapple, raisins, walnut and a hint of cinnamon.

Cheesecake

New York-style, topped with your choice of hot fudge, strawberry or butterscotch sauce.

**Feature Cake** 

Ask your server for details.

Fran's Gift Cards
Perfect for any occasion!
Check your balance ONLINE!

Visit any of our locations:

20 College Street, Toronto, Ontario (416) 923-9867 200 Victoria Street Toronto, Ontario (416) 304-0085