



## **Tailor-Made Itinerary – Hakim**



## Custom Program

### Day 1: Arrival in Lisbon – Welcome to Portugal

- **Morning:** Arrival at Lisbon airport. Private transfer to your centrally located family-friendly boutique hotel (30 min, car seats available for children upon request, +15 min buffer for family needs).
- **Afternoon:** Settle in and take a gentle stroll through the historic Baixa district. Optional visit to Praça do Comércio (easy walking, stroller-friendly, suitable for all ages, 1–2h).
- **Evening:** Early dinner at a traditional Portuguese restaurant with children's menu options.
- **Highlight:** Family welcome treat—pastéis de nata tasting at a local bakery (Pastéis de Belém nearby, all ages, quick stop).
- **Hotel options:**
  - **Martinhoal Lisbon Chiado Family Suites** (luxury family resort, Chiado neighborhood, chic apartments with kids' club and kitchenette, from €250/night, up to 4 people: 2 adults + 2 children, family apartments, kids' club, kitchenette, central location near family attractions)
  - **Boutique guesthouse in Alfama** (boutique, Alfama historic district, cozy family suites with authentic charm, from €180/night, up to 4 people, family suite, crib/high chair on

request, near tram lines and playgrounds)

- **Eco-friendly hotel near Eduardo VII Park** (eco-lodge, park vicinity, sustainable rooms with green vibe, from €160/night, up to 4 people, family rooms, garden, playground, proximity to open spaces for kids)
- **[To Customize]:** Confirm flight arrival time for smooth transfer; request child equipment as needed.

**TIP:** Activities before 10am or after 5pm to avoid peak heat; pack hats, sunscreen, and water bottles for children.

## **Day 2: Lisbon's Family Wonders**

- **Morning:** Oceanário de Lisboa visit (Europe's largest aquarium in Parque das Nações, suitable for all ages, 2–3h, strollers welcome, indoor, air-conditioned, changing facilities).
- **Afternoon:** Ride the iconic Tram 28 through the old quarters; stop at Miradouro de Santa Luzia for panoramic views (short walks, shaded areas, flexible timing, 1h total).
- **Evening:** Dinner in Bairro Alto—family-friendly options with early seating.
- **Highlight:** Interactive science exhibits at Pavilhão do Conhecimento (children 3+, hands-on activities, 1–2h, rest areas available).
- **Hotel options:** Same as Day 1.
- **[To Customize]:** Pre-book tickets for aquarium and science center in

high season.

**TIP:** Bring snacks and tablets for kids during tram ride; indoor alternatives like museums for hot afternoons.

### **Day 3: Sintra's Fairy-Tale Castles**

- **Morning:** Private transfer to Sintra (45 min, car seats included). Visit Pena Palace (children 4+, stroller not recommended inside palace but gardens stroller-friendly, moderate difficulty, 2h visit).
- **Afternoon:** Explore Quinta da Regaleira gardens (maze, grottos, suitable for all ages, shaded paths, 1–1.5h). Picnic lunch in park (pack family snacks).
- **Evening:** Return to Lisbon (45 min). Light dinner near hotel.
- **Highlight:** Magical photo opportunities in Sintra's whimsical gardens.
- **Hotel options:** Same as Day 1.
- **[To Customize]:** Arrange child seats for transfer; check palace opening hours; split visit if kids tire quickly.

**TIP:** Child seats mandatory for under 12s in Portugal; add 15 min buffer for snack breaks on return transfer.

### **Day 4: Rest & Play in Lisbon**

- **Morning:** Free morning—enjoy hotel pool or nearby Eduardo VII Park (playgrounds, open space for children, stroller-friendly).
- **Afternoon:** Optional: Visit Lisbon Zoo (suitable for all ages, shaded

areas, stroller-friendly, animal shows, 2–3h, changing facilities).

- **Evening:** Relaxed dinner at Time Out Market (varied food options, high chairs available, indoor seating).
- **Highlight:** Family downtime and flexible exploration at your own pace.
- **Hotel options:** Same as Day 1.
- **[To Customize]:** Adjust activities based on children's energy levels; extend pool time if needed.

**TIP:** Use this flexible rest day for indoor play if weather is extreme; hotel pools ideal for cooling off.

## **Day 5: Lisbon to Algarve – Sun & Sea**

- **Morning:** Private transfer to Algarve region (Lagos area, 2.5–3h with bathroom/snack breaks every hour, car seats for children, games/tablets for kids).
- **Afternoon:** Settle into family-friendly eco-lodge or boutique hotel near the beach. Enjoy pool or direct beach access (lifeguards present).
- **Evening:** Early dinner at seaside restaurant (children's menu, high chairs, sea view).
- **Highlight:** First swim in the Atlantic and sandcastle building on Praia da Luz beach (gentle waves, all ages).
- **Hotel options:**

- **Martinhal Sagres Beach Family Resort** (luxury family resort, Sagres beachfront, spacious apartments with kids' programs, from €300/night, up to 4 people: 2-bedroom apartment, kids' club, heated pools, playground, direct beach access near family beaches)
- **Boutique guesthouse in Lagos** (boutique, Lagos old town vicinity, charming suites with pool, from €200/night, up to 4 people, family suite, pool, garden, walking distance to beach and playgrounds)
- **Eco-lodge near Aljezur** (eco-lodge, wild coast area, nature-focused bungalows, from €170/night, up to 4 people, family bungalows, kitchenettes, outdoor space, farm animals for kids)
- **[To Customize]:** Confirm transfer timing; request family amenities in advance; pack stroller for beach.

**TIP:** August heat in Algarve—beach before 10am, pool afternoons; hydration and sun protection essential for children.

## **Days 6–10: Algarve Family Fun**

- **Morning:** Mix of beach days (Praia da Luz, Praia do Amado—gentle waves, lifeguards, shaded areas, all ages), short boat trips (dolphin watching from Lagos, suitable for children 3+, 2h, life jackets provided).

- **Afternoon:** Optional: Water park Slide & Splash (near Lagoa, suitable for all ages, shaded rest areas, changing facilities, height min. for some slides), or nature walk in Ria Formosa Natural Park (flat trails, birdwatching, stroller-friendly, 1–2h).
- **Evening:** Family dinners at local restaurants (early seating, children’s menu, outdoor terraces).
- **Highlight:** Dolphin watching cruise—magical for children and adults alike (calm seas, educational narration).
- **Hotel options:** Same as Day 5.
- **[To Customize]:** Pre-book boat excursions and water park tickets in August; arrange babysitting if parents want an evening out.

**TIP:** Child discounts at water parks (30-50% off); bring beach toys and rash guards for sun safety.

## **Day 11: Rest & Free Day in Algarve**

- **Morning:** Free time—enjoy hotel pool, beach, or local playgrounds (flexible, at your own pace).
- **Afternoon:** Optional: Family cooking class in Lagos (children 6+, 2h, hands-on pastéis and cataplana, kitchen facilities).
- **Evening:** Relaxed evening—picnic dinner or room service (shorten if kids need rest).
- **Highlight:** Family time at your own pace.
- **Hotel options:** Same as Day 5.

- **[To Customize]:** Flexible—plan based on family's wishes and children's rest needs.

## **Day 12: Algarve to Douro Valley – Nature & Vineyards**

- **Morning:** Private transfer to Faro airport (45 min), short flight to Porto (1h flight time), then transfer to Douro Valley (1.5h total travel day under 4h with breaks, car seats for children, snack/bathroom stops).
- **Afternoon:** Check into family-friendly guesthouse or eco-lodge overlooking the vineyards. Explore the grounds, swim in the pool, or relax in the garden.
- **Evening:** Dinner at the guesthouse (local cuisine, children's menu, early seating).
- **Highlight:** Sunset views over the Douro River.
- **Hotel options:**
  - **Quinta do Vallado** (boutique eco-lodge, Douro hillside, elegant family rooms with vineyard views, from €220/night, up to 4 people, family room, pool, garden, children's activities, vineyard walks near playgrounds)
  - **Boutique guesthouse in Peso da Régua** (boutique, riverside town, cozy suites with homey vibe, from €160/night, up to 4 people, family suite, outdoor space, kitchen, close to family trails)
  - **Eco-lodge with river views** (eco-lodge, valley setting,

sustainable bungalows in nature, from €180/night, up to 4 people, family bungalow, pool, nature trails, outdoor play areas)

- **[To Customize]:** Confirm flight times and transfer logistics; request family amenities; pack light for flight.

**TIP:** Flights have child seat requirements (under 2yo lap, 2+ own seat); extra luggage for strollers ok.

### **Days 13–16: Douro Valley – Family in Nature**

- **Morning:** Mix of gentle vineyard walks (suitable for children 4+, shaded trails, 1–2h, easy pace), picnic lunches, and boat trips on the Douro River (all ages, life jackets provided, 1h cruise, calm waters).
- **Afternoon:** Optional: Visit local farms (animal feeding, fruit picking near Régua, suitable for children 3+, hands-on, 1h), or relax at the pool (shaded loungers).
- **Evening:** Family dinners at guesthouse or nearby restaurants (children’s menu, early seating).
- **Highlight:** Family boat trip on the Douro—a peaceful, scenic experience (stroller storage available).
- **Hotel options:** Same as Day 12.
- **[To Customize]:** Arrange farm visits and boat trips in advance; check for local festivals in August.

**TIP:** Indoor farm alternatives if rainy; rest breaks every 45 min on walks for

little legs.

## **Day 17: Rest & Free Day in Douro Valley**

- **Morning:** Free time—enjoy pool, garden, or nearby village strolls (Peso da Régua market, flexible).
- **Afternoon:** Optional: Family picnic or cooking class (children 6+, hands-on, local recipes like port wine jelly, 2h).
- **Evening:** Relaxed dinner at accommodation.
- **Highlight:** Unstructured family time in nature, at your own pace.
- **Hotel options:** Same as Day 12.
- **[To Customize]:** Flexible—plan based on family rhythm; shorten activities as needed.

## **Days 18–21: Porto – Urban Discovery**

- **Morning:** Transfer to Porto (1.5h private, car seats for children, snack breaks). Check into family-friendly boutique hotel in the city center.
- **Afternoon:** Explore Ribeira district (pedestrian, stroller-friendly, riverfront promenade), visit World of Discoveries (interactive museum on Porto history, all ages, indoor, 1–2h, play areas).
- **Evening:** Dinner at family-friendly restaurant (children’s menu, early seating).
- **Highlight:** Ride the historic Porto tram along the Douro River (short 30 min loop, all ages, shaded).

- **Hotel options:**
  - **PortoBay Flores** (luxury boutique, Ribeira historic center, stylish family suites, from €210/night, up to 4 people, family suite, indoor pool, children's amenities, central to attractions)
  - **Boutique hotel in Cedofeita** (boutique, trendy neighborhood, modern rooms with family focus, from €170/night, up to 4 people, family room, crib/high chair, walking distance to parks)
  - **Eco-lodge near city** (eco-lodge, outskirts with green spaces, nature-inspired bungalows, from €190/night, up to 4 people, family bungalow, garden, easy access to center by tram)
- **[To Customize]:** Confirm transfer and hotel arrangements; request family amenities.

## **Day 22: Porto – Last Family Adventure**

- **Morning:** Visit Serralves Park & Museum (contemporary art, vast gardens, playgrounds, suitable for all ages, shaded paths, 2–3h, stroller-friendly).
- **Afternoon:** Free time for last-minute shopping or riverside strolls (flexible, near hotel).
- **Evening:** Farewell dinner—choose a special family-friendly restaurant with Douro views (children's options).
- **Highlight:** Family picnic in Serralves gardens (pack local treats).
- **Hotel options:** Same as Day 18.

- **[To Customize]:** Book Serralves tickets in advance for August weekends.

**TIP:** Serralves has kid workshops (check ages); riverside for cooling breezes.

## **Day 23: Departure**

- **Morning:** Private transfer to Porto airport (30 min, car seats for children, allow 2h buffer for check-in, bathroom breaks, and family needs).
- **Afternoon:** Flight home.
- **Evening:** —
- **Highlight:** Smooth, stress-free departure.
- **Hotel options:** —
- **[To Customize]:** Confirm flight details and transfer timing; early airport arrival for kids.

## **Customizable Options**

- Private guide for city tours (child-friendly, flexible pace)
- Babysitting services at hotels (for parents' evening out)
- Family surf lesson in Algarve (children 6+, 2h, all equipment included)
- Cooking class for families (children 6+, hands-on, local recipes)
- Wellness day (spa with children's pool, relaxation for parents)

- Nature conservation visit (turtle rescue center in Algarve, suitable for all ages)

## ✦ **Alternative Options**

- **Alternative Option 1: Faster Pace** – Reduce to two main stops (Lisbon & Algarve or Algarve & Porto), allowing longer stays in each region and less time in transit.
- **Alternative Option 2: Slower, Relaxed Itinerary** – Add more rest days in each region, fewer organized activities, more free time for spontaneous family moments.
- **Alternative Option 3: Budget Focus** – Prioritize budget hotels and guesthouses, self-catering apartments, and free/low-cost activities (public parks, beaches, local festivals) to maximize value within budget.

## ✦ **Practical Info & Budget**

Item	Estimated Cost (adults)	Estimated Cost (children)
Accommodation (23 nights, family rooms/suites)	€900	€600 (shared family rate)

Private transfers & flight (Lisbon-Algarve-Douro -Porto)	€300	€200
Activities (aquarium, zoo, boats, water park, museums)	€200	€150 (30-50% child discounts)
Meals (some included, family menus)	€100	€50
Total Family Budget (2 adults + 2 children)	€3,000	€2,000
Total Estimated Cost	€5,000	

- **Includes:** Accommodation, private transfers with car seats, selected activities, some meals, local support. Excludes international flights, insurance, extras.
- **Seasonality:** August high season—book early; activities morning/evening to beat heat.
- **Health & Safety:** Sun protection, hydration, child seats mandatory; supervised pools/beaches.

[www.traveldifferently.org](http://www.traveldifferently.org) | [info@traveldifferently.fr](mailto:info@traveldifferently.fr)