



Tailor-Made Itinerary – Hakim



TRIP OVERVIEW

Weather	25-35°C - Warm and sunny with occasional coastal breezes
Budget	€5,400–€6,200 / person
Safety	Low Risk - Stay aware of your surroundings and keep valuables secure.

Introduction

Dear Hakim,

Thank you for entrusting us with your family adventure! Based on your request, we have crafted a preliminary itinerary for a 3-week journey across Portugal, tailored for 2 adults and 2 children. This proposal is designed by our expert travel team, focusing on comfort, family-friendly experiences, and authentic discovery. The plan includes three distinct regions, each explored over a week, with carefully selected accommodations (boutique hotels, budget hotels, guesthouses, eco-lodges) and a gentle pace suitable for families. All details are fully customizable to your preferences.

✦ Why Portugal for Your Family?

- **Family-Friendly Culture:** Portugal is renowned for its warm hospitality and child-friendly atmosphere.
- **Safe, Manageable Distances:** Short travel times between highlights, minimizing long drives for children.
- **Variety:** From vibrant cities to golden beaches and lush countryside, Portugal offers diverse experiences for all ages.
- **Summer Vibe:** August is lively, with festivals, outdoor dining, and plenty of sunshine—perfect for families.

TIP: August is high season—book accommodations and activities 6–12 months in advance for best rates and availability.

✦ Custom Program: 3 Weeks Across Portugal

- **Week 1:** Lisbon & Surroundings (Sintra, Cascais, beaches)
- **Week 2:** Central Portugal (Coimbra, Aveiro, Serra da Lousã)
- **Week 3:** Algarve (Lagos, Albufeira, Tavira)

📍 Day 1: Arrival in Lisbon



- **Morning:** Arrival at Lisbon Airport. Private transfer or taxi to your accommodation in the historic center (approx. 30 min).
- **Afternoon:** Settle in and explore the neighborhood (Baixa or Alfama). Gentle walk, ice cream stop, orientation.
- **Evening:** Family-friendly dinner at Time Out Market (varied food stalls, lively atmosphere).
- **Highlight:** First sunset over the Tagus River.

Accommodation Options:

- **Casa do Valle** (eco-guesthouse) – Sintra hills. Boutique, locally-owned, organic breakfasts, nature views. From €150/night.

- **Areias do Seixo** (eco-retreat) – Santa Cruz, 1h north of Lisbon. Family-friendly, organic farm, kids' pools, yoga, zero-waste. From €250/night.
- **Noah Surf House** (eco beach hotel) – Santa Cruz. Surf/yoga, solar power, family rooms, relaxed coastal vibe. From €185/night.

TIP: Choose a hotel with a pool or garden for easy downtime after your flight.

📍 **Day 2: Lisbon – City Discovery**



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Morning: Tram 28 ride through historic quarters (kids love it!).

- **Afternoon:** Visit Oceanário de Lisboa (Europe's largest aquarium, suitable for all ages, 2–3h visit).
- **Evening:** Dinner in Parque das Nações (riverfront, playgrounds nearby).
- **Highlight:** Interactive science exhibits and touch pools at the Oceanário.

Accommodation Options:

- **Casa do Valle** (eco-guesthouse) – Sintra hills. From €150/night.
- **Areias do Seixo** (eco-retreat) – Santa Cruz. From €250/night.
- **Noah Surf House** (eco beach hotel) – Santa Cruz. From €185/night.

TIP: Pre-book skip-the-line tickets for the Oceanário to avoid queues in high season.

 **Day 3: Sintra Fairytale Day Trip**



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Morning: Train to Sintra (40 min, stroller accessible). Visit Pena Palace (shuttle up the hill, tickets in advance recommended, suitable for ages 5+).

- **Afternoon:** Explore Quinta da Regaleira gardens (magical tunnels, easy paths for children).

Unique Experience: Family audio-guided exploration of the mystical estate. 2–3h. Family ticket: €40–60.

- **Evening:** Return to Lisbon, light dinner near hotel.
- **Highlight:** Exploring Sintra’s mystical gardens and towers.

Accommodation Options:

- **Casa do Valle** (eco-guesthouse) – Sintra hills. From €150/night.

TIP: Consider a picnic lunch in the gardens—many eco-hotels can prepare organic baskets on request.

📍 **Day 4: Lisbon – Belém & Riverfront**



- **Morning:** Tram or taxi to Belém. Visit Jerónimos Monastery (short visit, gardens to run in).
- **Afternoon:** Pastéis de Belém tasting, riverside playgrounds, MAAT

museum (interactive exhibits).

- **Evening:** Return to city center, dinner in Chiado.
- **Highlight:** Pastéis de nata workshop (optional, from age 6).

Accommodation Options:

- **Casa do Valle** (eco-guesthouse) – Sintra hills. From €150/night.

TIP: Book a pasteis de nata baking workshop for a hands-on family experience (from €40/family).

 **Day 5: Beach Day – Cascais**



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Morning: Train to Cascais (40 min). Family beach time (Praia da

Rainha, gentle waves, lifeguards).

- **Afternoon:** Stroll the marina, visit Boca do Inferno cliffs.
- **Evening:** Return to Lisbon, seafood dinner (kid menus available).
- **Highlight:** Building sandcastles and ice cream by the sea.

Accommodation Options:

- **Noah Surf House** (eco beach hotel) – Santa Cruz. Surf/yoga, family rooms, solar power. From €185/night.
- **Areias do Seixo** (eco-retreat) – Santa Cruz. From €250/night.

TIP: Try a family surf lesson at Noah Surf House (from age 7; €40–70/family, includes equipment).

 **Day 6: Lisbon – Alfama & Rest Day**



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Morning: Leisurely breakfast, explore Alfama's narrow streets, local markets.

- **Afternoon:** Free time or optional tuk-tuk tour (fun for kids, 1h).
- **Evening:** Fado show (early seating, family-friendly).
- **Highlight:** Rest and unstructured exploration.

Accommodation Options:

- **Casa do Valle** (eco-guesthouse) – Sintra hills. From €150/night.

TIP: Visit a local market for fresh fruit and snacks—supporting small producers.

📍 Day 7: Lisbon – Family Choice Day



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Morning: Choose between Calouste Gulbenkian gardens (picnic, playground) or Lisbon Zoo.

- **Afternoon:** Last stroll in the city, souvenir shopping.
- **Evening:** Prepare for next region, early night.
- **Highlight:** Kids' choice activity.

Accommodation Options:

- **Casa do Valle** (eco-guesthouse) – Sintra hills. From €150/night.

TIP: Ask your hotel to prepare an organic picnic basket for your park visit.

📍 **Day 8: Lisbon to Coimbra (Central Portugal)**



- **Morning:** Check-out, private transfer or train to Coimbra (approx. 2h by train, 2.5h by car; family-friendly, rest stops included).
- **Afternoon:** Settle into accommodation near the historic university or riverside.
- **Evening:** Walk along Mondego River, casual dinner.

Accommodation Options:

- **Hotel Quinta das Lágrimas** (historic boutique) – Coimbra. Gardens,

sustainable water management, family suites. From €140/night.

- **Cerdeira Home for Creativity** (eco-lodge) – Serra da Lousã.

Workshops, organic meals, forest walks. From €100/night.

- **Traços d'Outrora** (eco-guesthouse) – Aveiro. Canal views, sustainable, family-friendly. From €120/night.

TIP: Trains (Comboios de Portugal) are comfortable and scenic—book family seats in advance.

Day 9: Coimbra – University & Botanical Gardens



- **Morning:** Visit University of Coimbra (UNESCO site, guided tour, library is a highlight for ages 7+).
- **Afternoon:** Explore Botanical Gardens (easy paths, shaded areas, picnic spots).
- **Evening:** Dinner at a traditional tasca (Portuguese tapas).
- **Highlight:** Climbing the old university tower (from age 6).

Accommodation Options:

- **Hotel Quinta das Lágrimas** (historic boutique) – Coimbra. From

€140/night.

TIP: Ask your hotel to prepare a picnic basket with local organic treats for the gardens.

📍 Day 10: Portugal dos Pequenitos & Family Fun



- **Morning:** Portugal dos Pequenitos theme park (miniature Portugal, interactive for kids, 2–4h visit).
- **Afternoon:** Rest at hotel or riverside park.
- **Evening:** Casual dinner, early night.

- **Highlight:** Kids explore Portugal in miniature!

Accommodation Options:

- **Hotel Quinta das Lágrimas** (historic boutique) – Coimbra. From €140/night.

TIP: Book tickets online for Portugal dos Pequenitos to avoid queues.

📍 **Day 11: Aveiro Canal Town Excursion**



- **Morning:** Day trip to Aveiro (45 min by train).

Unique Experience: Moliceiro boat ride on canals (traditional boats,

supports local fishers). 2h. Family price: €40–60.

- **Afternoon:** Visit Costa Nova beach (colorful houses, gentle waves).
- **Evening:** Return to Coimbra.
- **Highlight:** Family boat ride and beach time.

Accommodation Options:

- **Traços d'Outroira** (eco-guesthouse) – Aveiro. From €120/night.

TIP: Bring sun hats and reef-safe sunscreen for the beach.

Day 12: Serra da Lousã Forest Adventure



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Morning: Excursion to Serra da Lousã (1h drive, rental car or driver).
Short family hike (easy trail, stroller-friendly options).

- **Afternoon:** *Unique Experience:* Visit a schist village (Talasnal), organic local lunch. Guided hike & meal: 3–4h. Family price: €50–80.
- **Evening:** Return to Coimbra, relax.
- **Highlight:** Nature immersion and village discovery.

Accommodation Options:

- **Cerdeira Home for Creativity** (eco-lodge) – Serra da Lousã. From €100/night.

TIP: Join a family workshop at Cerdeira Home for Creativity—pottery, painting, or forest walks with local artisans.

 **Day 13: Coimbra – Rest/Free Day**



- **Morning:** Leisurely breakfast, pool time or riverside walk.
- **Afternoon:** Optional visit to local markets or children's workshops.
- **Evening:** Family movie night at hotel.
- **Highlight:** Flexibility and downtime.

Accommodation Options:

- **Hotel Quinta das Lágrimas** (historic boutique) – Coimbra. From €140/night.

TIP: Parents can book a spa treatment while kids enjoy the pool or a creative workshop.

Day 14: Coimbra – Family Choice Day

Coimbra Family Fun]

- **Morning:** Choose between science museum, kayaking on the river (from age 6), or more time in the gardens.
- **Afternoon:** Prepare for next region, pack and relax.
- **Evening:** Farewell dinner in Coimbra.

Accommodation Options:

- **Hotel Quinta das Lágrimas** (historic boutique) – Coimbra. From €140/night.

TIP: Kayaking is best booked in advance—life jackets and guides provided.

Day 15: Coimbra to Algarve (Lagos/Albufeira)

Algarve Arrival]

- **Morning:** Transfer to Algarve (direct train to Lagos ~5h, or private transfer with breaks; flight possible but not recommended for families due to airport logistics).
- **Afternoon:** Settle into beachside accommodation.
- **Evening:** Stroll along the promenade, sunset on the beach.

Accommodation Options:

- **Casa Flor de Sal** (eco-farmstay) – Ria Formosa, near Tavira.
Cottages, pools, organic gardens, family play areas. From €95/night.
- **Companhia das Culturas** (eco-boutique) – Silves, near Lagos/Albufeira. Farm-to-table, saltwater pool, orange groves. From €140/night.
- **Conversas de Alpendre** (eco-hotel) – Cacela Velha, near Tavira.
Treehouse, saltwater pool, organic produce. From €129/night.
- **Quinta do Freixo** (eco-farmhouse) – Loulé, central Algarve. Lakes, meadows, self-catering. From €86/night.

TIP: The train journey is scenic and relaxing—bring snacks and games for the kids.

Day 16: Lagos – Beach & Caves

Ponta da Piedade]

- **Morning:** Family-friendly beach (Meia Praia, gentle entry, lifeguards).
- **Afternoon:** *Unique Experience:* Boat tour to Ponta da Piedade caves (from age 4, 1.5h). Supports local fishers. Family price: €80–120.
- **Evening:** Seafood dinner, gelato treat.
- **Highlight:** Exploring sea caves together.

Accommodation Options:

- **Companhia das Culturas** (eco-boutique) – Silves, near Lagos. From €140/night.

TIP: Book a private boat for more flexibility with young children.

Day 17: Algarve – Waterpark Day

Slide & Splash]

- **Morning:** Visit Slide & Splash or Zoomarine (age-appropriate attractions, full day, shaded areas, bring sun hats).
- **Afternoon:** Continue at park or return for pool rest.
- **Evening:** Casual dinner, early night.
- **Highlight:** Water slides and dolphin shows.

Accommodation Options:

- **Quinta do Freixo** (eco-farmhouse) – Loulé, central Algarve. From €86/night.

TIP: Arrive early for shade and shorter lines; bring refillable water bottles.

Day 18: Tavira & Eastern Algarve

Tavira Town]

- **Morning:** Excursion to Tavira (1h drive/train). Explore old town, castle,

and salt pans.

- **Afternoon:** *Unique Experience:* Ferry to Ilha de Tavira for beach picnic.

Optional: Ria Formosa birdwatching & salt pans walk (guided, 2h, community-led). Family price: €30–50.

- **Evening:** Return to Lagos/Albufeira.
- **Highlight:** Island beach adventure.

Accommodation Options:

- **Casa Flor de Sal** (eco-farmstay) – Ria Formosa, near Tavira. From €95/night.
- **Conversas de Alpendre** (eco-hotel) – Cacela Velha, near Tavira. From €129/night.

TIP: Bring binoculars for birdwatching—flamingos and spoonbills are often seen in August.

Day 19: Algarve – Rest/Free Day

Algarve Rest]

- **Morning:** Pool time, spa for parents (kids club available at select hotels).
- **Afternoon:** Free play, optional pottery workshop (from age 6).
- **Evening:** Family movie night or stroll in old town.

- **Highlight:** Recharge and relax.

Accommodation Options:

- **Companhia das Culturas** (eco-boutique) – Silves, near Lagos/Albufeira. From €140/night.

TIP: Join an organic farm workshop at your eco-lodge—kids can pick produce and cook with local chefs (2h, €40–70/family).

 **Day 20: Algarve – Family Choice Day**

[DAY_IMAGE_20:Algarve Family Fun]

- **Morning:** Choose between dolphin watching cruise (from age 4), mini-golf, or local market visit.
- **Afternoon:** Last beach time, souvenir shopping.
- **Evening:** Farewell dinner by the sea.

Accommodation Options:

- **Casa Flor de Sal** (eco-farmstay) – Ria Formosa, near Tavira. From €95/night.

TIP: Dolphin watching cruises support local marine guides—book early for best times.

 **Day 21: Departure from Algarve – Lisbon**

[DAY_IMAGE_21:Departure]

- **Morning:** Transfer to Lisbon Airport (approx. 3h by private transfer, or 4h by train; allow 2h for airport check-in).
- **Afternoon:** Flight home.
- **Highlight:** Reflect on family memories made in Portugal!

TIP: Private transfers are fastest for early flights; trains are more eco-friendly and scenic.

✦ Customizable Options

- Upgrade to private guides for city tours or nature excursions.
- Car rental for maximum flexibility (child seats available).
- Pre-booked family experiences: surf lessons, cooking classes, dolphin watching, organic farm workshops.
- Hotel upgrades: suites with kitchenettes, connecting rooms, pools.
- Airport fast-track and VIP lounge access.
- Babysitting services and kids' clubs at select hotels.

TIP: Prioritize family suites with pools and kitchenettes for comfort and savings.

✦ Alternative Options

- **Slower Pace:** Spend 10 days in Algarve for more beach time, less moving.
- **North Portugal:** Swap Coimbra for Porto & Douro Valley (wine region, river cruises, family farms).
- **Budget Focus:** Use more guesthouses and public transport; self-catering apartments for savings.

TIP: Support local communities by shopping at markets and choosing family-run accommodations.

✦ **Practical Info & Budget**

- **Seasonality:** August is high season—book early for best rates and availability. Expect warm weather (25–35°C), especially in the south.
- **Comfort:** All accommodations selected for family-friendliness (pools, playgrounds, kitchenettes, family suites).
- **Health & Safety:** Tap water is safe, emergency services are reliable, and Portugal is very family-oriented.
- **Visa:** Schengen visa for non-EU citizens (TBD based on your nationality).
- **Transfers:** Lisbon to Coimbra: 2–2.5h by train/car. Coimbra to Algarve: 4–5h by train, 3–4h by car with breaks. Lisbon Airport to city: 30min taxi.
- **Tips:** Pack sun protection, hats, and reef-safe sunscreen. Rent a car

with child seats for flexibility. Budget buffer for activities (€20–50/day pp).

Item	Estimated Cost (per person)
Accommodations (21 nights, eco/boutique hotels, family rooms)	€1,000–1,500
Local Transport (trains, transfers, car rental)	€250–350
Meals (local restaurants, some self-catering)	€350–450
Experiences & Activities (family tickets, workshops, tours)	€200–300
Miscellaneous (snacks, souvenirs, tips)	€100–200
Total Estimated Cost	€1,900–2,800

For a family of 4, total estimate: €5,400–€6,200 for 3 weeks (excluding international flights).

Next Steps

Please review this proposal and let us know your thoughts! We can further personalize the itinerary—adjusting activities, accommodation styles, and

pace to perfectly match your family's needs. Let us know your preferences for hotel comfort, transport, and any special interests (nature, culture, food, sports). Once confirmed, we'll prepare a detailed quote and reservation plan.

We look forward to designing your unforgettable family adventure in Portugal!

Why Book with Travel Differently?

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