



# Tailor-Made Itinerary – Hakim



**TRIP OVERVIEW**

**Weather**

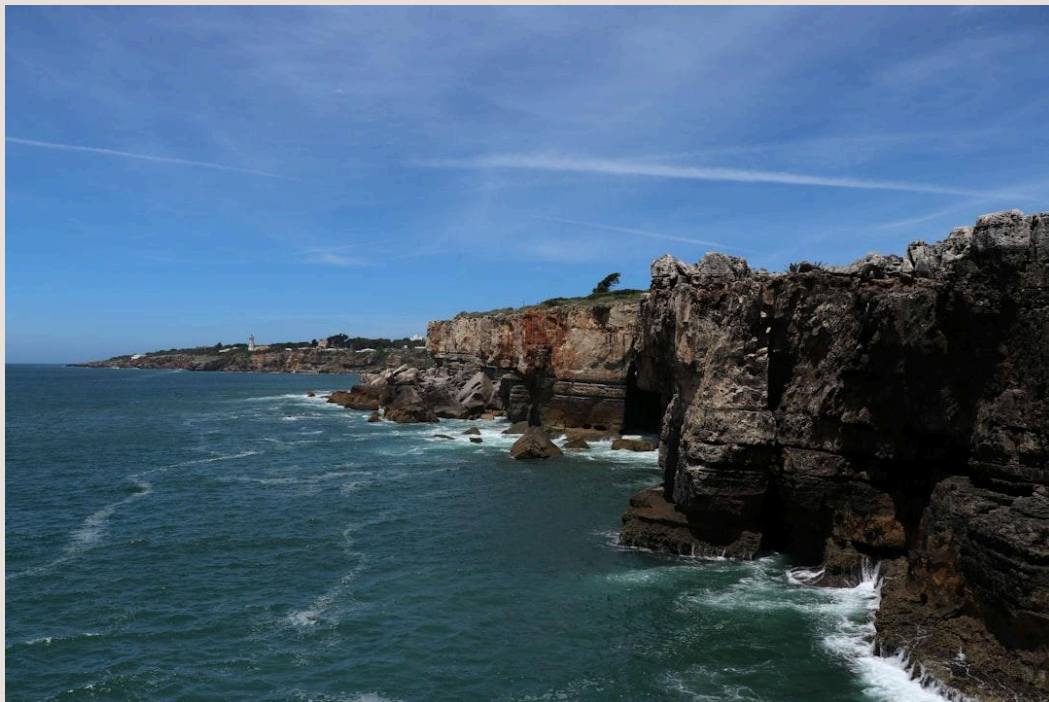
25-35°C - Warm and sunny with occasional breezes

**Budget**

€1,920 (adults), €1,590 (children) / person

**Safety**

Low Risk - Portugal is generally safe for families; stay aware of your surroundings.



## ✦ Introduction

Thank you, Hakim, for sharing your vision for a 3-week family journey through Portugal! You'll be traveling with 2 adults and 2 children, aiming to explore three different family-friendly regions, with a focus on boutique hotels, budget hotels, guesthouses, and eco lodges. This preliminary itinerary is crafted by a senior travel designer, balancing authentic experiences, realistic logistics, and the comfort of family travel. All details are fully customizable.

## ✦ Why Portugal for Your Family Adventure?

- **Family-Friendly Diversity:** Portugal offers safe, welcoming cities, beautiful beaches, and charming countryside—all within manageable distances.
- **Perfect for Summer:** August brings sun, festivals, and vibrant local life, with countless outdoor activities for all ages.
- **Logistics:** Excellent road network, short inter-city drives (max 3–4h/day), and a wide range of family accommodations.

**TIP:** August is peak season—book family rooms early for best rates and availability. Sun protection and early dinners are recommended for families.

# ✦ Custom Program: 3 Weeks, 3 Family-Friendly

## Regions

- **Week 1:** Lisbon & Surroundings (Culture, History, Ocean)
- **Week 2:** Algarve (Beaches, Nature, Relaxation)
- **Week 3:** Porto & Douro Valley (Rivers, Vineyards, Northern Charm)

**TIP:** All transfers are designed for family comfort: max 3.5h per travel day, with buffer time for snack and bathroom breaks. Child seats available on request for private transfers.

## 📍 Day 1: Arrival in Lisbon



- **Morning:** Arrival at Lisbon Airport. Private transfer to hotel (30 min).
- **Afternoon:** Settle in, stroll in Baixa/Chiado (pedestrian-friendly, plenty of cafés and gelato).
- **Evening:** Early dinner in Alfama (family-friendly Portuguese restaurant).
- **Highlight:** Welcome treat for kids at hotel.
- **Accommodation Options:**
  - **Martihal Lisbon Chiado** (Boutique Family Hotel) - Lisbon

Chiado. Suites for 4 (2 bedrooms, kitchenette), rooftop pool, kids' club, playground. Locally-owned, eco-cleaning products. From €200/night.

- **Areias do Seixo** (Eco Lodge) - Santa Cruz (1h from Lisbon, best for pre/post Lisbon or if you want a countryside start). Family villas (3 bedrooms, private pool, kitchen), kids' pools, trampoline, organic meals. Zero-waste focus. From €250/night.
- **Charming Guesthouse Bairro Alto** (Guesthouse) - Lisbon Bairro Alto. Family room, cozy atmosphere, central. From €150/night.
- **[To Customize]:** Early check-in, dietary needs.

**TIP:** Stroller-friendly trams and early check-in requests are recommended for families with young children.

## **Day 2: Lisbon - Belém & Tram Adventure**



- **Morning:** Tram 28 ride (classic Lisbon experience, stroller-friendly).  
Explore Belém: Jerónimos Monastery (kids from 6+ enjoy the cloisters), Pastéis de Belém tasting. 2-3h, €20/adult, €10/child.
- **Afternoon:** MAAT Museum (interactive exhibits for families), riverside park for playtime.
- **Evening:** Dinner at Time Out Market (variety for all tastes).
- **Highlight:** Pasteis de nata baking workshop (from 6 years, 1h, €25/adult, €15/child).

- **[To Customize]:** Private guide for history walk.

**TIP:** Book popular experiences like the Tram 28 ride and Pastéis de nata workshop in advance during August.

### 📍 **Day 3: Sintra Fairytale Day Trip**



- **Morning:** Private transfer to Sintra (40 min + 15 min buffer). Visit Pena Palace (colorful, magical for kids, shuttle available for little legs). Entry: €20/adult, €18/child, family tickets available.
- **Afternoon:** Quinta da Regaleira gardens (mystical tunnels, easy trails). Lunch in Sintra village.
- **Evening:** Return to Lisbon. Relax at hotel.

- **Highlight:** Horse-drawn carriage ride (optional, from 5 years, €30/family).
- **Accommodation Options (if overnight):**
  - **Casa do Valle** (Guesthouse) - Sintra. Family apartments, gardens, eco-focused, near main sites. From €160/night.
- **[To Customize]:** Sintra overnight or add beach stop at Praia das Maçãs.

**TIP:** Sintra is cooler than Lisbon—bring a light jacket for the kids. Shuttle buses help with hills.

## **Day 4: Oceanarium & Park of Nations**



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**Morning:** Visit Lisbon Oceanarium (Europe's largest, stroller-friendly, kids of all ages). 2h, €25/adult, €16/child (under 12 discount).

- **Afternoon:** Cable car ride over the Tagus, playground time, science museum nearby.
- **Evening:** Family dinner at riverside restaurant.
- **Highlight:** Oceanarium "behind the scenes" tour (from 7 years, optional, €35/adult, €20/child).

**TIP:** Arrive early at the Oceanarium to avoid crowds and enjoy interactive

exhibits at your own pace.

## **Day 5: Rest/Free Day – Lisbon**



- **Morning:** Leisurely breakfast, optional local market visit.
- **Afternoon:** Pool time at hotel or picnic in Eduardo VII Park.
- **Evening:** Light dinner, early night.
- **Highlight:** No fixed plans—flexibility for naps, spontaneous discoveries.

- **Accommodation Options:**

- Same hotel options as Day 1.

**TIP:** Use this day for laundry or to explore a local market—many hotels offer self-service laundry for families.

📍 **Day 6: Cascais & Guincho Beach**



- **Morning:** Train or private transfer to Cascais (40 min + 15 min buffer).  
Explore old town, marina.

- **Afternoon:** Guincho Beach (wide sandy beach, surf schools, dunes;

lifeguards on duty in August). Surf lessons (from 8 years, €40/child discount).

- **Evening:** Return to Lisbon or dinner in Cascais.
- **Accommodation Options (if overnight):**
  - **Boutique Guesthouse Cascais** (Guesthouse) - Cascais. Family suite, close to beach, cozy. From €170/night.
  - **Noah Surf House** (Eco Lodge) - Santa Cruz/Ericeira area. Family rooms, beachfront, yoga/surf for all ages, sustainable. From €200/night.
- **[To Customize]:** Surf lesson (from 8 years), bike rental.

**TIP:** Bring a beach tent or umbrella for shade. Surf lessons are popular—reserve in advance for August dates.

## **Day 7: Transfer to Algarve (Lagos)**



- **Morning:** Private transfer or train to Lagos (approx. 3h30 + 30 min buffer for snack/bathroom break). Child seats available on request.
- **Afternoon:** Check-in to hotel. Relax by the pool or stroll in Lagos old town.
- **Evening:** Dinner in local seafood restaurant.
- **Accommodation Options:**
  - **Casa Mãe Lagos** (Boutique Hotel) - Lagos. Family rooms, pool, organic garden, sustainable sourcing. From €180/night.
  - **Casa Vale da Lama** (Eco Lodge) - Lagos. Cabins with kitchens, playground, regenerative farming. From €140/night.
  - **Budget Guesthouse Lagos** (Guesthouse) - Lagos. Family rooms, close to beach. From €110/night.

- **[To Customize]:** Car rental for Algarve week.

**TIP:** Renting a car in the Algarve gives you flexibility to explore beaches and villages at your own pace. Request child seats when booking.

## 📍 **Day 8: Lagos Beaches & Caves**



- **Morning:** Boat tour to Ponta da Piedade caves (life jackets provided, from 4 years, 1.5h, €30/adult, €15/child).
- **Afternoon:** Beach time at Praia Dona Ana (gentle waves, beach cafés).
- **Evening:** Stroll along the promenade, ice cream treat.
- **Highlight:** Sandcastle contest for kids.

- **Accommodation Options:**

- Same hotel options as Day 7.

**TIP:** Many beaches have lifeguards in August. Arrive early for best spots and bring plenty of water and snacks for the kids.

📍 **Day 9: Sagres & Wild West Algarve**



- **Morning:** Drive to Sagres (40 min). Visit Fortaleza de Sagres (clifftop views, easy walks, €3 entry all ages).

- **Afternoon:** Picnic at Praia do Beliche (sheltered cove, safe for children).
- **Evening:** Return to Lagos.
- **Optional Experience:** Dolphin watching tour (from 6 years, €40/adult, €25/child).
- **Accommodation Options:**
  - Same hotel options as Day 7.
- **[To Customize]:** Dolphin watching tour.

**TIP:** Dolphin tours are weather-dependent—book for early in your stay in case of rescheduling.

## **Day 10: Waterpark Day (Slide & Splash)**



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**Morning:** Family day at Slide & Splash waterpark (all ages, shaded areas, lockers, restaurants). Full day, €30/adult, €20/child (under 10 discount).

- **Afternoon:** Continue waterpark fun or relax at hotel.
- **Evening:** Casual dinner in Lagos.
- **Highlight:** Waterpark memories—perfect for a break from sightseeing.
- **Accommodation Options:**
  - Same hotel options as Day 7.

**TIP:** Bring water shoes and sunscreen. Arrive early to secure shaded seating areas.

## 📍 Day 11: Free/Rest Day – Algarve



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- **Morning:** Sleep in, breakfast at leisure.
- **Afternoon:** Pool, spa for parents (babysitting available at some hotels), or local crafts market.
- **Evening:** Optional sunset at Praia da Luz.
- **Accommodation Options:**
  - Same hotel options as Day 7.
- **[To Customize]:** Babysitter, spa treatments.

**TIP:** Many eco-lodges and boutique hotels offer babysitting and spa services—ask in advance for availability.

## 📍 Day 12: Tavira & Eastern Algarve



- **Morning:** Day trip to Tavira (1h15 drive). Explore Roman bridge, castle, salt pans (flamingos in summer).
- **Afternoon:** Ferry to Ilha de Tavira (gentle beaches, shallow water for kids). Ferry: €10/adult, €5/child.
- **Evening:** Return to Lagos.
- **Accommodation Options (if overnight):**
  - **Casa Flor de Sal** (Eco Holiday Cottages) - Near Tavira/Ria Formosa. 2 pools, lake, playgrounds, large gardens, farm-fresh

food. From €150/night.

- **[To Customize]:** Overnight in Tavira for slower pace.

**TIP:** The ferry to Ilha de Tavira is stroller-friendly and beaches have shallow water—ideal for young children.

### 📍 **Day 13: Transfer to Porto (Train or Flight)**



- **Morning:** Transfer to Faro (1h), then direct train (5h30 + 30 min buffer) or short flight (1h) to Porto. Private transfer to hotel. Luggage transfer service available.

- **Afternoon:** Settle in, explore Ribeira riverside (pedestrian, lively).
- **Evening:** Dinner with Douro views.
- **Accommodation Options:**
  - **PortoBay Flores** (Boutique Hotel) - Porto center. Family suites, historic building, sustainable practices, central yet quiet. From €200/night.
  - **Eco Guesthouse Foz** (Guesthouse) - Porto Foz district. Near beach, garden, family rooms, green initiatives. From €150/night.
  - **Budget Hotel Porto Center** (Budget Hotel) - Porto city center. Family rooms, central location. From €120/night.
- **[To Customize]:** Luggage transfer service.

**TIP:** For families, the train is comfortable and scenic, but a short flight may be easier with young kids. Luggage transfer services can simplify travel days.

## **Day 14: Porto City & Bridges**



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**Morning:** Tram ride along the Douro, visit Livraria Lello (magical bookstore, from 6 years, €8/person).

- **Afternoon:** Cable car to Gaia, Port wine cellars (juice tasting for kids, parents sample port, €15/adult, €8/child).
- **Evening:** Dinner at Mercado do Bolhão.
- **Highlight:** Family photo session on Dom Luis Bridge.
- **Accommodation Options:**
  - Same hotel options as Day 13.

**TIP:** Porto's metro and trams are stroller-friendly. Book Livraria Lello tickets

online to avoid queues.

## Day 15: Douro Valley Day Trip



- **Morning:** Private transfer to Douro Valley (1h30 + 15 min buffer). Visit family-run quinta (vineyard), grape-juice tasting for kids, short vineyard walk. €50/adult, €25/child.
- **Afternoon:** River cruise (1h, shaded deck, life jackets for all ages).
- **Evening:** Return to Porto.
- **Accommodation Options (if overnight):**

- **Casa Agricola da Levada Eco Village** (Eco B&B) - Near Douro Valley. Family apartments, riverfront, organic, low-impact. From €160/night.

- **[To Customize]:** Overnight in Douro Valley, farm stay.

**TIP:** The Douro Valley is warm in August—bring hats and water bottles for the kids. Private transfers with child seats are available.

## 📍 **Day 16: Porto Parks & Serralves**



- **Morning:** Serralves Foundation (art museum, huge park, tree-top

walk for kids from 6+, €12/adult, free under 12).

- **Afternoon:** Picnic in City Park (Parque da Cidade), playgrounds.
- **Evening:** Free evening, local pizzeria.
- **Highlight:** Serralves outdoor family workshops (Sundays, August).
- **Accommodation Options:**
  - Same hotel options as Day 13.

**TIP:** Serralves Park is stroller-friendly and has shaded areas for picnics.

Workshops are popular—reserve in advance if interested.

## **Day 17: Beach Day – Matosinhos**



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**Morning:** Metro to Matosinhos (20 min). Wide sandy beach, surf schools (from 8 years, €35/child discount), seafood lunch.

- **Afternoon:** Relax, build sandcastles, playgrounds on promenade.
- **Evening:** Return to Porto.
- **Accommodation Options:**
  - Same hotel options as Day 13.
- **[To Customize]:** Surf lesson, seafood tasting.

**TIP:** Matosinhos beach is lifeguarded in August. Surf lessons are available for children 8+—book ahead for summer slots.

## 📍 Day 18: Guimarães Medieval Adventure



- **Morning:** Day trip to Guimarães (train 1h). Explore castle, medieval streets, cable car to Penha Hill (panoramic views, easy walks). Entry: €10/adult, €6/child.
- **Afternoon:** Local crafts workshop (from 6 years, 1h, €12/adult, €8/child).
- **Evening:** Return to Porto.
- **Accommodation Options:**
  - Same hotel options as Day 13.

- **[To Customize]:** Private guide, treasure hunt for kids.

**TIP:** Guimarães is stroller-friendly and the cable car is a highlight for children. Book workshops in advance for August dates.

## 📍 **Day 19: Free/Rest Day – Porto**



- **Morning:** Leisurely breakfast, shopping or riverside stroll.
- **Afternoon:** Pool or spa at hotel, optional bike rental.
- **Evening:** Farewell dinner in Foz (seaside district).
- **Accommodation Options:**

- Same hotel options as Day 13.
- **[To Customize]:** Babysitter, special family dinner.

**TIP:** Many Porto hotels offer family-friendly pools and spa treatments.

Book a babysitter in advance if parents want a night out.

## 📍 Day 20: Last Moments in Porto



- **Morning:** Pack, last-minute souvenirs, brunch in city center.
- **Afternoon:** Transfer to Porto Airport (30 min). Flight home.
- **Evening:** Arrival at home.

- **Highlight:** Family travel journal—memories to keep!
- **Accommodation Options:**
  - Same hotel options as Day 13.

**TIP:** Ask your hotel for late check-out or luggage storage if your flight is in the afternoon.

## 📍 **Day 21: Buffer/Contingency Day**



- **Note:** This day is included as a buffer for unexpected changes, rest, or delayed flights. Can be reallocated as needed.

**TIP:** Use this day for extra rest, spontaneous discoveries, or to adjust for any travel delays.

## ✦ Customizable Options

- **Private Guides:** Add expert guides for city tours, tailored to children's interests.
- **Car Rental:** Full Algarve week with car for flexibility.
- **Babysitting Services:** Available at select hotels for parents' night out.
- **Upgraded Accommodations:** Upgrade to suites, pool villas, or eco-lodges with private gardens.
- **Special Experiences:** Dolphin watching, surf lessons, family cooking classes.
- **Luggage Transfers:** Door-to-door luggage service between regions.

**TIP:** Many experiences and accommodations offer child discounts and family packages—ask for details when booking.

## ✦ Alternative Options

- **Slower Pace:** Spend 10 days in Algarve for more beach time, fewer transfers.
- **Countryside Focus:** Swap Douro Valley for Serra da Estrela (mountain lakes, hiking, cheese farms).
- **Budget Variation:** Prioritize guesthouses and budget hotels,

self-catering apartments for savings.

**TIP:** Self-catering apartments and guesthouses often have kitchens and laundry—ideal for families on a budget.

## ✦ Practical Info & Budget

- **Seasonality:** August is peak summer—book early for best family rooms. Expect warm, sunny weather (Lisbon/Porto: 25–32°C, Algarve: 28–35°C).
- **Comfort & Health:** All regions have modern healthcare. Tap water is safe. Sun protection essential.
- **Visa:** No visa needed for EU/Schengen nationals. Passport validity: 3+ months after return.
- **Family Accommodation:** Family suites or apartments in all stops; pools and kitchenettes available.

Item	Estimated Cost (per person)
Accommodations (21 nights, avg. €150/night for family room)	€790 (adults), €790 (children)
Experiences & Activities (avg. €30/day)	€630 (adults), €500 (children, with discounts)
Transfers & Local Transport	€200
Meals (self-catering + restaurants)	€300

Total Estimated Cost €1,920 (adults), €1,590 (children)

**TIP:** Child discounts (30–40%) are common for hotels and activities.

Booking early secures the best rates for family rooms.

## ✦ Next Steps


This proposal is a starting point, fully tailored to your family's wishes.


Please let us know:


- Children's ages and specific interests (nature, animals, sports, history, etc.)
- Preferred hotel styles or must-have amenities
- Any dietary or accessibility needs
- Interest in private guides, car rental, or special experiences


Once we receive your feedback, we'll refine the program, confirm availability, and provide a detailed quote. Looking forward to crafting your unforgettable Portugal family adventure!

## ✦ Why Book with Travel Differently?

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