



Tailor-Made Itinerary – Chiem



TRIP OVERVIEW

Weather

25-32°C - Warm and lively with some small businesses closed for holidays.

Budget

€200 / person

Safety

Low Risk - Stay aware of your surroundings, especially in crowded areas.



Introduction

Dear Chiem,

Thank you for your interest in exploring Italy solo! Based on your preferences, this preliminary itinerary is tailored for a 3-night adventure (August 21–24, 2026) focusing on Turin and Asti, two of Piedmont's most atmospheric cities. You'll enjoy a blend of culture, gastronomy, and local life, all within a budget-conscious and sustainable framework. This proposal is designed by a senior travel designer with deep regional expertise and is fully customizable to your pace and interests.

- **Traveler Profile:** Solo traveler, 1 adult
- **Travel Dates:** August 21–24, 2026 (3 nights)
- **Destinations:** Turin & Asti, Piedmont, Italy
- **Preferred Style:** Budget hotels & guesthouses
- **Budget:** Approx. €200 total
- **Interests:** Open to ideas, seeking information, solo experience

TIP: Traveling by train and staying in locally owned guesthouses or hotels is the most sustainable and budget-friendly way to experience Turin and Asti. Bring a reusable water bottle and shopping bag to reduce waste and save money.

Why This Destination?

Turin is renowned for its grand boulevards, elegant cafés, and vibrant arts

scene, while **Asti** offers a charming, small-town atmosphere and is famous for its sparkling wines and relaxed pace. Both cities are easily accessible by train, making them ideal for a short, solo Italian escape. August brings warm weather and lively piazzas, though it's wise to note that some smaller businesses may close for summer holidays. However, major attractions and eateries remain open, ensuring a rich experience.

TIP: Turin's city center is compact and very walkable. For longer distances, use trams or buses; a day ticket costs only a few euros and is more sustainable than taxis.

Custom Program

Day 1: Arrival in Turin



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Morning: Arrival in Turin (assumed arrival by train or air; exact arrival TBD). Check in to your centrally located budget hotel or guesthouse near Porta Nuova or Quadrilatero Romano.

- **Accommodation Options:**

- **Tomato Backpackers Hotel** (budget eco-hostel/guesthouse) – San Salvario district, 10–15 min walk from Porta Nuova station. Independent, locally-run with a strong community vibe, common room, and small garden. Promotes public transport and cycling. Great for solo travelers. From €45–60/night for a single room booked in advance.

- **Hotel Dock Milano** (classic budget city hotel) – Directly opposite Porta Susa station. Simple, solid rooms in a long-standing, locally owned 3-star hotel. Excellent for train arrivals and departures. From €60–80/night for a single room if booked ahead in August.
- **Combo Torino** (design hostel/guesthouse) – Vanchiglia area near Dora River, walkable to the historic center. Stylish, social base with cultural events and local collaborations. From €50–70/night for a private single room.
- **Afternoon:** Orientation stroll: Explore Via Roma, Piazza San Carlo, and the historic cafés. Visit the **Museo Egizio (Egyptian Museum)** – one of the world’s finest collections.
 - **Experience:** Museo Egizio – ~2 hours, €15 per person. Supports conservation and education. Walkable from your hotel.
- **Evening:** Aperitivo in the Quadrilatero Romano or San Salvario district, where you can sample local snacks with your drink for a fixed price (~€10–15). Optional dinner at a trattoria (budget menu available).
- **Highlight:** Enjoying your first Italian aperitivo in a lively piazza, soaking up Turin’s elegant evening atmosphere.
- **TIP:** Try the local aperitivo ritual: buy a drink and enjoy a generous buffet of local snacks. This supports small bars and independent eateries, and is a very “Turinese” experience.
- **Logistics:** Turin’s main train stations (Porta Nuova and Porta Susa) are both centrally located. If arriving by air, use the train or bus from Turin

Caselle airport for a lower-carbon transfer.

- **[To Customize]:** Arrival time, airport/train transfer details, dietary preferences.

📍 Day 2: Turin's Culture & Gastronomy



- **Morning:** Visit the **Mole Antonelliana & National Cinema Museum** (iconic landmark, panoramic lift to the top; €12–15, allow 1.5–2 hours).

Explore the National Cinema Museum inside if interested.

- **Experience:** Mole Antonelliana & National Cinema Museum – 1.5–2 hours, €12–15 per person. Historic building, supports local culture.

- **Afternoon:** Lunch at a local café. Optional: Guided walking tour (budget-friendly group tours available, or self-guided with provided map). Visit **Parco del Valentino** for a riverside stroll or picnic (free, 1–3 hours).
 - **Experience:** Parco del Valentino walk – Free, 1–3 hours. Supports local green spaces and is a pure human-powered activity.
- **Evening:** Try Turin’s signature chocolate drink, *bicerin*, at a historic café such as Caffè Al Bicerin (self-guided tasting, €4–8 per drink/snack). Dinner suggestion: Pizzeria or pasta bar in San Salvario (many options under €15).
- **Highlight:** Panoramic city views from the Mole Antonelliana.
- **Accommodation Options:**
 - Same hotel options as Day 1.
- **TIP:** Visit local markets like Porta Palazzo or browse independent shops on Via Garibaldi for fresh produce, cheeses, and artisan goods. This supports the city’s circular economy and is a great way to pick up picnic items or souvenirs.
- **[To Customize]:** Interest in group tours, museum preferences, nightlife (Turin has a lively but safe solo scene).

Day 3: Day Trip to Asti



- **Morning:** Early train to Asti (approx. 55–70 min, frequent departures, tickets ~€7 each way). Stroll through the medieval center: Piazza Alfieri, Cathedral (Cattedrale di Santa Maria Assunta), and Torre Troyana.
 - **Experience:** Self-guided walk of Asti’s medieval center – 2–3 hours, free (church donations optional). All main sights are walkable from the train station.
- **Afternoon:** Lunch at a family-run osteria or trattoria. Try local specialties like *agnolotti* or *tajarin* pasta (simple lunch €12–20 with water or house wine).
 - **Experience:** Osteria lunch – 1–1.5 hours, €12–20 per person.

Traditional osterias source seasonal ingredients and support local families.

Optional: Visit a wine bar or enoteca for a tasting of Asti Spumante or Moscato d'Asti (tasting €10–15 for a set of small tastings, 1–1.5 hours).

- **Experience:** Wine bar tasting – 1–1.5 hours, €10–15 per person.

Focus on local sparkling wines, supporting small producers.

Return train to Turin in the late afternoon.

- **Evening:** Relaxed evening in Turin; optional gelato at Grom or stroll along the Po River.
- **Highlight:** Experiencing the authentic, slower pace of a Piedmontese town and sampling local wines.
- **Accommodation Options:**
 - Same hotel options as Day 1.
- **Logistics:** Turin–Asti by train: About 55–70 minutes each way, tickets ~€7 each way. Trains arrive close to Asti's historic center; no extra transport needed.
- **TIP:** Walk as much as possible in Asti; the town center is compact. Use a reusable bottle and refill at cafés or public fountains. When buying wine or souvenirs, ask about local origin to support regional producers.
- **[To Customize]:** Interest in winery visits (may require advance booking), food preferences.

Day 4: Departure



- **Morning:** Breakfast at the hotel or a local bakery. Last stroll or quick souvenir shopping (Via Garibaldi is a good pedestrian street for last-minute gifts).
- **Afternoon:** Check out and transfer to train station or airport (timing TBD based on your departure).
- **Highlight:** Savoring a final Italian coffee before heading home.
- **TIP:** For a smooth departure, stay near Porta Nuova or Porta Susa

station. Both are well connected to public transport and airport shuttles.

- **[To Customize]:** Departure time and transfer preferences.

✦ Customizable Options

- **Private or group walking tours** in Turin (history, food, or architecture focus; budget-friendly group tours available)
- **Winery visit & tasting** in Asti (pre-booked, from €20–30 per person; some wineries are accessible by bike or shared shuttle, not public transport)
- **Upgrade to boutique guesthouse** for enhanced comfort (within budget, if available)
- **Day trip to Alba or the Langhe hills** (famous for truffles and scenery; requires longer travel, may not fit within 3-day window but can be discussed)
- **Airport/train transfers** arranged in advance for peace of mind
- **Local SIM card or eSIM** for connectivity

TIP: Book accommodations and train tickets in advance for the best rates, especially in August. Visit major sights outside peak hours (early morning or late afternoon) to enjoy a calmer experience.

✦ Alternative Options

- **Slower Pace:** Spend all nights in Turin and focus on in-depth city

exploration, skipping Asti for more relaxation.

- **Budget Focus:** Opt for hostel dormitory or shared guesthouse room to reduce costs and meet other travelers.
- **Regional Variation:** Swap Asti for a day trip to the royal palace at Venaria Reale (easy train/bus access, impressive gardens).

TIP: Cycling is a low-impact option in Turin if you are comfortable on city streets; bike-sharing schemes are available.

Practical Info & Budget

- **Seasonality:** August is warm (25–32°C), with lively city life. Some small businesses may close for holidays, but main attractions and restaurants remain open. Plan for heat: bring light clothing and a reusable water bottle.
- **Comfort:** All activities are low to moderate difficulty; city centers are walkable. Public transport is reliable and safe for solo travelers.
- **Health/Visa:** No special vaccines required for EU citizens. Schengen visa rules apply (TBD for your nationality).

Item	Estimated Cost (per person)
Accommodations (3 nights, single room in budget hotel/guesthouse)	€135–180
Meals (breakfast included,	€45–60

lunch/dinner at budget eateries)

Transport (local transport + Asti train) €20–30

Attractions & extras (museums,
tastings, etc.) €20–30

Total Estimated Cost €200 (3 nights, solo traveler)

TIP: Buying food or small items at local markets and shops supports local farmers and artisans. Choose local cuisine and gelato made on-site for the best taste and positive impact.


Next Steps


This proposal is a starting point. Please let us know:


- Your exact arrival/departure times and city of entry
- Any dietary or accessibility needs
- Your interest in guided tours, tastings, or specific experiences
- If you wish to adjust the pace, budget, or add/remove destinations


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