



This Workbook Belongs To:



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Beyond programs and gatherings, the heart of the church is not just about what we do, but about who we are becoming. Jesus invites us into something far deeper: a life of apprenticeship with Him. *The Jesus Way* series is a call to follow Him in a way that shapes every part of life.

This series is a time to reflect on where we've been and reorient around where God is leading us. We'll look back at how God has been at work in our church and look ahead to a renewed vision of what it means to live as apprentices of Jesus today.

Together, we'll focus on three invitations
that shape the life of an apprentice:

BEING WITH JESUS

learning to abide and
experience His presence

BEING TRANSFORMED BY JESUS

growing in emotional, spiritual, and
relational wholeness through community

PARTNERING WITH JESUS

living on mission in the
places God has called us

**Our hope is to become a church
where these realities shape**

**every person,
every group,
and every part of
our life together.**

**Lives rooted in His presence and
formed by His way in the world.**

Below is a breakdown of the teachings for *The Jesus Way* sermon series. This workbook is a companion guide to the series but can also be used as a stand alone resource. You can find sermons from this series and more at thejourney.org/sermons

Teaching *Overviews*

WEEK 1 | MISSION

Teaching Passage: Matthew 4:18-22

Theme: "Follow Me"

Key Takeaway: In order for us to most fully live into our vision as a church, we have to become apprentices of Jesus.

WEEK 2 | BE WITH JESUS

Teaching Passage: Matthew 11:25-30

Theme: "Come to Me, And I Will Give You Rest"

Key Takeaway: The primary desire that Jesus has for you is to be in relationship with him so that you can experience his love for you. Learning to abide in Jesus is where we experience who we were made to be, what we were made to do, and how we were made to live in this world.

WEEK 3 | BE WITH JESUS

Teaching Passage: Matthew 11:25-30 (continued)

Theme: "Rest for Your Soul"

Key Takeaway: Sunday worship is not the finish line, but a starting place. It's where we learn to receive Jesus' rest and carry it into the week ahead.

WEEK 4 | BE TRANSFORMED BY JESUS

Teaching Passage: John 15:12-17

Theme: "Abide with Me"

Key Takeaway: Becoming an apprentice of Jesus is living a life that is fully surrendered to Him.

WEEK 5 | PARTNER WITH JESUS

Teaching Passage: Matthew 28:18-20

Theme: "I Am with You, Always"

Key Takeaway: Jesus has given you a specific calling in a specific place with a specific people.

This workbook was created to help you explore what it means to become an apprentice of Jesus. Apprenticeship is about allowing every part of your life to be shaped by Him. As you spend time with Jesus, He forms your heart, mind, and habits so that your life begins to reflect His.

Whether you are using this on your own, with a group, or as a family, this guide is meant to help you take intentional steps in your journey with Jesus. It offers space to reflect, to practice spiritual rhythms, and to engage with the transforming presence of God.

There is no rush. The invitation is to move slowly, honestly, and prayerfully. You do not have to get everything right. You simply have to show up with a willingness to grow. Wherever you are in your journey, Jesus is with you. He is your teacher, your companion, and your guide. Let's begin this journey together.

How to Use This Workbook

Each section is designed to take about 10 to 15 minutes and can be used for personal reflection or group conversation. Move at your own pace. Use this time to be present with Jesus and pay attention to how He is inviting you to grow.

Each part follows a simple rhythm of apprenticeship:

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Invitation

Each part begins with a Scripture and a theme. Take time to slow down, read with intention, and listen for how Jesus is gently inviting you to follow Him more closely.



Reflection

Spend time with thoughtful questions to help you process what you're reading. There's space to write, journal, or talk with others as you consider how this connects to your life.



Practice

Try a simple spiritual habit or next step. You'll also find suggestions to carry what you're learning into your week through Sabbath, community, or conversation.




Prayer

End your time with a short, guided prayer as you respond to Jesus and ask Him to continue shaping your life. Listen for His voice.

AN
INVITATION
TO A LIFE OF
APPRENTICESHIP



Follow Me

 **the** JESUS *Way*

PART 1 | MISSION

Passage: Matthew 4:18-22

Theme: "Follow Me"

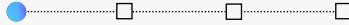
Key Takeaway: In order for us to most fully live into our vision as a church, we have to become apprentices of Jesus.

¹⁸ While walking by the Sea of Galilee, he saw two brothers, Simon (who is called Peter) and Andrew his brother, casting a net into the sea, for they were fishermen. ¹⁹ And he said to them, "Follow me, and I will make you fishers of men." ²⁰ Immediately they left their nets and followed him. ²¹ And going on from there he saw two other brothers, James the son of Zebedee and John his brother, in the boat with Zebedee their father, mending their nets, and he called them. ²² Immediately they left the boat and their father and followed him.

Matthew 4:18-22

THIS IS THE WORD OF THE LORD.

IT IS ABSOLUTELY TRUE AND
GIVEN TO YOU IN LOVE.



Invitation

To follow Jesus is to become His apprentice, someone whose whole life is being shaped by Him. In the way of apprenticeship, belief and behavior are not separate. As we follow Jesus closely, the Spirit forms who we are, what we believe, and how we live. This is more than a framework for faith; it is a way of life marked by daily transformation.

In Matthew 4, Jesus says to His first disciples, “Follow me.” It’s a simple invitation,

and it changes everything. He is still offering that same invitation today.

As a church, we’ve been through seasons of growth, change, and wrestling. Through it all, we’ve come to believe that the role of the church is not to create attenders but to help people become apprentices of Jesus.

Our mission at The Journey is:

Becoming apprentices
of Jesus by being with,
being transformed by,
and partnering with Him.

Reflection

When Jesus called His first disciples, He disrupted their ordinary lives with a simple, powerful invitation: “Follow me.” That same invitation reaches into our lives today, inviting us to respond with trust, courage, and surrender. Use these questions to consider how you’re hearing and responding to His call in your own life.



REFLECTION QUESTIONS

Have you ever sensed God calling you to something that required letting go of something else?
What was that like?

When you hear Jesus say, "Follow me," what does that look like in your actual life (at home, at work, or in your relationships)?

How does the church help you follow Jesus more faithfully?

What is one way you could help someone else follow Him?



During this time of reflection, we want to introduce a helpful framework that is adapted from a book called *The Critical Journey* by Janet Hagberg and Robert Guelich.

The Critical Journey outlines 6 stages of spiritual growth that reflect the journey many of us take as we follow Jesus. These stages are not a checklist to complete, but a way to name and understand how faith can grow and change over time. Keep in mind that the stages are fluid. We do not move through them in a straight line. We may revisit a stage more than once, or find ourselves experiencing more than one at the same time.

The Six Critical Journey Stages

01. Recognition of God (Awakening & Longing)

This stage is about becoming aware of God's presence. It often includes wonder, curiosity, and a desire for something more. We begin to respond to God's love, even if we don't fully understand it yet.

02. Life of Discipleship (Learning & Belonging)

This stage is about learning the foundations of faith and finding a sense of home in community. We are shaped by teaching, relationships, and shared practices as we begin to grow in what we believe and how we live.

03. Productive Life (Purpose & Service)

This stage is about living out our faith through action. We serve, lead, and take responsibility. Our gifts find expression, and we often feel useful and energized. The challenge here is to stay connected to God as the source, not just the work.

04. Journey Inward (Questioning & Surrender)

This stage is about looking beneath the surface. We begin to ask deeper questions and often experience disorientation or struggle. It can feel like a loss of clarity, but it is also a sacred invitation to trust God in new and honest ways.

The Wall (Struggle & Transformation)

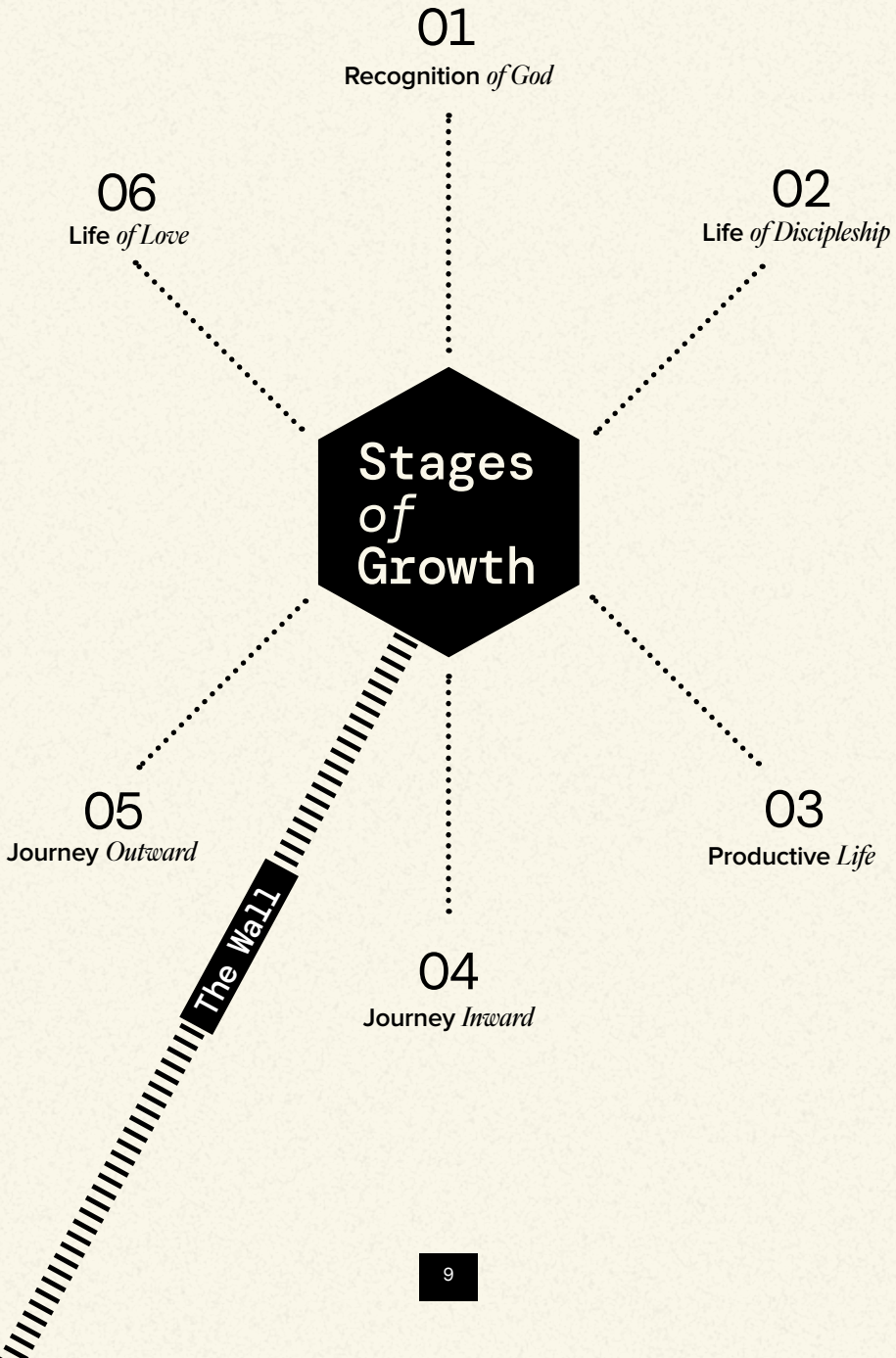
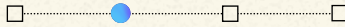
This stage happens within the Journey Inward and is about facing what we cannot control or fix. It may feel like silence, darkness, or a deep sense of waiting. While painful, the Wall often becomes a turning point. It is here that God does some of His deepest work in us.

05. Journey Outward (Healing & Purpose)

This stage is about reengaging the world from a place of renewed strength and inner freedom. We serve with less striving and more grace. Our identity is rooted in being with Jesus, not proving ourselves through effort.

06. Life of Love (Wisdom & Compassion)

This stage is about becoming a person of deep love. We are shaped by grace and marked by humility. Love becomes the driving force of our life. We live more simply, give more freely, and reflect the heart of Jesus in quiet, faithful ways.



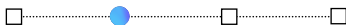
FURTHER REFLECTION

Where would you place yourself in the *Six Stages of Growth* right now and why?

What moments or experiences brought you there?

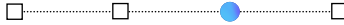
Think about your life. What moments have shaped your story?

Is this where you want to be? Why or why not?



What are some signs in your life that you are following Jesus?

Use this space to write down anything that stands out to you as you reflect, listen, or process.



Practice

TRY THIS

Choose a time this week to sit with Matthew 4:18-22. Ask Jesus what He might be inviting you to step into or leave behind. Write down what you sense.

You could also take a walk, sit in silence, or journal your thoughts. This is not about having all the answers. It is about being with Him in whatever comes up.

APPLICATION

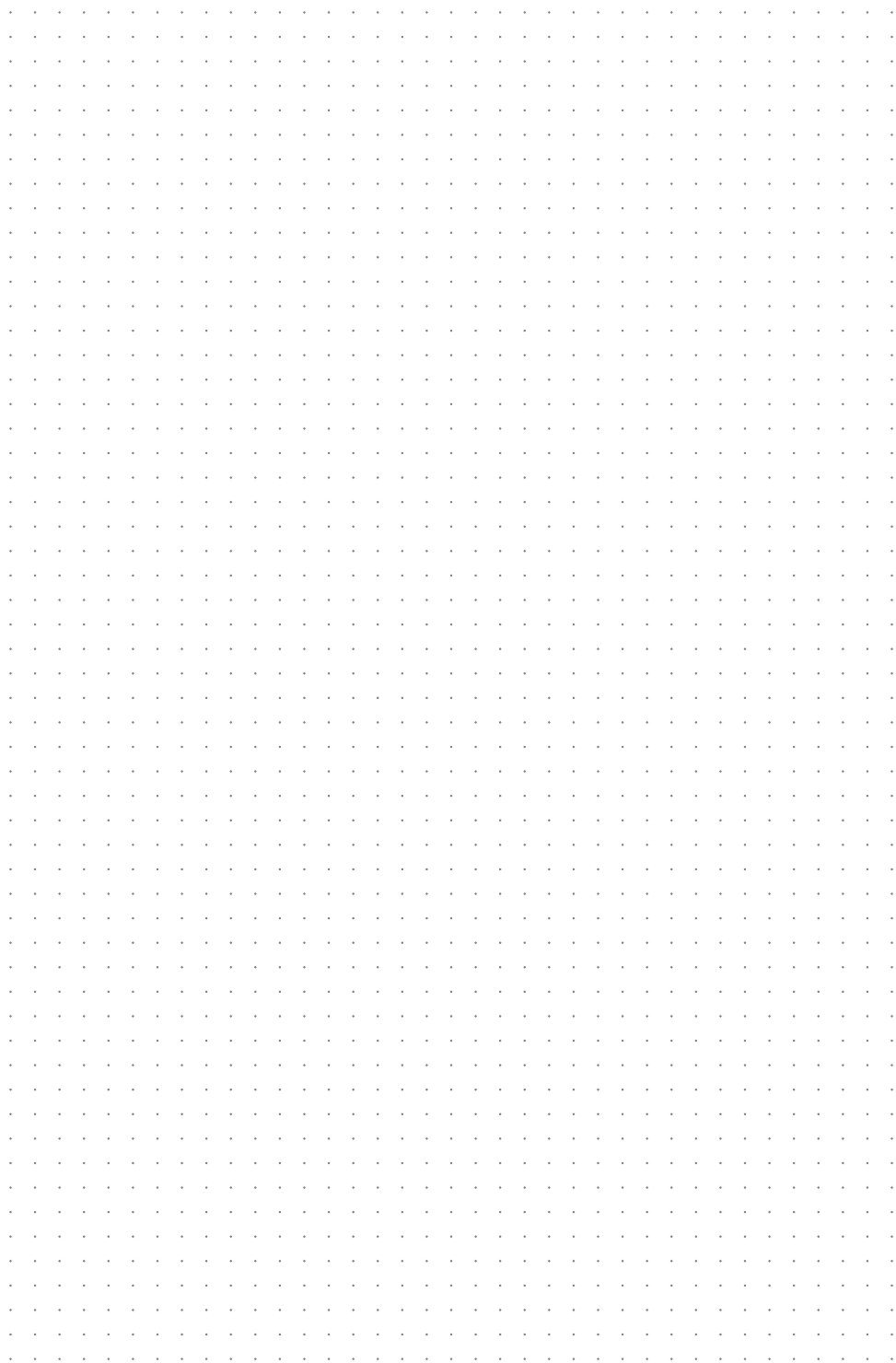
What is one area you hope to grow in as you follow Jesus this year? Write it down and make space to pray about it throughout the week.

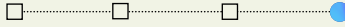
LIVE IT OUT

☼ **Sabbath Idea** | Take a quiet hour this weekend with no agenda. Put your phone away and spend time simply being with God.

☼ **Community Prompt** | Talk with someone you trust about where you see yourself on the journey of following Jesus. What is something you're sensing He's inviting you into right now? Listen to one another with curiosity and grace, not to give answers but to walk alongside each other in faith.

Resource Recommendation | *The Ruthless Elimination of Hurry* by John Mark Comer.





Prayer

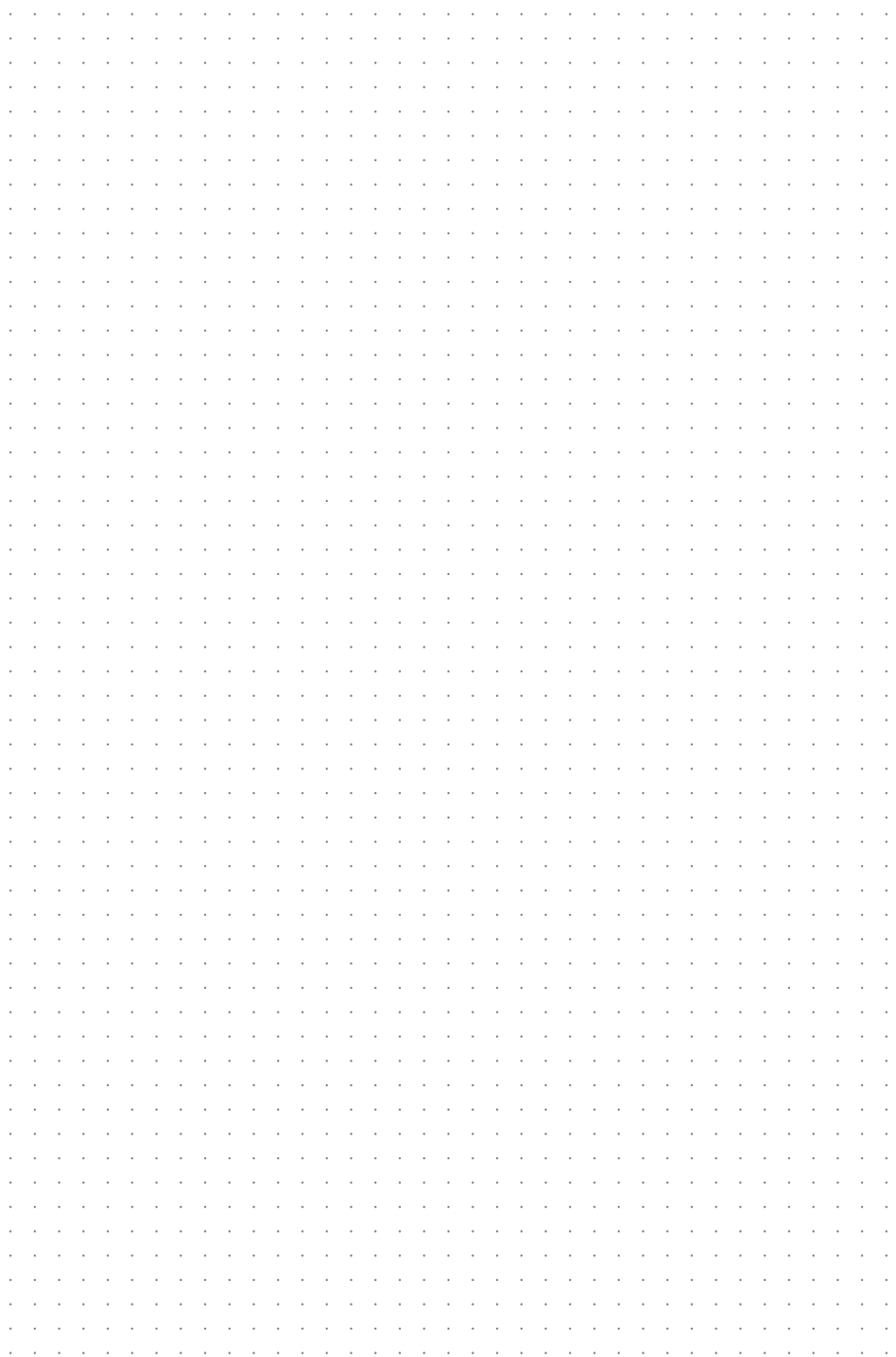
Jesus,
In your loving-kindness,
You invite me
to follow You.

Help me to say yes
with my
whole
life.
Help me walk
in grace when I don't.

Give me the
courage and wisdom
to let go
of what holds me back.

Shape me
into someone who walks
closely
with You
and shares Your love
with others.

Amen.



AN
INVITATION
TO A LIFE OF
APPRENTICESHIP



Come to *Me*

the JESUS *Way*

PART 2 | Be With Jesus

Passage: Matthew 11:25-30

Theme: "Come to Me, and I Will Give You Rest"

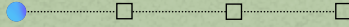
Key Takeaway: Jesus invites us to abide in His presence, where we can experience His love and find deep rest. His greatest desire is relationship with us. It is in that place of connection that we begin to discover who we were made to be, what we were made to do, and how we were meant to live.

²⁵ At that time Jesus declared, "I thank you, Father, Lord of heaven and earth, that you have hidden these things from the wise and understanding and revealed them to little children; ²⁶ yes, Father, for such was your gracious will. ²⁷ All things have been handed over to me by my Father, and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him. ²⁸ Come to me, all who labor and are heavy laden, and I will give you rest. ²⁹ Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. ³⁰ For my yoke is easy, and my burden is light."

Matthew 11:25-30

THIS IS THE WORD OF THE LORD.

IT IS ABSOLUTELY TRUE AND
GIVEN TO YOU IN LOVE.



Invitation

In Matthew 11, Jesus speaks directly to those who are tired, burdened, and worn down: “Come to me, all who are weary and burdened, and I will give you rest.”

This is not a command to do more. It is a personal, loving invitation.

He continues, “Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls.” Jesus doesn’t just want to take our burdens. He wants to give us something better in return: His rest. He invites us not only to come to Him, but to stay with Him and learn from Him. He knows what weighs on us. He meets us with gentleness and promises that in walking with Him, we will find rest for our souls.

Jesus offers more than momentary relief. He offers more than the temporary escape we reach for when we try to numb our thoughts with entertainment, substances, scrolling, shopping, or constant busyness. He promises a deeper kind of

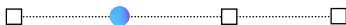
rest, one that forms us from the inside out.

This rest does not remove every burden, but it reshapes *how* we carry them.

Matthew 11 is not a call to strive harder. It is a loving invitation to walk with Jesus. He invites us because He knows what His presence can bring. In Him, we find peace, renewal, and the strength to keep going. When we slow down and receive His way of living, we are shaped into people who are more whole, more grounded, and more alive in Him.

This part is about learning what it means to be transformed by Jesus.

Not through *pressure*
or *performance*, but
through staying
close to Him and
letting His presence
do the shaping.



Reflection

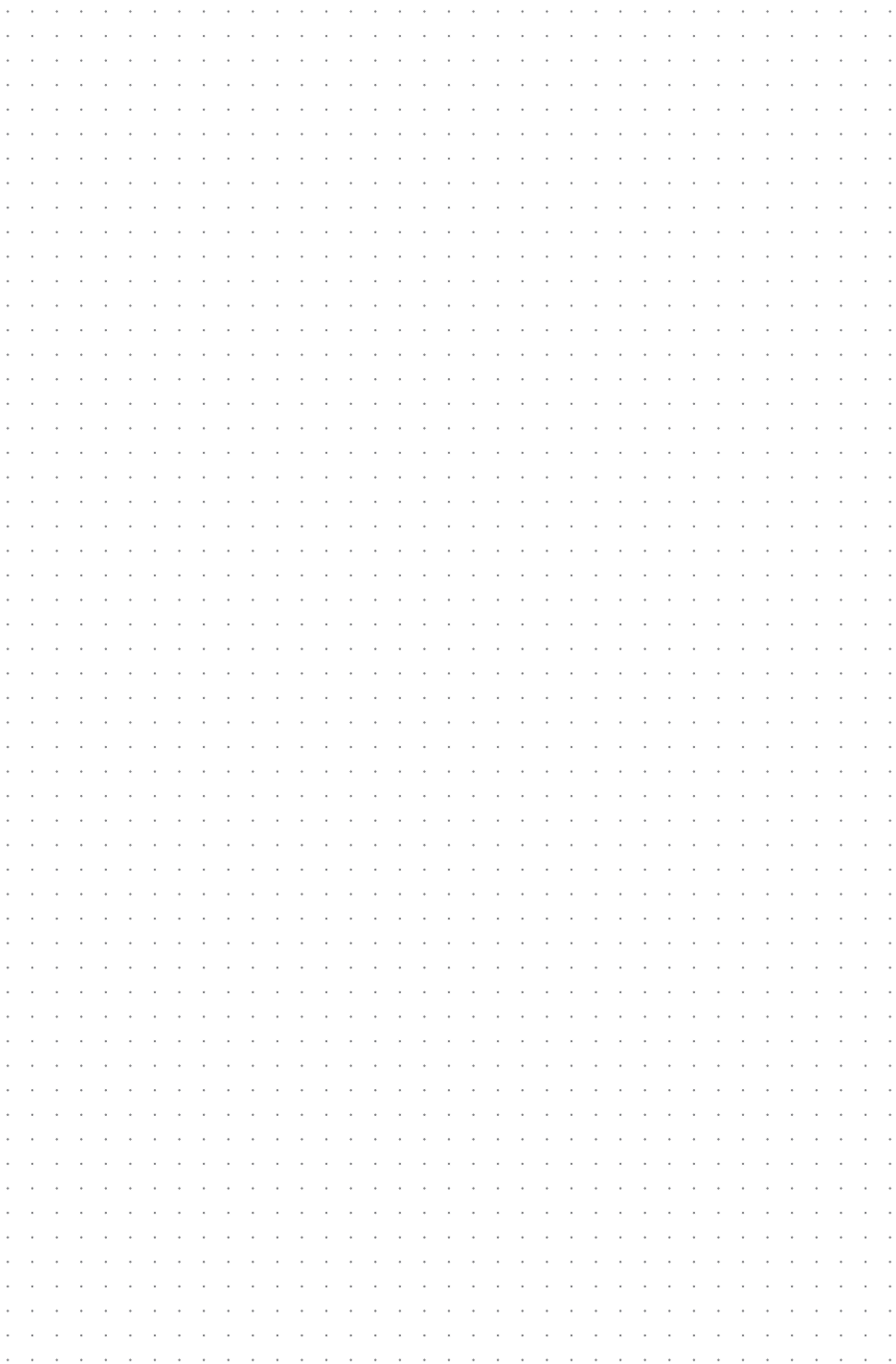
Consider something in your life that you grew in (maybe playing a sport, learning an instrument, studying a subject, working a job, cooking, or speaking a new language). How did you grow in that area? What commitments or changes did you make for growth to take place?

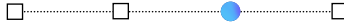
REFLECTION QUESTIONS

What do you think it means to *encounter* or *experience* Jesus? Can you think of an example of when that has ever happened?

Sometimes we long for the *results* of a spiritual life, like peace, rest, or joy, more than the practices that lead us there. Which of those outcomes do you find yourself desiring most right now? How might that desire invite you to draw closer to Jesus this week?

What is something you experience in church on a Sunday morning that you would like to see more a part of your life throughout the rest of your week?





Practice

TRY THIS

Take time this week to sit with Matthew 11:28-30. Read it slowly, more than once. Notice what phrases speak to you. Ask Jesus what He wants you to hear.

You might also try writing out the burdens you are carrying. Speak them to God. Imagine placing each one into His hands and trusting Him with it.

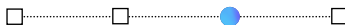
To help you reflect, read this **false inverted** version of Matthew 11:28-30. It is a distorted message that many of us unconsciously live by:

"Stay away from me, all who are weary and burdened,
for rest must be earned.
Take up your own yoke, and strive to prove yourself worthy,
for I am demanding and high above,
and peace is reserved for the deserving.
My yoke is heavy,
and the burden you carry is yours to own."

What feelings come up for you as you read this version? Highlight or circle the words or phrases that resonate most.

Now re-read Matthew 11:28-30. Highlight or circle the words or phrases that the Holy Spirit seems to be wanting you to notice.

²⁸ "Come to me, all who labor and are heavy laden,
and I will give you rest.
²⁹ Take my yoke upon you, and learn from me,
for I am gentle and lowly in heart,
and you will find rest for your souls.
³⁰ For my yoke is easy,
and my burden is light."



APPLICATION

One of the ways we learn to abide with Jesus is by reshaping our habits (small rhythms that open us to His presence). On the next page you'll find Nine Practices introduced from a book called *Practicing the Way*. Each one is a way to resist the hurried, distracted, self-centered patterns of our world and step more intentionally into life with Jesus.

Depending on your personal background or church experiences, you may feel some tension as you read through this list. Maybe it brings to mind pressure to perform or

checklists that made you feel like you had to earn God's love or approval. That is not the heart behind these practices.

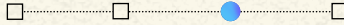
This is not a list of rules to follow or requirements to meet. These practices are invitations, not obligations. They are meant to help you slow down, make space for God, and experience more of His grace in your daily life.

“Grace is not opposed to effort, it is opposed to earning. Earning is an attitude. Effort is an action. Grace, you know, does not just have to do with forgiveness of sins alone.”

— Dallas Willard

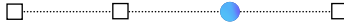
Practices are not about doing more. They are about creating room to rest in Jesus and be shaped by Him. Built into the rhythms of your life, they can help you grow in love, deepen your trust, and become more aware of His presence with you.

Spend some time reading through the description of each Practice. Pay close attention to what each practice is meant to help form in you and what it is seeking to eliminate.



PRACTICES

- **Scripture** | A community of *courageous fidelity* to orthodoxy in a culture of *ideological compromise*
- **Prayer** | A community of *communion* with God in a culture of *distraction* and *escapism*
- **Sabbath** | A community of *rest* in a culture of *hurry* and *exhaustion*
- **Solitude** | A community of *peace* and *quiet* in a culture of *anxiety* and *noise*
- **Community** | A community of *love* and *depth* in a culture of *individualism* and *superficiality*
- **Generosity** | A community of *contentment* in a culture of *consumerism*
- **Fasting** | A community of *holiness* in a culture of *indulgence* and *immorality*
- **Witness** | A community of *hospitality* in a culture of *hostility*
- **Service** | A community of *justice, mercy, and reconciliation* in a culture of *injustice* and *division*



APPLICATION QUESTIONS:

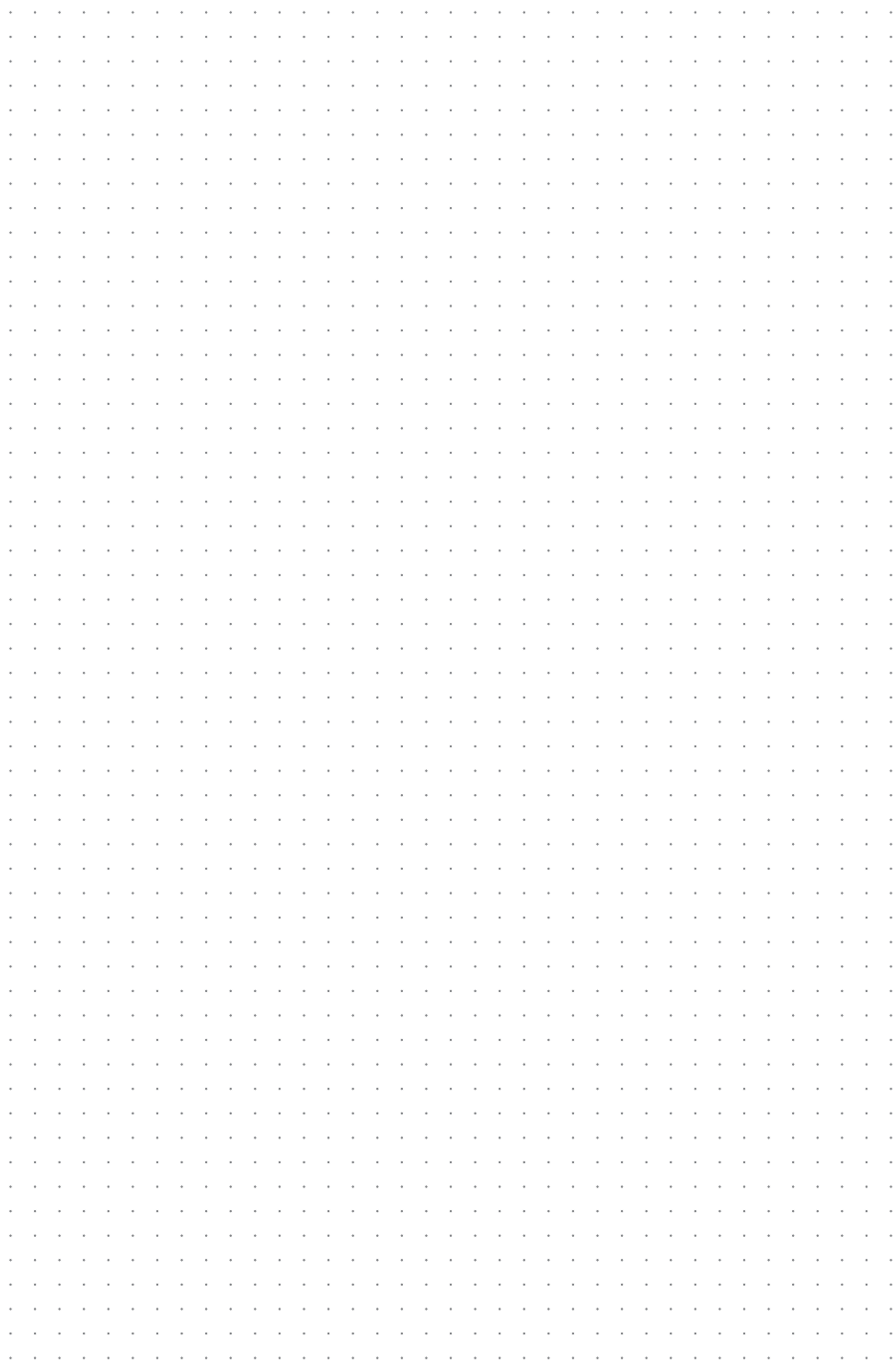
It's easy to look at these practices and plan to start doing them all at once. Slow down. It's important to start where you are rather than where you "should be".

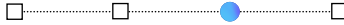
When you look at the descriptions of the Practices, which ones do you feel most drawn to in this season?

When you have done any of these Practices, where do you experience God within them?

What would need to change in your life to consistently make space for one of these Practices in your daily rhythms?

Who is someone you can bring with you in your journey of learning to "be with Jesus" through these Practices?





TRY THIS

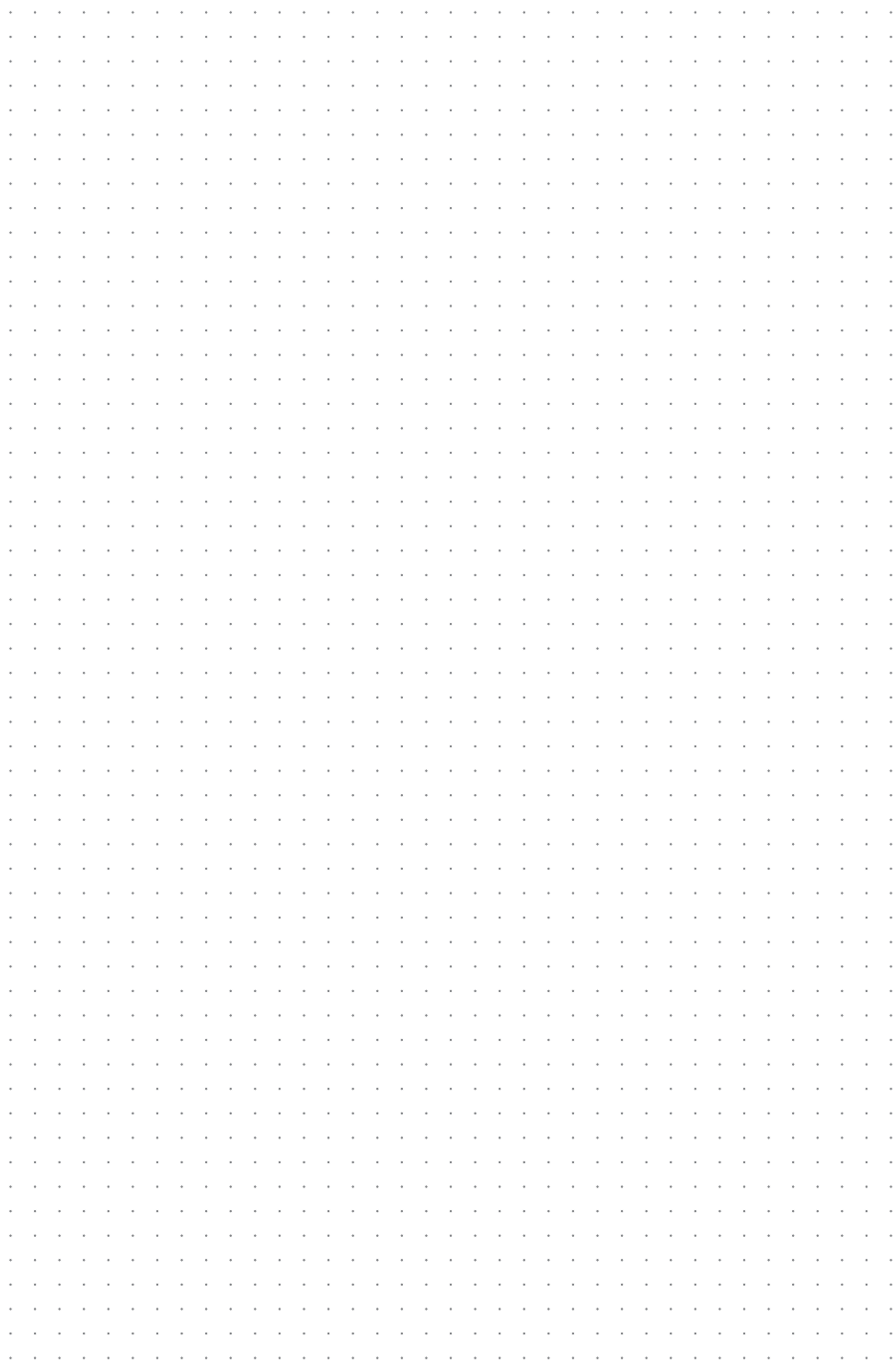
- ❑ **Choose one area of your life this week where you feel stuck, burdened, or hurried. Invite Jesus into that space.** Ask Him to teach you a new way to walk through it with Him.
- ❑ **Choose a quiet time to reflect on what kind of person you are becoming. What do you notice?** What do you want to see more of? What might Jesus want to grow in you?
- ❑ **Part of our mission is to "be with Jesus".** What is one thing you want to practice more regularly to create space for that?

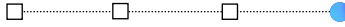
LIVE IT OUT

☞ **Sabbath Idea** | Reflect on how you normally spend your rest time. What would it look like to make that time more restorative or more connected to Jesus this week?

☞ **Community Prompt** | Talk with a friend about what rest looks like for your soul. Ask each other how you've learned to rest with God.

Resource Recommendations | *Emotionally Healthy Spirituality* by Pete Scazzero





Prayer

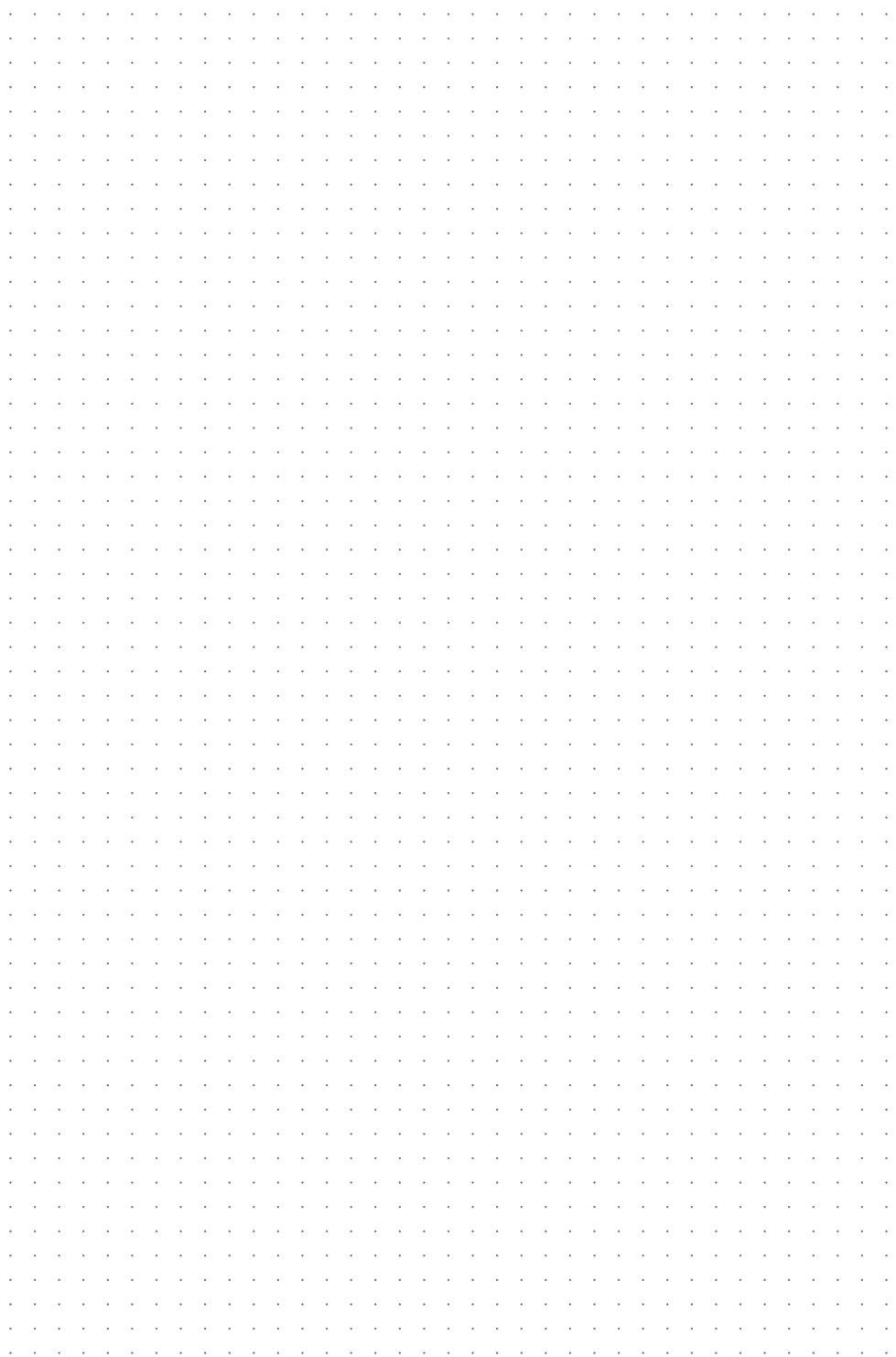
Jesus,
I want the rest You offer.
I am tired of trying to fix or
force myself into change.

Teach me how to walk with You.
Make me more like You.

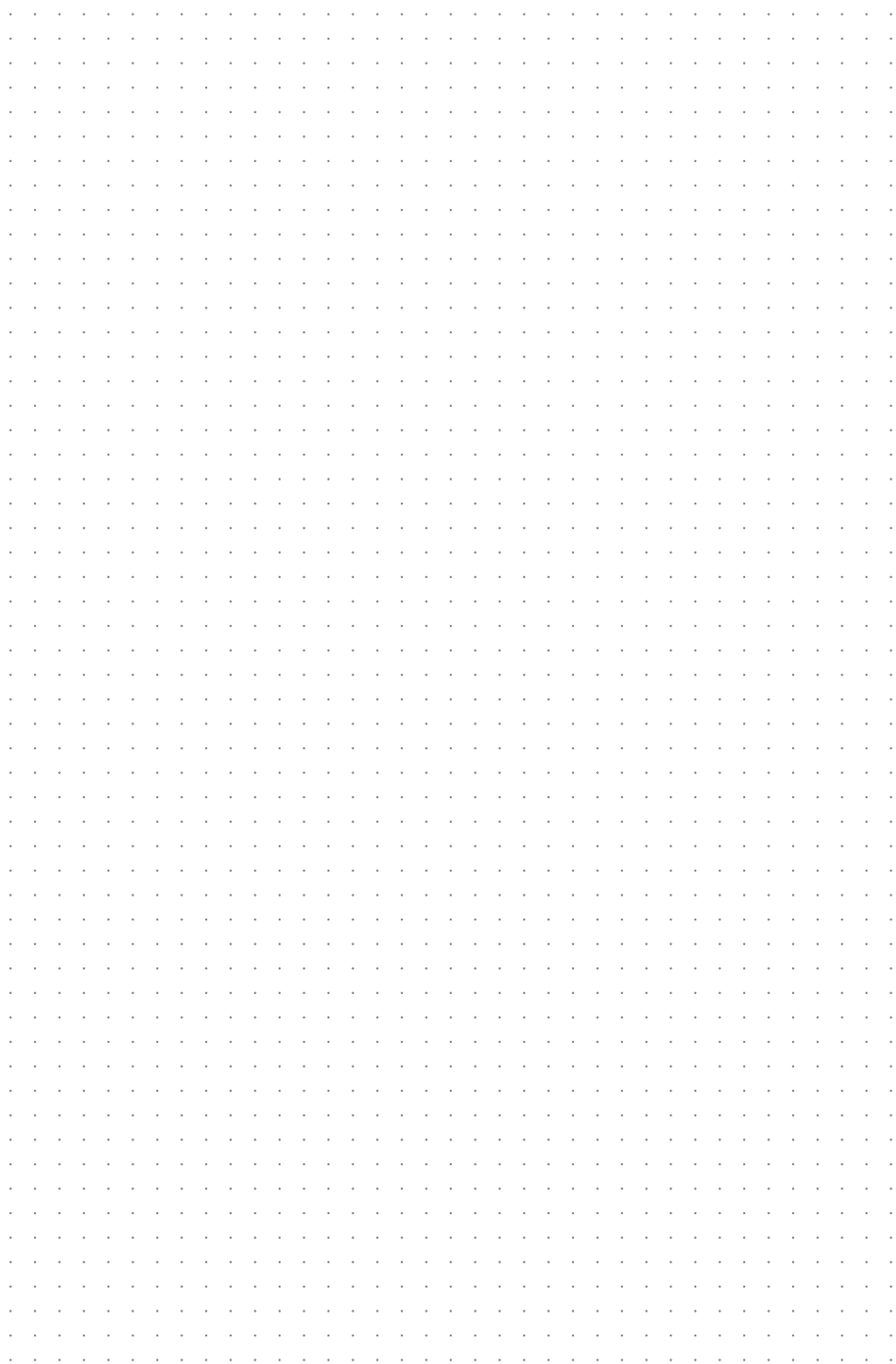
Gentle, grounded, and whole.

Keep forming me in the quiet places.

Amen.



Use this space to write down anything that stands out to you as you reflect, listen, or process.



AN
INVITATION
TO A LIFE OF
APPRENTICESHIP

“Abide *with* *Me*”

 JESUS *Way*

PART 3 | Be Transformed by Jesus

Passage: John 15:1-17

Theme: "Abide with Me"

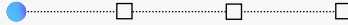
Key Takeaway: Becoming an apprentice of Jesus is living a life that is fully surrendered to Him.

¹ "I am the true vine, and my Father is the vinedresser. ² Every branch in me that does not bear fruit he takes away, and every branch that does bear fruit he prunes, that it may bear more fruit. ³ Already you are clean because of the word that I have spoken to you. ⁴ Abide in me, and I in you. As the branch cannot bear fruit by itself, unless it abides in the vine, neither can you, unless you abide in me. ⁵ I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing. ⁶ If anyone does not abide in me, he is thrown away like a branch and withers; and the branches are gathered, thrown into the fire, and burned. ⁷ If you abide in me, and my words abide in you, ask whatever you wish, and it will be done for you. ⁸ By this my Father is glorified, that you bear much fruit

and so prove to be my disciples. ⁹ As the Father has loved me, so have I loved you. Abide in my love. ¹⁰ If you keep my commandments, you will abide in my love, just as I have kept my Father's commandments and abide in his love. ¹¹ These things I have spoken to you, that my joy may be in you, and that your joy may be full.

¹² "This is my commandment, that you love one another as I have loved you. ¹³ Greater love has no one than this, that someone lay down his life for his friends. ¹⁴ You are my friends if you do what I command you. ¹⁵ No longer do I call you servants, for the servant does not know what his master is doing; but I have called you friends, for all that I have heard from my Father I have made known to you. ¹⁶ You did not choose me, but I chose you and appointed you that you should go and bear fruit and that your fruit should abide, so that whatever you ask the Father in my name, he may give it to you. ¹⁷ These things I command you, so that you will love one another.

John 15:1-17



Invitation

In John 15, Jesus invites His disciples to abide in Him. This is not a command to achieve, perform, or impress. It is a call to stay close. He uses the image of a vine and branches. Just as a branch cannot produce fruit unless it stays connected to the vine, we cannot bear lasting fruit apart from Him.

This kind of abiding is not just reserved for quiet mornings or spiritual retreats. It

is a daily invitation to live your ordinary life with Jesus. When you stay close to Him, His life begins to shape yours. You grow in love, joy, peace, and purpose. Not because you are trying harder, but because His life is flowing through you.

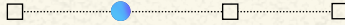
This portion of the workbook is about learning how to stay with Jesus and live from that place.

Reflection

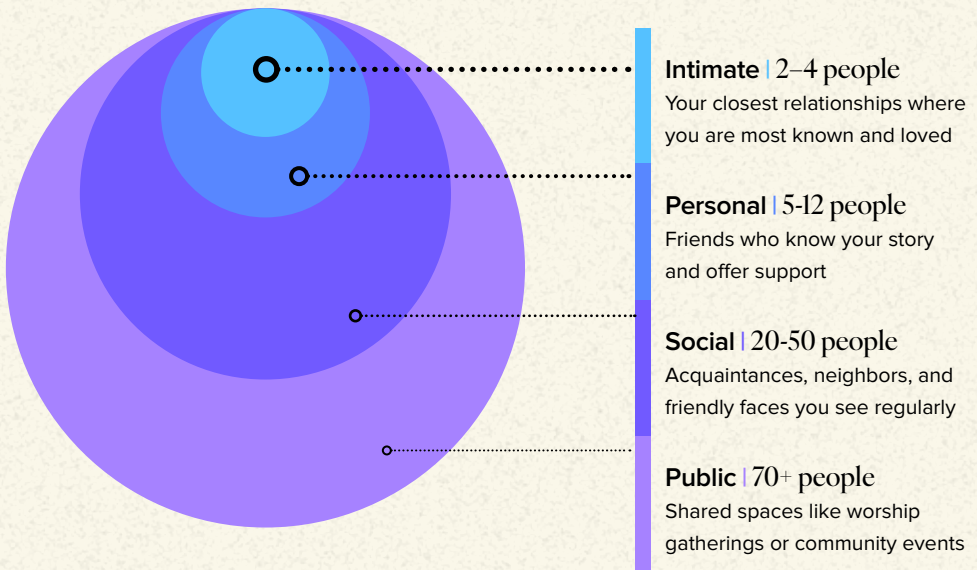
Our cultural moment is often shaped by radical individualism and loneliness. But God designed us for deep, meaningful connection.

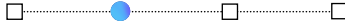


Edward Hall, a cultural anthropologist, introduced the concept of Proxemics, which is a framework for understanding relationships based on physical and emotional closeness. In *The Search to Belong*, Joseph R. Myers builds on this, outlining four spheres of relationships:



Four Spheres of Relationships



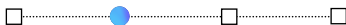


REFLECTION QUESTIONS

Our culture often prioritizes independence and self-reliance. How has that shaped the way you relate to others or seek out community in your current season of life?

Who would you identify in each of the *Four Spheres of Relationships*?

What do you long for in the relationships around you?

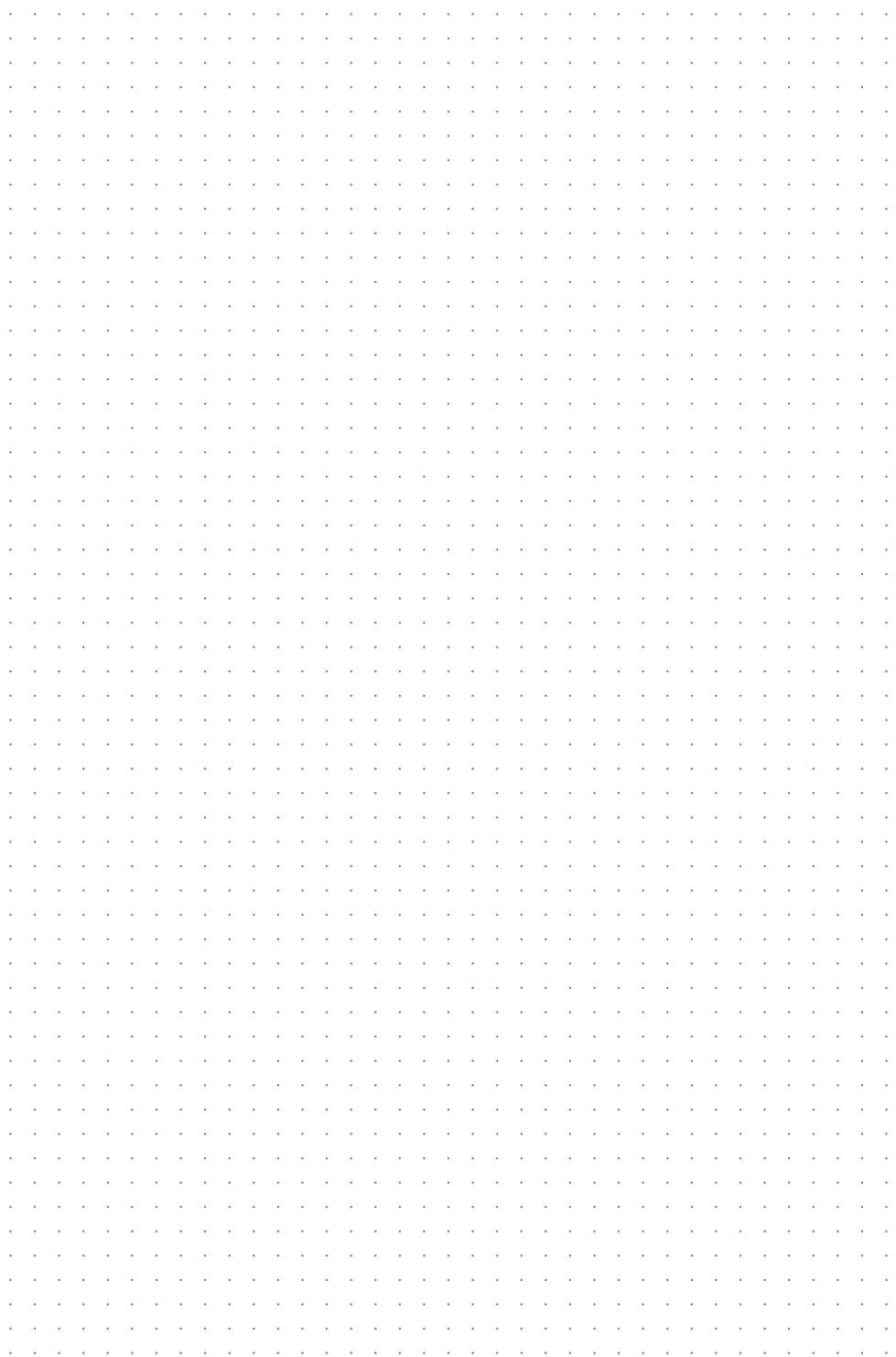


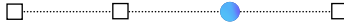
What do you believe God has gifted you to bring to others?

What is one step you can take toward deeper, transformative connection with others?

Where might God be inviting you into community within the church?

Use this space to write down anything that stands out to you as you reflect, listen, or process.





Practice

TRY THIS

Choose one ordinary moment in your day, such as making coffee, walking outside, or folding laundry. Invite Jesus into it. Use that time to remember that He is with you. Practice noticing His presence in something simple.

You can also return to John 15 during the week. Read it slowly and prayerfully. Let the words “abide in me” stay with you. Ask Jesus what they mean for your life right now.

APPLICATION

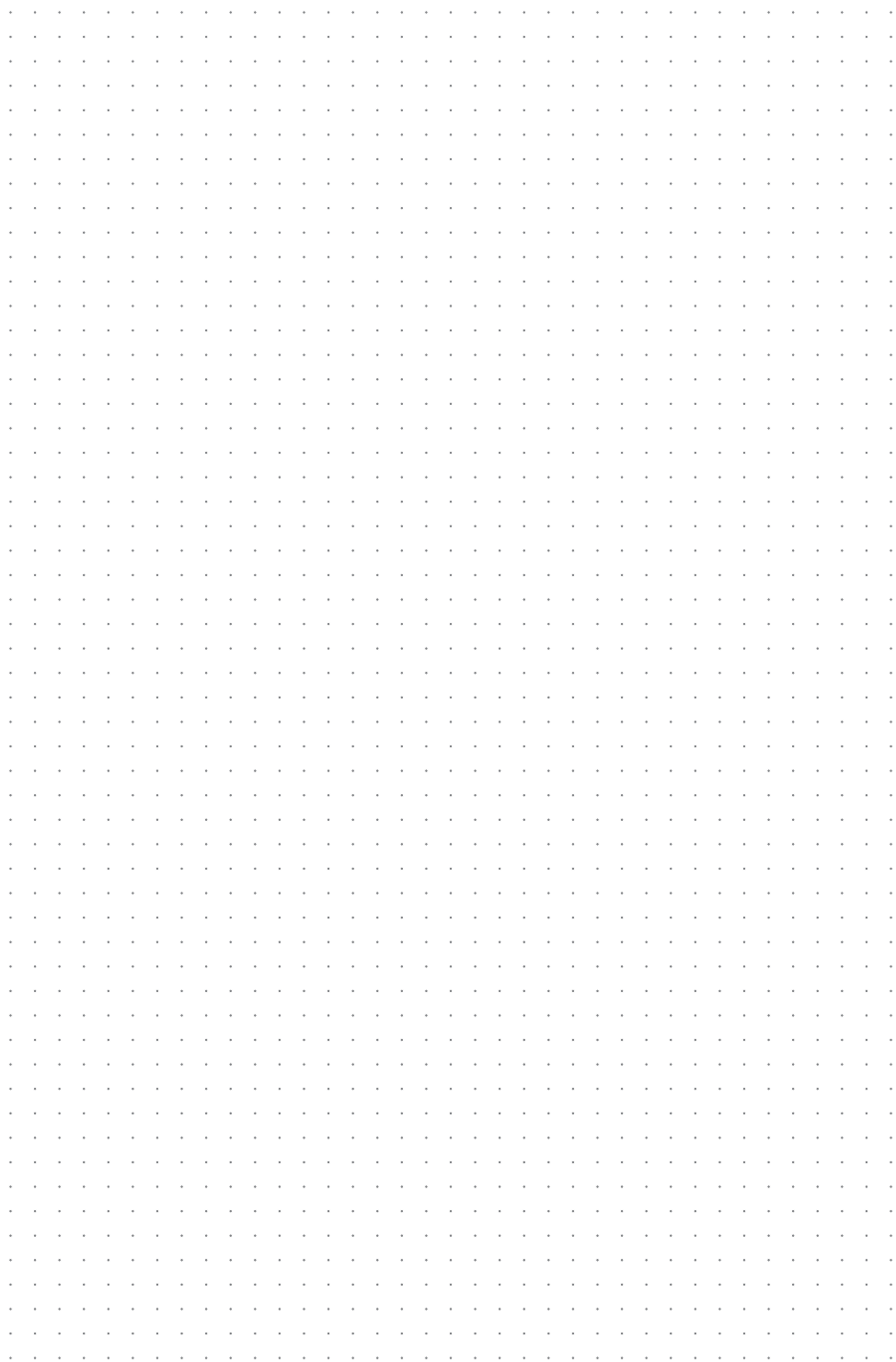
What is one small way you can stay more connected to Jesus this week? Write it down. Keep it simple and consistent, and see what it opens up.

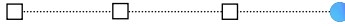
LIVE IT OUT

☐☐ **Sabbath Idea** | Leave some time in your day for quiet. Don’t fill every moment. Let part of your Sabbath be open and unhurried.

☐☐ **Community Prompt** | Ask someone you trust how they stay close to Jesus during the week. Share what helps you, too.

Resource Recommendation | *Made to Belong* by David Kim





Prayer

Jesus,
I want to remain in You.
I often feel pulled in many directions.

Help me

slow

down

and return to You
throughout my day.

Let Your presence shape me more than anything else.
Teach me how to abide

and remind me
there is
no where I can go
where the Spirit is not already present.

Amen.

Spend a few quiet moments listening for God.

Write down anything that comes to mind.

If nothing comes to mind, that's okay.

Keep listening. Consider going for a walk.

Read this section's passage again or even pray out loud.

Prayer takes practice.

It takes time, patience, and grace.

The more you show up, the more you begin to recognize His voice. The more you recognize His voice, the more deeply you grow in relationship with Him.

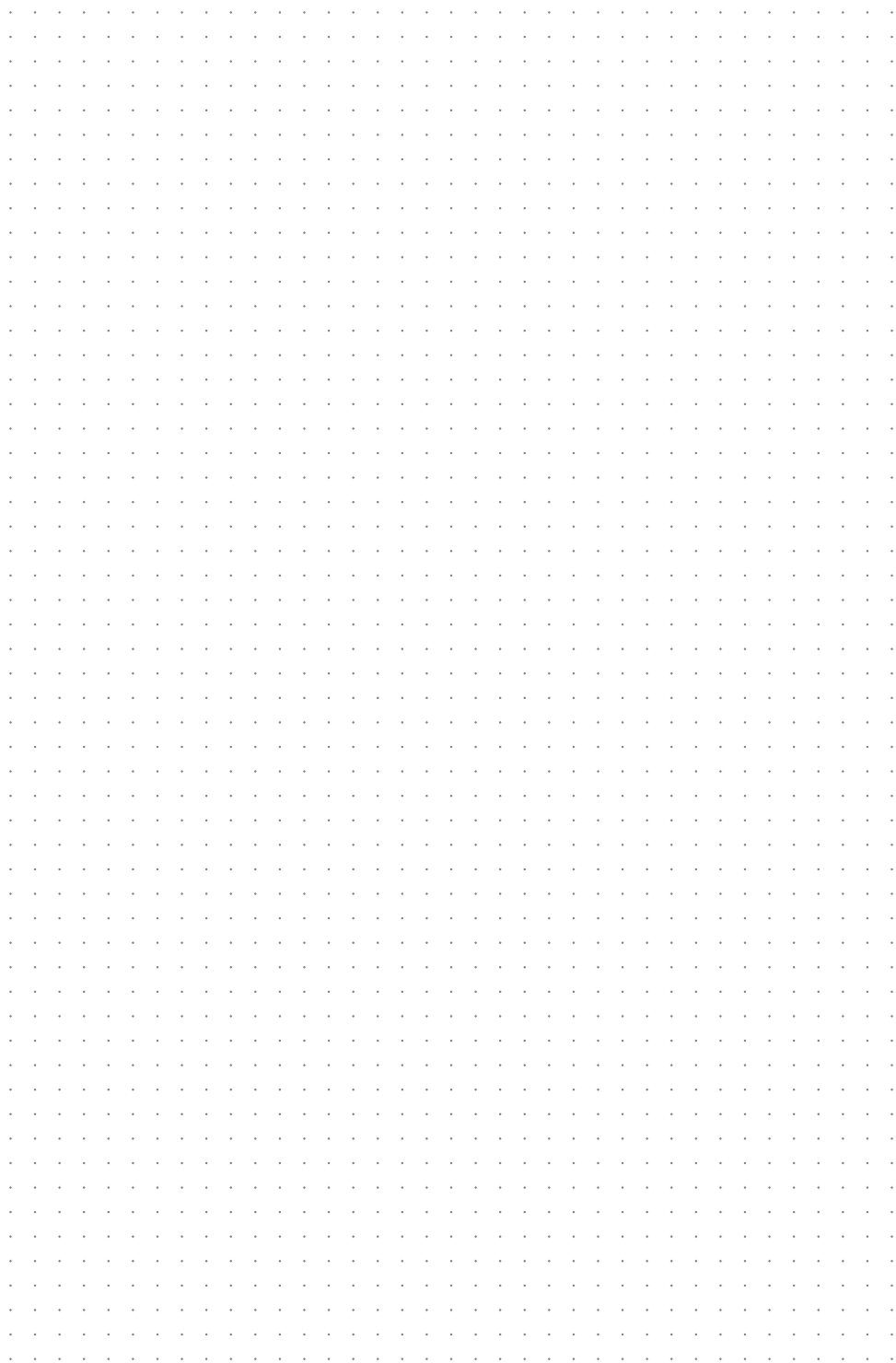
Let this time be less about saying the right words and more about being present with the One who loves you.

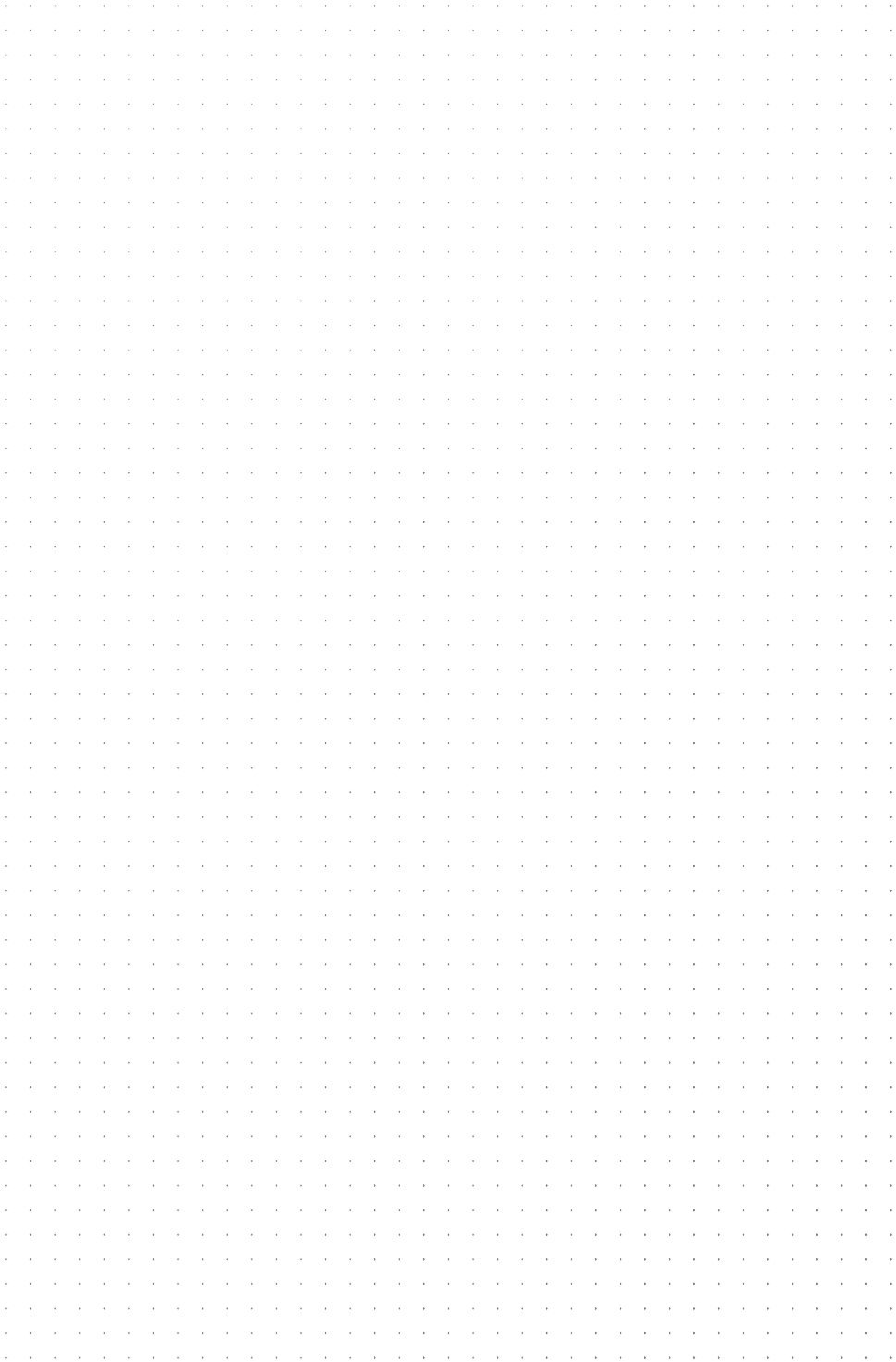
He is already here.

Waiting.


Listening.

Ready to meet with you.






AN
INVITATION
TO A LIFE OF
APPRENTICESHIP



I am with You Always

 **JESUS** *Way*

PART 4 | Partner with Jesus

Passage: Matthew 28:18-20

Theme: "I am with You, Always"

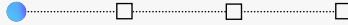
Key Takeaway: Jesus has given you a specific calling in a specific place with a specific people.

¹⁸ And Jesus came and said to them, "All authority in heaven and on earth has been given to me. ¹⁹ Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, ²⁰ teaching them to observe all that I have commanded you. And behold, I am with you always, to the end of the age."

Matthew 28:18-20

THIS IS THE WORD OF THE LORD.

IT IS ABSOLUTELY TRUE AND
GIVEN TO YOU IN LOVE.



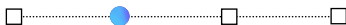
Invitation

Jesus ends His time on earth with a promise and a purpose. He tells His disciples to go and make more disciples, and He assures them, “I am with you always.” This is not a mission we are asked to carry alone. His presence goes with us into every place He sends us.

Sometimes when we think about mission, we imagine something far away or overly complicated. But the mission of Jesus is deeply personal and local. It starts with your life, your story, and the people and places you are already connected to. The good news is not something we hold onto. It is something we carry and share.

This portion of the workbook is about remembering that you are not alone in what God is calling you to. Jesus sends you, but He also stays with you.

Always.



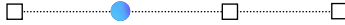
Reflection

God has placed you in a specific time, place, and community. He is already at work there. Jesus invites you to join Him, not from a place of pressure, but from a posture of presence and purpose. These questions will help you listen for His voice, pay attention to where He has placed you, and consider how He might be inviting you to participate in His work.

REFLECTION QUESTIONS

How do you hear from the Holy Spirit? If that feels unclear, consider what scripture says about how He speaks. If you aren't sure where to start, consider reading John 14:26, John 16:13, Romans 8:14-16, or Acts 13:2-4. These passages show how the Spirit teaches, guides, confirms our identity, and leads us into mission.

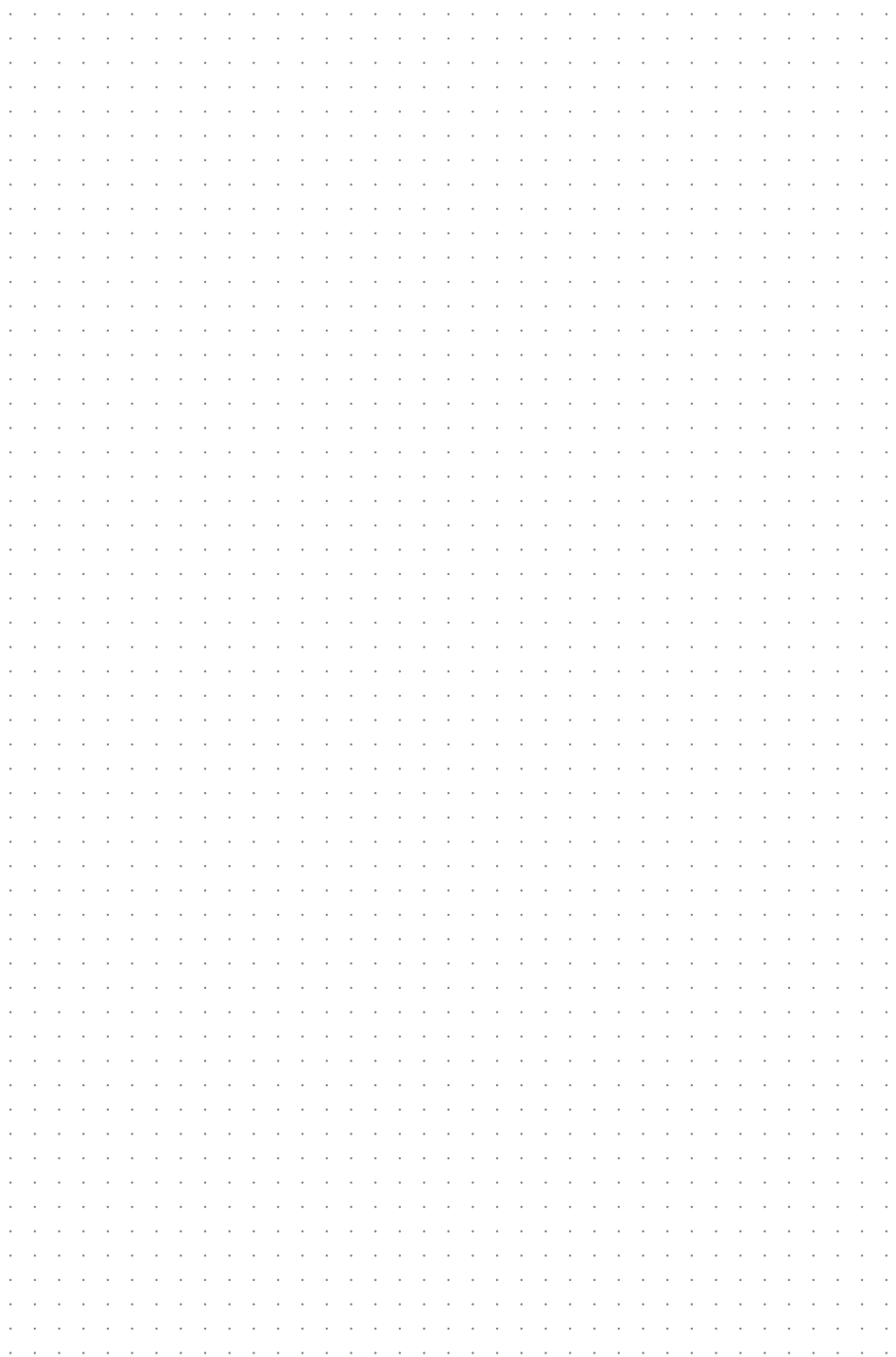
Is there a person or place in your life God may be calling you to? What might restoration look like there?

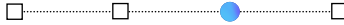


What is one intentional way you could partner with Jesus in that place or relationship?

How has God gifted you, and how might you use that gift to serve others in the church?

What is one prayer you are regularly praying for The Journey or your community?





Practice

TRY THIS

Think about where you spend your time each week. Ask Jesus to bring one person or place to mind where you can be present in a meaningful way. It could be through a conversation, a prayer, or a simple act of kindness.

You might also try walking through your neighborhood or workplace and praying quietly as you go. Ask Jesus to show you how He is already at work there, and how you can join Him.

APPLICATION

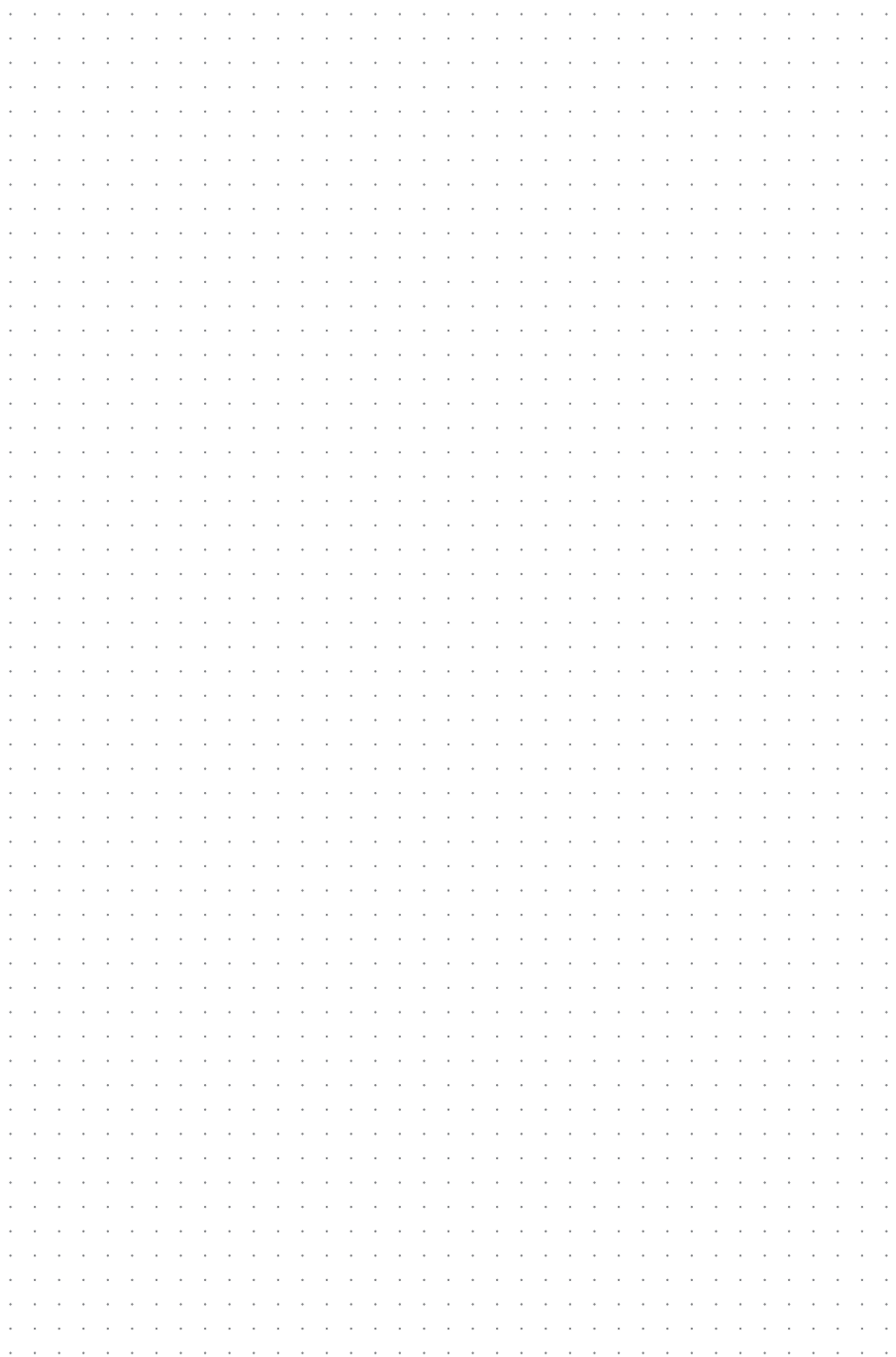
- ☐ **What is one intentional way that you can seek to partner with Jesus in the places that God has called you?**
- ☐ **What is one way that God has gifted you that you believe you could use for the benefit of others in the church?**
- ☐ **What is one prayer you are praying for The Journey and the communities that you are in that you would long to see God transform or renew?**

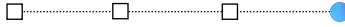
LIVE IT OUT

☞ Sabbath Idea | Use part of your Sabbath to reflect on where God has already placed you. Where do you live, work, and play? How might God be sending you right where you are?

☞ Community Prompt | Share with someone what you think your “mission field” looks like right now. Encourage each other in how you are living out your faith in everyday places.

Resource Recommendation | *Joining Jesus on His Mission* by Greg Finke



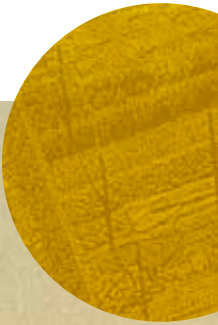


Prayer

It helps, now and then, to step back and take the long view.
The Kingdom is not only beyond our efforts,
It is even beyond our vision.
We accomplish in our lifetime only a tiny fraction
of the magnificent enterprise that is God's work.

Nothing we do is complete,
Which is another way of saying that
The Kingdom always lies beyond us.
No statement says all that should be said.
No prayer fully expressed our faith.
No confession brings perfection.
No pastoral visit brings wholeness.
No program accomplishes the church's mission.
No set of goals and objectives includes everything.

This is what we are about.
We plant the seeds that one day will grow.
We water seeds already planted,
Knowing that they hold future promise.
We lay foundations that will need further development.
We provide yeast that produced effects far beyond our capabilities.



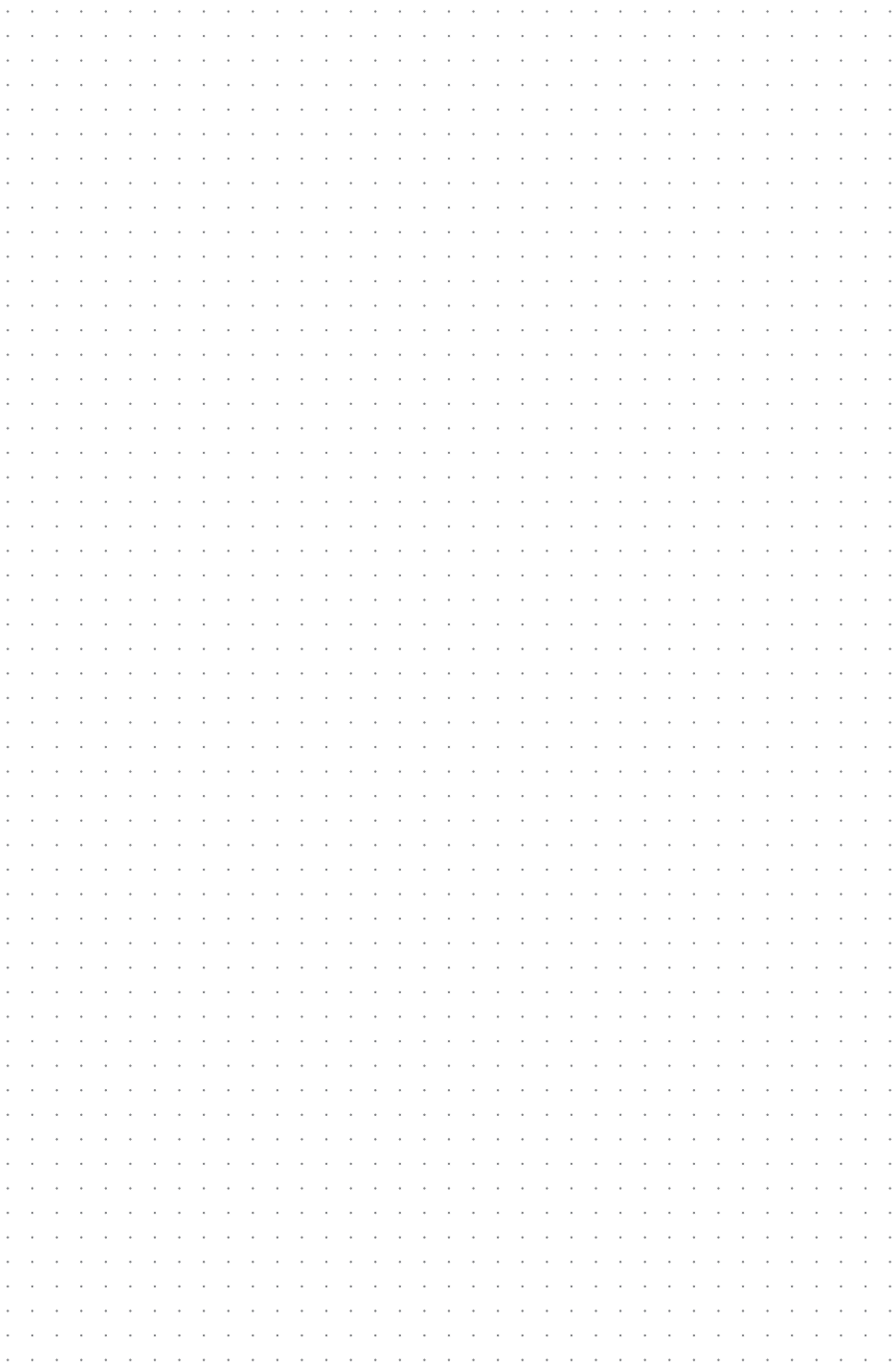
We cannot do everything,
And there is a sense of liberation in realizing that.
This enables us to do something, and to do it very well.
It may be incomplete, but it is a beginning,
A step along the way,
An opportunity for the Lord's grace to enter and do the rest.

We may never see the end results,
But that is the difference
Between the master builder and the worker.
We are workers, not master builders,
Ministers, not messiahs.
We are prophets of a future that is not our own.

Amen.

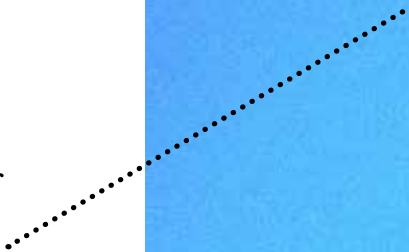
A
Prayer
of
Oscar
Romero

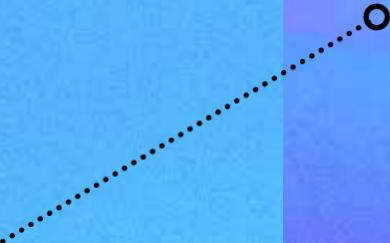
Use this space to write down anything that stands out to you as you reflect, listen, or process.



Putting It All Together

Throughout
this workbook,
we've explored the life of
apprenticeship to Jesus:





Being
With
Being
Transformed By
Partnering
With
Jesus .

We've looked at what it means to follow Jesus in the everyday rhythms of life: our rest, relationships, worship, and work. This is not a one-time commitment or a quick fix. It is a slow, steady journey of formation. It takes shape through small acts of trust, regular time with Him, and daily choices to stay close.

At the heart of becoming
an apprentice of Jesus,
are three guiding
questions:

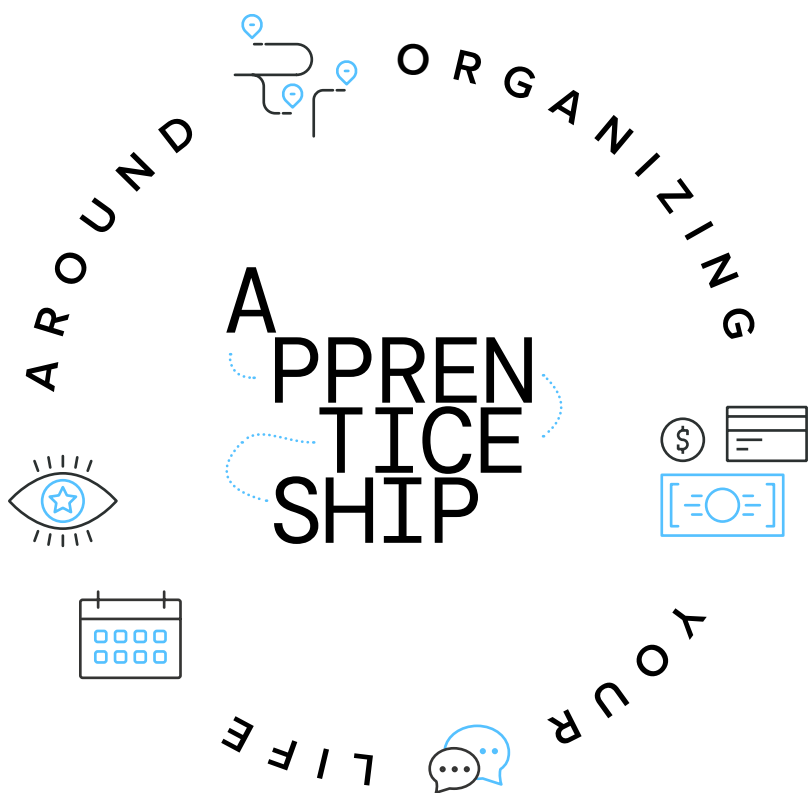
01 **What are you doing to be with Jesus?**

02

**Who is helping you
be transformed by
Jesus?**

03

**Where is Jesus
inviting you to
partner with Him?**



Take a few moments to reflect on how your life is currently ordered. What needs to shift? What might you let go of or take up to live more fully into these questions?

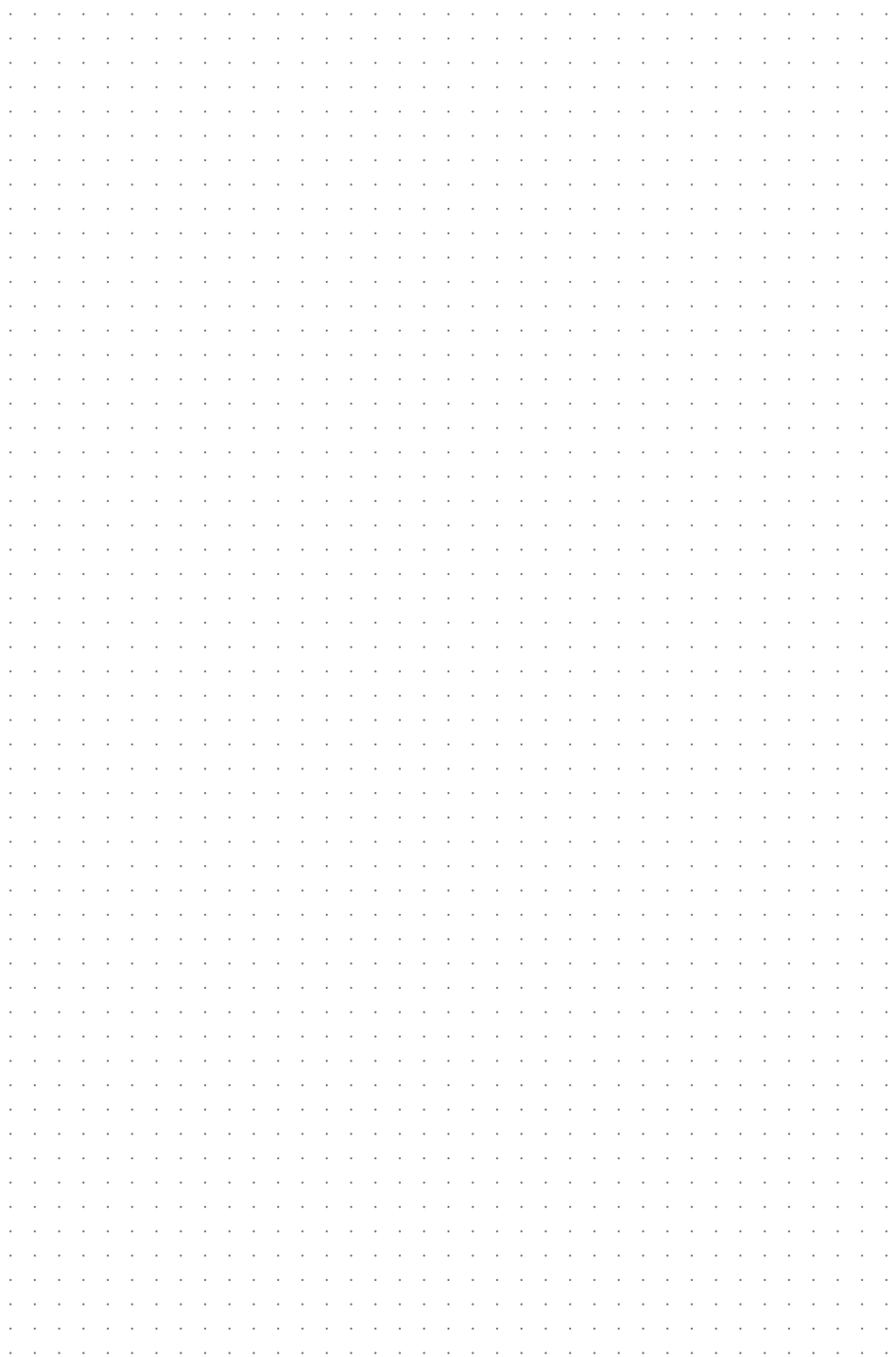
1. How will you create space to be with Jesus in this season? Think about your mornings, evenings, commute, or rest.

2. Who are you walking with as you seek transformation? Are you in community with people who know and love you and are also pursuing Jesus?

3. Where is Jesus calling you to partner with Him? Consider your passions, relationships, daily routines, or places where you already spend time.

4. What is one intentional change you want to make in your weekly rhythms to support these priorities?

5. Who can you invite into this journey for encouragement and accountability?



A Final Invitation

This is not a call to more
busyness or pressure.

It is an invitation to a deeper life with Jesus,
one that grows slowly over time.

Jesus is with you.
He is not in a hurry.
He is not asking for perfection.

He simply invites you to stay close.
So take the next step, however small.
Trust that He is already at work in and around you.
Let your life be shaped by His,
little by little,
day by day.



Becoming
apprentices
of Jesus by
being with,
being transformed by,
and partnering with Him.

