

The background is a solid blue color. In the top-left corner, there are several overlapping, semi-transparent light blue circular arcs. In the bottom-right corner, there are similar overlapping, semi-transparent light blue circular arcs.

Pathway Nights



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A person with a backpack is walking away from the camera through a dense forest. The sun is shining brightly through the trees, creating a warm, golden light. The person is wearing a dark tank top and light-colored pants. The text "Follow Me." is overlaid on the right side of the image in a large, white, serif font. The word "Follow" is on the top line and "Me." is on the bottom line, with a small blue dot at the end of "Me.".

Follow Me.

[This story is modified from The Journey Mission story video. You can watch it at thejourney.org/storyvideo](https://thejourney.org/storyvideo)

When The Journey first started, the idea was pretty simple:

Create a community where people from different backgrounds, different experiences, and different perspectives could all find a seat at the table—flaws and all.

At this table, remind them that Jesus is not surprised by their brokenness, mess, or questions. He expects it. And more than that, He welcomes them to bring their whole selves.

At this table, teach them the Gospel—not merely as a story among many, but as the story. The



story of a God who loves them and loves their city. And don't just teach it—live it. Show what love in action looks like. Show how to give grace and receive grace. Show what it means to link arms and follow hard after Jesus together. And when all things fail, to hold fast to Jesus.

As we look to the future, we find ourselves asking familiar questions: What is God calling us to do? Who is He calling us to be? But perhaps the better question is this: Who is God calling us to?

Because before a church name, before a vision statement, before a city transformed—there is our first love: Jesus.

Talking about Jesus is good. Learning about Jesus is necessary. But being *with* Jesus— that is something deeper. Something that engages both head and heart. Meeting with Jesus in the quiet hours of the morning and in the dark nights of the soul. Spending time in His Word for more than knowledge intake. Listening for the Spirit in prayer. Waiting in the silence. Being restored in rhythms of rest. Seeing His image reflected in

others. Sitting in stillness, with nothing but Him.

Him looking at us, us looking at Him, and we are happy. This is what our hearts long for most: to be with Jesus.

But there is something beautiful— majestic, holy, and deeply transformative— that happens when we are with Jesus *together*.

We link arms with brothers and sisters, mothers and fathers, mentors and pastors, with children and students—and we walk the road of transformation side by side.

In community, what Jesus is doing in *me* becomes something He is doing in *us*. Together, we wrestle through doubts and failures. We celebrate breakthroughs and moments of clarity. We carry one another through seasons of darkness and remind each other that a light still shines in that darkness. And slowly—often painfully, always beautifully—we are changed. Together, we walk with Jesus and surrender to the ongoing work of transformation.



And what is He transforming us into? This may be the most audacious claim of all: God takes broken, inconsistent, imperfect people—and invites us to partner with Him. He calls us to join the Holy Spirit in the work of His Kingdom. To learn the unforced rhythms of grace.

This is the work of seeing His Kingdom come “on earth as it is in heaven.”

It shows up in our schools and our streets, in our careers and our families, in our friendships and our marriages. He invites us— calls us—to carry His goodness into our city and beyond. Like the first disciples, we are called to lay down our nets and follow Him.

But make no mistake –The call to apprentice our lives to Jesus is costly. The best things in life often are.

We lay down more than nets. We lay down preferences and plans. Dreams and desires. We place it all at the feet of King Jesus—and with open hands, we trust Him with what comes next. So the question before us is simple, but not easy: What does He want to place in your hands? What does He have for you? For us? For you?

“Whoever wants to be my disciple must deny themselves, take up their cross, and follow me. For whoever wants to save their life will lose it, but whoever loses their life for me will find it.”



Do you want what He has for you?

Are you ready to follow Him?

As we've committed ourselves to the mission of becoming apprentices of Jesus—being with Him, being transformed by Him, and partnering with Him—we know that doing so together is essential. **The disciples had Jesus, but they also had one another. They learned together, failed together, and tried again together.**

The Sunday gathering is an essential part of our apprenticeship to Jesus. It's where we worship together, sit under God's Word, and participate in the sacraments as a community. **But what Sundays don't always provide is the space to process, practice, and put those teachings into action.**

**PATHWAY NIGHTS ARE MONTHLY GATHERINGS
DESIGNED TO HELP US GROW AS APPRENTICES
OF JESUS THROUGH THREE RHYTHMS:**

TABLE | TEACHING | TRAINING

Table

We gather around a meal and share in authentic community.

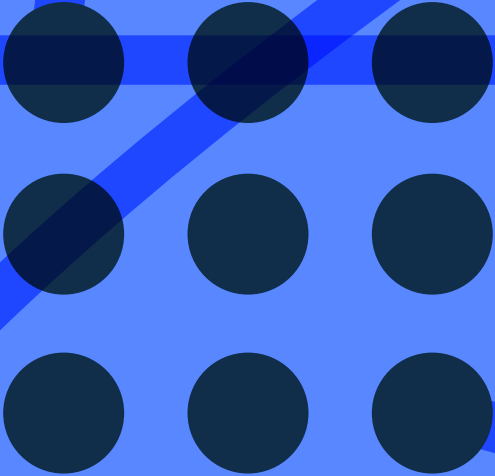
Teaching

We engage with focused teaching centered on a specific aspect of following Jesus.

Training

Experiential training that helps us put faith into practice.

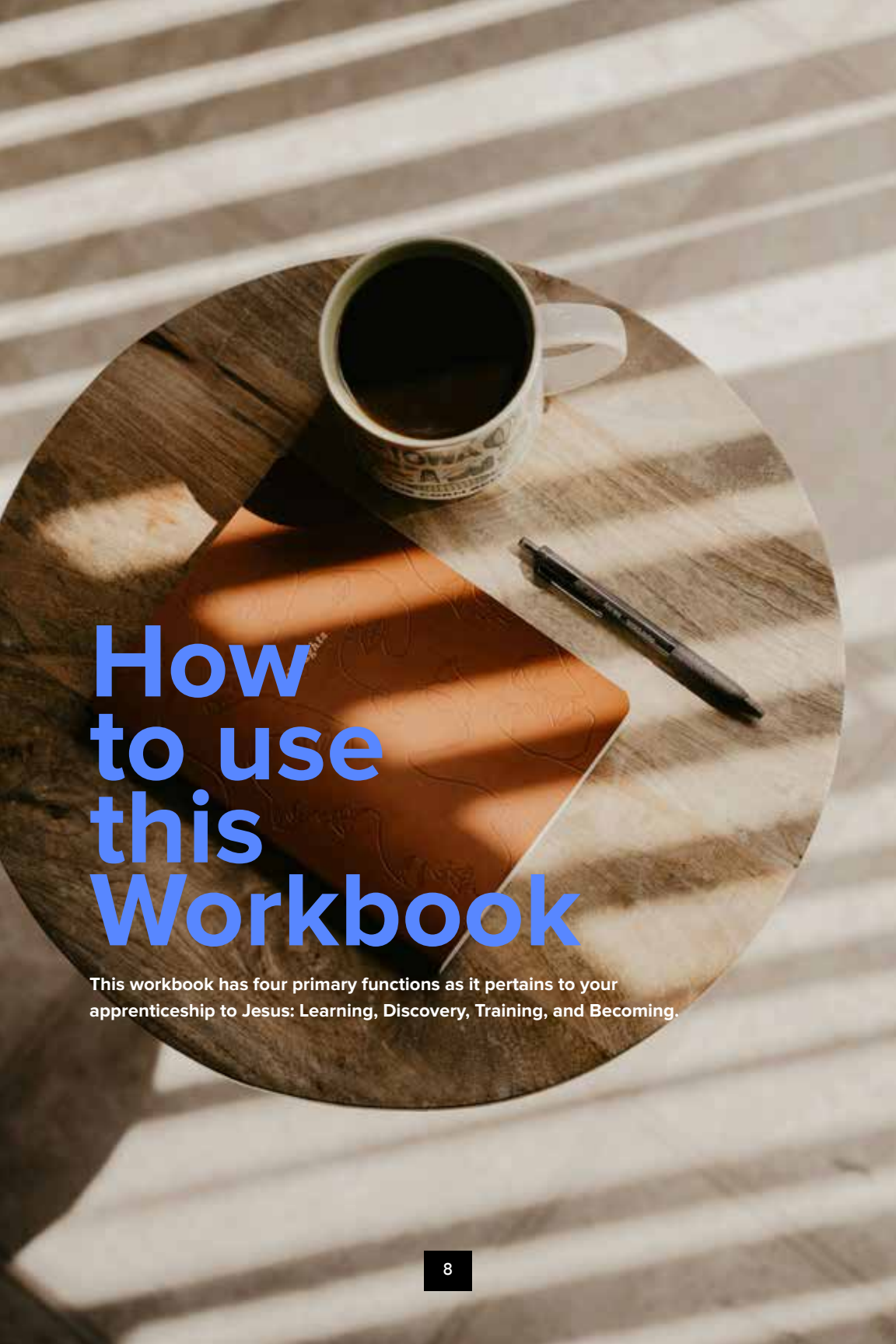
This year, we will gather nine times, centering each Pathway Night around questions we all wrestle with as we seek to walk in the way of Jesus. Our hope is that these Pathway Nights would not be confined to a single evening. The rest of this workbook is designed to help you continue processing with God and with others—offering tangible ways to take your next step in the journey of apprenticeship to Jesus.



How do I...

- ① Rest when my schedule won't let me? **September**
- ② Pray without it feeling like a one-way conversation? **October**
- ③ Read the bible without getting bored? **November**
- ④ Hold biblical convictions without being a jerk? **December**
- ⑤ Have deep friendships without making it weird? **February**
- ⑥ Love people without an agenda? **March**
- ⑦ Live generously when I don't feel like I have enough? **April**
- ⑧ Depend on God when I just want to be comfortable? **May**
- ⑨ Hear God's voice in a world with a lot of noise? **June**

Register on the
 Church Center App
[THEJOURNEY.ORG/APP](https://thejourney.org/app)



How to use this Workbook

This workbook has four primary functions as it pertains to your apprenticeship to Jesus: Learning, Discovery, Training, and Becoming.

A few things to know:

This workbook is a guide. It is not a bible study. It will guide you to scripture but this book was created to help form us and mold us. This book is seeking to assist in becoming—becoming apprentices of Jesus. Ultimately, we have no power to change ourselves but we do still have agency. "Grace is not opposed to effort, it is opposed to earning."

May the Father bless you in your discovery.
May Jesus walk beside you in your learning.
May the Holy Spirit empower your becoming.

Week One | Learning

The first four pages of each section are designed to help you participate in that particular Pathway Night. Each Pathway Night, we wrestle with a question we believe serves as a roadblock to full apprenticeship to Jesus.

Week Two | Discovery

Discovery questions are designed to help you slow down and pay attention to what's going on beneath the surface. Take your time with these questions. Use the space provided to journal, reflect, and be honest about what you're noticing, feeling, or wrestling with.

You don't need to have the "right answers." The hope is to make space for the Lord to "search me and know me" as you listen and reflect. While discovery starts with your own honest reflection, you'll notice that it doesn't end there. You'll also have an opportunity to invite trusted people to speak into your life and help you see what you may not see on your own

Week Three | Training

In Training, we take what we've been thinking about, praying through, and discussing, and begin the journey of practice—discovering what works, what doesn't, where resistance exists, and where flourishing begins. Training requires imagination and creativity, but on the other side awaits a deeper life with Jesus.

Week Four | Becoming

Becoming is a time to understand what you've learned and to name the types of things you want to do now going forward. The goal isn't to do more. It's to choose transformation – becoming apprentices.

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Real Stories. Real Practices. Real Transformation.



As we seek to become apprentices of Jesus, we do it together. Join us on the third Tuesday of every month for **Pathway Conversations**, a podcast where members of our coommunity share how they're putting the highlighted practice from Pathway Night into action. Hear what's working, what's challenging, and how Jesus is shaping their stories along the way.



Spotify



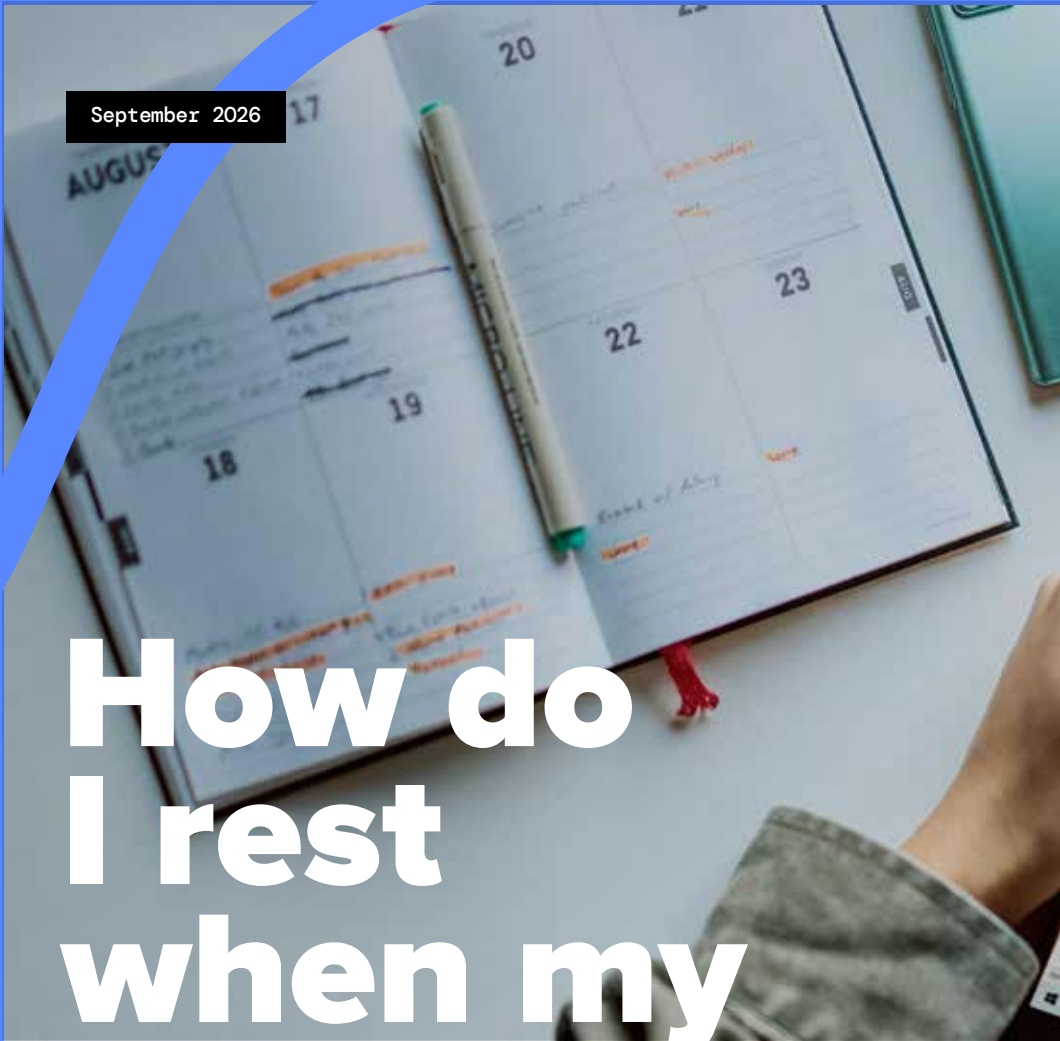
Podcast



THE JOURNEY.org



Church Center App



September 2026

How do I rest when my schedule won't let me?



In our culture, the idea of rest often feels like an enchanted unicorn: beautiful and majestic... yet almost entirely fictitious. Rest is hard to come by when there are bills to pay, laundry piling up, competing agendas, and—perhaps worst of all—the dreaded calendar. Our calendars often hold us captive, allowing just enough freedom to keep moving, but never enough to truly slow down.

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Yet something strange happens. The calendar finally opens up for a vacation or that rare weekend with “not much to do,” and somehow, rest still feels elusive. So what gives?

There is a deep, restorative kind of rest that I think we all long for. Yet when we finally do rest, it often feels unsatisfying—like it didn’t quite give us what we needed. We tell ourselves, Maybe next week.

What if rest is only part of the equation? What if our souls need something more—something deeper?

Perhaps we jumped into rest without first learning to stop. Without putting things away. Without truly turning things off. And then there’s the question of how we spend our rest. Was it restorative? Did it bring delight? Or was rest merely a way of numbing out or escaping reality for a while? Most importantly: where did you notice God in your rest? Was there a moment, an experience, or something you saw that stirred gratitude for God and His goodness?

We need more than a distorted or watered-down version of rest. If we are going to follow Jesus and learn to live in His way, we need something deeper.

How do I rest when my schedule won't let me?

Week One | Learning

use the next few pages to take notes at Pathway Night

This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The paper has a slight shadow on its right side, suggesting it's resting on a surface.

Week One | Learning

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This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Review your notes this week and pick a time in your schedule to jump into week two, Discovery.

WRITE DAY HERE

Week Two | Discovery

Individual Questions

This week, read Matthew 11:27-30 and write down a list of things that keep you from being able to stop for Sabbath. **What would it take to have those things out of the way for a day of Sabbath?**

There are different types of rest: restorative and counterfeit. Restorative rest is deep. Counterfeit rest is thin. This depth isn't based on time given but rather what it is doing in us and for us. These two types of rest are specific to each person and temperament. **This week, write out 10 - 15 things that are Restorative Rest for you and 10 - 15 things that are a Counterfeit rest for you.**



Partner Questions:

Ask someone who knows you well. This could be in-person, phone call, or text.

Where do you see me trying to carry things on my own instead of bringing them to God?

Where do you see God already at work in my life, even if I may not be noticing it?

Week Three | Training

**The goal isn't rest or even Sabbath.
Our goal is being with Jesus.**

"Come to me and you will find rest for your souls." If we find Jesus, we find rest. So with that in mind, it's time to explore ourselves and our schedules and to be creative. Remember there is no "winning" or "losing", doing it "right" or doing it "wrong". Start where you are, not where you "should" be. If a full 24 hours is too much, start with a half day; if that's too much, start with a few hours.

**We will begin by making a plan. A helpful framing
for this is using a four-part rhythm for Sabbath:
Stop, Rest, Delight, and Worship.**

01_STOP

What needs to get done so I can stop?

What do I have to be ok with leaving undone?

What are the things I need to stop doing altogether (either temporarily or permanently)?

What will you do to officially begin the Sabbath? This could be lighting a candle, ordering a pizza, putting away phones, etc.

02_REST

Remember to start where you are, not where you “should” be. If a full 24 hours is too much, start with a half day; if that’s too much, start with a few hours.

Day of the Week:

Desired Times:

Who will join you:

Here is an example:

Day of the Week:Friday Night and Part of Saturday

Desired Times:Friday at 6:00 pm - Saturday at 3:00 pm

Who will join you:Family and the Smiths are coming over for dinner on Friday night

03_DELIGHT

“Previous generations often thought of the Sabbath as a somber, serious day full of religious duty and legalistic rules. Today, many people think of it as a day to chill, relax, or sleep. Both generations miss the essential truth – the Sabbath is designed by God as a day to give yourself fully to delight in God’s world, in your life in it, and ultimately in God himself.”

– John Mark Comer

Now that you have Stopped and began to Rest you get to receive and participate in things that bring you delight! **List out ten things that simply bring you joy and delight.**

04_WORSHIP

Worship is engaging with God, naming the ways you are grateful for Him. **Choose some ways you can worship on your Sabbath. Below are a few ideas to help you get started.**

Read scripture | Go to a church gathering | Listen to worship music | Journal

Write out things you are grateful for | Go for a prayer walk

How do I rest when my schedule won't let me?

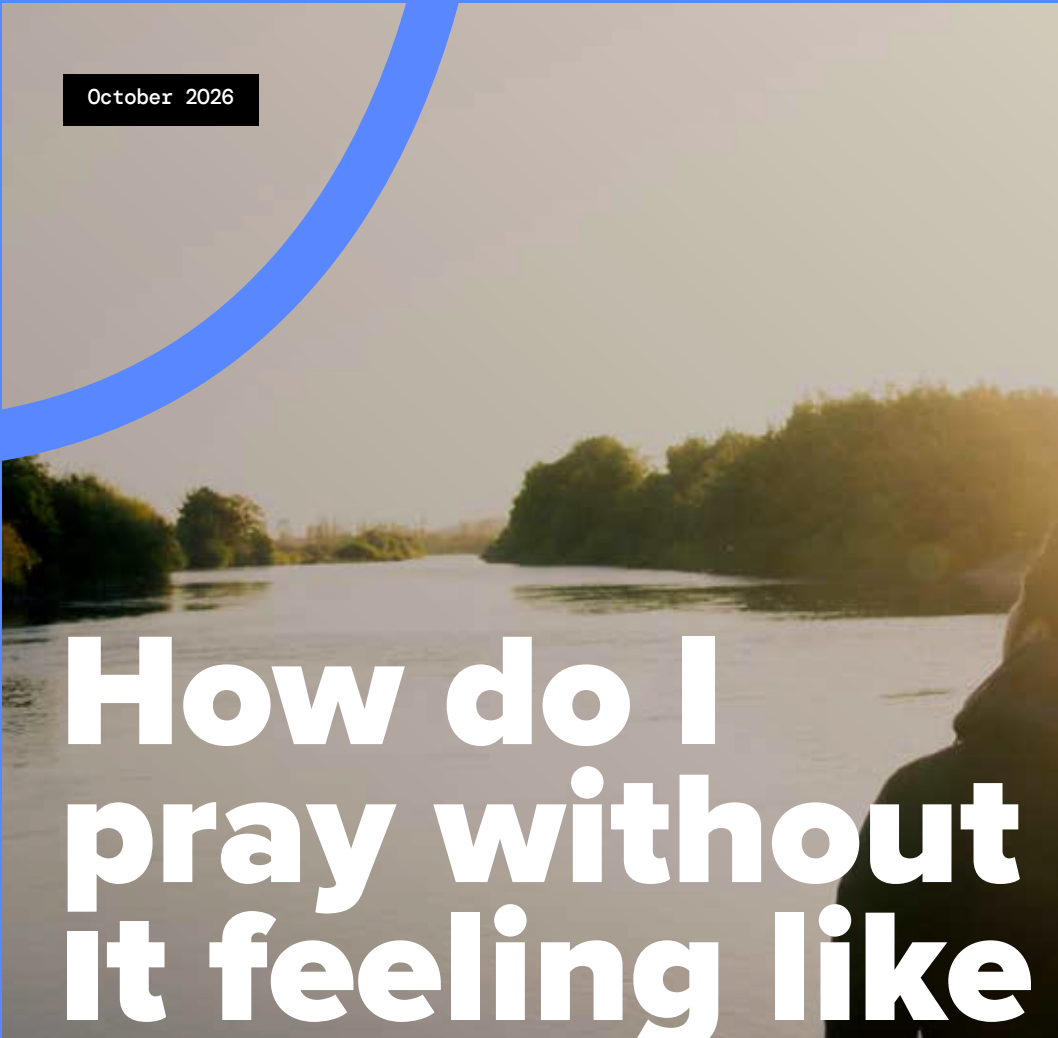
Week Four | Becoming

This month, what did you learn about yourself?

What worked and what didn't?

How can you continue in this practice going forward?

October 2026

A photograph of a person's silhouette looking out over a wide river at sunset. The sun is low on the horizon, creating a warm, golden glow over the water and the distant shoreline. The sky is a mix of orange and blue. The person is in the foreground, their head and shoulders visible in profile. The river flows towards the horizon, flanked by green trees and bushes. The overall mood is contemplative and peaceful.

**How do I
pray without
it feeling like
a one-way
conversation?**



Prayer can be one of the most honest places in our life with God. It can also be one of the most confusing.

Some of us grew up praying before meals, before bed, or when something went wrong. Some of us only prayed when we were desperate. Some of us are not totally sure we have ever really known how to pray at all.

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Then there is the experience itself. We close our eyes and try to focus, but our minds wander almost immediately. We start talking to God and wonder if we are just talking to ourselves. We ask for help and then wait, unsure if anything is happening. Prayer can become especially complicated when we have prayed for something deeply and did not see the answer we hoped for. At that point, prayer may feel less like conversation and more like disappointment.

And yet Jesus prayed. He prayed early in the morning. He prayed in lonely places. He prayed before decisions, in moments of grief, in times of need, and on the night before the cross. Prayer was woven into the center of His life with the Father.

Maybe prayer begins with something simpler than we expect: showing up honestly before God. Not with impressive words. Not with a polished spiritual life. Just our actual selves. Our needs. Our fears. Our anger. Our gratitude. Our silence. Our questions.

And over time, prayer begins to train our attention. We start to notice where God may already be at work. We learn to listen through Scripture, silence, other people, conviction, comfort, and the quiet nudges of the Spirit.

Prayer may not always feel like a back-and-forth conversation. But it is not empty space. It is the place where we bring our real lives before God and learn to watch, listen, respond, and trust that He is nearer than we think.

How do I pray without it feeling like a one-way conversation?

Week One | Learning

use the next few pages to take notes at Pathway Night

This image shows a single sheet of white paper with horizontal blue or grey ruling lines, typical of notebook paper. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Week One | Learning

This image shows a single page of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page, leaving small margins at the top and bottom. There are no vertical margin lines, and the page is completely blank except for the lines themselves.

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Review your notes this week and pick a time in your schedule to jump into week two, Discovery.

WRITE DAY HERE

Week Two | Discovery

Individual Questions:

This week, set aside a few minutes to pray honestly each day. Do not try to make it impressive. Do not try to clean it up first. Simply bring your real life before God.

What feels easy for you to bring to God in prayer?

What feels harder to bring to Him?

When you pray, what do you tend to do with silence?

What might God be inviting you to notice in the quiet?



Partner Questions:

Ask someone who knows you well. This could be in-person, phone call, or text.

Where do you see me trying to carry things on my own instead of bringing them to God?

Where do you see God already at work in my life, even if I may not be noticing it?

Week Three | Training

Prayer can feel strange because we often do not know what is supposed to happen. Should I feel something? Should I hear something? Am I doing this wrong if my mind wanders? Is it still prayer if I mostly sit there in silence? Maybe this week, the invitation is not to figure prayer out. Maybe it is simply to show up honestly and notice what happens.

Try praying three different ways this week.

After each prayer, spend some time journaling. "What did I notice? What did God maybe say to me?"

One day, pray with words. Tell God what is actually true. Not what sounds spiritual. Not what you think you should say. What is really there. The fear. The gratitude. The need. The anger. The disappointment. The thing you keep carrying by yourself.

Another day, pray in silence. Set a timer for a few minutes. Sit still. Let the quiet feel awkward if it needs to. Notice what rises up when you stop filling the space. If your mind wanders, gently return to the simplest prayer you can find: "God, I am here."

Another day, pray while you move or create. Take a walk. Sit outside. Kneel if that helps you slow down. Open your hands as a way of releasing what you have been carrying. Paint, draw, write, play music, work with your hands, or make something simple as you bring your attention to God. Breathe slowly. Pay attention to what you may be holding in your body before you have words for it.

After each prayer, write one sentence: "What did I notice? What did God maybe say to me?"
Not, "Did I pray correctly?" Not, "Did I feel spiritual?"

Prayer trains our attention slowly. Sometimes God speaks through Scripture. Sometimes through silence. Sometimes through conviction, comfort, another person, a memory, a burden, or a quiet invitation that keeps coming back.

Prayer may not always feel like a conversation in the way we expect. But it is not empty space. It is the place where we bring our real lives before God and learn to pay attention. He wants to be with you. He wants to hear you and speak to you.

Three overlapping book covers are shown. The leftmost cover has a wood-grain texture and the title 'LECTIO DIVINA' in a dark, rectangular box. The middle cover has a teal and orange abstract pattern and the title 'IMMUNATIVE STATION' in a dark, rectangular box. The rightmost cover has a landscape image and the title 'TECHNICAL PRAYERS' in a dark, rectangular box.

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How do I pray without it feeling like a one-way conversation?

Week Four | Becoming

This month, what did you learn about yourself?

What worked and what didn't?

How can you continue in this practice going forward?

A photograph of a person's legs and arms, wearing a light blue denim shirt and dark jeans, sitting on a grey carpeted floor and reading an open Bible. The Bible is open to a page with dense text and some colorful highlights. A large, solid blue shape, resembling a stylized 'C' or a bracket, frames the left and top portions of the image. Overlaid on this blue shape is the main title in white text. In the top left corner, within the blue area, is a small black rectangle containing the date 'November 2026'. At the bottom of the image, there is a white curved line that starts from the left edge and curves upwards towards the right.

November 2026

How do I read the Bible without getting bored?



Pathway Nights

Reading the Bible can feel strangely complicated. We know Scripture matters. We know it is important. We may even believe it is the Word of God. And yet, if we are honest, there are times when opening the Bible feels confusing, intimidating, dry, or even boring.

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Maybe you've started a reading plan and fallen behind by day four. Maybe you've opened to a random passage and had no idea what to do with it. Maybe you've read a chapter, closed the Bible, and realized you don't remember a single thing you just read.

Or maybe the whole thing feels a little heavy. Like one more thing you should be doing better.

In a world where we are constantly taking in information, it can be easy to treat Scripture like one more piece of content. We skim, scroll, highlight, save, and move on. We are used to moving quickly, pulling out the helpful part, and getting back to whatever is next.

But Scripture invites us into something much slower. The truth is sometimes reading scripture is boring. Welcome to being human. Like marriage, it's not all excitement and joy. You have to learn to cultivate and see and experience all of what could be. This requires an intentionality to slow down. It invites us to sit with words we may not fully understand yet. To come back to the same passage more than once. To notice a phrase, a question, a command, a promise. To ask what God might be revealing about Himself and what He might be revealing in us.

Meditating on Scripture is not about becoming impressive Bible people. It is about making room for God's Word to get beneath the surface of our lives.

There will probably still be passages that confuse us. There will still be days when our minds wander. But over time, as we return to Scripture again and again, something begins to take root.

We begin to discover that the Bible is not just something we read. It is one of the primary places where God meets us.

How do I read the Bible without getting bored?

Week One | Learning

use the next few pages to take notes at Pathway Night

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Week One | Learning

This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Review your notes this week and pick a time in your schedule to jump into week two, Discovery.

WRITE DAY HERE

Week Two | Discovery

Individual Questions:

This week, choose one short passage of Scripture to read more than once.
Read it slowly at least three different times.

What word, phrase, question, command, or promise keeps standing out to you?

When you read Scripture, what do you tend to do when you get bored, confused, distracted, or uncomfortable? What might God be inviting you to notice in that reaction?



Partner Questions:
Ask someone who knows you well. This could be in-person, phone call, or text.

Where do you see me making space for God’s Word to shape my life?

Where do you see a gap between what I say I believe and the way I actually live?

Week Three | Training

Meditating on Scripture is a slower way of reading. It is not about getting through as much as possible. It is not about proving that you are a “Bible person.” It is not even about walking away every time with something profound to say.

Sometimes, it begins much smaller than that.

A word catches your attention. A phrase bothers you. A question lingers. A promise feels hard to believe. A command exposes something in you. A story feels strangely familiar. You read the passage once and feel nothing, then come back later and realize something has been working beneath the surface. **That is part of the invitation.**

01_CHOOSE A PASSAGE

This week, choose ONE passage to read through throughout the week.

It may help by simply skimming through each passage and seeing which one you are most drawn to.

Psalms 1 | Psalms 23 | Matthew 6:25-34 | John 15:1-11

Romans 8:31-39 | Philippians 4:4-9 | Colossians 3:1-17

Passage I will meditate on this week: _____

02_"GET YOUR BEARINGS" READING

Once you have selected a passage, you will read it three times in total each time you spend time in scripture this week. The first read through is to just get your bearings. Read the passage slowly and noticing what stands out. Do not worry yet about understanding everything. Just pay attention. Notice what word, phrase, image, command, promise, or

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins or other markings on the paper.

Then turn what you noticed into prayer. You do not need impressive words. You can tell God what felt clear, what felt confusing, what felt comforting, and what felt hard.

By the end of the week, you may not feel like you mastered the passage. That is okay. The goal is to make room for Scripture to get beneath the surface of your life, not to master it.

Additional Questions to Consider

What stayed with you after you closed the Bible?

Where did you feel comfort, resistance, confusion, or invitation?

What might God be asking you to believe, receive, confess, or practice?

Week Four | Becoming

This month, what did you learn about yourself?

What worked and what didn't?

How can you continue in this practice going forward?



December 2026

How do I hold biblical convictions without being a jerk?



Pathway Nights

This question is tender for a reason. Many of us want to be faithful to Jesus. We want to take Scripture seriously. We want to live with conviction, courage, and clarity. We do not want to simply drift with whatever our culture says is normal. But we have also seen conviction handled poorly. We have seen truth used like a weapon. We have seen Christians speak with arrogance, fear, anger, or contempt. We have seen people care more about being right than bearing witness to Jesus.

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So we end up caught between two fears:

the fear of being unfaithful **and the fear of being unloving.**

Jesus does not fit neatly into either category.

He was never vague about the Kingdom of God. He told the truth with clarity. But He was also never careless with people. He moved toward sinners and sufferers, skeptics and outsiders, religious leaders and enemies, with both holiness and compassion.

To be a witness is not simply to have the right answer. It is to become the kind of person whose words, tone, posture, relationships, and life point to Jesus.

That kind of witness will require courage. It will also require humility. It will require deep conviction and deep love. And maybe for many of us, it will begin by asking Jesus to form not just what we say, but the kind of people we are becoming as we say it. **May God grant us the creativity, wisdom, and patience to build bridges when we are tempted to burn them.**

How do I hold biblical convictions without being a jerk?

Week One | Learning

use the next few pages to take notes at Pathway Night

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Week One | Learning

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This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Review your notes this week and pick a time in your schedule to jump into week two, Discovery.

WRITE DAY HERE

Week Two | Discovery

Individual Questions:

What are the issues you see in our world that you feel most passionate about? Why are those issues most important to you?

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

If there aren't things in our world that you feel passionate about, why do you think that is?

When someone disagrees with your conviction, how do you respond?

Fight: Confronting the threat head-on.

Flight: Running away or escaping the danger

Freeze: Becoming completely stuck or immobilized.

Fawn: Trying to please or appease the threat to stay safe.

Why do you think that is your go-to response?



Partner Questions:

Ask someone who knows you well. This could be in-person, phone call, or text.

When you see me talk about things I believe deeply, what do you notice about my tone, posture, and presence?

Where do you see me needing to grow in courage, humility, clarity, or love?

Week Three | Training

Conviction rarely stays abstract for long. Sooner or later, it has a face. A family member. A friend. A coworker. A neighbor. Someone at church. Someone you love. Someone who frustrates you. Someone who sees the world differently than you do.

That is when witness becomes more than having the right answer. It becomes tone. Timing. Posture. Patience. Courage. Love.

This week, think of one real relationship where you feel the tension between conviction and love. Do not start by planning what you want to say. Start with the person. The goal of this is to be trained in empathy. See them and try to understand them.

When you think about this person, what do you know about their story? What might they be afraid of? What experiences may have shaped the way they hear Christians talk? Where might this topic feel personal for them?

Now pay attention to yourself. If you were to have a conversation with this person this week around the topic you disagree with, what would you want from this conversation?
Understanding? Agreement? Approval? Control? Peace? Distance? Respect? A chance to prove your point?

None of those desires are automatically the whole story. But they are worth noticing.

Thinking about your conviction and the person you disagree with, complete these sentences:

What I believe is true:

Why this matters to me:

What I want to remember about this person:

What I want my posture to look like:

Maybe the next faithful step is a conversation. Maybe it is an apology. Maybe it is a better question. Maybe it is listening longer than feels comfortable. Maybe it is praying before you say anything else.

Witness is not less than words, but it is more than words. It is becoming the kind of person whose truthfulness looks like Jesus. Jesus is the master of grace and truth. And through the power of the Holy Spirit, he can and will empower you to live in those tensions. The connecting point of grace and truth is love. Jesus tells his disciples that they will be known by this: their love.

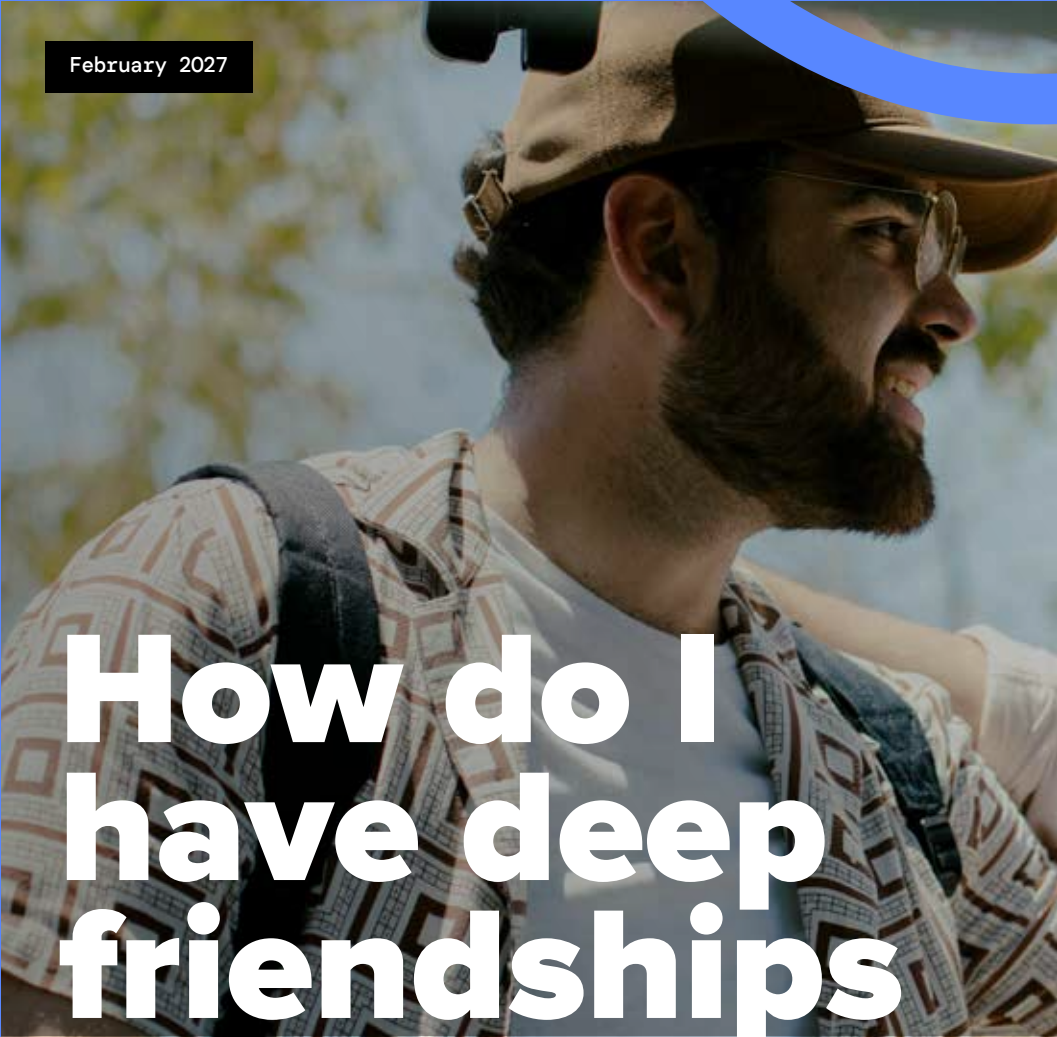
The practice of witness is not about knowing the right answers or defending an idea. Being a witness for the kingdom and the gospel means we are carriers of hospitality and love.

Week Four | Becoming

This month, what did you learn about yourself?

What worked and what didn't?

How can you continue in this practice going forward?



February 2027

**How do I
have deep
friendships
without
making it
weird?**



Most of us long for deeper friendship. We want people who really know us. People who notice when we are not okay. People who can celebrate with us, challenge us, pray for us, and remind us of what is true when we forget. But actually moving toward that kind of friendship can feel awkward

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How do you get past surface-level conversation? How do you ask for help without feeling needy? How do you confess sin without oversharing? How do you invite someone into your life when everyone already seems busy, tired, and stretched thin? It is possible to be around people often and still feel unknown. We can sit in the same room, attend the same church, serve on the same team, and exchange friendly updates every week, while still carrying the heaviest parts of our lives alone.

And yet, the way of Jesus was never meant to be walked alone. When we are with Jesus together, something beautiful happens. What He is doing in me becomes something He is doing in us. We learn to encourage one another, confess to one another, forgive one another, carry one another, and keep pointing one another back to the Gospel.

Deep community usually does not happen all at once. It grows slowly through ordinary acts of honesty, consistency, courage, and care.

A real friendship may begin with a simple invitation. A question asked with sincerity. A moment of honesty when it would have been easier to stay vague. A willingness to be inconvenienced.

A decision to keep showing up.

That may feel small, but small honest steps have a way of becoming something sacred over time.

How do I have deep friendships without making it weird?

Week One | Learning

use the next few pages to take notes at Pathway Night

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Week One | Learning

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This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.

Review your notes this week and pick a time in your schedule to jump into week two, Discovery.

WRITE DAY HERE

Week Two | Discovery

This week, pay attention to the places where you feel **known** and the places where you still feel **hidden**.

Individual Questions:

Where in your life are you often around people yet still feel unknown?

This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The paper has a slight shadow on the right side, suggesting it's resting on a surface.

What do you tend to do when friendship begins to require more honesty, consistency, or vulnerability?

Where might Jesus be inviting you to take one small step toward being more deeply known?



Partner Questions:
Ask someone who knows you well. This could be in-person, phone call, or text.

Where do you see me making room for meaningful friendship and community?

Where do you see me keeping people at a distance, even when I may not realize it?

Week Three | Training

Deep friendship usually grows through very ordinary things. Someone asks a another question. Someone follows up. Someone tells the truth instead of staying vague. Someone makes room at the table. Someone says, “Can you pray for me?” Someone keeps showing up. It rarely feels dramatic at the time. It may even feel a little awkward. But small honest steps have a way of becoming sacred over time.

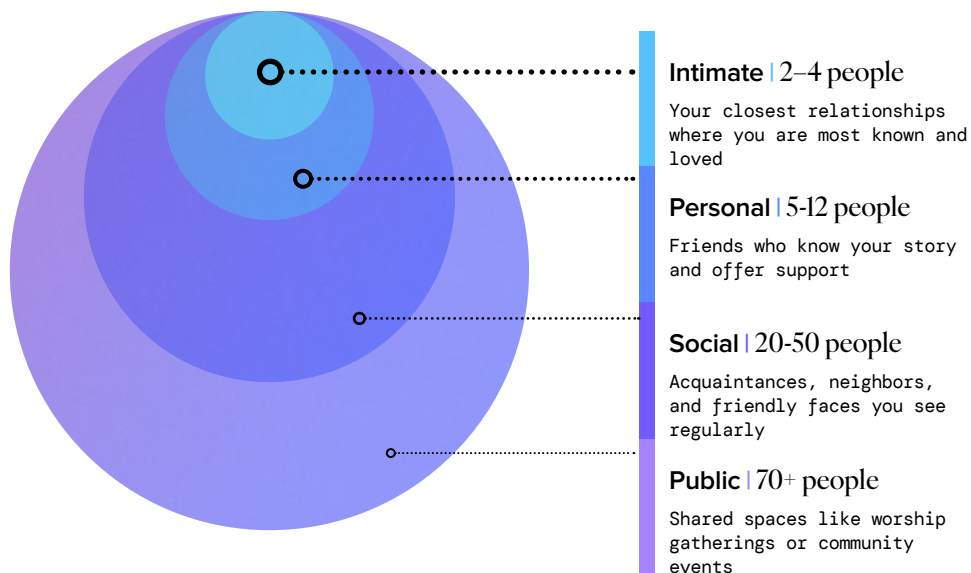
This week, think about the people in your life in four circles: intimate, personal, social, public

List the people where you are most known and loved (Intimate).

List the friends who know your story and offer support(Personal).

List the people who are acquaintances, neighbors, and friendly faces you see regularly (Social).

Four Spheres of Relationships



Now ask yourself: Where might there be an invitation? Maybe someone in the Social circle could become a deeper Personal friend. Maybe someone in the third circle is already closer than you realize, but no one has taken the next step. Maybe you have been waiting for someone else to move first. Maybe someone has been moving toward you, but you have been too busy, tired, or guarded to receive it.

Finally, choose ONE person and think about what would one step into deeper friendship look like? Reach out to them this month in some way. It might be an invitation. A follow-up text. A real answer instead of “I’m good.” A question that goes one layer deeper. An apology. A confession. Asking for prayer. Offering help. Making room on your calendar.

The point is not to force closeness. The point is to practice the kind of honesty, consistency, courage, and care where closeness can grow.

Afterward, meeting with that person notice what happened in you. Did you feel nervous? Relieved? Exposed? Encouraged? Resistant? Grateful? Surprised? Reflect in the space provided and bring that to Jesus.

Community is not only about finding people who will know us.

It is also about becoming people who can be known.

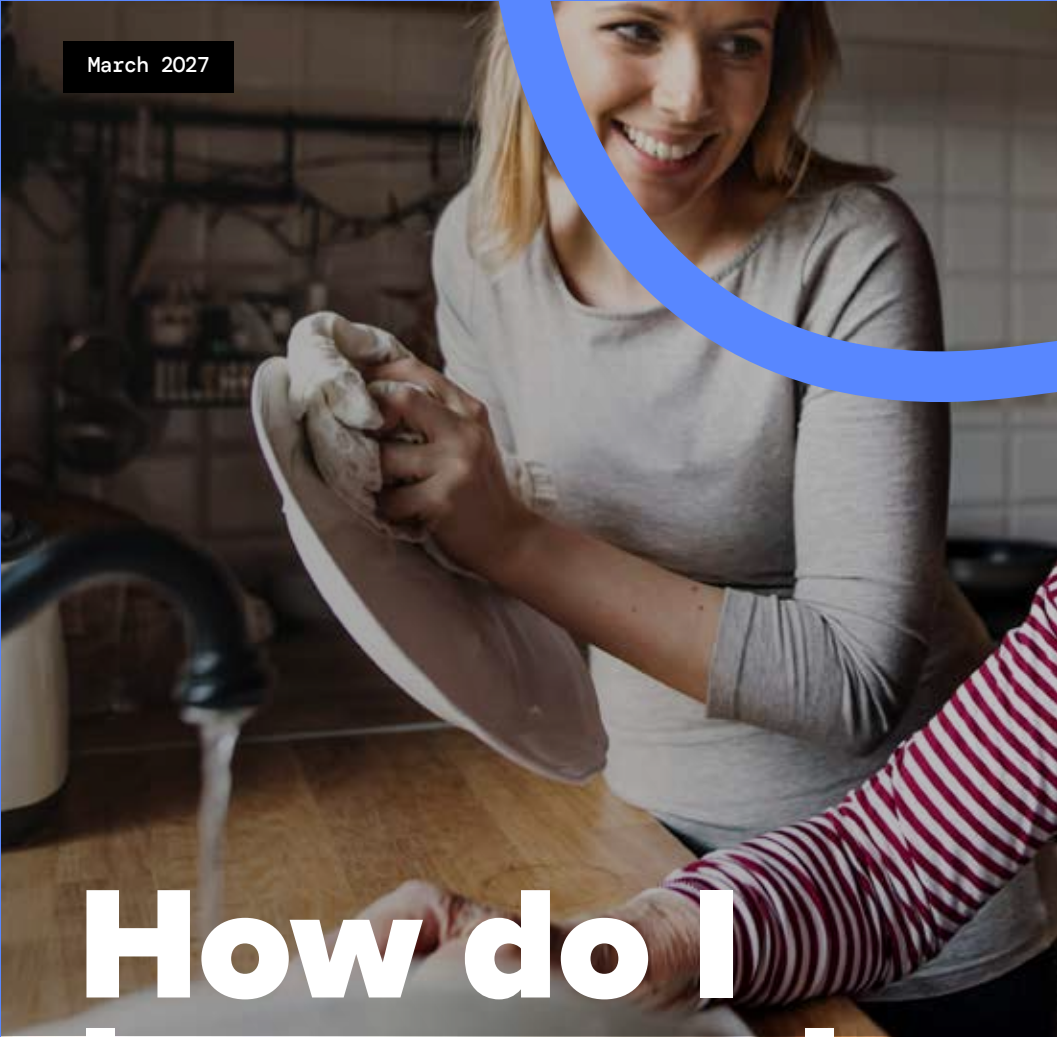
How do I have deep friendships without making it weird?

Week Four | Becoming

This month, what did you learn about yourself?

What worked and what didn't?

How can you continue in this practice going forward?

A photograph of a woman with blonde hair, smiling, washing a white plate in a kitchen sink. A child's arm in a red and white striped shirt is also visible, reaching towards the sink. The background shows a kitchen with a tiled wall and a metal rack. A large blue curved shape is overlaid on the right side of the image.

March 2027

**How do I
love people
without an
agenda?**



Pathway Nights

Serving people sounds simple enough. Help someone. Meet a need. Show up. Give your time. Use your gifts. Be kind.

But the longer we follow Jesus, the more we begin to notice that service is not always simple. At least not inside of us. Sometimes we genuinely want to help. We see a need and feel compassion. But service has a way of revealing things in us we may not have noticed otherwise.

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We may not even realize we have an agenda until the person doesn't respond the way we hoped.

They are not grateful. They do not change. The problem does not resolve. Our help does not feel as meaningful as we thought it would. And suddenly, what began as love can become frustration, disappointment, or resentment. We start to see how much we wanted to be appreciated. How much we needed the person to respond a certain way. How quickly love can get tangled up with guilt, usefulness, control, or the desire to feel like we did our part.

So...we can get stuck in a false dichotomy. Either I fix everything, or I do nothing. Either I approve of every choice, or I keep my distance. Either I give until I disappear, or I protect myself by not getting involved.

But Jesus seems to offer a third way. He moved toward people with compassion, but He did not treat them like projects. He told the truth, but He did not withhold love. He served people who were overlooked, burdened, sick, ashamed, and pushed aside, not because they could give Him something in return, but because that is what the Kingdom of God is like.

Service in the way of Jesus asks us to pay attention to the person in front of us without needing to control the outcome, manage the response, or make ourselves feel better.

And as we learn to serve without keeping score, God forms us into people who carry His goodness into our homes, neighborhoods, workplaces, schools, city, and world.

How do I love people without an agenda?

Week One | Learning

use the next few pages to take notes at Pathway Night

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

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Review your notes this week and pick a time in your schedule to jump into week two, Discovery.

WRITE DAY HERE

Week Two | Discovery

This week, pay attention to what happens inside of you when you help, serve, or care for someone. This could be in a ministry at church, someone in your family or work, etc.

Individual Questions:

When do you feel joy in serving, and when do you begin to feel frustration, resentment, guilt, or the need to be appreciated?

[illegible]

What response from others are you tempted to need in order to feel like your service mattered?

Where might Jesus be inviting you to love without keeping score?



Partner Questions:

Ask someone who knows you well. This could be in-person, phone call, or text.

Where do you see me serving with genuine love and freedom?

Where do you see me taking on responsibility for outcomes that may not actually belong to me?

Week Three | Training

Service sounds simple until the person does not respond the way we hoped. They do not say thank you. They do not change. They need more than we expected. They misunderstand us. They keep making the same decision. They do not seem to notice what it cost us. That is often when our agenda shows up.

It's amazing how love can quickly turn into resentment.

This week, let's practicing serving in small and maybe even unseen ways. Start by asking the Holy Spirit, "Who is in front of me?" Go deeper and ask yourself, "What would serving them in love look like? What am I hoping will happen if I serve? What will I feel if that does not happen?" **Write their name or a few names below.**

If you still aren't sure, choose one person or place already near you. Someone in your home, a work, at church, a neighbor, or a friend. Think about if there is someone that is tired, over-looked, grieving, overwhelmed, lonely, or carrying more than you realized.

Now imagine one act of service that is real, wise, and within your limits.

Maybe it is a meal. Maybe it is listening. Maybe it is helping with something practical. Maybe it is showing up quietly. Maybe it is doing something no one will notice. Maybe it is telling the truth with love. **Write down below how you can serve them this month.**

Now before you jump into action, pause. Ask yourself, can I offer this freely? Can I serve without needing to manage the outcome? Can I love this person without turning them into a project? **If you the answer is not "yes" to any of these, write out a simple prayer asking the Holy Spirit to change your heart and empower you to serve fully and completely.**

Now go and serve.

After you have served some one take account of your heart. Did you feel free? Disappointed? Joyful? Resentful? Unnoticed? Useful? Responsible for more than was actually yours? Surprised? **Bring that to God.**

Service in the way of Jesus is not less than action. But it is action with a surrendered outcome. We love the person in front of us, and we leave the results with Him. When we do this, it is truly "partnering with Jesus." We do our part. He does his. And that is enough.



Serving Teams

 Church Center App

[THEJOURNEY.ORG/APP](https://www.thejourney.org/app)



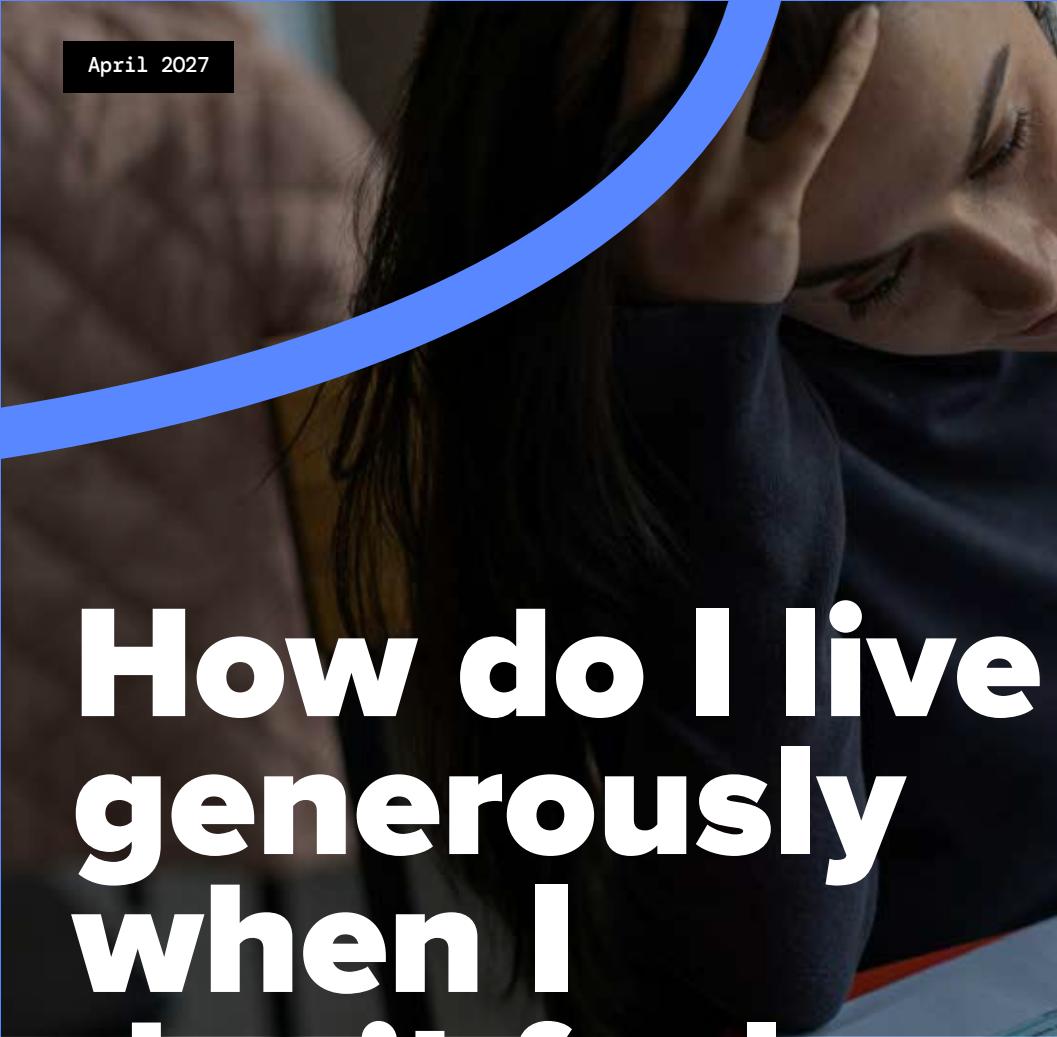
How do I love people without an agenda?

Week Four | Becoming

This month, what did you learn about yourself?

What worked and what didn't?

How can you continue in this practice going forward?



April 2027

**How do I live
generously
when I
don't feel
like I have
enough?**



Generosity sounds beautiful until it starts touching the things we are afraid to lose.

We like the idea of being open-handed. We want to be generous with our money, our homes, our time, our attention, and our resources. We want to notice needs and respond with love. We want to be the kind of people who make room for others.

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But then real life happens. The budget feels tight. The calendar is full. Our energy is low. Groceries cost more than we thought they would. The car needs work. Someone needs help at the exact moment we feel like we have nothing left to give.

And underneath all of that, many of us carry the same quiet fear: What if there isn't enough? Not enough money. Not enough margin. Not enough time. Not enough capacity. Not enough security for the future.

When that fear starts shaping us, we may still be kind. We may still care. But we begin to hold things a little tighter.

Jesus invites us to see our lives differently. Everything we have has first been given to us by God. Our money, our abilities, our homes, our relationships, our opportunities, even our time, are gifts to receive and steward.

That does not erase wisdom, limits, budgets, or real responsibilities. But it does challenge the story of scarcity that so often runs in the background of our lives.

What would change if we believed that God was generous before He ever asked us to be?

Maybe generosity is less about waiting until we feel like we have extra and more about paying attention to what God has already placed in our hands.

How do I live generously when I don't feel like I have enough?

Week One | Learning

use the next few pages to take notes at Pathway Night

This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page, typical of notebook paper. There are no margins, text, or other markings on the page.

Week One | Learning

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Review your notes this week and pick a time in your schedule to jump into week two, Discovery.

WRITE DAY HERE

Week Two | Discovery

This week, pay attention to the moments when you feel the impulse to protect, preserve, or hold tightly to what you have.

Individual Questions:

What tends to trigger the feeling to hold tightly or preserve in you? Is it connected to money, time, energy, attention, comfort, control, security, or something else?

This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The paper has a slight shadow on the right side, suggesting it's resting on a surface.

Think about a time when someone was generous to you. How did that affect you? How do you think it affected them?

Scripture tells us that “ Every good and perfect gift is from above.” Where do you believe this, and in what areas of your life do you struggle to believe this?



Partner Questions:

Ask someone who knows you well. This could be in-person, phone call, or text.

Where do you see me living generously with what God has given me?

Where do you see me holding tightly out of fear, scarcity, or the need for control?

Week Three | Training

Generosity usually sounds beautiful until it gets specific. Most of us can imagine being generous someday, when there is a little more room in the budget, a little more space on the calendar, and a little more capacity in our bodies and souls. But generosity rarely begins in that imagined life. It begins here with your actual life. Your actual bank account. Your actual table. Your actual energy. Your actual home. Your actual week.

So before you decide what to give, take inventory of what God has already placed in your hands. What do I have? What do I assume is “just mine”? What do I tend to protect? What could become a gift to someone else?

This may include money, but it doesn't have to start there. It may be time. Attention. Encouragement. A spare room. A meal. A skill. A connection. A seat at your table. A willingness to notice someone everyone else walks past.

[illegible]

[illegible]

This week, practice one act of generosity that costs you something, but does not require you to pretend you have no limits. Then pay attention to the moment right before you do it. That may be the most honest part.

What rises up in you? Fear? Joy? Resistance? Annoyance? A desire to be noticed? A quiet hope that this might matter? Bring that to God.

Generosity is not about pretending scarcity does not speak. It is about learning not to let scarcity have the final word.

How do I live generously when I don't feel like I have enough?

Week Four | Becoming

This month, what did you learn about yourself?

What worked and what didn't?

How can you continue in this practice going forward?

A photograph of a man running on a paved path, viewed from behind. He is wearing a white t-shirt and dark shorts. The path is light-colored and has a manhole cover visible. In the background, there are some plants and a fence. A large, solid blue shape is overlaid on the top right corner of the image.

May 2027

**How do
I depend
on God
when I just
want to be
comfortable?**



Pathway Nights

Most of us do not like being uncomfortable. When we are hungry, we eat. When we are bored, we scroll. When we are tired, we look for relief. When we feel anxious, we reach for whatever helps us feel a little more in control.

Comfort is not always bad. God gives good gifts, and many of them bring real comfort, delight, and joy. But comfort can also become one of the main ways we avoid dependence.

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We may not realize how quickly we reach for something other than God when we feel empty, restless, sad, stressed, or afraid. We may not notice how often our habits are shaping us until something interrupts them.

Fasting is one of those interruptions.

For many of us, fasting sounds strange, extreme, or maybe unnecessarily intense. Isn't life already hard enough? Why would going without something help us follow Jesus?

But in fasting, our hunger tells the truth.

It reminds us that we are needy creatures. It exposes what we depend on. It shows us what comforts us, what controls us, and what we reach for when we feel empty.

**That is not always a
pleasant discovery.
But it can be a holy one.**

Fasting creates space to bring our appetites, desires, cravings, comforts, and longings before God. It helps us remember that our deepest hunger cannot be satisfied by food, distraction, convenience, entertainment, or control.

The question is not whether we have hunger. We all do. The question is where that hunger leads us.

How do I depend on God when I just want to be comfortable?

Week One | Learning

use the next few pages to take notes at Pathway Night

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How do I depend on God when I just want to be comfortable?

Week One | Learning

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Review your notes this week and pick a time in your schedule to jump into week two, Discovery.

WRITE DAY HERE



Week Two | Discovery

This week, pay attention to what you reach for when you feel empty, restless, sad, stressed, bored, or afraid.

Individual Questions:

What comfort do you most often use to avoid feeling your need?

What does that comfort seem to promise you?

How do I depend on God when I just want to be comfortable?

When you imagine going without it for a short time, what rises up in you?



Partner Questions:

Ask someone who knows you well. This could be in-person, phone call, or text.

Where do you see me reaching for comfort when I may actually need to bring my hunger, anxiety, or emptiness to God?

Where do you see God inviting me to depend on Him more deeply?

Week Three | Training

Fasting is strange because it interrupts something we usually obey without thinking. Hunger says eat. Boredom says scroll. Stress says find relief. Anxiety says take control. Tiredness says numb out.

Fasting creates a pause between the desire and the response. That pause can feel annoying. It can also become holy.

This week, choose one comfort to go without for a set amount of time. Choose something safe for your body, your health, and your season of life. The point is not to harm yourself or prove your seriousness. The point is to notice.

For some, this may be a meal. For others, social media, streaming, snacking, shopping, caffeine, background noise, or another comfort you reach for without thinking. Before you begin, name the comfort.

What I am choosing to go without:

When this fast will begin and end:

What I think this comfort usually gives me:

What I am afraid I will feel without it:

Then, when the desire
shows up, do not rush past
it. Let it tell the truth.

What am I feeling right now?

What do I want this thing to give me?

What am I trying to avoid?

What do I actually need from God?

That moment of need *is* the practice.

**Practicing not just going without,
but the learning to turn toward God
in the your**

**hunger, restlessness, craving,
or discomfort.**

You might pray:

God, this is what I usually reach for:

This is what I am feeling:

This is what I need:

Teach me to depend on You.

After the fast, pay attention to what you learned. Maybe you discovered that the comfort was not bad, but it had become too important. Maybe you realized how quickly you reach for relief. Maybe you felt weaker than expected. Maybe you felt more awake. Whatever surfaced, bring it honestly to God.

**Fasting is not about pretending we do not have
hunger. It is about letting our hunger lead us
home.**

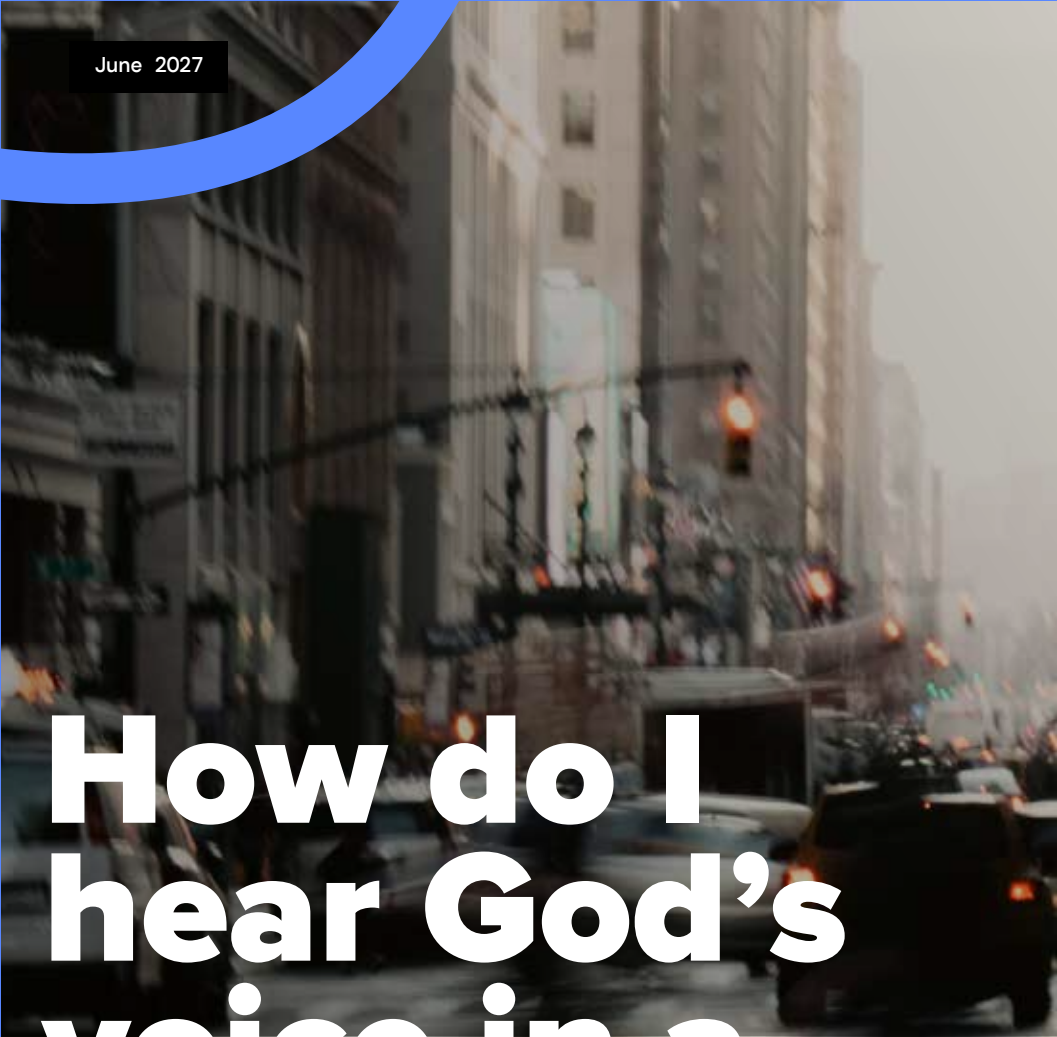
How do I depend on God when I just want to be comfortable?

Week Four | Becoming

This month, what did you learn about yourself?

What worked and what didn't?

How can you continue in this practice going forward?



June 2027

**How do I
hear God's
voice in a
world with a
lot of noise?**



The world is loud.

Not just in the obvious ways, though those are real enough.

Notifications. Texts. Emails. News. Opinions. Podcasts. Music. Schedules. Responsibilities. A thousand little inputs asking for our attention.

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But the noise is not only around us. It is also within us.

Our minds race. Our bodies stay tense. Our souls feel crowded. Even when the room is quiet, we can feel anything but still.

And in the middle of all that noise, many of us wonder why it feels so hard to hear God. Maybe He feels distant. Maybe we are not sure what His voice sounds like. Maybe we are afraid that if we get quiet, all the things we have been avoiding will finally catch up with us.

That is one of the strange gifts of solitude. It reveals what busyness helps us hide. Solitude is not the same thing as isolation. It is not withdrawing because we are tired of people or trying to escape responsibility.

Solitude is intentionally making space to be with God without needing to perform, produce, consume, or distract ourselves. It is a practice of attention.

In solitude, we begin to notice what is stirring in us. We notice what we reach for when we are uncomfortable. We notice our fear, grief, anger, desire, and restlessness. And, by the grace of God, we begin to notice the presence of Jesus there with us.

He may not speak in the way we expect. It may not feel dramatic. But the quiet can become a place where we learn to listen again.

Maybe the first step is simply making enough room to notice what the noise has been drowning out.

How do I hear God's voice in a world with a lot of noise?

Week One | Learning

use the next few pages to take notes at Pathway Night

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

How do I hear God's voice in a world with a lot of noise?

Week One | Learning

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This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Review your notes this week and pick a time in your schedule to jump into week two, Discovery.

WRITE DAY HERE

How do I hear God's voice in a world with a lot of noise?

Week 12

This week, pay attention to the noise around you and the noise within you.

Individual Questions:

Where do you most often reach for distraction, entertainment, productivity, or busyness instead of stillness?

This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The paper has a slight shadow on its right side, suggesting it's resting on a surface.

What might that reveal about what you are trying not to feel, face, or notice?

When you imagine being alone with God in silence, what feels inviting about that? What feels uncomfortable?



Partner Questions:

Ask someone who knows you well. This could be in-person, phone call, or text.

Where do you see me living at a pace that makes it hard for me to listen to God?

Where do you see God already trying to get my attention?

Week Three | Training

Before you try to get quiet, pay attention to the noise.

Not just the obvious kind. Yes, the phone. The inbox. The podcast. The news. The schedule. The group text. The thing playing in the background because silence feels a little too silent.

But also the noise inside.

The replayed conversation.

The unfinished task.

The fear you keep pushing down.

The sadness you have not had time to feel.

The pressure to be useful.

The thought that if you slow down, everything may catch up with you.

Solitude begins by making room to notice.

So this week, try a simple noise audit.

Outer noise I reach for:

Inner noise I carry:

What I tend to avoid by staying busy:

What I am afraid I might notice in the quiet:

Where I may need to make room for God:

After doing this audit, choose one small pocket of solitude. Not a full retreat. Not a dramatic life change. Just a real moment. Ten minutes in the car before walking inside. A walk without headphones. A quiet morning before the house wakes up. A drive with nothing playing. Sitting outside with your phone in another room.

Where I will experience solitude this week:

When the silence feels awkward, do not assume you are doing it wrong. When your mind races, do not panic. When you want to reach for your phone, notice that too.

Solitude is not empty. It is revealing.

Sit with God in the quiet and pray a quick breath prayer. Something simple like:

**Jesus, I am here.
Help me notice You.**

[illegible]

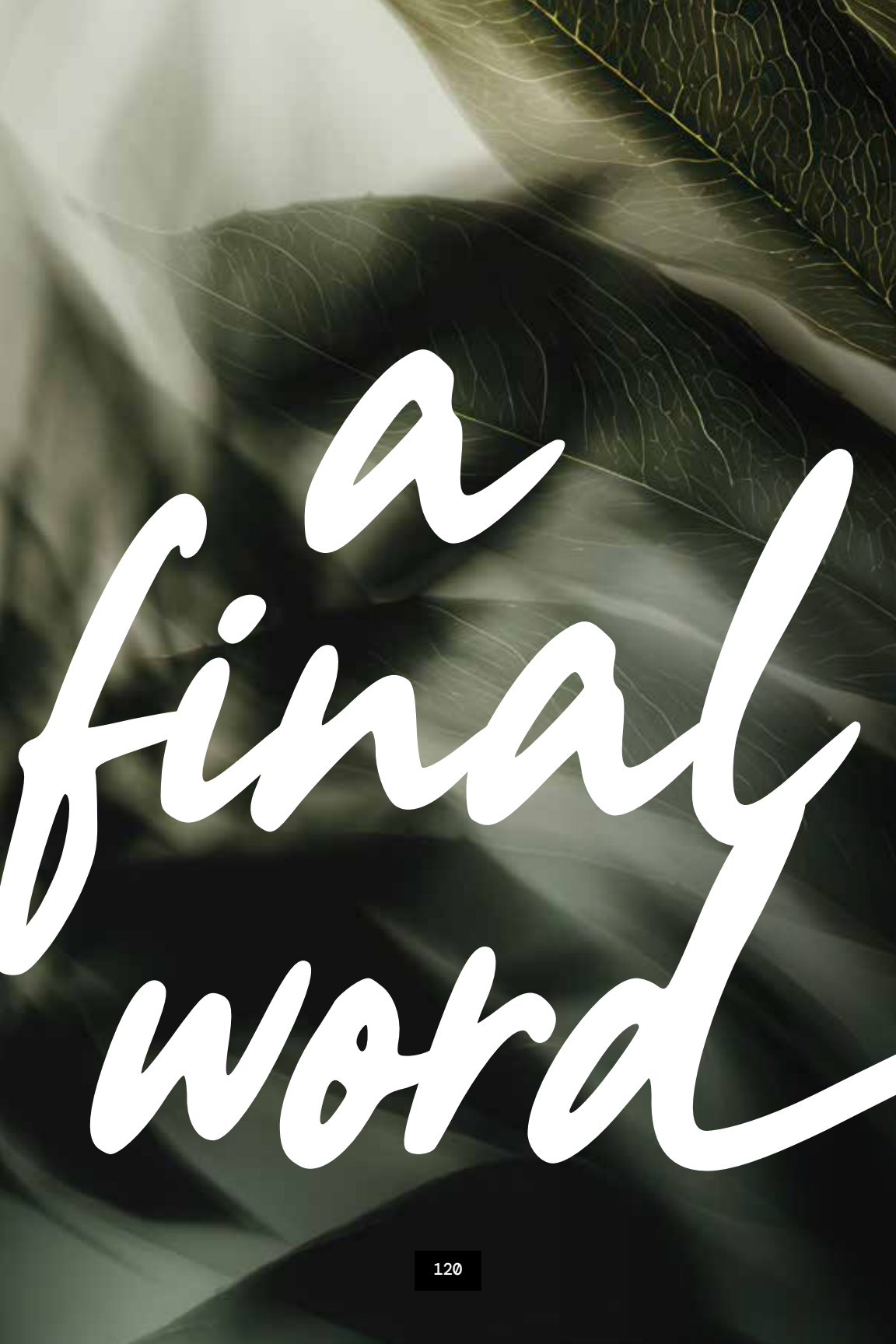
How do I hear God's voice in a world with a lot of noise?

Week Four | Becoming

This month, what did you learn about yourself?

What worked and what didn't?

How can you continue in this practice going forward?



a
final
word



If you've made it this far, take a minute before moving on. Finishing a workbook was never the point. The hope was that you would show up honestly before Jesus, with your real life, your questions, your habits, your fears, your desires, and your need for Him.

Some of these practices may have felt natural. Others may have felt awkward, frustrating, or harder than expected. That does not mean you failed. It may mean God was kindly

showing you the truth. And when God reveals the truth, He does not do it to crush us. He does it to heal us.

The Holy Spirit is like a surgeon. His work may feel tender, and sometimes even painful, but it is never careless. He cuts to heal, not to harm. He brings things into the light so they can be surrendered, restored, and made whole.

The truth, when brought to Jesus, does not lead us deeper into shame. It leads us into freedom. Into life. Jesus said,

I came that they may have life and have it abundantly.

So before you close this workbook, pay attention to what keeps coming back to mind. What stirred hope? What created resistance? What felt important? You do not have to do everything.

But maybe there is one next step. One practice to keep returning to. One conversation to have. One habit to surrender. One rhythm to protect. One place where Jesus is inviting you to trust Him a little more. Small, faithful steps have a way of becoming something sacred over time.

So take the next one. Jesus is not far from you. He is here. And He is still inviting you: **Follow Me.**

Extra Resources

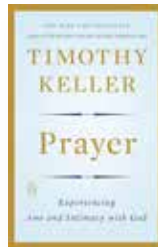
Books



The Ruthless Elimination of Hurry John Mark Comer

A practical invitation to slow down and recover the unhurried way of life Jesus modeled. Comer explores how hurry shapes our souls and offers practices that create space for God, ourselves, and others.

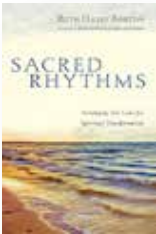
[Sabbath](#) • [Solitude](#) • [Simplicity](#)



Prayer Tim Keller

A thoughtful exploration of prayer that combines biblical teaching with practical guidance for developing a deeper, more meaningful relationship with God.

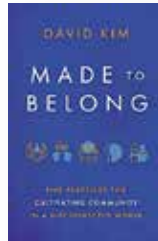
[Prayer](#) • [Meditation](#) • [Worship](#)



Sacred Rhythms Ruth Haley Barton

A practical guide to creating rhythms that make space for God's transforming work in everyday life. Barton explores seven spiritual disciplines and helps readers weave them into daily routines.

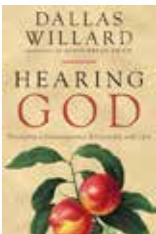
[Scripture](#) • [Prayer](#) • [Sabbath](#)



Made to Belong David Kim

An exploration of why we struggle to find meaningful community and five practices that help us cultivate deeper relationships and a genuine sense of belonging.

[Community](#) • [Vulnerability](#)



Hearing God Dallas Willard

An invitation to develop a deeper, conversational relationship with God by learning to recognize His voice and respond to His guidance.

[Prayer](#) • [Scripture](#) • [Discernment](#)



Praying like Monks, Living like Fools Tyler Staton

A fresh invitation to rediscover prayer as a way of life, drawing from the wisdom of the historic church while addressing the challenges of prayer in modern life.

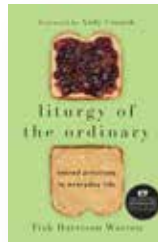
[Prayer](#) • [Silence](#) • [Intercession](#)



The Gospel Comes with a House Key Rosaria Butterfield

A vision for practicing radical, ordinary hospitality by opening our homes and lives to neighbors, strangers, and those who may be different from us.

[Hospitality](#) • [Community](#)



Liturgy of the Ordinary Tish Harrison Warren

A reflection on how ordinary moments—from making the bed to eating a meal—can become opportunities to encounter God and be formed into the likeness of Jesus.

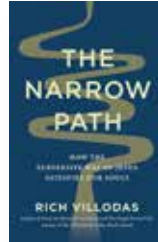
[Presence](#) • [Gratitude](#) • [Worship](#)



The Life You've Always Wanted
John Ortberg

A practical look at spiritual formation that helps us move beyond simply wanting to change toward intentionally practicing the ways that shape us into the people Jesus calls us to be.

[Prayer](#) • [Service](#)



The Narrow Path
Rich Villodas

A call to embrace the countercultural way of Jesus, resisting extremes and learning to live with greater humility, love, integrity, and spiritual depth.

[Simplicity](#) • [Prayer](#) • [Sabbath](#)

Podcasts



The Bible Project

Explore the Bible as a unified story through thoughtful conversations on Scripture, biblical themes, and how the story of Jesus shapes the way we live.

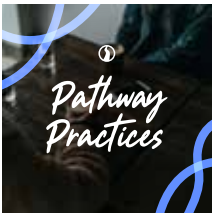
[Scripture](#) • [Meditation](#) • [Study](#)



Life with God | Renovare

Honest, unhurried conversations with people learning to live deeply with God and become more like Jesus in everyday life.

[Prayer](#) • [Listening](#) • [Spiritual Formation](#)



Pathway Practices | The Journey

Conversations designed to help us move from learning about spiritual practices to actually practicing them as apprentices of Jesus.

[Prayer](#) • [Scripture](#) • [Community](#)



Rule of Life | Practicing the Way

Conversations about arranging everyday life around being with Jesus and becoming like Him through ancient Christian practices. The podcast explores practices including Sabbath, prayer, fasting, solitude, Scripture, community, generosity, and hospitality.

[Sabbath](#) • [Prayer](#) • [Community](#)

