

SUSPECT ELDER ABUSE?

A GUIDE TO PROTECTING SENIORS



Elder abuse can mean several things including: physical, financial, emotional/psychological, sexual, neglect, or self-neglect. Most often, it comes from someone the senior knows and trusts.

5 STEPS TO TAKE



SAFETY

Immediate danger?

Call 911



ASSESS CAPACITY

Do they understand the situation and its consequences?



REDUCE ISOLATION

Bring in other professionals



DOCUMENT

Note dates, what you see or hear, changes, injuries, missing money.



REPORT

Use the right resource based on the situation.

see below

WHERE TO GET HELP



IMMEDIATE DANGER

Assault, threats, confinement.

CALL 911



ONTARIO SENIORS SAFETY LINE

For seniors or someone acting on their behalf.

1-866-299-1011



CRIMINAL ABUSE REPORT TO POLICE

Ottawa Elder & Vulnerable Adult Investigations Section

613-236-1222 ext. 7300



DEMENTIA SUPPORT

Dementia Society
613-523-4004

Alzheimer Society
1-800-263-3367



POSSIBLE INCAPACITY & SERIOUS RISK

Office of the Public Guardian and Trustee

1-800-891-0504



LONG-TERM CARE OR RETIREMENT HOME

RHRA — Retirement Homes
1-855-275-7472

Long-Term Care Family Support & ACTION Line
1-866-434-0144

YOU ARE NOT ALONE

Trust your instincts.
If something doesn't feel right, seek help.

Work as a team.
More eyes and ears can create safety.

You can report.
Even if you're not sure.

This information is a general guide and not legal advice.