

Become More Aware of the LIM Around You (from p19)

Think of a situation when you were treated like a replaceable cog in a wheel. How did you feel? What was the outcome?

How would it have been different if you were treated with respect and dignity?

If you can't think of an example for yourself, think about a time when you noticed that someone else was being treated like they were replaceable and other times when they were treated with respect.

Situation:

Feelings:

Outcome:

When treated with respect and dignity: