

At Firestone Surgery Center, LLC, we deliver personalized care tailored to your unique needs – ensuring a safe, comfortable and seamless surgical experience.



About Us

We are a state-of-the art ambulatory surgery center located in the SRMC Surgery & Outpatient Pavillion at Firestone Farms. Our surgical specialties include:

- Orthopaedics & Sports Medicine
- Plastic Surgery
- Physical Medicine & Rehabilitation
- Pain Management
- Ear, Nose & Throat
- Endoscopy
- General Surgery

The highly skilled doctors and surgical team at Firestone Surgery Center strive to provide our patients with exceptional care and successful outcomes. Our knowledgeable and dedicated staff is here to help guide and support you to ensure your experience is as comfortable as possible.

Contact Us

By Phone:

330-892-5353

By Email:

Contact@firestonesurgery.com



Patient Information & Instructions

Your Surgery is Scheduled on:

With:



**400 Town Center Ave.
Suite 201**

Columbiana, OH 44408

Phone: 330-892-5353

Contact@firestonesurgery.com

General Information and Instructions

- Prior to your procedure, you will be contacted by one of our Pre-Operative nurses to review your medical history and medications.
- If you need interpretation services, please inform the nurse and we will provide them for you.

Night Before and Morning of Surgery

For Infection Prevention:

- Please shower or bathe with mild, fragrance free soap and shampoo (no alcohol-based products).
- Clean hair thoroughly – no hair products (gels, sprays, etc.) after washing.
- Use a clean towel and wear freshly laundered clothes.
- Change bed linens, if possible, before surgery.
- No makeup, nail polish, perfumes, lotions or deodorant on the day of surgery

Eating & Drinking Guidelines:

- No solid food or milk after midnight.
- No gum, candy, mints or tobacco on the day of your surgery.

Medication Instructions:

Medications to Continue the Morning of Surgery:

- Take morning medications with a sip of water, except for diabetic medications and diuretics.
- Please take blood pressure medications (excluding ACE inhibitors), anxiety, pain, reflux, seizure, vertigo (if needed, please take).
- **USE** daily inhalers or breathing treatments.
- **DO NOT** take vitamins and/or natural supplements – these must be stopped 7 days prior to surgery.

Anticoagulants/Antiplatelets (Blood Thinners):

- Please consult with your Cardiologist/Prescribing Physician for instructions on when to hold your medication.

Diabetic Medications:

- **Insulin:** If you are on an insulin pump, please leave it on and decrease the dose by 50% after midnight the night before surgery.
- **DO NOT** take any insulin or oral diabetic medications in the morning.
- **Take ½ of your bedtime insulin dosage** the night before surgery with a high protein snack.
- **Metformin:** Please hold for 1 day prior to surgery.
- If your A.M. blood sugar is <70, >350 or symptomatic – please call the center for instructions: 330-892-5353.

GLP-1s – Injectable (Zepbound, Ozempic, Mounjaro):

- Must stop 1 week prior to surgery, follow a full liquid diet 24 hours prior to surgery, and nothing by mouth after midnight.

GLP1s – Oral (Rybelsus):

- Must hold 1 day prior to surgery, follow a full liquid diet 24 hours prior to surgery, and nothing by mouth after midnight.

SGLT2-inhibitors (Jardiance, Farxiga, Syngardy):

- Must hold 3 days prior to surgery.



Arrival Instructions:

- **The Pre-Operative nurse will contact you 1-2 days prior to your surgery to inform you of your arrival time.**
- Please bring a photo ID, insurance card, your co-pay (if applicable) and a list of your medications with you on the day of surgery.
- Wear loose, comfortable clothes; no jewelry, makeup or contact lenses.
- Please bring any mobility devices (crutches/walker/cane) or braces with you on the day of surgery.

YOU MUST HAVE A RESPONSIBLE ADULT TO DRIVE YOU HOME

Name/Relationship of Driver:

**If You Need to Cancel Your Surgery,
Please Contact Your Surgeon's Office
ASAP to Reschedule**

Notes:
