

“How Do I” | Week One

How to Study the Word

DATE: *February 9* **VERSE:** *Proverbs 2:1-6*

REFLECTION: Am I studying the Bible with the same intensity as I pursue other goals?

PRAYER PROMPT: Holy Spirit, increase my longing for Your Word. Help me . . .

DATE: *February 10* **VERSE:** *2 Timothy 3:10-17*

REFLECTION: Do I sense that I am fully equipped for every good work? Where am I lacking?

PRAYER PROMPT: Spirit, form me by the Word. Help me surrender to the Word for correction, training, and teaching . . .

DATE: *February 11* **VERSE:** *Hebrews 4:12-16*

REFLECTION: Am I allowing the Word to examine my heart?

PRAYER PROMPT: Jesus, let Your Word do its work in the deepest places of my heart, my motives, my intentions . . .

DATE: *February 12* **VERSE:** *Psalms 119:17-32*

REFLECTION: What you long for, you live for. Is my soul consumed with longing for His Word?

PRAYER PROMPT: Holy Spirit, reveal to me the things in my heart and life that prevent me from longing for Your Word . . .

DATE: *February 13* **VERSE:** *Matthew 4:1-11*

REFLECTION: Am I equipped in my knowledge to use the Word as a weapon against the enemy of my soul?

PRAYER PROMPT: Father, Son, Holy Spirit, thank you for Your Word. Help me to be a better student, a more careful listener, and a faithful doer of Your Word. Help me . . .

“How Do I” | Week Two

How to Love and Serve Others

DATE: *February 16* **VERSE:** *John 13:31-35*

REFLECTION: How does the way Jesus loved influence your understanding of how to love others?

PRAYER PROMPT: Jesus, teach me how to love those around me today . . .

DATE: *February 17* **VERSE:** *1 Peter 4:1-11*

REFLECTION: What gift, ability, talent, or resource of yours could you use more fully to serve and love others?

PRAYER PROMPT: Holy Spirit, show me today how I can use what I have and who I am to love and serve others. Strengthen me to do so . . .

DATE: *February 18* **VERSE:** *1 John 3:11-18*

REFLECTION: Am I willing to move beyond intention and comfort to meet the needs of others?

PRAYER PROMPT: Holy Spirit, increase my heart's capacity to love others. This is how I can show it today . . .

DATE: *February 19* **VERSE:** *Ephesians 4:17-5:2*

REFLECTION: Is unforgiveness impacting your ability to love? To serve someone?

PRAYER PROMPT: Help me, show me, empower me to forgive . . .

DATE: *February 20* **VERSE:** *Galatians 5:13-18*

REFLECTION: Where might you choose service over personal convenience?

PRAYER PROMPT: Holy Spirit, I confess that too often I feed the desires of my flesh. Help me today to walk, love and serve according to the Spirit . . .

“How Do I” | Week Three

How to Work and Sabbath

DATE: *March 2*

VERSE: *Genesis 2:1-3*

REFLECTION: What does it mean that rest is woven into creation and how have I not treated rest as sacred?

PRAYER PROMPT: Lord, You knew when to stop creating and rest. Teach me to rest as You rest . . .

DATE: *March 3*

VERSE: *Exodus 20:1-11*

REFLECTION: What does “remembering Sabbath” require me to change in my current rhythms?

PRAYER PROMPT: Lord, help me honor the Sabbath. Reveal what needs to slow down or stop . . .

DATE: *March 4*

VERSE: *Psalms 127:1-2*

REFLECTION: Where am I striving in ways God has not asked me to? What fears drive my overworking?

PRAYER PROMPT: Father, remind me today that my worth is not found in my productivity. Thank you for loving me with the gift of sleep . . .

DATE: *March 5*

VERSE: *Genesis 1:27-31*

REFLECTION: How does seeing work as co-creation with God reshape my view of my job?

PRAYER PROMPT: Thank you for inviting me into Your work in this world. Help me steward what you have given me to do and partner with You to . . .

DATE: *March 6*

VERSE: *Colossians 3:22-25*

REFLECTION: How can you re-center your work around pleasing God? How have you separated your “spiritual life” from your “work life”?

PRAYER PROMPT: Father, help me serve You with integrity and joy, free me from working for approval. Reorient my heart toward an audience of One . . .