

# “How Do I” | Week One

## How to Study the Word

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**DATE:** February 9

**VERSE:** Proverbs 2:1-6

**REFLECTION:** Am I studying the Bible with the same intensity as I pursue other goals?

**PRAYER PROMPT:** Holy Spirit, increase my longing for Your Word. Help me . . .

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**DATE:** February 10

**VERSE:** 2 Timothy 3:10-17

**REFLECTION:** Do I sense that I am fully equipped for every good work? Where am I lacking?

**PRAYER PROMPT:** Spirit, form me by the Word. Help me surrender to the Word for correction, training, and teaching . . .

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**DATE:** February 11

**VERSE:** Hebrews 4:12-16

**REFLECTION:** Am I allowing the Word to examine my heart?

**PRAYER PROMPT:** Jesus, let Your Word do its work in the deepest places of my heart, my motives, my intentions . . .

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**DATE:** February 12

**VERSE:** Psalm 119:17-32

**REFLECTION:** What you long for, you live for. Is my soul consumed with longing for His Word?

**PRAYER PROMPT:** Holy Spirit, reveal to me the things in my heart and life that prevent me from longing for Your Word . . .

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**DATE:** February 13

**VERSE:** Matthew 4:1-11

**REFLECTION:** Am I equipped in my knowledge to use the Word as a weapon against the enemy of my soul?

**PRAYER PROMPT:** Father, Son, Holy Spirit, thank you for Your Word. Help me to be a better student, a more careful listener, and a faithful doer of Your Word. Help me . . .

# “How Do I” | Week Two

## How to Love and Serve Others

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**DATE:** February 16

**VERSE:** John 13:31-35

**REFLECTION:** How does the way Jesus loved influence your understanding of how to love others?

**PRAYER PROMPT:** Jesus, teach me how to love those around me today . . .

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**DATE:** February 17

**VERSE:** 1 Peter 4:1-11

**REFLECTION:** What gift, ability, talent, or resource of yours could you use more fully to serve and love others?

**PRAYER PROMPT:** Holy Spirit, show me today how I can use what I have and who I am to love and serve others. Strengthen me to do so . . .

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**DATE:** February 18

**VERSE:** 1 John 3:11-18

**REFLECTION:** Am I willing to move beyond intention and comfort to meet the needs of others?

**PRAYER PROMPT:** Holy Spirit, increase my heart’s capacity to love others. This is how I can show it today . . .

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**DATE:** February 19

**VERSE:** Ephesians 4:17-5:2

**REFLECTION:** Is unforgiveness impacting your ability to love? To serve someone?

**PRAYER PROMPT:** Help me, show me, empower me to forgive . . .

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**DATE:** February 20

**VERSE:** Galatians 5:13-18

**REFLECTION:** Where might you choose service over personal convenience?

**PRAYER PROMPT:** Holy Spirit, I confess that too often I feed the desires of my flesh. Help me today to walk, love and serve according to the Spirit . . .

# “How Do I” | Week Three

## How to Work and Sabbath

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**DATE:** *March 2*

**VERSE:** *Genesis 2:1-3*

**REFLECTION:** What does it mean that rest is woven into creation and how have I not treated rest as sacred?

**PRAYER PROMPT:** Lord, You knew when to stop creating and rest. Teach me to rest as You rest . . .

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**DATE:** *March 3*

**VERSE:** *Exodus 20:1-11*

**REFLECTION:** What does “remembering Sabbath” require me to change in my current rhythms?

**PRAYER PROMPT:** Lord, help me honor the Sabbath. Reveal what needs to slow down or stop . . .

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**DATE:** *March 4*

**VERSE:** *Psalm 127:1-2*

**REFLECTION:** Where am I striving in ways God has not asked me to? What fears drive my overworking?

**PRAYER PROMPT:** Father, remind me today that my worth is not found in my productivity. Thank you for loving me with the gift of sleep . . .

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**DATE:** *March 5*

**VERSE:** *Genesis 1:27-31*

**REFLECTION:** How does seeing work as co-creation with God reshape my view of my job?

**PRAYER PROMPT:** Thank you for inviting me into Your work in this world. Help me steward what you have given me to do and partner with You to . . .

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**DATE:** *March 6*

**VERSE:** *Colossians 3:22-25*

**REFLECTION:** How can you re-center your work around pleasing God? How have you separated your “spiritual life” from your “work life”?

**PRAYER PROMPT:** Father, help me serve You with integrity and joy, free me from working for approval. Reorient my heart toward an audience of One . . .