

# “By Design” | Week One

## Godly Woman

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**DATE:** *March 9*

**VERSE:** *Genesis 1:26-28; 2:18-25*

**REFLECTION:** Women are created in the image of God with inherent dignity. Where have I believed less about my worth than what God declares over me as His image-bearer? How can I begin today to replace those lies with His truth?

**PRAYER PROMPT:** Father, I confess that at times I am unkind to myself. Help me today to see myself as You see me. Replace this lie with Your truth . . .

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**DATE:** *March 10*

**VERSE:** *Exodus 1:6-22*

**REFLECTION:** What area of your life requires courageous obedience? Where is God inviting you to fear Him more than people’s opinions?

**PRAYER PROMPT:** Holy Spirit, empower me today to be courageous and obedient to the sound of Your voice at home, in the marketplace, everywhere I go . . .

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**DATE:** *March 11*

**VERSE:** *Luke 7:36-50*

**REFLECTION:** Where do I still carry shame or a diminished view of myself?

**PRAYER PROMPT:** Jesus, I sense you inviting me to receive your restoration and belovedness in these areas of my life . . .

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**DATE:** *March 12*

**VERSE:** *Luke 1:26-38; Romans 12:1-2*

**REFLECTION:** What specific area of your life do you need to surrender to God right now? Could you courageously say as Mary did, “I am the Lord’s servant . . . May Your word to me be fulfilled”?

**PRAYER PROMPT:** Best I know how today, I present to you, Jesus, a yielded and trusting heart. I trust the story you are writing with my life. Help me to . . .

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**DATE:** *March 13*

**VERSE:** *Proverbs 31:10-31*

**REFLECTION:** In what ways have I prioritized outward appearances, social status, or personal prestige over cultivating a heart that truly honors God?

**PRAYER PROMPT:** Father, it is with intention that I set my full attention and affection on You. Spirit, form me into a woman of noble character, for my good and His glory . . .

# “By Design” | Week Two

## Godly Man

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**DATE:** *March 16*

**VERSE:** *1 Samuel 16:6-12*

**REFLECTION:** If God looked at your hidden heart, what would He see shaping your motives, desires, and decisions?

**PRAYER PROMPT:** Holy Spirit, it is my desire for my inner man to match what people see. Help me with . . .

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**DATE:** *March 17*

**VERSE:** *Psalms 101:3; Psalm 139:1-7, 23-24*

**REFLECTION:** Where is there a gap between who people think I am and who I actually am? What is one step I can take to close that gap?

**PRAYER PROMPT:** Father, You know me. Really know me. Search me, test me, and lead me. I need help with . . .

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**DATE:** *March 18*

**VERSE:** *Galatians 5:22-25*

**REFLECTION:** Which “fruit” of the Spirit is most lacking in your life right now and how might Jesus be inviting you to grow in that area?

**PRAYER PROMPT:** Father, help me to be filled with love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self control, especially . . .

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**DATE:** *March 19*

**VERSE:** *1 Corinthians 16:13-14; 1 Peter 2:21-23*

**REFLECTION:** In a current frustration or conflict, what would it look like to “be strong” and “do everything in love” in the way you speak, respond, and pray?

**PRAYER PROMPT:** Father, help me to approach every situation, conversation, and relationship in a posture of love. Teach me . . .

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**DATE:** *March 20*

**VERSE:** *1 Timothy 4:1-16*

**REFLECTION:** What obstacles keep me from practicing spiritual disciplines? Who can I invite to “train” with me?

**PRAYER PROMPT:** Father, help me grow into the man you created me to be. Train me, help me, especially with . . .

# “By Design” | Week Three

## Godly Parent/Godly Home

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**DATE:** March 23

**VERSE:** Proverbs 4:23; Luke 6:45; Deuteronomy 6:4-7

**REFLECTION:** Parent: How can I slow down daily routines (bedtime, mealtimes, car rides) to ask heart-level questions to my child(ren)?  
Child: What do you think Jesus sees in your heart today that makes Him smile?

**PRAYER PROMPT:** Father, help us to truly know our child’s hearts. Help us to slow down . . .

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**DATE:** March 24

**VERSE:** Ephesians 6:1-4; Hebrews 12:5-11

**REFLECTION:** Parent: In what areas have I become more of a “buddy” than a parent, leading to confusion about boundaries and respect?  
Child: What’s the coolest thing you do as a family?  
• When Mom or Dad says “no”, how do you usually feel? What is something you could say to show respect even when you’re disappointed?

**PRAYER PROMPT:** Jesus, teach us to love our kids with boundaries, show us how . . .

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**DATE:** March 25

**VERSE:** 1 Corinthians 13:4-7; 1 John 3:18

**REFLECTION:** Parent: What specific, practical way can you speak your child’s likely love language today?  
Child: When do you feel most loved by Mom or Dad?

**PRAYER PROMPT:** Parent: What specific, practical way can you speak your child’s likely love language today?  
Child: When do you feel most loved by Mom or Dad?

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**DATE:** March 26

**VERSE:** Psalm 127:3-5

**REFLECTION:** Parent: How might seeing my child as a gift reframe my expectations?  
Child: What is the best gift you’ve ever received? You are a gift from God!

**PRAYER PROMPT:** Spirit, give me eyes to see my children as gifts especially when parenting is hard . . .

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**DATE:** March 27

**VERSE:** 2 Timothy 1:5

**REFLECTION:** Parent: What kind of faith am I modeling as a parent - anxious, relaxed, trusting?  
Child: What’s your favorite part of going to church?

**PRAYER PROMPT:** Father, remind me today that I am passing on a faith of some kind. Help me to . . .