



FOR IMMEDIATE RELEASE

IFBA Appoints Katie Sorrell as Executive Director

Sorrell will lead statewide advocacy and partnership efforts to strengthen food access for all Iowans

DES MOINES, Iowa (December 1, 2025) – The Iowa Food Bank Association (IFBA) is pleased to announce Katie Sorrell as its' new Executive Director, effective December 1.

With more than two decades of experience in food security and nutrition education, Katie brings a proven record of impact from her work as a Registered Dietitian at Iowa State University, University of California San Diego, and the Iowa Department of Public Health.

In her previous role at Iowa State University Extension and Outreach, Katie led Growing Together Iowa, a state-wide donation gardening program that provided over 100,000 pounds of fresh produce each year to local food pantries. Katie also led a team of Healthy Food Access Specialists, aligned with food banks, that encouraged and supported healthy changes in partner food pantries.

"I've worked with Katie for a number of years, and I'm excited for the passion and energy she brings to this role," says Kim Guardado, Iowa Food Bank Association President. "We hope to bring awareness of hunger to the next level and elevate the voices of our neighbors throughout the state."

As Executive Director, Katie will lead advocacy efforts, build partnerships and leverage best practices—continuing the work of advancing our mission to ensure all communities have access to food.



Photo cutline: Katie Sorrell, newly appointed Executive Director of the Iowa Food Bank Association.

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About Iowa Food Bank Association

The Iowa Food Bank Association supports six Feeding America food banks that serve Iowa to ensure sufficient food is accessible to all. Formed in 2009, the Iowa Food Bank Association was created to foster collaboration and make hunger relief more effective and efficient within the state of Iowa. The association helps Feeding America food banks through advocacy, food and fund procurement, disaster relief, food assistance outreach and operations. The six Feeding America food banks that comprise the Iowa Food Bank Association include Food Bank of Siouxland, Inc., Food Bank for the Heartland, Food Bank of Iowa, Northeast Iowa Food Bank, River Bend Food Bank and Hawkeye Area Community Action Program (HACAP) Food Reservoir. Find out more at iowafba.org.

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