



## Northeast Iowa Food Bank Distributes Over 3,500 Holiday Meals During Annual Holiday Distribution Event

**WATERLOO, Iowa (December 1, 2025)** - More than 45,000 northeast Iowans are unsure where their next meal will come from, creating added stress and uncertainty during the holiday season. To help meet the growing need, the Northeast Iowa Food Bank held its annual Holiday Distribution event during Thanksgiving week, providing thousands of families in Black Hawk County with nutritious holiday meals.

This year, with the help of over 400 volunteers, NEIFB served over 3,500 families. The three-day distribution is made possible through the generosity of community partners, dedicated volunteers, sponsors, and the Food Bank's committed staff. Together, they work to ensure no family goes without a holiday meal.



“Seeing our community come together in such a powerful way is truly inspiring,” said NEIFB Executive Director, Barbara Prather. “Holiday Distribution reflects our commitment to ensuring every family has access to nutritious food during the holidays. Thanks to the dedication of our volunteers and supporters, people can experience comfort and stability during what can be a very stressful season.”

NEIFB thanks this year's sponsors: Thank you to: John Deere, Northeast Iowa Regional Board of Realtors, Prairie Lakes Church, Viking Pump, Inc., and Walmart.



NEIFB is inviting community members to join this seasonal effort by donating \$40 to “Feed a Family.” Each \$40 contribution provides an entire holiday meal for a family in need. Contributions can be made by visiting [this link](#) or through [neifb.org](https://neifb.org).

For more information about the Northeast Iowa Food Bank and its mission to alleviate hunger in northeast Iowa, please visit [neifb.org](https://neifb.org).

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**About NEIFB:** The Northeast Iowa Food Bank (NEIFB) is a proud member of Feeding America® and the Iowa Food Bank Association. NEIFB distributes nutritious food and grocery products to over 140 nonprofit organizations and programs that help families and individuals facing food insecurity. Last year, the Food Bank distributed over 8.4 million meals within its 16-county service area. For over 40 years, the Food Bank has alleviated hunger and provided nutrition education through its eight programs: Agency Distribution, Backpack, Cedar Valley Food Pantry, Kids Café, Mobile Food Pantry, School Market, Senior Nutrition, and Summer Feeding. To learn more, visit [nei.org](https://nei.org) and follow us on social media.