

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October 2025 Stlouis Assited Living and Memory Care			10:00am Chair Exercises 1 10:30am Finish the Lyrics 12:30pm Bio of: Mae West 1:30pm Silver Sneakers Exercise 2:00pm Afternoon Movie: A Night at The Roxbury 4:00pm Music and Relaxation Before Dinner	10:00am Chair Exercises 2 10:30am Lunch Outing: Denny's 2:30pm Bingo 3:30pm Bio Of: Mae West 5:00pm Meet & Greet with Jill and Jessica	10:00am Documentary and Hot Coco/Train Wreck Poop Cruise 3 12:30pm Would You Rather Word Game 1:30pm Concert: Temptations 2:30pm Happy Hour 4:00pm Comedy Hour: I Love Lucy	7:00am 7:00 Virtual Mass-Channel 63 4 10:00am Meditation Time 1:00pm Yahtzee 6:00pm Evening Movie: Resident's Choice
7:00am 7:00 Virtual Mass-Channel 63 5 10:00am Meditation Time 1:00pm Yahtzee 6:00pm Evening Movie: Resident's Choice	10:00am Sit and Stretch 6 10:30am Name 5 1:30pm Would You Rather Word Game 2:00pm Afternoon Movie: Willy Wonka 3:30pm Name That Tune 4:00pm Music and Relaxation Before Dinner	10:00am Exercise with Legacy 7 10:30am Trivia 1:00pm Silver Sneakers Exercise 2:30pm Bingo 3:30pm Activity Committee Meeting 4:30pm Music and Relaxation Before Dinner	10:00am Chair Exercises 8 10:30am Finish the Lyrics 12:30pm Chef On Display: Carmel Apple Slices 1:30pm Silver Sneakers Exercise 2:00pm Afternoon Movie: Beetle Juice 4:00pm Music and Relaxation Before Dinner	10:00am Chair Exercises 9 10:30am Music Triva 12:30pm Would You Rather Word Game 2:30pm Bingo 3:30pm Bio Of: Al Capone 4:00pm Triva	10:00am Documentary and Hot Coco/Katrina PT 1 10 12:30pm Would You Rather Word Game 2:30pm Concert: Big Band Music 2:30pm Happy Hour 4:00pm Comedy Hour: Carol Burnette Show	7:00am 7:00 Virtual Mass-Channel 63 11 10:00am Meditation Time 1:00pm Yahtzee 6:00pm Evening Movie: Resident's Choice
7:00am 7:00 Virtual Mass-Channel 63 12 10:00am Meditation Time 11:30am Communion Service 1:00pm Yahtzee 6:00pm Evening Movie: Resident's Choice	10:00am Sit and Stretch 13 10:30am Name 5 1:30pm Would You Rather Word Game 2:00pm Afternoon Movie: Jurassic Park 3:30pm Name That Tune 4:00pm Music and Relaxation Before Dinner	10:00am Exercise with Legacy 14 10:30am Trivia 1:00pm Silver Sneakers Exercise 2:30pm Bingo 3:30pm Daily Devotion 4:30pm Music and Relaxation Before Dinner	10:00am Chair Exercises 15 10:30am Finish the Lyrics 12:30pm Bio Of: Joan Crawford 12:30pm Chef On Display: Halloween Chex Mix 1:30pm Silver Sneakers Exercise 2:00pm Afternoon Movie: MaMa Mia 4:00pm Music and Relaxation Before Dinner	10:00am Chair Exercises 16 10:30am Music Triva 12:30pm Would You Rather Word Game 2:30pm Bingo 3:30pm Bio Of: Joan Crawford 4:00pm Triva	10:00am Documentary and Hot Coco/ Katrina PT 2 17 12:30pm Would You Rather Word Game 2:30pm Concert: Frank Sinatra 2:30pm Happy Hour 4:00pm Comedy Hour: Reba	7:00am 7:00 Virtual Mass-Channel 63 18 10:00am Meditation Time 1:00pm Yahtzee 6:00pm Evening Movie: Resident's Choice
7:00am 7:00 Virtual Mass-Channel 63 19 10:00am Meditation Time 11:30am Communion Service 1:00pm Yahtzee 6:00pm Evening Movie: Resident's Choice	10:00am Sit and Stretch 20 10:30am Name 5 1:30pm Would You Rather Word Game 2:00pm Afternoon Movie: High Plains Drifter 3:30pm Name That Tune 4:00pm Music and Relaxation Before Dinner	10:00am Exercise with Legacy 21 10:30am Trivia 1:00pm Silver Sneakers Exercise 2:30pm Bingo 3:30pm Daily Devotion 4:30pm Music and Relaxation Before Dinner	10:00am Chair Exercises 22 10:30am Finish the Lyrics 12:30pm Bio Of: Seals and Croft 12:30pm Chef On Display: Chocolate Covered Pretzels 1:30pm Silver Sneakers Exercise 2:00pm Afternoon Movie: Sister Act 1 4:00pm Music and Relaxation Before Dinner	10:00am Chair Exercises 23 10:30am Grant's Farm 12:30pm Would You Rather Word Game 2:30pm Bingo 3:30pm Bio Of : Seals and Croft 4:00pm Triva	10:00am Documentary and Hot Coco/Katrina PT 3 24 12:30pm Would You Rather Word Game 2:30pm Concert: Dolly Parton 2:30pm Happy Hour 4:00pm Comedy Hour: Lopez	7:00am 7:00 Virtual Mass-Channel 63 25 10:00am Meditation Time 1:00pm Yahtzee 6:00pm Evening Movie: Resident's Choice
7:00am 7:00 Virtual Mass-Channel 63 26 10:00am Meditation Time 1:00pm Yahtzee 6:00pm Evening Movie: Resident's Choice	10:00am Sit and Stretch 27 10:30am Name 5 1:30pm Would You Rather Word Game 2:00pm Afternoon Movie: E.T 3:30pm Name That Tune 4:00pm Music and Relaxation Before Dinner	10:00am Exercise with Legacy 28 10:30am Trivia 1:00pm Silver Sneakers Exercise 2:30pm Bingo 3:30pm Daily Devotion 4:30pm Music and Relaxation Before Dinner	10:00am Chair Exercises 29 10:30am Finish the Lyrics 12:30pm Bio Of: Johnny Cash 12:30pm Chef On Display: Halloween Rice Krispy Bars 1:30pm Silver Sneakers Exercise 2:00pm Afternoon Movie: Sister Act 2 4:00pm Music and Relaxation Before Dinner	10:00am Chair Exercises 30 10:30am Music Triva 12:30pm Would You Rather Word Game 2:30pm Bingo 3:30pm Bio Of: Johnny Cash 4:00pm Signature Dinner: Pietro's	10:00am Documentary and Hot Coco/ Becoming 31 1:00pm Halloween Party 2:30pm Chilli Cook Off / Voting 3:00pm Resident Council Meeting 4:00pm Comedy Hour: I Love Lucy	Happy Birthday Charlene J -10/2 Anne A -10/6 Patrica T -10/18 Harve C -10/22 Colleen B 1028