

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
January 2026 Stlouis Hills Assisted Living and Memory Care		Happy Birthday!	Susan Whiteside 1/04 Fred Speno 1/04 Sharon Farrell 1/08 Ken Reiss 1/09 Cathy Shea 1/11 Tanya Wasson 1/14 Robert Abmeyer 1/17 Josephine Gray 1/23 Faith Geiger 1/26	10:00am Chair Exercises 10:30am Name that Tune 1:00pm Men's Club 2:30pm Bingo 3:30pm In Touch Devotion: YouTube 4:00pm Triva	1 10:00am Massage Clinic with Legacy 10:30am Walking Club 12:30pm Cocktails and Crafts 1:00pm Bio of: Elvis 2:30pm Happy Hour 5:00pm Card Games	2 7:00am 7:00 Virtual Mass-Channel 63 10:00am Meditation Time 1:00pm Yahtzee 6:00pm Evening Movie: Resident's Choice
7:00am 7:00 Virtual Mass-Channel 63 10:00am Meditation Time 11:30am Communion Service 1:00pm Yahtzee 6:00pm Evening Movie: Resident's Choice	4 10:00am Sit and Stretch 10:30am Brain Games: Name 5 1:00pm Crochet Club 2:00pm Walking Club 2:30pm Afternoon Movie: Pulp Fiction 4:00pm Music and Relaxation Before Dinner	5 10:00am Activity Committee Meeting 10:30am 9 Letters Squares 1:00pm Crochet Club 2:30pm Bingo 3:30pm In Touch Devotion: Youtube 4:00pm Music and Relaxation	6 10:00am Chair Exercises 10:30am Resident Food Committee Meeting 1:00pm Exercise with Legacy 1:30pm Musician of the week: Michael Jackson 2:30pm Afternoon Movie: Stripes 4:00pm Music and Relaxation Before Dinner	7 10:00am Chair Exercises 10:30am Lunch Outing: Denny's 2:00pm Chef On Display: Snowmen Cupcakes 2:30pm Bingo 3:30pm In Touch Devotion: YouTube 4:00pm Triva	8 10:00am Documentary and Hot Coco 10:30am Walking Club 12:30pm Cocktails and Crafts: 2026 Vision Board 1:00pm Bio of: Farrah Fawcett 2:30pm Happy Hour 5:00pm Card Games	9 7:00am 7:00 Virtual Mass-Channel 63 10:00am Meditation Time 1:00pm Yahtzee 6:00pm Evening Movie: Resident's Choice
7:00am 7:00 Virtual Mass-Channel 63 10:00am Meditation Time 1:00pm Yahtzee 6:00pm Evening Movie: Resident's Choice	11 10:00am Sit and Stretch 10:30am Brain Games: Name 5 1:00pm Crochet Club 2:00pm Walking Club 2:30pm Afternoon Movie: Animal House 4:00pm Music and Relaxation Before Dinner	12 10:00am Balloon Toss 10:30am Would You Rather? 1:00pm Crochet Club 2:30pm Bingo 3:30pm In Touch Devotion: Youtube 4:00pm Music and Relaxation	13 10:00am Chair Exercises 10:30am Name that Tune 1:00pm Exercise with Legacy 1:30pm Musician of the week: Ray Charles 2:30pm Afternoon Movie: Titanic 4:00pm Music and Relaxation Before Dinner	14 10:00am Chair Exercises 10:30am Name that Tune 2:00pm Chef On Display: Frosty Float 2:30pm Bingo 3:30pm In Touch Devotion: YouTube 4:00pm Triva	15 10:00am Documentary and Hot Coco 10:30am Walking Club 12:30pm Cocktails and Crafts 1:00pm Bio of: Tom Hanks 2:30pm Happy Hour 5:00pm Card Games	16 7:00am 7:00 Virtual Mass-Channel 63 10:00am Meditation Time 1:00pm Yahtzee 6:00pm Evening Movie: Resident's Choice
7:00am 7:00 Virtual Mass-Channel 63 10:00am Meditation Time 11:30am Communion Service 1:00pm Yahtzee 6:00pm Evening Movie: Resident's Choice	18 10:00am Sit and Stretch 10:30am Brain Games: Name 5 1:00pm Crochet Club 2:00pm Walking Club 2:30pm Afternoon Movie: Forrest Gump 4:00pm Music and Relaxation Before Dinner	19 10:00am Balloon Toss 10:30am 9 Letters Square 1:00pm Crochet Club 2:30pm Bingo 3:30pm In Touch Devotion: Youtube 4:00pm Music and Relaxation	20 10:00am Chair Exercises 10:30am Name that Tune 1:00pm Exercise with Legacy 1:30pm Musician of the week: Tina Turner 2:30pm Afternoon Movie: Little Women 4:00pm Music and Relaxation Before Dinner	21 10:00am Chair Exercises 10:30am Lunch Outing: First Watch 2:00pm Chef On Display: Winter Muddy Buddies 2:30pm Bingo 3:30pm In Touch Devotion: YouTube 4:00pm Triva	22 10:00am Documentary and Hot Coco 10:30am Walking Club 12:30pm Cocktails and Crafts 1:00pm Bio of: Micheal Jackson 2:30pm Birthday Celebration 5:00pm Card Games	23 7:00am 7:00 Virtual Mass-Channel 63 10:00am Meditation Time 1:00pm Yahtzee 6:00pm Evening Movie: Resident's Choice
7:00am 7:00 Virtual Mass-Channel 63 10:00am Meditation Time 1:00pm Yahtzee 6:00pm Evening Movie: Resident's Choice	25 10:00am Sit and Stretch 10:30am Brain Games: Name 5 1:00pm Crochet Club 2:00pm Walking Club 2:30pm Afternoon Movie: Braveheart 4:00pm Music and Relaxation Before Dinner	26 10:00am Balloon Toss 10:30am Would You Rather? 1:00pm Crochet Club 2:30pm Bingo 3:30pm In Touch Devotion: Youtube 4:00pm Music and Relaxation	27 10:00am Chair Exercises 10:30am Name that Tune 1:00pm Exercise with Legacy 1:30pm Musician of the week: Temptations 2:30pm Afternoon Movie: The Ryan White Story 4:00pm Music and Relaxation Before Dinner	28 10:00am Chair Exercises 10:30am Name that Tune 2:00pm Chef On Display: Snow Balls 2:30pm Bingo 3:30pm In Touch Devotion: YouTube 4:00pm Triva	29 10:00am Documentary and Hot Coco 10:30am Walking Club 12:30pm Cocktails and Crafts 1:30pm Resident Council Meeting 2:30pm Happy Hour 5:00pm Card Games	30 7:00am 7:00 Virtual Mass-Channel 63 10:00am Meditation Time 1:00pm Yahtzee 6:00pm Evening Movie: Resident's Choice