February 2026

StLouis Hills Assisted Living and Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **7:00am** 7:00 Virtual Mass-Channel 63 **10:00am** Meditation Time **11:30am** Communion Service **1:00pm** Yahtzee **6:00pm** Evening Movie: Resident's Choice	2 **10:00am** Stretching To The Oldies **10:30am** Brain Games: Name 5 **1:00pm** Crochet Club **2:00pm** Walking Club/weather permitting **2:30pm** Afternoon Movie: The Ghost of Mississippi **4:00pm** Fruit and Hydration Social	3 **10:00am** Balloon Toss **10:30am** Would You Rather? **1:00pm** Crochet Club **2:30pm** Bingo **3:30pm** Bible Study **4:00pm** Music and Relaxation	4 **10:00am** Chair Exercises **10:30am** Resident Food Committee Meeting **1:00pm** Exercise with Legacy **1:30pm** Musician of the week **2:30pm** Afternoon Movie: Bob Marley One Love **4:00pm** Sing Along and Smoothies	5 **All Day** Wear Your Favorite Team Jersey **10:00am** Chair Exercises **10:30am** Name that Tune **1:00pm** Meet and Greet the Director of Nursing **2:30pm** Bingo **3:30pm** Bible Study **4:00pm** Fruit and Hydration Social	6 **10:00am** Documentary and Hot Coco **10:30am** Walking Club /weather permitting **12:30pm** Cocktails and Crafts/Decorating Picture Frames **1:00pm** Bio of: Martin Luther King **2:30pm** Happy Hour **5:00pm** Card Games	7 **7:00am** 7:00 Virtual Mass-Channel 63 **10:00am** Meditation Time **1:00pm** Yahtzee **6:00pm** Evening Movie: Resident's Choice
8 **7:00am** 7:00 Virtual Mass-Channel 63 **10:00am** Meditation Time **1:00pm** Yahtzee **6:00pm** Evening Movie: Resident's Choice	9 **10:00am** Stretching To The Oldies **10:30am** Brain Games: Name 5 **1:00pm** Crochet Club **2:00pm** Walking Club/weather permitting **2:30pm** Afternoon Movie: 12 Years of Slave **4:00pm** Fruit and Hydration Social	10 **10:00am** Balloon Toss **10:30am** Would You Rather? **1:00pm** Crochet Club **2:30pm** Bingo **3:30pm** Bible Study **4:00pm** Music and Relaxation	11 **10:00am** Chair Exercises **10:30am** Crafts with Harreitt **1:00pm** Exercise with Legacy **1:30pm** Musician of the week **2:30pm** Afternoon Movie: The Six Triple 8 **4:00pm** Wine Wednesday	12 **10:00am** Chair Exercises **10:30am** Name that Tune **12:00pm** Lunch Outing: First Watch **2:30pm** Bingo **3:30pm** Bible Study **4:00pm** Fruit and Hydration Social	13 **10:00am** Documentary and Hot Coco **10:30am** Decorating Valentines Cookies **1:00pm** Bio of: Rosa Parks **2:00pm** Valentines Day Happy Hour **5:00pm** Card Games	14 **All Day** Happy Valentines Day **7:00am** 7:00 Virtual Mass-Channel 63 **10:00am** Meditation Time **1:00pm** Yahtzee **6:00pm** Evening Movie: Resident's Choice
15 **7:00am** 7:00 Virtual Mass-Channel 63 **10:00am** Meditation Time **11:30am** Communion Service **1:00pm** Yahtzee **6:00pm** Evening Movie: Resident's Choice	16 **10:00am** Stretching To The Oldies **10:30am** Brain Games: Name 5 **1:00pm** Crochet Club **2:00pm** Walking Club/weather permitting **2:30pm** Afternoon Movie: Best of Enemies **4:00pm** Fruit and Hydration Social	17 **10:00am** Balloon Toss **10:30am** Would You Rather? **1:00pm** Crochet Club **2:30pm** Bingo **3:30pm** Bible Study **4:00pm** Music and Relaxation	18 **10:00am** Chair Exercises **10:30am** Crafts with Harreitt **1:00pm** Exercise with Legacy **1:30pm** Musician of the week **2:30pm** Afternoon Movie: Rob Peace **4:00pm** Sing Along and Smoothies	19 **10:00am** Chair Exercises **10:30am** Name that Tune **2:30pm** Bingo **3:30pm** Bible Study **4:00pm** Fruit and Hydration Social	20 **10:00am** Documentary and Hot Coco **10:30am** Walking Club /weather permitting **12:30pm** Cocktails and Crafts/ Painting Mason Jars **1:00pm** Bio of: Hidden Figures **2:30pm** Happy Hour **5:00pm** Card Games	21 **7:00am** 7:00 Virtual Mass-Channel 63 **10:00am** Meditation Time **1:00pm** Yahtzee **6:00pm** Evening Movie: Resident's Choice
22 **7:00am** 7:00 Virtual Mass-Channel 63 **10:00am** Meditation Time **1:00pm** Yahtzee **6:00pm** Evening Movie: Resident's Choice	23 **10:00am** Stretching To The Oldies **10:30am** Brain Games: Name 5 **1:00pm** Crochet Club **2:00pm** Walking Club/weather permitting **2:30pm** Afternoon Movie: Abducted At An HBCU **4:00pm** Fruit and Hydration Social	24 **10:00am** Balloon Toss **10:30am** Would You Rather? **1:00pm** Crochet Club **2:30pm** Bingo **3:30pm** Bible Study **4:00pm** Music and Relaxation	25 **10:00am** Chair Exercises **10:30am** Crafts with Harreitt **1:00pm** Exercise with Legacy **1:30pm** Musician of the week **2:30pm** Afternoon Movie **4:00pm** Wine Wednesday	26 **10:00am** Chair Exercises **10:30am** Name that Tune **12:00pm** Lunch Outing: Pietro's **2:30pm** Bingo **3:30pm** Bible Study **4:00pm** Fruit and Hydration Social	27 **10:00am** Documentary and Hot Coco **10:30am** Walking Club /weather permitting **12:30pm** Cocktails and Crafts/Button Art **1:00pm** Bio of: Denzel Washington **1:30pm** Resident Council Meeting **2:30pm** Happy Hour: Birthday Celebration **5:00pm** Card Games	28 **7:00am** 7:00 Virtual Mass-Channel 63 **10:00am** Meditation Time **1:00pm** Yahtzee **6:00pm** Evening Movie: Resident's Choice