July 2026

St.Louis Hills Assisted Living and Memory Care - AL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 **10:30am** Musician of the week - Areatha Franklin **1:00pm** Activities with Legacy **1:30pm** Crafts with Harriet **2:30pm** Showtime and Snacks - Atomic Submarine **4:00pm** Sing Along and Smoothies	**2** **10:00am** Walking and Talk **10:30am** Fruit and Hydration Social **1:00pm** Art Museum **3:30pm** Bingo **4:30pm** Bible Fellowship	**3** **10:00am** Documentary **10:30am** Sole Survivors **1:00pm** A Walk in the Park **2:00pm** Social Hour **5:00pm** Card games - Canasta	**4** **10:00am** Brain Games: Word Search **1:30pm** Ring Toss **2:30pm** Puzzles with Friends **4:00pm** Zenga **5:00pm** Saturday Matinee
5 **10:00am** Neighborhood Stroll **11:30am** Communion Service **1:30pm** Fruit and Hydration **2:30pm** Chair Yoga **5:00pm** Evening Movie/Resident Choice	**6** **10:00am** Music in Motion **10:30am** Fruit and Hydration Social **1:00pm** Scoops and Smiles **2:00pm** Walk and Talk **2:30pm** Showtime and Snacks - 3 Little Words **4:00pm** Brain Games: Word Search	**7** **10:00am** Neighborhood Stroll **10:30am** Hydration Station **1:00pm** Garden Club **2:30pm** Bingo **3:30pm** Bible Fellowship **4:00pm** Music and Relaxation on the Patio	**8** **10:30am** Bio of the week - Tom Hanks **12:30pm** Neighborhood Stroll **1:00pm** Activities with Legacy **1:30pm** Sing Along and Smoothies **2:30pm** Showtime and Snacks - Beach Party	**9** **10:00am** Walking and Talk **10:30am** Lunch Outing/ IHop **2:00pm** Fruit and Hydration Social **2:30pm** Bingo **3:30pm** Bible Fellowship	**10** **10:00am** Food Committee Meeting **10:30am** Sole Survivors **1:00pm** A Walk in the Park **2:00pm** Mobile Library **3:00pm** Social Hour **5:00pm** Card Games - Uno	**11** **10:00am** Music in Motion **1:30pm** Ring Toss **2:30pm** Puzzles with Friends **4:00pm** Zenga **5:00pm** Saturday Matinee
12 **10:00am** Neighborhood Stroll **1:30pm** Fruit and Hydration **2:30pm** Chair Yoga **5:00pm** Evening Movie/Resident Choice	**13** **10:00am** Chair Yoga **10:30am** Fruit and Hydration Social **1:00pm** Scoops and Smiles **2:00pm** Walk and Talk **2:30pm** Showtime and Snacks - 30 Seconds Tokyo **4:00pm** Brain Games: Spot The Diffrence	**14** **10:00am** Walk and Talk **10:30am** Hydration Station **1:00pm** Baking Club **2:30pm** Bingo **3:30pm** Bible Study **4:00pm** Music and Relaxation on the Patio	**15** **10:30am** Musician of the week - Jimmi Hendrix **12:30pm** Neighborhood Stroll **1:00pm** Activities with Legacy **1:30pm** Crafts with Harriet **2:30pm** Showtime and Snacks - Being the Queen **4:00pm** Sing Along and Smoothies	**16** **10:00am** Walking and Talk **10:30am** Bingo **1:30pm** Chocolate, Chocolate, Chocolate **3:00pm** Fruit and Hydration Social **3:30pm** Bible Fellowship	**17** **10:00am** Documentary- **10:30am** Sole Survivors **1:00pm** A Walk in the Park **2:00pm** Social Hour **5:00pm** Card Games - Uno	**18** **1:30pm** Ring Toss **2:30pm** Puzzles with Friends **3:30pm** Stretching To The Oldies **4:00pm** Zenga **5:00pm** Saturday Matinee
19 **10:00am** Neighborhood Stroll **11:30am** Communion Service **1:30pm** Fruit and Hydration **2:30pm** Chair Yoga **5:00pm** Evening Movie/Resident Choice	**20** **10:00am** Neighborhood Stroll **10:30am** Fruit and Hydration Social **1:00pm** Scoops and Smiles **2:00pm** Walk and Talk **2:30pm** Showtime and Snacks - A Rasin in Sun **4:00pm** Brain Games: Hang Man	**21** **10:00am** Neighborhood Stroll **10:30am** Hydration Station **1:00pm** Garden Club **2:30pm** Bingo **3:30pm** Bible Fellowship **4:00pm** Music and Relaxation on the Patio	**22** **10:30am** Bio of the week - Anna Nicole Smith **12:30pm** Neighborhood Stroll **1:00pm** Activities with Legacy **1:30pm** Sing Along and Smoothies **2:30pm** Showtime and Snacks - Black Out	**23** **10:00am** Walking and Talk **10:30am** Fruit and Hydration Social **1:30pm** Scenic Drive/ Downtown Alton **2:30pm** Bingo **3:30pm** Bible Fellowship	**24** **10:00am** Documentary- **10:30am** Sole Survivors **1:00pm** A Walk in the Park **2:00pm** Social Hour **5:00pm** Card Games - Phase 10	**25** **11:30am** Friends and Family Luau **1:30pm** Ring Toss **2:30pm** Puzzles with Friends **3:30pm** Morning Marchers **4:00pm** Zenga **5:00pm** Saturday Matinee
26 **10:00am** Neighborhood Stroll **1:30pm** Fruit and Hydration **2:30pm** Chair Yoga **5:00pm** Evening Movie/Resident Choice	**27** **10:00am** Stretching To The Oldies **10:30am** Fruit and Hydration Social **1:00pm** Scoops and Smiles **2:00pm** Walk and Talk **2:30pm** Showtime and Snacks - All About Eve **4:00pm** Brain Games: Word Search	**28** **10:00am** Walk the Talk **10:30am** Hydration Station **1:00pm** Baking Club **2:30pm** Bingo **3:30pm** Bible Fellowship **4:00pm** Music and Relaxation on the Patio	**29** **10:30am** Musician of the week - Selena **12:30pm** Neighborhood Stroll **1:00pm** Activities with Legacy **1:30pm** Crafts with Harriet **2:30pm** Showtime and Snacks - Breakfast Club **4:00pm** Sing Along and Smoothies	**30** **10:00am** Walking and Talk **12:00pm** Fruit and Hydration Social **1:00pm** Scenic Drive/ The Jewel Box **2:30pm** Bingo **3:30pm** Bible Fellowship	**31** **10:00am** Documentary- **10:30am** Sole Survivors **1:00pm** A Walk in the Park **1:30pm** Resident Council Meeting **2:00pm** Social Hour **5:00pm** Card Games - Phase 10	**Happy Birthday** Joyce Declue John Evans Mary McGinnis Art Morgan Linda Stewart