



Schedule your appointment!
Senior Helpline: (682) 418-4963

SENIOR HELP DAYS		SERVICES
8:00 AM - 4:00 PM	GARLAND	MONDAY
8:00 AM - 4:00 PM	GARLAND	TUESDAY
9:00 AM - 1:00 PM	GRAND PRAIRIE	
9:00 AM - 1:00 PM	SOUTHLAKE	
9:00 AM - 4:00 PM	MESQUITE	
9:00 AM - 4:00 PM	RICHARDSON	
8:00 AM - 4:00 PM	GARLAND	WEDNESDAY
9:00 AM - 4:00 PM	ARLINGTON	
8:00 AM - 4:00 PM	GARLAND	THURSDAY
9:00 AM - 1:00 PM	GRAND PRAIRIE	
9:00 AM - 1:00 PM	SOUTHLAKE	
9:00 AM - 1:00 PM	LITTLE ELM	
9:00 AM - 4:00 PM	MESQUITE	
8:00 AM - 4:00 PM	GARLAND	FRIDAY
9:00 AM - 1:00 PM	GRAND PRAIRIE	
9:00 AM - 4:00 PM	FORT WORTH	

We Help Seniors
With most of
their Needs!



SENIOR RESOURCE CENTER



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REPRESENTATIVES

ARLINGTON:

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