



Family Law
PATHWAYS
NETWORK

Service Directory 2025

**ACT AND
REGION**

The contact information in this booklet was correct at time of print. Any changes or further information can be directed to:

Aurelia Bicer [FLPN Project Officer]
E: flpn@legalaidact.org.au
P: (02) 6173 5436

Contents

- 2 Aboriginal organisations
- 3 Alcohol and drug help
- 4 Counselling and mediation
- 5 Housing Help
- 6 Family help and support
- 7 Family help and support
- 8 Family violence and sexual assault
- 9 Family violence and sexual assault
- 9 Financial help
- 10 Legal help
- 11 Out of home care
- 11 Practical assistance

The Connected Purpose

P: 0451 551 471
E: admin@theconnectedpurpose.com
Instagram and Facebook: @theconnectedpurpose

The Connected Purpose is an Aboriginal owned and operated outreach counselling and wellbeing service based in Canberra. We provide services such as 1:1 counselling, relationship counselling, cultural supervision (for Indigenous & non-Indigenous clients) and professional debriefing (group & individual).

Aboriginal organisations

Gugan Gulwan Youth Aboriginal Corporation

P: 6296 8900
A: 36 Gratton Court, Waniassa ACT
www.gugan-gulwan.com.au

Includes a Drug and Alcohol program, Child, Youth and Family Support Program, NDIS outreach Program and a Reconnect Program to support young Aboriginal and Torres Strait Islander people. We have many programs for Aboriginal youth, Young men's Mentoring group, Young women's group, Musica group, tutoring, Community art's for therapy, Young Brah program, Street Beat patrol.

Winnunga Nimmityjah Aboriginal Health and Community Services

P: 6284 6222
A: 63 Boolimba Cres, Narrabundah ACT
www.winnunga.org.au

Aboriginal community controlled comprehensive primary health care and community services in a culturally safe setting for the ACT and region's Aboriginal community. Services include a range of programs to promote good health and wellbeing.

Sisters In Spirit

P: (02) 6257 0794
E: Admin@sisters.org.au
A: Unit 4/6 Scolay St, Greenway 2900

We build and strengthen Aboriginal and Torres Strait Islander women's ability to thrive and drive solutions that matter to us. Services include a drop-in service, Legal Advice Clinic in partnership with Legal Aid and Individual and systematic advocacy for all Aboriginal and Torres Strait Islander Women.

Alcohol and drug help

ACT Health

P: 6207 9977 (24 hour helpline)

www.health.act.gov.au

ACT Health offers information, advice, referral, intake, assessment and support 24 hours a day. Offers services for individuals, their family and friends, general practitioners, other health professionals, and business and community groups.

Directions Health Services

P: 6132 4800

E: reception@directionshealth.com

A: Cosmopolitan Centre, Woden Square, Phillip,
21 Bowes St Canberra 2602

www.directionshealth.com

Provides treatment and support to people and concerned others impacted by alcohol, drugs and other addictions. They are a specialist drug treatment service funded primarily by ACT Health and the Australian Government Department of Health.

Karralika Programs

P: 02 6185 1300 or 1800 152 772

E: info@karralika.org.au

A: Ground Floor, 2 Napier Close Deakin ACT 2600
www.karralika.org.au

Operates to support adults and their families in Canberra and surrounding regions through a range of alcohol and drug programs. They exist to provide specialist end to end drug and alcohol services to support the needs of individuals, families and communities. Their focus is person-centred, helping you to identify and understand the reasons for your alcohol and drug use in the past, and working with you to help you achieve your personal recovery goals.

Canberra Recovery Service

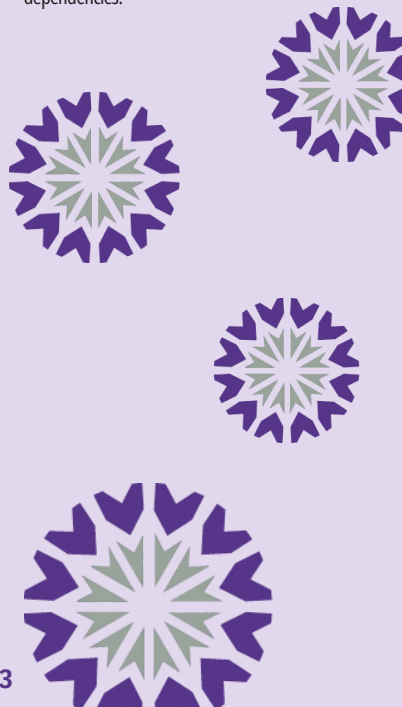
P: 6295 1256

E: crs@salvationarmy.org.au

A: 5–13 Mildura Street, Fyshwick ACT

www.salvos.org.au

The Salvation Army provides long-term residential treatment facilities, community-based support programs, and Withdrawal Management Services (detox) to people in Canberra. It also provides programs for people experiencing AOD and/or gambling dependencies.



Counselling and mediation

Warm Connections Counselling

P: (02) 6185 2090

E: counselling@ywca-canberra.org.au

www.ywca-canberra.org.au/community-service/warm-connections

Warm Connections Counselling offers long-term support and aims to strengthen family relationships and improve wellbeing. This service provides individual therapeutic support to parents & carers of children & adolescents aged 0 to 15 years. We also offer individual counselling to children & adolescents aged 9-15 years. We offer both in-person (Wednesdays) and telehealth sessions (Mondays, Tuesdays, Thursdays and every second Friday).

Lifeline

P: 13 11 14

www.lifeline.org.au

Provides 24/7 crisis support and suicide prevention services.

Conflict Resolution Service

P: 6189 0590

E: admin@crs.org.au

A: 1/32-38 Townshend St, Phillip ACT 2606

Offers confidential free or low cost services for the Canberra region. Services include, family dispute resolution, assisted settlement, youth crisis mediation, conflict coaching, mediation, facilitation, information and referral, community education, and training and professional development.

Parentline ACT

P: 6287 3833

E: parentline@parentlineact.org.au

A: PO Box 4038 Weston Creek ACT

www.parentlineact.org.au

A not-for profit organisation managed by Toora Women, offering a respectful, caring, understanding approach to your parenting questions. The free telephone counselling service is available to parents and carers for any issue regarding bringing up children and family relationships. Callers have access to immediate counselling and support over the phone from qualified professionals, as well as information and referrals to other agencies, and ideas and resources about parenting.

Relationships Australia Canberra & Region

P: 6122 7100

E: CanberraFRC@racr.org.au

A: 15 Napier Close, Deakin ACT

www.racr.relationships.org.au

At Relationships Australia Canberra and Region, we support individuals and families to have healthy relationships through counselling, mediation and other specialised support services, provided in both face-to-face and online environments. This includes providing support to people who are living with the impacts of domestic and family violence, gambling harm and historical childhood sexual abuse. We also provide family dispute resolution to enable separating families achieve workable parenting arrangements and assisting in strengthening relationships. As lead agency of headspace services, we also support young people in the Riverina and South Coast Regions.

Housing help

Canberra Community Law – Housing Law

P: 6128 7900

E: info@canberracommunitylaw.org.au

A: Level 5/10 Rudd St, Canberra ACT 2601

www.canberracommunitylaw.org.au

Provides you with free legal advice if you are having problems with housing ACT or a community housing provider in the ACT.

Next Door

P: 02 6185 2000

E: NextDoor@ywca-canberra.org.au

www.ywca-canberra.org.au/community-service/housing-support/

Next Door is a specialist service that empowers older women to access and maintain affordable, appropriate and safe homes in the ACT. Through Next Door, we provide a range of services and support for older women who are at risk of, or experiencing, homelessness. This support is tailored to each woman's individual needs.

OneLink

P: 1800 176 468

E: info@onelink.org.au

A: Nature Conservation House, 153 Emu Bank, Belconnen ACT 2617

www.onelink.org.au

OneLink provides information and connections for support services in the ACT, including services for families and young people, and services for people who are homeless or at risk of homelessness. Available every day via phone outside of public holidays. Saturday & Sunday 12.30-5pm, Monday - Friday 8am - 6pm.

Toora Women Inc.

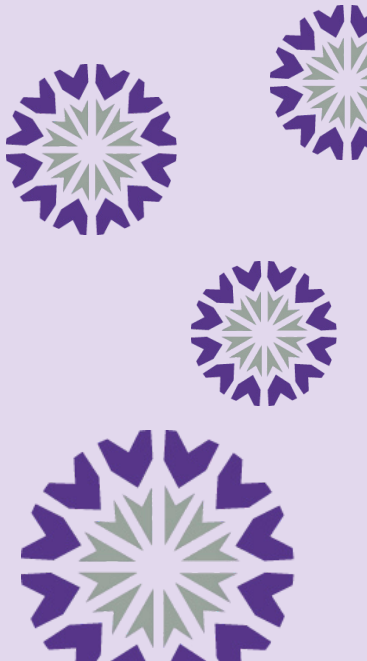
P: 6122 7000

E: TooraAdmin@toora.org.au

A: Community hub cnr Hilder & Suite, 4 Gritten St, Weston ACT 2611

www.toora.org.au

Provides a range of specialist services to women with complex issues who have experiences past or present traumas, such as: the impact of their own drug and alcohol use; domestic, family and sexual violence; homelessness with or without children; mental health issues; or the ACT corrections system.



Family help and support

Anglicare

P:
(02) 6245 7100 (Canberra Central Office)
(02) 6278 8400 (Canberra Regional Office)
E: reception@anglicare.com.au
A: GPO Box 360 Canberra ACT 2601
www.anglicare.com.au

Anglicare's mission is to tackle disadvantage, helping children and families break free from the cycle of poverty. Their work focuses on helping children, young people and families who are homeless or in crisis. They also support parents to make sure their children are school ready, and stay engaged with school and post-school training.

Child and Family Centres

Gungahlin: 6207 0120 51 Earnest Cavanagh
St, Gungahlin
Tuggeranong: 6207 8228
159 Anketell St, Greenway
West Belconnen: 6205 2904
6 Luke St, Holt

E: childandfamilycentres@act.gov.au
www.communityservices.act.gov.au/ocysf/childandfamilycentres

There are 3 Centres in the ACT, located at Tuggeranong, Gungahlin and West Belconnen. The Centres are staffed by multi-disciplinary teams and are designed to provide a range of support programs to assist parents and children. The services and support provided through the Centres focus on children pre-birth to 8 years; however, selected services can be offered to children up to 12 years of age.

Children, Youth and Families

P:
132 281 (General enquiries)
1300 556 728 (Mandated reporters)
E: cyf@act.gov.au
www.act.gov.au/act-child-youth-and-protection-services

CYF has a statutory responsibility to support children, young people and families requiring a care or justice response. We facilitate and coordinate services across government for the care and protection of children and young people believed to be at risk of harm.

Child At Risk Health Unit (CARHU)

P: (02) 5124 2712
A: Canberra Hospital, Building 3, Level 1
www.canberrahealthservices.act.gov.au

Provides consultation on health related concerns about children/young people suspected of being abused. A written referral is required from all health and other professionals where a clinical service is requested. CARHU is part of ACT Health's Division of Women, Youth and Children Community Health Programs based at the Canberra Hospital. The unit provides medical examinations, health screens, education, consultation and therapy for children and their families/carers where there are concerns of child abuse and/or neglect.

EveryMan

P: (02) 6230 6999

E: contact form on website

A: 20 Genge St, Canberra ACT 2601

www.everyman.org.au

Supports men with a range of issues, including homelessness, living with mental illness or disability, ex-prisoners, perpetrators or survivors of domestic and family violence, relationship parenting difficulties, depression and anxiety.

Karinya House

P: (02) 6259 8998 operates 24/7

E: info@karinyahouse.asn.au

www.karinyahouse.asn.au

A community based, not for profit organisation providing supported accommodation, transitional housing and outreach services to pregnant and parenting women and their families who are in crisis. The service operates 24/7 and offers a secure and caring environment to women who are pregnant or newly parenting, without appropriate support and accommodation. Services include accommodation and outreach services as well as casework support.

Marymead CatholicCare Canberra and Goulburn

P: (02) 6161 6100

E: enquiries@mccg.org.au

A: 255 Goyder St, Narrabundah ACT 2604

Delivers a range of family support services to children, young people and their families including counselling, early intervention programs, foster care, post separation support, family law counselling, parent education groups, mental health support programs and contact, and changeover services.

St Vincent de Paul Society Canberra/Goulburn

P: (02) 6282 2722

E: info.cg@vinnies.org.au

A: 2 Loch St, Yarralumla 2600 ACT

www.vinnies.org.au

Provides services to people at risk and currently experiencing homelessness, to people experiencing chronic and mental illness and a range of education services. Programs for disadvantaged youth and young carers are also offered.

Barnardos

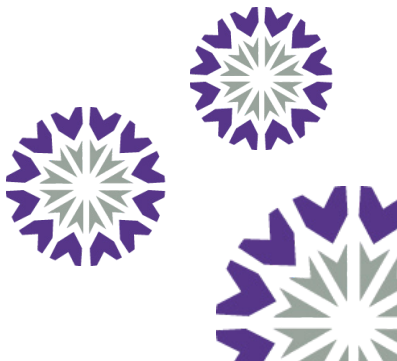
P: (02) 5134 6701

E: written enquiries can be submitted on website

A: 2 Atherton St, Downer 2602 ACT

www.barnardos.org.au

Barnados aim to end child abuse and neglect by supporting families to keep children and young people safe at home. They help children and young people who have experienced trauma, to recover and thrive and where there is a risk of abuse we find safe homes for them through foster care and open adoption.



Family violence and sexual assault

ACT Policing

P:
000 (emergencies or life-threatening situations)
131 444 (non-emergency police assistance)
1800 333 000 (Crime Stoppers)
www.police.act.gov.au

ACT Policing is the community policing arm of the Australian Federal Police (AFP). They are responsible for providing quality and effective policing services to the ACT. They do this in partnership with the community and the ACT Government. Their mission is to keep the peace and preserve public safety within the ACT

Beryl Women Inc.

P: 02 6230 6900
E: admin@beryl.org.au
www.beryl.org.au

Beryl is a specialist domestic violence service for women and children. We provide support, advocacy, case management in a trauma informed framework, crisis accommodation and outreach support for women and children experiencing domestic violence.

Victim Support ACT

P: 1899 8222 72
E: human.rights@act.gov.au
A: 56 Allara St, Canberra 2601 ACT
www.victimssupport.act.gov.au

Victim Support ACT delivers the Victims Services Scheme for the ACT Government. Our services are free and confidential for victims who have experienced crime in the AT. Victims of non-violent crimes such as burglary or motor vehicle theft are provided with up to two hours of support. Victims of violent crimes may be entitled to more extensive levels of service - depending on the impact the crime has had and the level of support they need.

Canberra Rape Crisis Centre (CRCC)

P:
02 6247 2525 (Crisis Support Line)
0488 586 518 (text only)
E: written enquiries can be submitted on website
www.crcc.org.au

The Canberra Rape Crisis Centre (CRCC) is a non-governmental organisation working to eliminate sexual violence against women, young people, children and men. The CRCC works collaboratively within service provision systems in the ACT to ensure that victims of sexual assault and their supporters receive appropriate services that are grounded in international guidelines for best practice in the treatment of sexual assault and child sexual assault trauma.

Domestic Violence Crisis (DVCS)

P: (02) 6280 900 (24/7 Crisis Line)
E: admin@dvcs.org.au
www.dvcs.org.au

Domestic Violence Crisis Service (DVCS) is an inclusive service working with children, young people and adults who experience violence and/or controlling behaviors in their relationships. DVCS provides crisis intervention via their 24/7 telephone line, access to emergency accommodation, legal advocacy, support to young people and their families, support to men address their use of family or domestic violence, support groups for women, men and children, security upgrades, safety planning, awareness, education and training.

YWCA Domestic Violence Support Service

P: 6185 2000

E: respect@ywca-canberra.org.au

A: Level 2, 71 Northbourne Ave, Canberra 2601

www.ywca-canberra.org.au/community-service/domestic-violence-support/

A free, confidential, non-judgemental outreach support to women and children experiencing domestic and family violence. Our domestic and family violence specialists provide information and advice, DV education, assess risk and plan for safety and other wrap around support and referrals to ensure safety and wellbeing. Open from 9am - 5pm, Monday - Friday.

Financial help

Canberra Community Law – Social Security Law

P: 6218 7977

E: info@canberracommunitylaw.org.au

A: Level 5/10 Rudd St, Canberra ACT 2601

www.canberracommunitylaw.org.au

Social Security Law is a specialist legal service of Canberra Community Law providing free, independent and confidential legal help. Social Security law can help you with Centrelink problems if you are living in the ACT.

Child Support

P: 131 272

www.servicesaustralia.gov.au/contact-child-support

The Child Support web page provides a range of information on how to apply, calculate and pay child support, as well as information for parents, non-parent carers and young people who are becoming independent.

Centrelink

P: 136 150

A: Service Centres in each town centre

www.servicesaustralia.gov.au/centrelink

The Centrelink web page provides information on payments and services to support you. This includes Youth Allowance, the Family Tax Benefit, Disability Support, JobSeeker and more.

Care Financial Counselling Service

P: 1800 007 007

E: admin@carefcs.org

A: Ground floor, 19-23 Moore St, Turner ACT 2612

www.carefcs.org/financial-counselling

Care's financial counselling program provides free, confidential and independent services to assist people experiencing financial difficulty. Our qualified and compassionate financial counsellors work with people to help them manage financial distress and debt. We can assist people to take control of their finances for now and into the future. We assist by giving information about financial matters, assisting to negotiate with creditors, assisting with budgeting and talking through the stresses of living on a low or restricted income.



Legal help

Aboriginal Legal Service

P:
for general enquiries - 1800 765 767
for police charges and Court matters - (02) 6120 8800
For Family Violence Prevention Unit - (02) 6120 8850
For Care and Protection and Family Law - 1800 733 233
E: written enquiries can be submitted on the website
A: Level 7, 17-21 University Ave, Canberra, ACT 2601
www.alsnswact.org.au

Provides legal advice in criminal law, care and protection, family law, domestic violence and civil law. They also support the development of wraparound programs such as; bail advocacy, Mental Health Advocacy and Referral service, Aboriginal Child and Family Advocacy and Referral Service, and community legal education, and undertakes broader policy and law reform work. The ALS continues to fight for the rights of Aboriginal and Torres Strait Islander peoples in NSW and the ACT.

Women's Legal Centre

P: 6257 4477 or 1800 634 669 (outside Canberra)
6257 4499 Advice Line 9:30am–12pm

E: contact form on website
A: PO Box 1726, Canberra City, ACT 2601
www.womenslegalact.org

Provides legal and non-legal advice, assistance and representation to women, particularly in the areas of family law, victims of crime, employment and discrimination. They also have an Aboriginal and Torres Strait Islander Access to Justice Program.

ACT Law Society

P: 6274 0300
E: mail@actlawsociety.asn.au
www.actlawsociety.asn.au

Represents, advances, and defends the interests of an independent legal profession in the ACT. The website provides a searchable database of all registered solicitors and law firms in the ACT.

Legal Aid ACT

P: 1300 654 314
E: legalaids@legalaidsact.org.au
A: 2 Allsop St, Canberra City ACT 2601

Provides free legal advice on family law, criminal law and some civil law matters. Legal Aid ACT's mission is to ensure people who need legal advice but are unable to afford a private lawyer can access legal help. Legal Aid ACT also includes a Community Liaison Unit, who can provide additional social and non-legal support.

Family Court of Australia and Federal Circuit Court of Australia

P: 1300 352 000 (Procedural NOT Legal Advice)
E: canberra@fcfcoa.gov.au
A: Nigel Bowen Commonwealth Law Courts,
Cnr University Ave & Childers St, Canberra

Supports families in the resolution of parenting and property matters according to law, promptly, courteously and effectively. The courts place a priority on the safety of individuals and families. Live chat, information about Safety Plans and other court procedures available on the website.

Out of home care

Barnardos Australia

P: (02) 5134 6701
E: canberra@barnardos.org.au
A: 2 Atherton Street, Downer ACT
www.barnardos.org.au/our-centres/canberra/

Offers family support, out-of-home care and supported accommodation services for disadvantaged children, adolescents and their families in the ACT,

Practical assistance

Access Canberra

P:13 22 81
www.accesscanberra.act.gov.au

Provide accessible and supportive front-door services that aim to support a safe and liveable city. Responsible for the registration of births, deaths, marriages, adoptions, change of name and sex, civil partnerships and civil unions that occur in the ACT. They can also assist with matters regarding city services, transport and consumer rights.





Published by the Family Law Pathways Network 2025

