



Urban Farmer's Insight



1634 N. 19th Ave Phoenix, AZ 85009

(480) 205-3590

www.weareufe.org

AFRICA UPDATES

What began as a dream of a sunflower field back in November 2023 has become a real-life sunflower field and the journey has been remarkable. In Likuni, Malawi Urban Farming Education-Dimba Project club members, club patrons, and community members have turned a neglected piece of land into something amazing. It all began with removing small trees and hoeing by hand the compacted, dry earth, weeding, and finally after the rains came we planted the first seeds on December 20, 2023. Despite challenges like standing water, the need to replant, and then an extended dry spell we didn't give up. Finally, on April 1st, 2024, the Likuni youth proudly harvested the first crop of sunflower heads and seeds.

For most of the Likuni community, this will be their first taste of freshly roasted sunflower seeds, offering a protein packed healthy snack option. Besides snacking, some of the seeds will be taken to the press to extract oil, and we've set aside the best ones for planting again. We even have extra seeds to sell and also give planting, harvesting and ways to prepare and eat the leaves, head and seeds. This achievement shows how teamwork, perseverance and our commitment to sustainable agriculture can create positive change and make big things happen in our community.



SCAN TO LEARN HOW TO DONATE
& SUPPORT MALAWI





April 2024 | Edition #5

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ARIZONA UPDATES

Chasse Building Team will be sponsoring 10 teachers to attend the Urban Farming Education Conference on June 10 and 11. Chasse Building Team has partnered with Urban Farming Education on more than one occasion to help with garden intalls.



Snooze Eatery donated the funds necessary for a garden install at Spitanly STEAM Academy. The garden install will be on April 11 and include Snooze employees, UFE team members and staff from Spitanly.





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GROWING SCHOOL GARDEN SUMMIT IN SAN DIEGO

Mike McMahon Urban Farming Education's founder presented a lighting talk at this year's conference. During his presentation, Mike presented an overview of our projects in Arizona and Africa and how we have grown to make them more sustainable. The Urban Farming Education also had the opportunity to visit Life Lab in Northern California.

VALENCIA NEWCOMERS GARDEN INSTALLATION



Valencia Newcomers garden installation on March 9, 2024.





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2024 UFE PD CONFERENCE ANNOUNCEMENT

UFE IS HOSTING A 2-DAY PD CONFERENCE IN JUNE!
ALL PARTICIPANTS WILL BE TRAINED IN THE FOLLOWING

- ✓ Our Plot of Sunshine
- ✓ Composting, Vermiculture & Microgreens



Monday & Tuesday, June 10th & 11th



8 AM - 4 PM



Phoenix | Venue - TBD

LEARN ABOUT OUR STEM GARDEN GIVEAWAY!

CONTACT **DR. JOE ROSELLE** FOR MORE INFORMATION



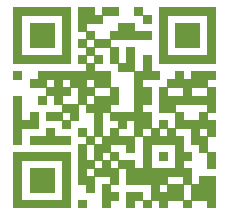
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