



Anne Dancey
PLASTIC SURGERY

Post-Operation Instructions for Labiaplasty Procedures

Sutures

The incision is closed with a dissolvable suture that do not require removal. They will simply fall out after 2-3 weeks when the incision has healed.

Dressings

I use a vaseline and pad dressing. There is likely to be a small amount of bleeding for up to a week after surgery and a sanitary towel will absorb this. You can shower as often as you like, but I would avoid baths until the area has completely healed. Bruising and swelling are normal and will resolve after 2 weeks.

Medication

The hospital will discharge you with analgesia and antibiotics. The antibiotic course is for 5 days. If you tend to get thrush then it is worth having a course of over the counter tablets and cream at home if you have a flare up.

Follow up

Before you are discharged from hospital you should be given a follow up appointment with the nurse after 1 week. I normally see you in clinic between 4 and 6 weeks, although I will see you sooner if you have any problems. You should also be given some contact numbers in the event of any problem. If you have any questions or concerns about your recovery, please do not hesitate to email me (anne@annedancey.co.uk) and I will endeavour to get an answer to you the same day. Obviously, if it is more urgent then please contact the ward or clinic on the hospital numbers you will be provided with. In the unlikely event of an emergency, you must phone the hospital or visit your closest NHS Accident and Emergency (A&E) Department.



I hope you find this information useful. If you have any questions or require a little more information then please do not hesitate to [contact me](#).

Anne Dancey

Plastic and Reconstructive Surgeon