GRADES 1-3

Personal Information

Dear Families and Caregivers,

We are beginning a series of lessons on **Personal Information** — what it means to know which parts of our lives are private, and how we keep them safe online. Children learn that some things about us are private, and that keeping them close is one way we look after ourselves and the people we love. The lesson carries that idea into the digital world.

What We Are Learning

Your child will explore three ideas:

- **Private Information:** Some things about us — like our full name, home address, or phone number — are private and should be kept safe.
- **Safe Sharing:** Learning the difference between what is okay to share (a favourite colour or animal) and what to keep private.
- **Asking First:** Always checking with a trusted adult before sharing any information about themselves online.

Why This Matters

Young children are just beginning to use devices, games, and apps — and they are often asked to share information without understanding why it matters. Learning early to pause and protect what is private is one of the first and most important online safety skills.

In close-knit communities, our information often connects to our families too. Helping your child protect what is private is a way of caring for the whole family.

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Continuing the Conversation at Home

TRY THIS AT HOME

One Thing to Try Together

Sit down with one game or app your child uses and look at what it asks for — name, birthday, photo, location. Pick one thing you can leave blank or change to a nickname, and do it together.

ROOTED IN COMMUNITY

Connecting to Community Values

- If it feels right, talk together about things that are kept private or protected in your family, and why.
- If your family or community has a word for 'private' or 'keeping safe', it may be a helpful way to talk about what that looks like online.
- Talk about who the trusted people are in your child's life that they can always go to with a question.

Questions to Ask Your Child

> *"What is something private about you that you would keep safe?"*
>
> *"If a game asked for your full name or where you live, what would you do?"*
>
> *"Who is a trusted adult you would ask before sharing something online?"*

If Your Child Is Asked for Personal Information Online

- Remind them it is always okay to say no and to come and ask you first.
- Reassure them they will not be in trouble for asking — checking first is exactly the right thing to do.
- Please reach out to us at school any time, and we will help support your family.

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Thank you for partnering with us to help your child navigate the digital world with care and confidence. Please reach out any time if you have questions.

With respect and gratitude,

Your School Team

TEACHER

DATE

This resource was created with guidance from Indigenous advisors and consultants across diverse communities within their traditional territories and ancestral homelands. As development continues, we are committed to incorporating distinct First Nations, Métis, and Inuit perspectives. To learn more about our journey and commitment, visit **cyberlegends.com/products/indigenous-program**.

Let's keep the conversation going.

HAVE FEEDBACK?

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AT-HOME RESOURCES

dashboard.cyberlegends.com

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