INDIGENOUS EDUCATION PROGRAM

Personal Information



LESSON 1 · RECOGNIZING PERSONAL INFORMATION

Grades 1–3

2 LESSONS

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LESSON 1 · LEARNING GOAL

Recognizing Personal Information

We are learning to identify what personal information is, telling the difference between what is safe to share and what should be kept private.



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SUCCESS CRITERIA

We can...

1

name examples of personal information that are safe to share, hobbies, favourite colours, interests, and information that should be kept private, like a home address, phone number, or password.

2

sort different types of personal information into "keep it private" and "probably safe to share", and explain our thinking to others.

3

describe why some information needs to be kept private, understanding that protecting it is a way of caring for ourselves and the people in our lives.

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MINDS ON

What makes you, you?

Think about the things that make you **who you are.**

Picture them quietly… then share with your elbow partner.



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LET'S TALK



What is something you love to share about yourself with new friends?

Who are the people you share your most private things with? Why do you trust them?

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LET'S TALK

Some things are easy and joyful to share. Other things we hold close.

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TEACH

What is personal information?

Any information that describes **who we are, where we live, how to contact us,** or what belongs to us.



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Safe to share, or keep it private?

SAFE & JOYFUL TO SHARE

Favourite colour, food, animal, or sport

Hobbies and interests

What you like to do after school

PRIVATE, PROTECT IT

Home address

Phone number

Passwords

School name and location

Birthdate

Photos that show where you live or spend time

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KEY IDEA

Private information is not secret because it is shameful. It is private because it is valuable , and protecting it is how we care for ourselves and the people we love.

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ACTIVITY TIME!

Keep It Private! Sorting

Sort each one into **safe to share** or **keep it private** , then tell us *why* you sorted it that way.



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TEACH

Protecting information is caring for people

Private information belongs to us **and to the people we love.**



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Why we protect it

If someone online knows your **address**, they know where to find you, and the people in your home.

If someone knows your **password**, they can pretend to be you.

If someone knows your **school and daily schedule**, they know when and where to find you.

Protecting this information is **an act of care**, for ourselves and for our families.

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LET'S TALK

If a stranger asked you for your address in real life, what would you do? What if they asked online?

Why might it be easier to accidentally share too much online than in person?

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EXIT TICKET

One piece of personal information that is safe to share.

One piece of personal information that should be kept private.

One reason why protecting private information is a way of caring for others.

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END OF LESSON 1

Great thinking today!

You can name what's safe to share, what to keep private, and why protecting it is a way of caring for others.

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LESSON 2 · 30–40 MINUTES

Making Thoughtful Choices About Sharing

Trusted people, strangers online, and the questions we ask before we share.

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LESSON 2 · LEARNING GOAL

Making Thoughtful Choices About Sharing

We are learning to make thoughtful decisions about what to share online, sharing with trusted people can strengthen relationships, while private information stays safe.



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SUCCESS CRITERIA

We can...

1

explain the difference between sharing personal information with trusted people in our lives and sharing it with strangers online, and why that matters.

2

identify trusted adults we can go to for help if someone online asked us to share personal information we are unsure about.

3

make a thoughtful choice about what to share online, recognizing that the same information can be safe in one situation and unsafe in another.

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MINDS ON

Who do you trust?

Think about the people in your life you trust **most.**

Reflect quietly… then share with a partner.



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LET'S TALK



Who are three people in your life you trust completely? What makes you trust them?

If you met someone online who seemed really nice, would you trust them the same way you trust your family or a close friend? Why or why not?

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REMEMBER

Trust is earned over time , through real relationships, not friendly messages.

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TEACH

The same information can be safe or unsafe, depending on who asks

Sharing with a trusted person is **different** from sharing the same thing with a stranger online.



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Same information, who is asking?

SAFE

Telling your grandmother your phone number.

NOT SAFE

Typing your phone number into an online form you found in a game.

SAFE

Telling your best friend, who you know in real life, where you live.

NOT SAFE

Telling someone in an online game where you live because they asked.

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Same information, who is asking?

SAFE

Sharing a photo of your pet with family.

NOT SAFE

Sharing photos that show your address or school with someone you only know online.

KEY MESSAGE

The question is not just *what* you share, but *who* you share it with, and *why* they are asking.

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BEFORE YOU SHARE

Ask yourself three questions

1

Do I know and trust this person in real life?

2

Would a trusted adult say it is okay to share this?

3

If I am not sure, what should I do?

Stop, and ask a trusted adult.

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TEACH

Strategies for staying safe

What you can do if someone online asks for information you are **unsure about.**



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WHAT TO DO

Stop · Think · Ask

Stop

Do not type anything yet.

Think

Do I know this person? Would a trusted adult say this is okay?

Ask

Go to a trusted adult and tell them what happened.

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REMEMBER

It is never wrong to ask for help.

Trusted adults are there to help, not to take away your device or get you in trouble.

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STORY · WHAT WOULD YOU DO?

Avery is playing an online game he loves. A player they have never met starts asking questions: what school do they go to, what is their address, and can they share a photo? They are having fun and do not want to seem rude, but something feels off.



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What would you do?

How do you think they are feeling right now?

What are the warning signs in this story?

What should they do? What would *you* do?

Who could they go to for help?

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They can...

Stop

Stop before sharing anything.

Trust

Trust the feeling that something is off.

Tell

Go to a trusted adult.

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ACTIVITY TIME!

Safe? Not safe?

Thumbs up if it's safe. **Thumbs down** if it's not, then tell us why.



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SAFE? OR NOT SAFE?

SAFE A friend from school messages you in a game asking what your favourite colour is. A friend from real life, and favourite colour is not private.

NOT SAFE Someone you only know from an online game asks for your home address so they can send a gift. You don't know them in real life, and your address is private.

NOT SAFE An app asks you to create an account and wants your full birth date and phone number. Not safe without checking with a trusted adult first.

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SAFE? OR NOT SAFE?

SAFE You want to post a photo of your new pet online. Likely safe if the photo does not show your address or location, but check with a trusted adult about what and where you are posting.

NOT SAFE Someone in a game says they are your age and asks for your school name because they think they go there too. You cannot verify who this person is, and school location is private.

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LET'S DEBRIEF

What made this safe, or not safe?

And what would you do next?

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CLOSING REFLECTION

What is one piece of personal information you will be more thoughtful about from now on?

What is one question you will ask yourself before sharing something online?

Who is a trusted adult you can go to if something online ever feels wrong?

What is one thing from our community's values that can help you make good decisions online?

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EXIT TICKET

Describe a situation where the same information could be safe to share with one person and unsafe with another.

Name two trusted adults you could go to if someone online asked you to share private information.

What would you do if someone in an online game asked you for your home address?

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END OF LESSON 2

That’s all for today’s lesson!

You're one step closer to becoming a Cyber Legend.

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