



LGBTQIA+ Resource Guide



**PENNY LANE
CENTERS**
Transforming lives

Hotlines:

The Trevor Project

- Trevor Lifeline (24/7 suicide prevention hotline for LGBTQ transitional aged youth)
 - 1-866-488-7386
- Trevor Text (24/7 Suicide Prevention Text Line)
 - text TREVOR to (202) 304-1200
- Trevor Chat (24/7 Online chat Suicide Prevention with counselor)
 - www.thetrevorproject.org
- Trevor Space: online support group for LGBTQ transitional aged youth
 - www.trevorspace.org
- Volunteer opportunities available

CA Youth Crisis Line

- Population: TAY (12-24 yrs old) and families
- 1-800-843-5200
- 24/7 Crisis Line with Referral Services

Trans Lifeline

Services: Peer Support Hotline and Suicide prevention; provides small grants and guidance in legal name and gender change;

- Available 7am-1am PST/ 9am-3am CST/ 10am-4am EST
- 1-877-565-8860
- www.translifeline.org

Mental Health

Coalition for Family Harmony

Domestic Violence and Sexual Assault

Services: 30-day emergency DV shelter, rape crisis center; batterer's intervention program (voluntary/court-mandated men, women, and male youth batterer support group in English and Spanish); individual and group counseling to SA and DV survivors/perpetrators; SA/ DV legal services; Family Harmony program focused on positive parenting; LGBTQ+ general counseling (individual/group)

- Languages: Spanish, English
- Office Number: (805) 983-6014
- 24/7 Hotline: 1-800-300-2181
- 1030 N. Ventura Rd., Oxnard, CA 93030

LGBTQ Center of Long Beach

- HIV testing and counseling: M-F 10am-8:30pm, Sat. 10am-3:30pm
- STI Screening and Treatment: Tues. and Thurs. 12pm-2:30pm, 4pm-7pm
- Counseling for PTSD, anxiety, depression, etc.
 - Individual, couple, group, family for age 13+
 - Intake number: 562-434-4455, ext. 228
 - Fee is on sliding scale
- Volunteer opportunities
- Free legal clinic on Wednesdays and Fridays
- Intimate Partner Violence/ Domestic Violence
 - Call 562-434-0257
 - Counseling (group/individual), shelter referral, legal and LE advocacy
- General Number: (562) 434-4455
- 2017 E. 4th Street, Long Beach, 90814

One Step a la Vez

- Teen (13-19) social and advocacy agency that serves low income
- Languages: Spanish English
- Different programs offered:
 - One Step Teen Center (after school program)
 - One Step Adelante (youth volunteering)
 - One Step Print Shop (youth work opportunity)
 - Circle of Care (monthly community collaborative meetings on the 6th)
 - One step Home (support for homeless teen and young adults)
 - Community and Cultural Center (classes and parent support groups)

- Apoyo Para Sobrevivientes (DV survivor case management and support)
- Food Access Program (daily hot meals for teens and bi weekly food pantry)
- Project Pride- LGBTQ teen support group Wednesdays 7pm-9pm
- One Step Center: Monday-Friday 1pm-7pm; (805) 625-7066
- Business Phone: (805) 625-7067
- 421 Sespe Avenue, Fillmore, CA 93015

The Trevor Project

- Trevor Lifeline (24/7 suicide prevention hotline for LGBTQ transitional aged youth)
 - 1-866-488-7386
- Trevor Text (Suicide Prevention Text Line)- text TREVOR to (202) 304-1200
 - Available everyday between 6am-1am ET/ 3am-10pm PT
- Trevor Chat (Online chat Suicide Prevention with counselor)
 - Available everyday between 6am-1am ET/ 3am-10pm PT
 - www.thetrevorproject.org
- Trevor Space: online support group for LGBTQ transitional aged youth
 - www.trevorspace.org
- Volunteer opportunities available

Diversity Collective

- Monday: Free HIV Screening every 3rd Monday 1pm-5pm, call (805) 655-3193
 - Andrew Wade Friendship Foundation- Free young adult survivor of suicide or overdose loss support group every 1st Monday at 7pm in Community Room
- Tuesday: Diversity Toastmasters- 1st and 3rd Tuesday at 6pm in Community Room to increase public speaking skills in a peer group;

- Trans Alliance Ventura- peer support group every other Tuesday in Conference Room
 - (805) 330-1304
- Wednesday: PFLAG every 4th Wednesday at 7pm in Community Room
- Thursday: Thrive LGBTQ- 5pm Yoga, 6pm Guided Meditation, and 7pm Community Conversation for ages 21+ in Community Room; free but asks for \$10 donation if possible
- Friday: Rainbow Umbrella Youth Group for peers age 13-23 from 5:30-7:30pm in Community Room
- (805) 836-0099
- Languages: Spanish, English
- Sunday: LGBTQAA at 11am in Community Room
- Number: (805) 644-5428
- Address: 2471 Portola Rd., Ventura, CA 93003
- <http://www.diversitycollectivevc.org/>

Children's Hospital of LA: The Center for Transyouth Health and Development

Services: Hormone Replacement Therapy, Mental Health services through Los Angeles Department of Mental Health, family support services affiliated with Transforming Family (parents of gender non-conforming youth facilitation, teen rap group mixed with Transgender adults for role modeling, and child play group), and HIV prevention and peer support services

- Additional **Services:** high risk youth, runaway youth, substance abuse, Transitional Age Youth (TAY)
- Age Range: youth until 24yrs old
- Prefers PPO insurance
- Languages: English, Spanish
- Address: 5000 Sunset Blvd., 4th Floor, Los Angeles, CA 90027
 - Number: (323) 361-5372

Lisa's Place (Santa Barbara Transgender Center)

- Transgender 18 years old and over Support Group Thursdays and Saturdays from 4pm-8pm
- Trans Youth/Teen Support Group every first Saturday from 2p-4pm
 - Family/Caregiver of Trans Youth/Teen Support group at the same time
- 2101 State Street, Santa Barbara (First Congregational Church)
- Number: (805) 364-2185
- Email: kathy@sbtan.org

Rainbow Resilience (The New Beginnings Center)

- Adult LGBTQIA+ support group
- Mondays 7pm-830pm
- Sliding scale fee
- Address: 155 Granada Street, Suite N, Camarillo
- Number: (805) 987-3162
- Email: info@thenewbeginningscenter.com

Ventura Counseling Wellness and Center

Individual and couple counseling, parenting education, support groups, mind/body wellness workshops, meditation, LGBTQ Groups

- Address: 5450 Ralston Street, Suite 101, Ventura, CA 93003
- Number: (805) 620-8046
- Email: info@venturacwc.org

The Village Family Services

Services: outpatient mental health for youth and families; adoption and foster care, trauma therapy, substance abuse, emergency and transitional housing

- Insurance: MediCal and undocumented people
- Languages: Spanish and English
- Specific LGBTQ Person of Color Clinician:

- Christian Citlali, ASW: Runs a Trans Support Group for Teenagers every Tuesday at 5:30pm
- Drop-In Center:
 - Population: LGBTQ TAY (14-25)
 - Monday-Friday 10am-5pm
 - Vocational support, education support, art and fitness, life skills, individual counseling, peer support groups, housing support, substance recovery

OUTreach Center- resource for SPA 1

Organization Services: The OUTreach Center in Antelope Valley is dedicated to serving the LGBTQ+ community, their friends, and families. We promote education, support, and engagement for a more inclusive society. Providing community outreach programs, events, and collaborations to foster understanding and acceptance.. Supportive services include peer support groups and referrals to help individuals navigate life challenges.

- Location: SPA 1, 44845 Cedar Avenue, Lancaster, CA 93534
- Phone: (661) 92-PRIDE (661-927-7433)
- Email: info@outreachcenterav.org
- Website: outreachcenterav.org
- Support Groups & Programs
 - Women's Group: A welcoming space for anyone who identifies with womanhood within the LGBTQ+ community. Occurs on the 1st and 3rd Friday of every month.
 - Men's Group: A welcoming space for anyone who identifies with manhood within the LGBTQ+ community. Occurs on the 1st and 3rd Saturday of every month.
 - 50+ Group: Support for LGBTQ+ individuals aged 50 and above. Occurs on the 4th Friday of every month.
 - Trans & Gender-Nonconforming Support: A group providing support for transgender and gender-nonconforming individuals. Occurs on the 2nd and 4th Saturday of every month.

- Choir: The choir group welcomes anyone in our community seeking camaraderie and connection through music. We meet every two weeks to lift our voices and spirits in song. Every 2nd Thursday and 4th Wednesday.
- GetOUT: A program aimed at empowering LGBTQ+ to attend activities promoting wellness and community. Events are located on website calendar when scheduled.
- BreakOUT Youth: Youth-focused support and activities program aimed at empowering LGBTQ+ youth aging 14-17. Group meeting are on the 2nd Saturday of every month.
- Game Night: Social gatherings featuring both board games and video games. Occurs every Tuesday weekly.
- Elevate Leadership Network: Elevate Leadership Network is The OUTreach Center's dynamic LGBTQ+ networking and leadership program, built to connect and uplift queer professionals and emerging leaders.. Events are located on website calendar when scheduled.

OUTreach

- Drop in LGBTQ+ teen group (13-18)
- Begins 10/4/18; first Thursday every month 6:30pm-8:30pm
- 3331 Old Conejo Road, Newbury Park (Conejo Valley Unitarian Universalist Fellowship)
- (805) 498-9548; CVUUFOUTreach@gmail.com

St. John's Well Child & Family Center

- Medical **Services**: Prep/PEP, HIV/HCV/STI Testing and Treatment
- Homeless Program: medical check-ups, TB screening, substance abuse screening and counseling, case management, housing, needs assessment, mental health, health education
 - mobile clinic, call number to ask for hours/locations

- Transgender Program: medical, mental health for self and families, transition services, legal assistance with name/gender change
- Fees/Insurance: free for those without insurance or ability to pay, sliding scale, MediCal, Medicare, many other insurances
- Locations: 12 Community Health Centers and 5 School Based Health Centers in LA, Compton, Rancho Dominguez, Lynwood
- Number: (323)541-1411
- <http://www.wellchild.org/>

Los Angeles LGBT Center

General Services: primary healthcare, mental health (individual and groups), PEP/PrEP, substance abuse, homeless, housing, LGBTQ youth and elderly, HIV/AIDS/STI testing and treatment, case management, legal assistance, asylum assistance, domestic violence/intimate partner violence

- Groups: quit smoking, sexual abuse survivors, anger management, healthy relationships, primary aggressors, hope coping skills, trauma recovery, transgender, 12 step recovery (Alcohol, crystal meth, marijuana, narcotics, overeaters, sex/love addicts, sex compulsives, under earners)
- Drop-In Center
 - (323) 993- 7400
- Trans Lounge
 - Binder Exchange Program: for people who cannot afford a binder over the age of 18yrs old
 - › Determine size of binder on website: <https://translounge.org/binder-exchange/>
 - › Contact Trans* Lounge Program Manager at gbrigham@lalgbtcenter.org or find applications at the LA LGBT Center's Village at Ed Gould Plaza
 - Transgender Support Group:
 - › Transgender Perceptions: Fridays 8pm-9:30pm at The Village at Ed Gould Plaza

- › Life Works- Trans: A Group at The Village at Ed Gould Plaza
- › Age 12-24
- › Mondays 6-8pm
- › 323-860-7373 or lifeworks@lalgbtcenter.org
- Address:
 - Anita May Rosenstein Campus: 1118 N. McCadden Pl., LA 90038
 - McDonald/Wright Building: 1625 N. Schrader Blvd., LA 90028
 - › DV, Health Services
 - › Monday-Friday 9am-9pm, Saturday 9am-1pm
 - The Village at Ed Gould Plaza: 1125 N. McCadden pl., LA 90038
 - › HIV/AIDS, groups/meetings, housing
 - › Monday-Friday 6pm-10pm, Saturday 9am-5pm
 - LA LGBT Center-WEHO: 8745 Santa Monica Blvd., 2nd Fl, west Hollywood 90069
 - › HIV/STD testing and treatment, PEP/PrEP
 - › Monday-Friday 11am-2pm, 4pm-7pm; Every fourth Wednesday of even numbered months 11am-2:30pm
 - Mi Centro: 553 S. Clarence St., LA 90033
 - › Legal and immigration, senior services, transgender services
 - › Monday- Friday 9am-5pm
- Number: (323)933-7440
- <https://lalgbtcenter.org/>

FFLUID

- Community support group for LGBTQ people and their loved ones (previously PFLAG)
- Every 3rd Thursday at 7pm
- Location: United Church of Christ, 370 Royal Avenue., Simi Valley 93065
- <https://fffluid.org/>

Journey Out (formerly Mary Magdalene Project)

Services: prostitution diversion program, domestic minor sex trafficking prevention and intervention programs, direct street outreach, community and agency trainings, mental health services, free clothing, job training, family reunification, survivor mentorship, emergency housing referrals, art therapy

- Drop-In Center (MUST CALL FIRST for intake)
 - food, mental health, clothing, resume building, GED books
 - Hours of Operation: Monday through Thursday
 - Monday, Wednesday Thursday are intakes 11am and 12pm; ask for Jessica if need Spanish speaking intake
- Population: adult victims of sex and human trafficking (no youth or CSEC)
- 7136 Haskell Avenue, Suite 125, Van Nuys, 91406
- 818-988-4970
- <https://journeyout.org/>

Bienestar

- HIV and HEP C Testing
 - Participating Locations: East LA, Hollywood, Long Beach, Pomona, San Fernando Valley, South LA
 - Times: Monday-Friday 10am-6:30pm
 - Can walk in for HIV testing but preferred to call ahead; must call ahead for HEP C testing
- HIV Treatment: East Los Angeles location on Fridays from 8am-5pm
- STI Testing
 - Participating location: Long Beach
 - Call ahead for appointment
- Mental Health Outpatient: all locations with some specializations in HIV/AIDS, transgender clients, and general
 - Support groups (both English and Spanish options): LGBTQ Youth, Gay and Bisexual

Men, People living with HIV/AIDS, People dealing with Substance abuse disorders, LGBTQ Spanish Speakers, PFLAG, Transgender women

- Substance Abuse programs available at East LA, South LA, and San Fernando Valley locations
- Emergency shelter and food bank with focus on people with HIV/AIDS
- Hours of Operation: 10am-7pm
- Addresses:
 - East LA: 5326 E. Beverly Blvd., LA 90022
 - El Monte/AHF Clinic: 3131 Santa Anita Ave., Ste 109, El Monte 91733
 - Hollywood: 4955 W. Sunset Blvd., LA 90027
 - Long Beach: 1464 Cherry Ave., Long Beach 90813
 - Pomona: 180 E. Mission Blvd., Pomona 91766
 - San Fernando Valley: 8134 Van Nuys Blvd., Ste 200, Panorama City 91402
 - South LA: 130 W. Manchester Ave., LA 90003
- Number: (866) 590-6411
- <https://www.bienestar.org/>

Pacific Lodge youth Services

Services: residential and outpatient mental health, wrap around services, foster and adoption services

- 4900 Serrania Avenue, Woodland Hills 91364
- (818) 347-1577
- <https://locator.lacounty.gov/dmh/Location/3181262/pacific-lodge-youth-services>

National Alliance on Mental Illness (NAMI)

- **Ventura County**
- Groups for People with Mental Illness (English)
 - NAMI Office: 555 Airport Way, Suite F, Camarillo 93010

- Every 3rd Wednesday at 7pm-8:30pm
- Groups for Family Members of Loved Ones with Mental Illness (English)
 - NAMI Office: 555 Airport Way, Suite F, Camarillo 93010
 - › Every 2nd Tuesday at 5:30pm
 - Kaiser Community Room: 145 Hodencamp Road, Thousand Oaks 91360
 - › Every 1st and 3rd Monday at 7pm
 - Bible Fellowship Church: 6950 Ralston Street, Room 302, Ventura
 - › Every 1st and 3rd Tuesday at 6:30pm
 - Clinicas del Camino Real: 1424 Madera Road, 2nd Floor, Simi Valley 93065
 - › 1st and 3rd Thursday at 6:15pm
- Groups for Family Members of Loved Ones with Mental Illness (Spanish)
 - The Wellness Center: 2697 Saviers Road, Oxnard 93030
 - › Every 1st and 3rd Tuesday at 6:30pm
- Information and Referral Help Line: (805) 500-6264
 - Monday-Friday 9am-5pm
- Main Number: (805) 641-2426
- <https://namiventura.org/>

• **San Fernando Valley**

- Groups for People with Mental Illness (English)
 - West Valley Mental Health Center: 20151 Nordhoff Street, Chatsworth 91311
 - › Every Monday at 7pm-8:30pm
 - Kaiser Group Room: 21263 Erwin Street, Woodland Hills, 91367
 - › Every Saturday at 10:30-12pm
- Groups for Loved Ones with Mental Illness (English)
 - SFV Community Mental Health Inc. Center for Family Living: 14545 Sherman Circle, Van Nuys 91405

- › Every 1st Wednesday at 7pm-8:30pm
- › Every 2nd/4th Wednesday at 7pm to 8:45pm
- Northridge Hospital Medical Center: 18300 Roscoe Blvd., Northridge 91325
 - › Every 1st/3rd Thursday at 7pm-8:45pm
 - › Every 3rd Tuesday at 7pm-8:30pm
 - › Every 1st Monday at 7pm-8:45pm
- West Valley Christian School: 22450 Sherman Way, West Hills 91307
 - › Every 2nd and 4th Monday at 7pm-9pm
- Santa Clarita Mental Health Clinic: 23501 Cinema Drive, #210, Santa Clarita 91355
 - › 1st and 3rd Tuesday at 6:30pm-8pm
- Groups for Loved Ones with Mental Illness (Spanish)
 - Valley Community Healthcare: 6801 Coldwater Canyon Avenue, North Hollywood 91605
 - › Every 2nd/4th Thursday at 6:30pm-8pm
 - Olive View Community Mental Health Urgent Care Center: 14659 Olive View Dr., Sylmar 91342
 - › 1st and 3rd Tuesday at 6:30pm-8pm
 - › Call (818) 994-6747 for Groups in Spanish
- Office Number: (818) 407-3224
- Information and Referral Helpline: (818) 994-6747
- 20151 Nordhoff Street, Chatsworth 91311
- <http://www.namisfv.org/>

Penny Lane

Services: Foster and adoption, mental health outpatient, residential programs, LGBTQ Advocacy and support groups, substance abuse treatment, transitional housing, employment services (job skill training)

- TAY Drop-In Center (age 16-25)

- 5628 E. Slauson Avenue, Commerce 90040
- (323) 318-9960
- 43520 Division Street, Lancaster 93535
- (661) 266-4783

EDGY Conference: an opportunity for youth serving professional to build awareness and cultural competency, learn current and emerging best practices and gather resources from leading experts and national organization in the field.

Garden Party: an annual fundraiser to help support penny lane LGBTQ+ programs and other initiatives to build a brighter future for LGBTQ+ youth and families

Embracing Identities: a program that serves LGBTQ+ 16-25 in providing resources and support groups. This program also offers training to provider in spa 3 & 7 to learn more about the LGBTQ+ community. (full day training)

- Headquarters Number: (818) 892-3423
- Headquarters Address: 15305 Rayen Street, North Hills 91343
- <https://www.pennylane.org/pennylane/>

Beachside Therapy and Assessment Center

Services: outpatient therapy for all areas including LGBTQ identities

- Takes most insurances including Kaiser and MediCal
- 2 Locations:
 - Address: 3160 Telegraph Road, Suite 200, Ventura 93003
 - Number: (805) 642-4611
- Address: 152 South Lasky Drive, Suite 208, Beverly Hills 90212
- Number: (310) 256-2344
- Bell flower
- 2002 toyato collar
- Smog check

- <http://www.beachside-therapy.com/>

St. Joseph Center

Services: inpatient and outpatient mental health and substance abuse, housing assistance

- Address: 204 Hampton Drive, Venice
- Number: (310) 396-6468
- <https://stjosephctr.org/>

Transgender Wellness Center

- Drop-In Legal Clinic: name and gender change assistance, financial coaching, employment resources
 - Fridays 11am-6pm
- Transgender Support Group
 - TransAction: Transgender women
 - Mondays, Wednesdays, Fridays 1pm-3pm.
- Can We Talk?: Transgender professionals discussion group
 - Every 2nd Thursday 7pm-8:30pm for adults
 - Call ahead: (323) 933-2989
- Tool Box 2.0: Trans Masculine
 - Every other Friday 5:30pm-7:30pm
- Address: 3055 Wilshire Blvd., Suite 360, LA 90010
- Hours of Operation: Monday through Friday 11am-6pm
- Number: (323) 933-2900
- transwellness@lalgbtcenter.org

The Catalyst Foundation

Services: medical care, medication assistance, HIV and Hep C testing and counselling, mental health care, nutritionist services, case management, food programs, housing assistance, food vouchers, emergency housing, transportation, legal services, financial literacy building, support groups

- Population: homeless, low-income, uninsured, underinsured, post-incarcerated, people with HIV/AIDS or HEP C

- Address: 44758 Elm Avenue, Lancaster
- Number: (661) 948-8559
- <http://www.catalystfdn.org/>

Emergency Shelter

Coalition for Family Harmony

Domestic Violence and Sexual Assault

Services: 30-day emergency DV shelter, rape crisis center; batterer's intervention program (voluntary/court-mandated men, women, and male youth batterer support group in English and Spanish); individual and group counseling to SA and DV survivors/perpetrators; SA/DV legal services; Family Harmony program focused on positive parenting; LGBTQ+ general counseling (individual/group)

- Languages: Spanish, English
- Office Number: (805) 983-6014
- 24/7 Hotline: 1-800-300-2181
- 1030 N. Ventura Rd., Oxnard, CA 93030

Interface Children and Family Services

- Mental Health services these areas:
 - Mental health of children, youth and families affected by family violence, child abuse and neglect, sexual abuse, victims of crime, and trauma, as well as children who are experiencing difficulties succeeding in family, school or peer settings
 - Positive Parenting Program- Parents of kids (0-5yrs old) with disruptive behaviors
 - Parent-Child Therapy: parents and kids (2-8yrs old)
 - Youth Crisis Intervention: support to transitional age youth in need
 - Street outreach, emergency shelter, case management
 - Ventura County Project to Support Reentry collaboration (adults)
 - Women Domestic Violence Support Group

- Human Trafficking Support
 - Crisis intervention, advocacy, outreach, and emergency shelter
- Safe Haven Emergency Shelter (30 Days)- survivors and their children
 - Safe Journey Transitional Shelter- people transferred from Safe Haven
 - Pets allowed
 - Youth shelter (ages 12-17)
- Main Office: 4001 Mission Oaks Avenue, Suite I, Camarillo
 - (805) 485-6114
 - Call this number for Mental Health Services
 - Other offices in Thousand oaks, Moorpark, Oxnard, Santa Paula
- 24/7 Youth Crisis Line: (805) 469-5882
- 24/7 Domestic Violence and Human Trafficking Hotline: 1-800-636-6738

Los Angeles LGBT Center

General Services: primary healthcare, mental health (individual and groups), PEP/PrEP, substance abuse, homeless, housing, LGBTQ youth and elderly, HIV/AIDS/STI testing and treatment, case management, legal assistance, asylum assistance, domestic violence/intimate partner violence

- Groups: quit smoking, sexual abuse survivors, anger management, healthy relationships, primary aggressors, hope coping skills, trauma recovery, transgender, 12 step recovery (Alcohol, crystal meth, marijuana, narcotics, overeaters, sex/love addicts, sex compulsives, under earners)
- Drop-In Center
 - (323) 993- 7400
- Trans Lounge
 - Binder Exchange Program: for people who cannot afford a binder over the age of 18yrs old

- › Determine size of binder on website: <https://translounge.org/binder-exchange/>
- › Contact Trans* Lounge Program Manager at gbigham@lalgbtcenter.org or find applications at the LA LGBT Center's Village at Ed Gould Plaza
- Transgender Support Group:
 - › Transgender Perceptions: Fridays 8pm-9:30pm at The Village at Ed Gould Plaza

• Address:

- Anita May Rosenstein Campus: 1118 N. McCadden Pl., LA 90038
- McDonald/Wright Building: 1625 N. Schrader Blvd., LA 90028
 - › DV, Health Services
 - › Monday-Friday 9am-9pm, Saturday 9am-1pm
- The Village at Ed Gould Plaza: 1125 N. McCadden pl., LA 90038
 - › HIV/AIDS, groups/meetings, housing
 - › Monday-Friday 6pm-10pm, Saturday 9am-5pm
- LA LGBT Center-WEHO: 8745 Santa Monica Blvd., 2nd Fl, west Hollywood 90069
 - › HIV/STD testing and treatment, PEP/PrEP
 - › Monday-Friday 11am-2pm, 4pm-7pm; Every fourth Wednesday of even numbered months 11am-2:30pm
- Mi Centro: 553 S. Clarence St., LA 90033
 - › Legal and immigration, senior services, transgender services
 - › Monday- Friday 9am-5pm

- Number: (323)933-7440

- <https://lalgbtcenter.org/>

LGBTQ Center of Long Beach

- HIV testing and counseling: M-F 10am-8:30pm, Sat. 10am-3:30pm

- STI Screening and Treatment: Tues. and Thurs. 12pm-2:30pm, 4pm-7pm
- Counseling for PTSD, anxiety, depression, etc.
 - Individual, couple, group, family for age 13+
 - Intake number: 562-434-4455, ext. 228
 - Fee is on sliding scale
- Volunteer opportunities
- Free legal clinic on Wednesdays and Fridays
- Intimate Partner Violence/ Domestic Violence
 - Call 562-434-0257
 - Counseling (group/individual), shelter referral, legal and LE advocacy
- Number: (562) 434-4455
- Address: 2017 E. 4th Street, Long Beach, 90814
- <https://www.centerlb.org/>

Interface Children and Family Services

- Mental Health services these areas:
 - Mental health of children, youth and families affected by family violence, child abuse and neglect, sexual abuse, victims of crime, and trauma, as well as children who are experiencing difficulties succeeding in family, school or peer settings
 - Positive Parenting Program- Parents of kids (0-5yrs old) with disruptive behaviors
 - Parent-Child Therapy: parents and kids (2-8yrs old)
 - Youth Crisis Intervention: support to transitional age youth in need
 - › Street outreach, emergency shelter, case management
 - Ventura County Project to Support Reentry collaboration (adults)
 - Women Domestic Violence Support Group
- Human Trafficking Support
 - Crisis intervention, advocacy, outreach,

and emergency shelter

- Safe Haven Emergency Shelter (30 Days)- survivors and their children
 - Safe Journey Transitional Shelter- people transferred from Safe Haven
 - Pets allowed
 - Youth shelter (ages 12-17)
- Main Office: 4001 Mission Oaks Avenue, Suite I, Camarillo
 - (805) 485-6114
 - Call this number for Mental Health Services
 - Other offices in Thousand oaks, Moorpark, Oxnard, Santa Paula
- 24/7 Youth Crisis Line: (805) 469-5882
- 24/7 Domestic Violence and Human Trafficking Hotline: 1-800-636-6738

Covenant House

Services: emergency shelter

- (323) 461-3131
- <https://www.covenanthouse.org/>

LA Family Housing

- General Number: (818) 982-4091
- Homeless Individuals: (818) 255-2703
- Homeless Families: (818) 255-2766
- <https://lafh.org/>

PATH

Services: case management, job skills, emergency and transitional shelter, rapid rehousing

- Population: homeless individuals, families, and veterans
- Greater LA: (323) 644-2200
- Santa Barbara/ Central Coast: (805) 979-8706
- <https://www.epath.org/>

My Friend's Place

- Drop-In Center
 - Homeless TAY (12-25)

- Hot meals, day shelter, showers, clothing, hygiene supplies
- clothing, mail/phone/computer services, transportation, mental health, education classes (partner violence, substance abuse, mental health issues, sexual health issues, creative writing, improv, sewing, photography, circus arts, painting, journaling, drawing, music, jewelry making, job and life skill trainings), pregnancy and parenting group led by clinicians, ID and birth certificate acquisition assistance, field trips, emergency services for companion animals, onsite internship opportunities, scholarship program
- Open 9am-5:30pm Monday through Friday
- 5850 Hollywood Blvd., LA, 90028
- 1-888-968-8450 or (323) 908-0011
- <http://myfriendsplace.org/>

The Village Family Services

Services: outpatient mental health for youth and families; adoption and foster care, trauma therapy, substance abuse, emergency and transitional housing

- Insurance: MediCal and undocumented people
- Languages: Spanish and English
- Specific LGBTQ Person of Color Clinician:
 - Christian Citlali, ASW
 - › Runs a Trans Support Group for Teenagers every Tuesday at 5:30pm
 - Drop-In Center:
 - › Population: LGBTQ TAY (14-25)
 - › Monday-Friday 10am-5pm
 - › Vocational support, education support, art and fitness, life skills, individual counseling, peer support groups, housing support, substance recovery
 - › Youth imerining strong
 - › Tomorrow 3pm
 - › Julisa

Bienestar

- HIV and HEP C Testing
 - Participating Locations: East LA, Hollywood, Long Beach, Pomona, San Fernando Valley, South LA
 - Times: Monday-Friday 10am-6:30pm
 - Can walk in for HIV testing but preferred to call ahead; must call ahead for HEP C testing
- HIV Treatment: East Los Angeles location on Fridays from 8am-5pm
- STI Testing
 - Participating location: Long Beach
 - Call ahead for appointment
- Mental Health Outpatient: all locations with some specializations in HIV/AIDS, transgender clients, and general
 - Support groups (both English and Spanish options): LGBTQ Youth, Gay and Bisexual Men, People living with HIV/AIDS, People dealing with Substance abuse disorders, LGBTQ Spanish Speakers, PFLAG, Transgender women
- Substance Abuse programs available at East LA, South LA, and San Fernando Valley locations
- Emergency shelter and food bank with focus on people with HIV/AIDS
- Hours of Operation: 10am-7pm
- Addresses:
 - East LA: 5326 E. Beverly Blvd., LA 90022
 - El Monte/AHF Clinic: 3131 Santa Anita Ave., Ste 109, El Monte 91733
 - Hollywood: 4955 W. Sunset Blvd., LA 90027
 - Long Beach: 1464 Cherry Ave., Long Beach 90813
 - Pomona: 180 E. Mission Blvd., Pomona 91766
 - San Fernando Valley: 8134 Van Nuys Blvd., Ste 200, Panorama City 91402
 - South LA: 130 W. Manchester Ave., LA

90003

- Number: (866) 590-6411
- <https://www.bienestar.org/>

Journey Out (formerly Mary Magdalene Project)

Services: prostitution diversion program, domestic minor sex trafficking prevention and intervention programs, direct street outreach, community and agency trainings, mental health services, free clothing, job training, family reunification, survivor mentorship, emergency housing referrals, art therapy

- Drop-In Center (MUST CALL FIRST for intake)
 - food, mental health, clothing, resume building, GED books
 - Hours of Operation: Monday through Thursday
 - Monday, Wednesday Thursday are intakes 11am and 12pm; ask for Jessica if need Spanish speaking intake
- Population: adult victims of sex and human trafficking (no youth or CSEC)
- 7136 Haskell Avenue, Suite 125, Van Nuys, 91406
- 818-988-4970
- <https://journeyout.org/>

St. Joseph Center

Services: inpatient and outpatient mental health and substance abuse, housing assistance

- Address: 204 Hampton Drive, Venice
- Number: (310) 396-6468
- <https://stjosephctr.org/>

The Catalyst Foundation

Services: medical care, medication assistance, HIV and Hep C testing and counselling, mental health care, nutritionist services, case management, food programs, housing assistance, food vouchers, emergency housing, transportation, legal services, financial literacy building, support groups

- Population: homeless, low-income, uninsured, underinsured, post-incarcerated, people with HIV/AIDS or HEP C
- Address: 44758 Elm Avenue, Lancaster
- Number: (661) 948-8559
- <http://www.catalystfdn.org>

Emergency Services

Crisis Intervention Team (C.I.T.) Ventura County

Services: Law Enforcement with Trauma focus training who help in DV, elderly, youth, and dependent crisis calls

- Number: (805) 383-4806
- 3701 E. Las Posas Road, Camarillo, 93010
- <https://www.venturasheriff.org/crisis-intervention-team/>

Crisis Intervention Team (C.I.T.) Los Angeles County

Services: Law Enforcement with Trauma focus training who help in DV, elderly, youth, and dependent crisis calls

- Point of Contact: Joseph Avalos, CRT Director
- Address: 200 North Spring Street, Suite 303, Los Angeles, 90012
- Number: (213) 393-7396 or (213) 393-6815
- Email: lacrt@lacity.org

Bienestar

- HIV and HEP C Testing
 - Participating Locations: East LA, Hollywood, Long Beach, Pomona, San Fernando Valley, South LA
 - Times: Monday-Friday 10am-6:30pm
 - Can walk in for HIV testing but preferred to call ahead; must call ahead for HEP C testing
- HIV Treatment: East Los Angeles location on Fridays from 8am-5pm
 - STI Testing

- › Participating location: Long Beach
- › Call ahead for appointment
- Mental Health Outpatient: all locations with some specializations in HIV/AIDS, transgender clients, and general
 - Support groups (both English and Spanish options): LGBTQ Youth, Gay and Bisexual Men, People living with HIV/AIDS, People dealing with Substance abuse disorders, LGBTQ Spanish Speakers, PFLAG, Transgender women
- Substance Abuse programs available at East LA, South LA, and San Fernando Valley locations
- Emergency shelter and food bank with focus on people with HIV/AIDS
- Hours of Operation: 10am–7pm
- Addresses:
 - East LA: 5326 E. Beverly Blvd., LA 90022
 - El Monte/AHF Clinic: 3131 Santa Anita Ave., Ste 109, El Monte 91733
 - Hollywood: 4955 W. Sunset Blvd., LA 90027
 - Long Beach: 1464 Cherry Ave., Long Beach 90813
 - Pomona: 180 E. Mission Blvd., Pomona 91766
 - San Fernando Valley: 8134 Van Nuys Blvd., Ste 200, Panorama City 91402
 - South LA: 130 W. Manchester Ave., LA 90003
- Number: (866) 590–6411
- <https://www.bienestar.org/>

St. John's Well Child & Family Center

Medical Services: Prep/PEP, HIV/HCV/STI Testing and Treatment

- Homeless Program: medical check-ups, TB screening, substance abuse screening and counseling, case management, housing, needs assessment, mental health, health education
 - mobile clinic, call number to ask for hours/

locations

- Transgender Program: medical, mental health for self and families, transition services, legal assistance with name/gender change
- Fees/Insurance: free for those without insurance or ability to pay, sliding scale, MediCal, Medicare, many other insurances
- Locations: 12 Community Health Centers and 5 School Based Health Centers in LA, Compton, Rancho Dominguez, Lynwood
- Number: (323)541-1411
- <http://www.wellchild.org/>

Los Angeles LGBT Center

General Services: primary healthcare, mental health (individual and groups), PEP/PrEP, substance abuse, homeless, housing, LGBTQ youth and elderly, HIV/AIDS/STI testing and treatment, case management, legal assistance, asylum assistance, domestic violence/intimate partner violence

- Groups: quit smoking, sexual abuse survivors, anger management, healthy relationships, primary aggressors, hope coping skills, trauma recovery, transgender, 12 step recovery (Alcohol, crystal meth, marijuana, narcotics, overeaters, sex/love addicts, sex compulsives, under earners)
- Drop-In Center
 - (323) 993– 7400
- Trans Lounge
 - Binder Exchange Program: for people who cannot afford a binder over the age of 18yrs old
 - › Determine size of binder on website: <https://translounge.org/binder-exchange/>
 - › Contact Trans* Lounge Program Manager at gbigbam@lalgbtcenter.org or find applications at the LA LGBT Center's Village at Ed Gould Plaza
 - Transgender Support Group:
 - › Transgender Perceptions: Fridays 8pm–9:30pm at The Village at Ed Gould Plaza

- Address:

- Anita May Rosenstein Campus: 1118 N. McCadden Pl., LA 90038
- McDonald/Wright Building: 1625 N. Schrader Blvd., LA 90028
 - › DV, Health Services
 - › Monday-Friday 9am-9pm, Saturday 9am-1pm
- The Village at Ed Goulda Plaza: 1125 N. McCadden pl., LA 90038
 - › HIV/AIDS, groups/meetings, housing
 - › Monday-Friday 6pm-10pm, Saturday 9am-5pm
- LA LGBT Center-WEHO: 8745 Santa Monica Blvd., 2nd Fl, west Hollywood 90069
 - › HIV/STD testing and treatment, PEP/PrEP
 - › Monday-Friday 11am-2pm, 4pm-7pm; Every fourth Wednesday of even numbered months 11am-2:30pm
- Mi Centro: 553 S. Clarence St., LA 90033
 - › Legal and immigration, senior services, transgender services
 - › Monday- Friday 9am-5pm

- Number: (323)933-7440

- <https://lalgbtcenter.org/>

Meat Each Need with Dignity (MEND)

Services: Food pantry, clothing center, medical and eye care clinics, dental clinic, homeless services

- Hours of Operation: Tuesday through Friday 8am-5pm and select Saturdays from 9am-12pm
- Address: 10641 North San Fernando Road, Pacoima 91331
- Reception Desk: (818) 897-2443
- <https://mendpoverty.org/>

North Hollywood Interfaith Food Pantry

Services: food distribution, NO ID REQUIRED

- Hours of Distribution: Mondays- Fridays 8am-1pm
- Address: 4390 Colfax Avenue, Studio City
- (818) 760-3575
- <https://nhifp.org/>

Valley Food Bank

Services: food distribution through Salvation Army

- Multiple Locations:
 - Rock of the Valley: 7722 Kester Avenue, Van Nuys 91405
 - › Tuesdays 5pm-5:45pm; call (818) 781-4156
 - Leaving of Healing: 9420 Lurline Avenue, Suite D, Chatsworth 91311
 - › Wednesdays 4pm-5pm; call (818) 700-1374
 - Calvary Baptist of Pacoima (Life Center): 12900 Vaughn Street, San Fernando 91340
 - › Thursdays 2pm-3pm; call (818) 470-1480
 - Lighthouse of San Fernando: 622 N. Maclay Ave., San Fernando 91340
 - › Fridays 4pm-5pm
 - The House: 18515 Sherman Way, Reseda 91335
 - › Every 4th Saturday 10am-11:30am; call (818) 631-2741
 - Valley Park Church: 16514 Nordhoff Street, North Hills 91343
 - › Wednesdays 4pm-5pm; call (818) 894-9316
 - St. Andrew and St. Charles Episcopal Church: 16651 Rinaldi Street, Granada Hills 91344
 - › Thursdays 9:30am-10:30am; call (818) 366-7541

- Valley Korean UMC: 10408 Balboa Blvd., Granada Hills 91344
 - 1st Friday 4pm-5pm; call (818) 366-0089
- New hope Church: 14539 Sylvan Street, Van Nuys 91411
 - 2nd Saturday 9:30am-10:30am; call (661) 294-7777
- AV Dream Center: 302 East Avenue, Unit J-12, Lancaster 93534
 - Last Saturday of the month 10:30am-11:30am
- General Number: (818) 510-4140
- Main Address: 12701 Van Nuys Blvd. Suite A, Pacoima 91331
- <https://valleyfoodbank.org/>

Countywide Benefits Entitlements Services Team (CBEST)

- Services:** help apply for SSDI, SSI, cash assistance program for immigrants (CAPI), veterans
- Eligibility: blind, disabled, elderly (65 or older), veterans who are homeless or at risk of homelessness
 - Participating Locations:
 - San Fernando Valley- Tarzana Treatment Center: (818) 342-5897
 - Metro LA- Volunteers of America: (213) 334-1633
 - West LA- St. Joseph Center: (310) 399-6878
 - Antelope Valley- The Catalyst Foundation: (661) 948-8559

The Catalyst Foundation

Services: medical care, medication assistance, HIV and Hep C testing and counselling, mental health care, nutritionist services, case management, food programs, housing assistance, food vouchers, emergency housing, transportation, legal services, financial literacy building, support groups

- Population: homeless, low-income,

uninsured, underinsured, post-incarcerated, people with HIV/AIDS or HEP C

- Address: 44758 Elm Avenue, Lancaster
- Number: (661) 948-8559
- <http://www.catalystfdn.org>

St. Joseph Center

Services: inpatient and outpatient mental health and substance abuse, housing assistance

- Address: 204 Hampton Drive, Venice
- Number: (310) 396-6468
- <https://stjosephctr.org/>

Trans Latin@ Coalition

Services: Drop-In center, rental assistance, transportation, food vouchers, ESL classes, computer lab

- Population: transgender survivors of immigrant detention and incarceration
- Address: 3055 Wilshire Blvd., Suite 350, LA 90010
- Number: (833) 847-2331
- <https://www.translatinacoalition.org/>

Medical Services

Arlene's Skincare

- Electrolysis
- Address: 1633 Erringer Road, Simi Valley 93065
- Number: (805) 527-4886
- <http://www.arlenesskincare.com/>

Bienestar

- HIV and HEP C Testing
 - Participating Locations: East LA, Hollywood, Long Beach, Pomona, San Fernando Valley, South LA
 - Times: Monday-Friday 10am-6:30pm
 - Can walk in for HIV testing but preferred to call ahead; must call ahead for HEP C testing

- HIV Treatment: East Los Angeles location on Fridays from 8am–5pm
 - STI Testing
 - › Participating location: Long Beach
 - › Call ahead for appointment
- Mental Health Outpatient: all locations with some specializations in HIV/AIDS, transgender clients, and general
 - Support groups (both English and Spanish options): LGBTQ Youth, Gay and Bisexual Men, People living with HIV/AIDS, People dealing with Substance abuse disorders, LGBTQ Spanish Speakers, PFLAG, Transgender women
- Substance Abuse programs available at East LA, South LA, and San Fernando Valley locations
- Emergency shelter and food bank with focus on people with HIV/AIDS
- Hours of Operation: 10am–7pm
- Addresses:
 - East LA: 5326 E. Beverly Blvd., LA 90022
 - El Monte/AHF Clinic: 3131 Santa Anita Ave., Ste 109, El Monte 91733
 - Hollywood: 4955 W. Sunset Blvd., LA 90027
 - Long Beach: 1464 Cherry Ave., Long Beach 90813
 - Pomona: 180 E. Mission Blvd., Pomona 91766
 - San Fernando Valley: 8134 Van Nuys Blvd., Ste 200, Panorama City 91402
 - South LA: 130 W. Manchester Ave., LA 90003
- Number: (866) 590-6411
- <https://www.bienestar.org/>

Children's Hospital of LA: The Center for Transyouth Health and Development

Services: Hormone Replacement Therapy, Mental Health services through Los Angeles Department of Mental Health, family support services affiliated with Transforming Family (parents of gender non-conforming youth

facilitation, teen rap group mixed with Transgender adults for role modeling, and child play group), and HIV prevention and peer support services

Additional Services: high risk youth, runaway youth, substance abuse, Transitional Age Youth (TAY)

- Age Range: youth until 24 yrs. old
- Prefers PPO insurance
- Languages: English, Spanish
- 5000 Sunset Blvd., 4th Floor, Los Angeles, CA 90027
- (323) 361-5372

LGBTQ Center of Long Beach

- HIV testing and counseling: M–F 10am–8:30pm, Sat. 10am–3:30pm
- STI Screening and Treatment: Tues. and Thurs. 12pm–2:30pm, 4pm–7pm
- Counseling for PTSD, anxiety, depression, etc.
 - Individual, couple, group, family for age 13+
 - Intake number: 562-434-4455, ext. 228
 - Fee is on sliding scale
- Volunteer opportunities
- Free legal clinic on Wednesdays and Fridays
- Intimate Partner Violence/ Domestic Violence
 - Call 562-434-0257
 - Counseling (group/individual), shelter referral, legal and LE advocacy
- Number: (562) 434-4455
- Address: 2017 E. 4th Street, Long Beach, 90814
- <https://www.centerlb.org/>

Los Angeles LGBT Center

General Services: primary healthcare, mental health (individual and groups), PEP/PrEP, substance abuse, homeless, housing, LGBTQ youth and elderly, HIV/AIDS/STI testing and treatment, case management, legal assistance, asylum assistance, domestic violence/intimate partner violence

- Groups: quit smoking, sexual abuse survivors, anger management, healthy relationships, primary aggressors, hope coping skills, trauma recovery, transgender, 12 step recovery (Alcohol, crystal meth, marijuana, narcotics, overeaters, sex/love addicts, sex compulsives, under earners)
- Drop-In Center
 - (323) 993- 7400
- Trans Lounge
 - Binder Exchange Program: for people who cannot afford a binder over the age of 18yrs old
 - › Determine size of binder on website: <https://translounge.org/binder-exchange/>
 - › Contact Trans* Lounge Program Manager at gbigbam@lalgbtcenter.org or find applications at the LA LGBT Center's Village at Ed Gould Plaza
 - Transgender Support Group:
 - › Transgender Perceptions: Fridays 8pm-9:30pm at The Village at Ed Gould Plaza
- Address:
 - Anita May Rosenstein Campus: 1118 N. McCadden Pl., LA 90038
 - McDonald/Wright Building: 1625 N. Schrader Blvd., LA 90028
 - › DV, Health Services
 - › Monday-Friday 9am-9pm, Saturday 9am-1pm
 - The Village at Ed Gould Plaza: 1125 N. McCadden pl., LA 90038
 - › HIV/AIDS, groups/meetings, housing
 - › Monday-Friday 6pm-10pm, Saturday 9am-5pm
 - LA LGBT Center-WEHO: 8745 Santa Monica Blvd., 2nd Fl, west Hollywood 90069
 - › HIV/STD testing and treatment, PEP/PrEP

- › Monday-Friday 11am-2pm, 4pm-7pm; Every fourth Wednesday of even numbered months 11am-2:30pm
- Mi Centro: 553 S. Clarence St., LA 90033
 - › Legal and immigration, senior services, transgender services
 - › Monday- Friday 9am-5pm

• Number: (323)933-7440

• <https://lalgbtcenter.org/>

Santa Paula West & Hospital Clinic (Pride Clinic)

Services: Primary care, hormone replacement therapy, counseling services, registered dietician, free rapid HIV testing, condom dispensary, PEP/PrEP Services

- Does not take Kaiser Insurance; does take Gold Coast Ventura County HMO insurance or MediCal or payment plan
- Medical Staff in Pride Clinic: Jake Donaldson, M.D. and Emem Brown, PA
- Languages: English, Spanish
- Make Appointment: call (805) 229-0200
- 254 W. Harvard Blvd., Ste B, Santa Paula, CA 93060

St. John's Well Child & Family Center

Medical Services: Prep/PEP, HIV/HCV/STI Testing and Treatment

- Homeless Program: medical check-ups, TB screening, substance abuse screening and counseling, case management, housing, needs assessment, mental health, health education
 - mobile clinic, call number to ask for hours/ locations
- Transgender Program: medical, mental health for self and families, transition services, legal assistance with name/gender change
- Fees/Insurance: free for those without insurance or ability to pay, sliding scale, MediCal, Medicare, many other insurances
- Locations: 12 Community Health Centers

and 5 School Based Health Centers in LA, Compton, Rancho Dominguez, Lynwood

- Number: (323)541-1411
- <http://www.wellchild.org/>

Tarzana Treatment Center

Services: primary medical care, substance treatment and housing for those that are interested in sobriety, rehabilitation, Domestic violence, perpetrator classes, mental health, HIV testing and treatment, housing

- Multiple locations: Lancaster, long beach, Northridge, Palmdale, Reseda, Tarzana, woodland Hills
- (888) 777-8565
- <https://www.tarzanatc.org/>

The Catalyst Foundation

Services: medical care, medication assistance, HIV and Hep C testing and counselling, mental health care, nutritionist services, case management, food programs, housing assistance, food vouchers, emergency housing, transportation, legal services, financial literacy building, support groups

- Population: homeless, low-income, uninsured, underinsured, post-incarcerated, people with HIV/AIDS or HEP C
- Address: 44758 Elm Avenue, Lancaster
- Number: (661) 948-8559
- <http://www.catalystfdn.org>

Valley Community Healthcare

Services: mental health counseling, HIV testing and treatment, Hepatitis C testing and treatment, PrEP treatment, housing referrals

- HIV Testing: call (818) 301-6314
- HIV Case Manager and General Number: call (818) 301-6390
- 6801 Coldwater Canyon Avenue, North Hollywood, 91605

Miscellaneous

Adore LA

Services: LGBTQ Church

- Hours of Operation: 8am-7pm
- Address: 1733 N. New Hampshire Avenue, LA 90027
- Number: (747) 228-2662
- <https://www.reconcilingworks.org/a-new-ric-community-adore-la-los-angeles-ca/>

Project Q Community Center

Services: provides free mentorship classes and free gender affirming haircuts

- Population Specialty: LGBTQIA+ Homeless Youth
- Address: 818 North Spring Street, #101, LA 90012
- (213) 617-8442
- Additional Location
 - Village Family Services Drop-In Center: 6801 Coldwater Canyon, North Hollywood 91605
 - › Thursdays at 4pm
- <https://www.projectq.me/>

Susan's Place

Services: Online information about Transgender topics, updates in related politics, events on a national scale

- <https://www.susans.org/>

Trans Can Work

Services: provides trainings for companies and organizations about Transgender inclusion, provides job training and networking opportunities for Transgender people looking for jobs, has a list of job contacts that are Transgender affirming and safe

- Address: 1733 N. New Hampshire Avenue, LA 90027
- Number: (213) 787-7448
- <https://www.transcanwork.org/>

Legal

California Youth Connection

Services: legal advocacy for rights, specialized in foster care and TAY (14-24) age group

- Website has list of Foster Care rights: fosteryouthhelp.ca.gov >"CA"
- Number: 1-800-397-8236
- <https://calyouthconn.org/>

BET TZEDEK Justice for All

Services: Legal advocacy for rights, Free virtual legal name and gender marker change

- Number: 323-939-0506
- <https://bettzedek.org/>

LGBTQ Center of Long Beach

- HIV testing and counseling: M-F 10am-8:30pm, Sat. 10am-3:30pm
- STI Screening and Treatment: Tues. and Thurs. 12pm-2:30pm, 4pm-7pm
- Counseling for PTSD, anxiety, depression, etc.
 - Individual, couple, group, family for age 13+
 - Intake number: 562-434-4455, ext. 228
 - Fee is on sliding scale
- Volunteer opportunities
- Free legal clinic on Wednesdays and Fridays
- Intimate Partner Violence/ Domestic Violence
 - Call 562-434-0257
 - Counseling (group/individual), shelter referral, legal and LE advocacy
- Number: (562) 434-4455
- Address: 2017 E. 4th Street, Long Beach, 90814
- <https://www.centerlb.org/>

Trans Lifeline

Services: Peer Support Hotline and Suicide prevention; provides small grants and guidance in legal name and gender change;

- Hours of Operation: 7am-1am PST/ 9am-3am CST/ 10am-4am EST
- Number: 1-877-565-8860
- www.translifeline.org

Unique Women Coalition

Services: assist with basic legal documents (CA ID, DL, Social Security Card, and Birth Certificate), and legal name & gender marker change forms

- Number: 650-336-8471
- <https://www.theuwc.org>

Domestic Violence/Sexual Assault

Crisis Intervention Team (C.I.T.)

Ventura County

Services: Law Enforcement with Trauma focus training who help in DV, elderly, youth, and dependent crisis calls

- (805) 383-4806
- 3701 E. Las Posas Road, Camarillo, 93010
- www.venturacountyCIT.org

Coalition for Family Harmony

Services: Domestic Violence and Sexual

Assault Services: 30-day emergency DV shelter, rape crisis center; batterer's intervention program (voluntary/court-mandated men, women, and male youth batterer support group in English and Spanish); individual and group counseling to SA and DV survivors/perpetrators; SA/DV legal services; Family Harmony program focused on positive parenting; LGBTQ+ general counseling (individual/group)

- Languages: Spanish, English
- Office Number: (805) 983-6014
- 24/7 Hotline: 1-800-300-2181
- Address: 1030 N. Ventura Rd., Oxnard, CA 93030
- <https://thecoalition.org/>

Interface Children and Family Services

- Mental Health services these areas:
 - Mental health of children, youth and families affected by family violence, child abuse and neglect, sexual abuse, victims of crime, and trauma, as well as children who are experiencing difficulties succeeding in family, school or peer settings
 - Positive Parenting Program- Parents of kids (0-5yrs old) with disruptive behaviors
 - Parent-Child Therapy: parents and kids (2-8yrs old)
 - Youth Crisis Intervention: support to transitional age youth in need
 - › Street outreach, emergency shelter, case management
 - Ventura County Project to Support Reentry collaboration (adults)
 - Women Domestic Violence Support Group
- Human Trafficking Support
 - Crisis intervention, advocacy, outreach, and emergency shelter
- Safe Haven Emergency Shelter (30 Days)- survivors and their children
 - Safe Journey Transitional Shelter- people transferred from Safe Haven
 - Pets allowed
 - Youth shelter (ages 12-17)
- Main Office: 4001 Mission Oaks Avenue, Suite I, Camarillo
 - (805) 485-6114
 - Call this number for Mental Health Services
 - Other offices in Thousand oaks, Moorpark, Oxnard, Santa Paula
- 24/7 Youth Crisis Line: (805) 469-5882
- 24/7 Domestic Violence and Human Trafficking Hotline: 1-800-636-6738

LGBTQ Center of Long Beach

- HIV testing and counseling: M-F 10am-8:30pm, Sat. 10am-3:30pm
- STI Screening and Treatment: Tues. and Thurs. 12pm-2:30pm, 4pm-7pm
- Counseling for PTSD, anxiety, depression, etc.
 - Individual, couple, group, family for age 13+
 - Intake number: 562-434-4455, ext. 228
 - Fee is on sliding scale
- Volunteer opportunities
- Free legal clinic on Wednesdays and Fridays
- Intimate Partner Violence/ Domestic Violence
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 - Counseling (group/individual), shelter referral, legal and LE advocacy
- Number: (562) 434-4455
- Address: 2017 E. 4th Street, Long Beach, 90814
- <https://www.centerlb.org/>

Los Angeles LGBT Center

General Services: primary healthcare, mental health (individual and groups), PEP/PrEP, substance abuse, homeless, housing, LGBTQ youth and elderly, HIV/AIDS/STI testing and treatment, case management, legal assistance, asylum assistance, domestic violence/intimate partner violence

- Groups: quit smoking, sexual abuse survivors, anger management, healthy relationships, primary aggressors, hope coping skills, trauma recovery, transgender, 12 step recovery (Alcohol, crystal meth, marijuana, narcotics, overeaters, sex/love addicts, sex compulsives, under earners)
- Drop-In Center
 - (323) 993- 7400
- Trans Lounge
 - Binder Exchange Program: for people who cannot afford a binder over the age of 18yrs old
 - › Determine size of binder on website:

<https://translounge.org/binder-exchange/>

- › Contact Trans* Lounge Program Manager at gbigham@lalgbtcenter.org or find applications at the LA LGBT Center's Village at Ed Gould Plaza
- Transgender Support Group:
 - › Transgender Perceptions: Fridays 8pm-9:30pm at The Village at Ed Gould Plaza
- Address:
 - Anita May Rosenstein Campus: 1118 N. McCadden Pl., LA 90038
 - McDonald/Wright Building: 1625 N. Schrader Blvd., LA 90028
 - › DV, Health Services
 - › Monday-Friday 9am-9pm, Saturday 9am-1pm
 - The Village at Ed Gould Plaza: 1125 N. McCadden pl., LA 90038
 - › HIV/AIDS, groups/meetings, housing
 - › Monday-Friday 6pm-10pm, Saturday 9am-5pm
 - LA LGBT Center-WEHO: 8745 Santa Monica Blvd., 2nd Fl, west Hollywood 90069
 - › HIV/STD testing and treatment, PEP/PrEP
 - › Monday-Friday 11am-2pm, 4pm-7pm; Every fourth Wednesday of even numbered months 11am-2:30pm
 - Mi Centro: 553 S. Clarence St., LA 90033
 - › Legal and immigration, senior services, transgender services
 - › Monday- Friday 9am-5pm
- Number: (323)933-7440
- <https://lalgbtcenter.org/>

One Step a la Vez

Services: Teen (13-19) social and advocacy agency that serves low income

- Different programs offered:

- One Step Teen Center (after school program)
- One Step Adelante (youth volunteering)
- One Step Print Shop (youth work opportunity)
- Circle of Care (monthly community collaborative meetings on the 6th)
- One step Home (support for homeless teen and young adults)
- Community and Cultural Center (classes and parent support groups)
- Apoyo Para Sobrevivientes (DV survivor case management and support)
- Food Access Program (daily hot meals for teens and bi weekly food pantry)
- Project Pride- teen support group Wednesdays 7pm-9pm
- Hours of Operation: Monday through Friday 1pm-7pm
- Address: 421 Sespe Avenue, Fillmore 93015
- Number (805) 625-7067
- <https://myonestep.org>

Peace Over Violence

Specialized Areas: Domestic Violence, Sexual Assault, Stalking, Harassment, elderly, Intimate Partner Violence, Deaf/Hard of Hearing, LGBTQ, PREA

Services: individual and group counseling, legal assistance for restraining orders, immigration, family law, crisis management, advocacy, accompaniments to court, hospital and Law Enforcement, self-defense classes, domestic abuse response team, sexual abuse response team, referrals for housing, counseling, etc.

- Languages: English, Spanish, ASL
- Fees: free
- 24/7 Hotlines and Locations:
 - Central LA: (213) 626-3393
 - South LA: (310) 392-8381
 - West San Gabriel Valley: (626) 793-3385
- <https://www.peaceoverviolence.org/>

Strength United

Special Areas: Domestic Violence, LGBTQ, Sexual, Assault, children and families, Sexual Harassment, trauma, PREA

Services: trauma or parenting individual and group counseling for survivors and non-offenders, legal assistance, crisis management, advocacy, accompaniments to court, hospital and Law Enforcement, domestic abuse response team, sexual abuse response team, referrals for housing, counseling, etc.

- Fees: free
- Languages: English, Spanish
- 24/7 Referral Hotline: (818) 886-0453 or (661) 253-0258
- Location: San Fernando Valley and Santa Clarita

Tarzana Treatment Center

Services: primary medical care, substance treatment and housing for those that are interested in sobriety, rehabilitation, Domestic violence survivors, court mandated/perpetrator classes, general and LGBTQ mental health, HIV testing and treatment, housing

- Multiple locations: Lancaster, long beach, Northridge, Palmdale, Reseda, Tarzana, woodland Hills
- (888) 777-8565
- <https://www.tarzanatc.org/>

Alcohol Anonymous

Bienestar

- HIV and HEP C Testing
 - Participating Locations: East LA, Hollywood, Long Beach, Pomona, San Fernando Valley, South LA
 - Times: Monday-Friday 10am-6:30pm
 - Can walk in for HIV testing but preferred to call ahead; must call ahead for HEP C testing

- HIV Treatment: East Los Angeles location on Fridays from 8am-5pm
 - STI Testing
 - › Participating location: Long Beach
 - › Call ahead for appointment
- Mental Health Outpatient: all locations with some specializations in HIV/AIDS, transgender clients, and general
 - Support groups (both English and Spanish options): LGBTQ Youth, Gay and Bisexual Men, People living with HIV/AIDS, People dealing with Substance abuse disorders, LGBTQ Spanish Speakers, PFLAG, Transgender women
- Substance Abuse programs available at East LA, South LA, and San Fernando Valley locations
- Emergency shelter and food bank with focus on people with HIV/AIDS
- Hours of Operation: 10am-7pm
- Addresses:
 - East LA: 5326 E. Beverly Blvd., LA 90022
 - El Monte/AHF Clinic: 3131 Santa Anita Ave., Ste 109, El Monte 91733
 - Hollywood: 4955 W. Sunset Blvd., LA 90027
 - Long Beach: 1464 Cherry Ave., Long Beach 90813
 - Pomona: 180 E. Mission Blvd., Pomona 91766
 - San Fernando Valley: 8134 Van Nuys Blvd., Ste 200, Panorama City 91402
 - South LA: 130 W. Manchester Ave., LA 90003
- Number: (866) 590-6411
- <https://www.bienestar.org/>

Children's Hospital of LA: The Center for Transyouth Health and Development

Services: Hormone Replacement Therapy, Mental Health services through Los Angeles Department of Mental Health, family support services affiliated with Transforming Family

(parents of gender non-conforming youth facilitation, teen rap group mixed with Transgender adults for role modeling, and child play group), and HIV prevention and peer support services

Additional Services: high risk youth, runaway youth, substance abuse, Transitional Age Youth (TAY)

- Age Range: youth until 24yr. old
- Prefers PPO insurance
- Languages: English, Spanish
- 5000 Sunset Blvd., 4th Floor, Los Angeles, CA 90027
- (323) 361-5372

Diversity Collective

- Sunday: LGBTQ AA at 11am in Community Room
- (805) 644-5428

• 2471 Portola Rd., Ventura, CA 93003

General Services: primary healthcare, mental health (individual and groups), PEP/PrEP, substance abuse, homeless, housing, LGBTQ youth and elderly, HIV/AIDS/STI testing and treatment, case management, legal assistance, asylum assistance, domestic violence/intimate partner violence

- Groups: quit smoking, sexual abuse survivors, anger management, healthy relationships, primary aggressors, hope coping skills, trauma recovery, transgender, 12 step recovery (Alcohol, crystal meth, marijuana, narcotics, overeaters, sex/love addicts, sex compulsives, under earners)
- Drop-In Center
 - (323) 993- 7400
- Trans Lounge
 - Binder Exchange Program: for people who cannot afford a binder over the age of 18yrs old
 - › Determine size of binder on website: <https://translounge.org/binder-exchange/>

- › Contact Trans* Lounge Program Manager at gbigham@lalgbtcenter.org or find applications at the LA LGBT Center's Village at Ed Gould Plaza

- Transgender Support Group:

- › Transgender Perceptions: Fridays 8pm-9:30pm at The Village at Ed Gould Plaza

- Address:

- Anita May Rosenstein Campus: 1118 N. McCadden Pl., LA 90038
- McDonald/Wright Building: 1625 N. Schrader Blvd., LA 90028
 - › DV, Health Services
 - › Monday-Friday 9am-9pm, Saturday 9am-1pm
- The Village at Ed Gould Plaza: 1125 N. McCadden pl., LA 90038
 - › HIV/AIDS, groups/meetings, housing
 - › Monday-Friday 6pm-10pm, Saturday 9am-5pm
- LA LGBT Center-WEHO: 8745 Santa Monica Blvd., 2nd Fl, west Hollywood 90069
 - › HIV/STD testing and treatment, PEP/ PrEP
 - › Monday-Friday 11am-2pm, 4pm-7pm; Every fourth Wednesday of even numbered months 11am-2:30pm
- Mi Centro: 553 S. Clarence St., LA 90033
 - › Legal and immigration, senior services, transgender services
 - › Monday- Friday 9am-5pm

- Number: (323)933-7440

- <https://lalgbtcenter.org/>

St. Joseph Center

Services: inpatient and outpatient mental health and substance abuse, housing assistance

- Address: 204 Hampton Drive, Venice
- Number: (310) 396-6468
- <https://stjosephctr.org/>