

Pioneering

Learn knot tying, lashing (tying spars together with rope), whipping (binding the end of a rope with thin twine), splicing (joining or binding the end of a rope using its own fibres), & build a den using your new skills.



What's in a session:

- Instructor led; learn some key knots. Useful for life skills & outdoor survival.
- Work as a team to construct your den & see if it will hold up against the elements (Extreme wind & rain).
- Learn from your mistakes; improve construction of your den that will hold up & be stronger than the first.

What skills will you learn:

- Team working
- Communication
- Collaboration
- Knot skills
- Survival skills



Key points:

- Available @ Selson Farm and Lathe Barn
- Session lasts 1.5 hours
- Up to 12 children per session
- Suitable for ages 7+
- Can be organised as a round robin activity to accommodate large group numbers

Orienteering

Learn the skills to navigate using a map & compass. Put these skills into action by finding the checkpoints hidden around the site. Exercise for the body & mind as well as exploring the outdoors & working as a team.



What's in a session:

- Instructor led; play some games to learn compass points & grid references.
- Learn how to use a compass & hold a map the right way around.
- Start with getting used to turning the map to keep it pointing North.
- Working as a team you will then be sent off to find points around the site.

What skills will you learn:

- Team working
- Communication
- Collaboration
- Navigation
- Compass & Map Skills



Key points:

- Available @ Selson Farm and Lathe Barn
- Session lasts 1.5-2 hours
- Up to 40 children per session, working in teams of 5-6.
- Suitable for ages 6+

Archery

(Hard & Soft Available)

Learn the skills of using a bow & arrow/suction cup arrow (soft archery) to hit a target. Be taught the precision & coordination needed to focus on the sport. Learn new skills in a safe environment with our fully qualified instructors.

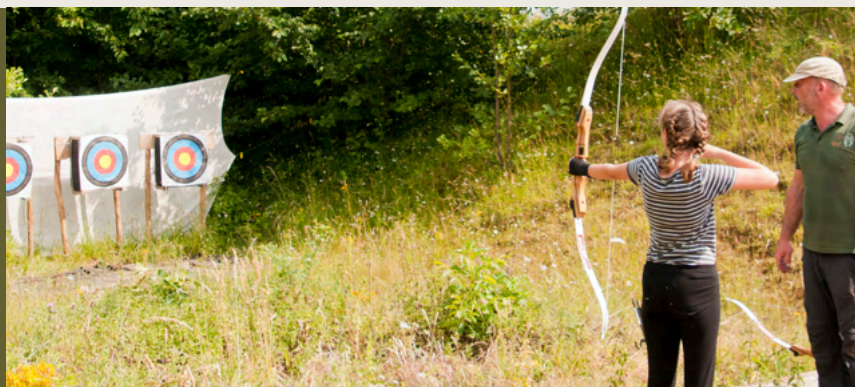


What's in a session:

- Instructor led; with one-to-one instruction learn how to safely hold, position & shoot arrows/suction cup arrows (soft archery) at a target.
- Be resilient & take turns to practice aiming & targeting in your small groups.
- All training & equipment is provided.

What skills will you learn:

- Coordination
- Concentration & focus
- Resilience
- Accuracy
- Stability



Key points:

- Available @ Selson Farm and Lathe Barn
- Session lasts 1 hour
- Groups of 10
- Can be organised as a round robin activity to accommodate large group numbers
- Hard archery suitable for ages 8+/ Soft archery available for ages 4+



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Axe throwing

Learn the skills for using the Angel & Tomahawk axes to safely hit a target. Be taught the precision & coordination needed to focus on the sport.

Learn new skills in a safe environment with our fully qualified instructors.



What's in a session:

- Instructor led; with one-to-one instruction learn how to safely hold, position & throw 2 types of axe.
- An informative session that teaches how to aim & throw an axe to hit the target.
- Be resilient & take turns to practice aiming & targeting in your small groups.
- All training & equipment is provided.

What skills will they learn:

- Coordination
- Concentration & focus
- Resilience
- Accuracy
- Stability



Key points:

- Available @ Selson Farm and Lathe Barn
- Session lasts 1 hour
- Groups of 10
- Can be organised as a round robin activity to accommodate large group numbers
- Suitable for ages 10+



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Fire Lighting

Learn great skills to build a fire outdoors alongside campfire safety tips & advice. Understand the risks & responsibility around fire lighting in a safe & enjoyable environment.



What's in a session:

- Learn how to safely build & light a fire.
- Discover different methods of fire lighting including flint & steel/wire wool & a magnifying glass.
- In groups, listen & learn the basic fire safety skills whilst having fun.
- At the end of the session children are able to toast & enjoy marshmallows!

What skills will they learn:

- Determination
- Patience
- Listening skills
- Concentration & focus
- Survival skills



Key points:

- Available @ Selson Farm and Lathe Barn
- Session lasts 1 hour
- Groups of 10
- Can be organised as a round robin activity to accommodate large group numbers
- Suitable for ages 6+



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Team Building

Learn what it takes to be an effective team & put those skills to the test solving the fun & interactive team building activities. From quick logic based puzzles to larger physical activities, children will understand the importance of talking, listening & working together.



What's in a session:

- Instructor led; learn what it takes to be an effective team & put it into practice.
- Work as a team to solve the task.
- Be resilient & face different tasks to strengthen your skills & try new things.
- Solve multiple problems to build on the learning & celebrate success.

What skills will you learn:

- Team working
- Communication
- Resilience
- Collaboration
- Problem solving



Key points:

- Available @ Selson Farm and Lathe Barn
- Session lasts 2 hours
- From 8-40 children per session, split into smaller groups
- Suitable for ages 5+
- Can be organised as a round robin activity to accommodate large group numbers



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Tie Dye

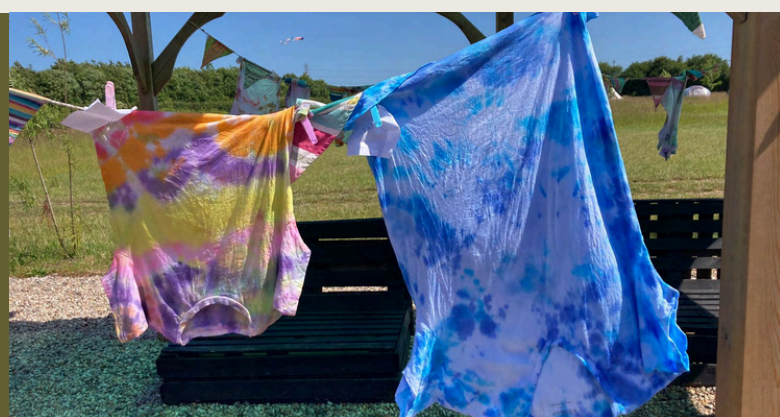
A creative session where you get the chance to take home your own colourful masterpiece. A fun activity that brings the group together, letting them create something totally unique. T-shirts & tote bags are available to tie-dye.



What's in a session:

- A group led activity where children will be shown the skills to create their unique tie-dye item.
- Have the independence to work on a personal item using the equipment provided.
- Items will then be washed & returned, ready to take home!
- Aprons, gloves & all equipment provided.

For smaller budgets, we can negotiate a tie dye session where participants bring their own t-shirt/ pillowcase/socks etc. Please see our price list for options.



Key points:

- Available @ Selson Farm and Lathe Barn
- Session lasts 45 mins-1 hour
- Up to 30 children per session
- Suitable for ages 5+

A creative session making your own craft item to take home. We have a range of arty activities to choose from; we encourage the use of natural resources to help you create beautiful things!



What's in a session:

- A group led activity where children will be shown the skills to create their own craft.
- Have the independence to work on a personal item using the equipment provided.
- Items can then be taken home & treasured!
- Aprons, gloves & all equipment provided.

Please choose one of the following:

- Jam jar lanterns
- Plant pot painting with seed planting
- Nature walk to collect items and create personalised picture frames



Key points:

- Available @ Selson Farm and Lathe Barn
- Session lasts 45 mins-1 hour
- Up to 30 children per session
- Suitable for ages 5+



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Welly Wanging

Welly wanging is a traditional farm game thought to have begun in the 1970s in the West Country. The aim of the game is to see who can throw an old farm welly the furthest. We'll have a prize for the winner so get your throwing arms out!



What's in a session:

- A light-hearted, fun activity that gets the whole group involved.
- Together there will be a competition to throw a welly as far as you can.
- Of course there will be a prize for the welly wanging winner!

Did you know, the furthest recorded throw measured in at a whopping 63.98m taking place in Finland in 1996. Let's see if you can beat that!



Key points:

- Available @ Selson Farm and Lathe Barn
- Session lasts 45 mins-1 hour
- Up to 30 children per session
- Suitable for ages 5+



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Farm Walk

Take a guided walk around the farm learning about its history, crops & how we grow food. As you walk around the farm you will stop at different points to understand what is being grown, how it is harvested & what machinery we need to help us.



What's in a session:

- Led by David, the farmer & owner of Selson Farm.
- Learn what crops we grow & how we work with the environment.
- Take part in interactive discussions on what crops need to grow at each stage of their life.
- With any luck you'll see some wildlife too!

What skills will you learn:

- Communication
- Listening skills
- Concentration & focus
- Knowledge of agriculture & the science of how plants grow



Key points:

- Available @ Selson Farm
- Session lasts 45 mins-1 hour
- From 8-40 children per session
- Suitable for all ages
- Can be incorporated into a round robin with other activities



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Cinema Night

Sit back & relax as we host a cinema night for all to enjoy.

The perfect early evening activity to unwind after a busy day of activities & learning.



What's in a session:

- Available for groups of any size, children have the chance to relax & enjoy a fun film all together.
- A great early evening activity after a day outdoors.
- Enjoy popcorn, ice cream & snacks while you're watching.

We have a number of U-rated & PG movies or bring your own (please note we do not have wifi so films must be downloaded before you arrive if required). We have a DVD player & HDMI connection available.

We are licenced to show Disney Pixar



Key points:

- Available @ Selson Farm and Lathe Barn
- Session lasts approximately 2 hours
- No group size limit @ Lathe Barn. Up to 50 children @ Selson Farm.
- Suitable for all ages



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Pioneering	£7.5 per child
Orienteering	£7.5 per child
Archery (soft)	£12.5 per child
Archery (hard)	£14.5 per child
Axe Throwing	£14.5 per child
Fire lighting	£7.5 per child
Team Building	£7.5 per child
Tie Dye	£12 per child
(BYO item to create)	£8 per child
Arts & Crafts	£10 per child
Welly Wanging	£75
Farm Walk	£75
Cinema Night	£75

*** We may have to apply a minimum fee for some activities, depending on numbers*