

5oz Blueberry Crumb Muffin

Nutrition Facts		Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
1 serving per container		Total Fat 24g	31%	Total Carbohydrate 71g	26%
Serving size 5oz (142g)		Saturated Fat 4.5g	23%	Dietary Fiber 2g	2%
		Trans Fat 0g		Total Sugars 39g	
		Cholesterol 85mg	28%	Includes 30g Added Sugars	64%
		Sodium 300mg	17%	Protein 5g	
Calories per serving 530		Vitamin D 0.5mcg 2% • Calcium 60mg 4% • Iron 2.5mg 15% • Potassium 70mg 2%			

Ingredients: Mufin; Sugar, Whole Wheat Flour (Bleached Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Malted Barley Flour, Whole Eggs, Soybean Oil, Water, Blueberries, Corn Starch, 2% or Less of the Following: (Corn Syrup, Dry Milk (Nonfat Dry Milk), Whey Solids, Lactose, Milk Proteins), Baking Powder (Corn Starch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate), Sorbitol, Monostearate, Polyisobutyl 60, Monoglycerides, Diglycerides, Phosphoric Acid, Sodium Propionate, Salt, Vanilla Flavor (Sugar, Caramel Color, Artificial Flavor, Citric Acid (Preservative), Sodium Benzoate), Potassium Sorbate (Preservative), Sorbic Acid (Preservative), Streptococcus (Brown Sugar (Cane Sugar, Cane Molasses), Sugar, Flour (Bleached Wheat Flour (Bleached Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Malted Barley Flour), Margarine (Vegetable Oil Blend (Palm Oil and Soybean Oil), Water, Salt, Contains Less Than 2% of the Following: (Soy Lecithin, Vegetable Mono & Diglycerides, Potassium Sorbate (Preservative), Citric Acid (Preservative), Natural & Artificial Flavor, Beta Carotene (Color Vitamin A Palmitate Added, Wp9v)), Cinnamon).

Allergens: Contains Egg, Wheat, Soy, Milk: Made In A Facility With Tree Nuts And Peanuts.



5oz Blueberry Crumb Muffin

Nutrition Facts	Amount/erving	% Daily Value*	Amount/erving	% Daily Value*
	Total Fat 24g	31%	Total Carbohydrate 71g	26%
	Saturated Fat 4.5g	23%	Dietary Fiber 1g	2%
	Trans Fat 0g		Total Sugar 30g	60%
1 serving per container	Cholesterol 85mg	28%	Includes 30g Added Sugars	64%
Serving Size 5oz (142g)	Sodium 300mg	17%	Protein 5g	
Calories per serving	Vitamin D 0.5mcg 2% • Calcium 60mg 4% • Iron 2.5mg 15% • Potassium 70mg 2%			

Ingredients: Mufin; Sugar, Flour (Bleached Wheat Flour (Bleached Wheat Flour, Nicotin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Malted Barley Flour), Whole Eggs, Soybean Oil, Water, Blueberries, Corn Starch, 2% or Less of the Following: (Corn Syrup, Dry Milk (Nonfat Dry Milk), Whey Solids, Lactose, Milk Proteins), Baking Powder (Corn Starch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate), Sorbitan Monostearate, Polyolsorbate 60, Monoglycerides, Diglycerides, Phosphoric Acid, Sodium Propionate, Salt, Vanilla Flavor (Water, Sugar, Caramel Color, Artificial Flavor, Citric Acid (Preservative), Sodium Benzoate), Potassium Sorbate (Preservative), Sorbic Acid (Preservative), Streptococcus (Brown Sugar (Cane Sugar, Cane Molasses), Sugar, Flour (Bleached Wheat Flour (Bleached Wheat Flour, Nicotin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Malted Barley Flour), Margarine (Vegetable Oil Blend (Palm Oil and Soybean Oil), Water, Salt, Contains Less Than 2% of the Following: (Soy Lecithin, Vegetable Mono & Diglycerides, Potassium Sorbate (Preservative), Citric Acid (Preservative), Natural & Artificial Flavor, Beta Carotene (Color Vitamin A Palmitate added, Wapo®. Cinnamon).

Allergens: Contains Egg, Wheat, Soy, Milk; Made In A Facility With Tree Nuts And Peanuts.



5oz Blueberry Crumb Muffin

Nutrition Facts		Amount/serving		% Daily Value*	
1 serving per container		Total Fat 24g		31%	
Serving size 5oz (142g)		Saturated Fat 4.5g		23%	
		Trans Fat 0g			
		Cholesterol 85mg		28%	
		Sodium 300mg		17%	
		Total Carbohydrate 71g		26%	
		Dietary Fiber 4g		8%	
		Total Sugars 39g		2%	
		Includes 30g Added Sugars		64%	
		Protein 5g			
Calories per serving 530		Vitamin D 0.5mcg 2%		Calcium 60mg 4%	
		Iron 2.5mg 15%		Potassium 70mg 2%	

* The % Daily Value shows you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used as a general guide.

Ingredients: Mifflin Sugar, Flour (Enriched Wheat Flour (Bleached Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Malted Barley Flour), Whole Eggs, Soybean Oil, Water, Blueberries, Corn Starch, 2% Or Less Of The Following: (Corn Syrup, Dry Milk (Nonfat Dry Milk), Whey Solids, Lactose, Milk Proteins), Baking Powder (Corn Starch, Sodium Bicarbonate), Sodium Aluminum Silicate, Monosodium Phosphate), Sorbitan Monostearate, Polyolsorbate 60, Monoglycerides, Diglycerides, Phosphoric Acid, Sodium Propionate, Salt, Vanilla Flavor (Water, Sugar, Caramel Color, Artificial Flavor, Citric Acid (Preservative), Sodium Benzoate), Potassium Sorbate (Preservative), Sorbic Acid (Preservative), Stewed (Brown Sugar (Cane Sugar, Cane Molasses), Sugar, Flour (Bleached Wheat Flour (Bleached Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Malted Barley Flour), Margarine (Vegetable Oil Blend (Palm Oil And Soybean Oil), Water, Salt, Contains Less Than 2% Of The Following: (Soy Lecithin, Vegetable Mono & Diglycerides, Potassium Sorbate (Preservative), Citric Acid (Preservative), Natural & Artificial Flavor, Beta Carotene (Color Additive), Vitamin A Palmitate Added, Wp9v)), Cinnamon).

Allergens: Contains Egg, Wheat, Soy, Milk; Made In A Facility With Tree Nuts And Peanuts.



5oz Blueberry Crumb Muffin

Nutrition Facts		% Daily Value*	Amount/serving	% Daily Value*
mount/serving				
Total Fat 24g		31%	Total Carbohydrate 71g	26%
Saturated Fat 4.5g		23%	Dietary Fiber 4g	2%
Trans Fat 0g			Total Sugars 30g	
Cholesterol 85mg		26%	Includes 30g Added Sugars	
Sodium 390mg		17%	Protein 5g	
Vitamin D 0.5mcg 2% • Calcium 60mg 4% • Iron 2.5mg 15% • Potassium 70mg 2%				

Ingredients: Muffin (Sugar, Flour (Enriched Wheat Flour (Bleached Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Malted Barley Flour), Whole Eggs, Soybean Oil, Water, Blueberries, Corn Starch, 2% Or Less Of The Following: (Corn Syrup, Dry Milk (Nonfat Dry Milk), Whey Solids, Lactose, Milk Proteins), Baking Powder (Corn Starch, Sodium Bicarbonate), Sodium Aluminum Silicate, Monocalcium Phosphate), Sorbitan Monostearate, Polyolsorbate 60, Monoglycerides, Diglycerides, Phosphoric Acid, Sodium Propionate, Salt, Vanilla Flavor (Water, Sugar, Caramel Color, Artificial Flavor, Citric Acid (Preservative), Sodium Benzoate), Potassium Sorbate (Preservative), Sorbic Acid (Preservative)), Streusel (Brown Sugar (Cane Sugar, Cane Molasses), Sugar, Flour (Bleached Wheat Flour (Bleached Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Malted Barley Flour), Margarine (Vegetable Oil Blend (Palm Oil And Soybean Oil), Water, Salt, Contains Less Than 2% Of The Following: (Soy Lecithin, Vegetable Mono & Diglycerides, Potassium Sorbate (Preservative), Citric Acid (Preservative), Natural & Artificial Flavor, Beta Carotene (Color Vitamin A Palmitate Added, Wapo®), Cinnamon).

Allergens: Contains Egg, Wheat, Soy, Milk; Made In A Facility With Tree Nuts And Peanuts.



5oz Blueberry Crumb Muffin

Nutrition Facts		Amount/serving		% Daily Value*	
Total Fat 24g		31%		Total Carbohydrate 71g	
Saturated Fat 4.5g		23%		26%	
Trans Fat 0g				Total Protein 8g	
Cholesterol 55mg		28%		Includes 33g Added Sugars	
Sodium 390mg		16%		Protein 8g	
Vitamin D 0.5mcg 2%		Calcium 60mg 4%		Iron 2.5mg 15%	
				Potassium 70mg 2%	

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a diet of 2,000 calories. Other nutrients and their % Daily Values are not shown.

Ingredients: Mufin Sugar (Soybean Oil (Bleached Wheat Flour (Bleached Wheat Flour, Nicin, Reduced Iron, Thiamine Mononitrate, Riboflavin), Folic Acid, Malted Barley Flour), Whole Eggs, Light Oil, Water, Blueberries, Corn Starch, 2% or Less of the Following: (Corn Syrup, Dry Milk (Nonfat Dry Milk), Whey Solids, Lactate, Milk Proteins), Baking Powder (Corn Starch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate), Sorbitol, Potassium Sorbate, Polyisobutyl 60 Monoglycerides, Diglycerides, Phosphoric Acid, Sodium Propionate, Salt, Vanilla Flavor (Water, Sugar, Caramel Color, Natural Flavors), Citric Acid (Preservative), Sodium Benzoate), Potassium Sorbate (Preservative), Sorbic Acid (Preservative), Streptococcus (Bread) (Cane Sugar, Cane Molasses), Sugar, Water (Bleached Wheat Flour (Bleached Wheat Flour, Nicin, Reduced Iron, Thiamine Mononitrate, Riboflavin), Folic Acid, Malted Barley Flour), Margarine (Vegetable Oil Blend (Palm Oil and Soybean Oil), Water, Salt, Contains Less Than 2% of the Following: (Soy Lecithin, Vegetable Mono & Diglycerides, Potassium Sorbate (Preservative), Citric Acid (Preservative), Natural & Artificial Flavors, Beta Carotene (Color), Vitamin A Palmitate Add, Whey), Cinnamon).

Allergens: Contains Egg, Wheat, Soy, Milk; Made In A Facility With Tree Nuts And Peanuts



5oz Blueberry Crumb Muffin

Nutrition Facts		% Daily Value*	
Amount per serving		Amount per serving	% Daily Value*
Total Fat 24g	31%	Total Carbohydrate 71g	26%
Saturated Fat 4.5g	23%	Dietary Fiber 1g	2%
Trans Fat 6g		Total Sugar 35g	
Cholesterol 35mg	28%	Includes 32g Added Sugars	64%
Sodium 390mg	17%	Protein 8g	
Vitamin D 0.5mg 2% • Calcium 60mg 4% • Iron 2.5mg 15% • Potassium 70mg 2%			

Added Ingredients: Mufin (Sugar, Soybean Oil (Bleached Wheat Flour (Bleached Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin), Folic Acid, Malted Barley Flour), Whole Eggs, Light Oil, Water, Blueberries, Corn Starch, 2% or Less of the Following: (Corn Syrup, Dry Milk (Nonfat Dry Milk), Whey Solids, Lactose, Milk Proteins), Baking Powder (Corn Starch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate), Sorbitol, Monostearate, Polyisobutyl 60, Monoglycerides, Diglycerides, Phosphoric Acid, Sodium Propionate, Salt, Vanilla Flavor (Water, Sugar, Caramel Color, Artificial Flavor, Citric Acid (Preservative), Sodium Benzoate), Potassium Sorbate (Preservative), Sorbic Acid (Preservative)), Streusel (Brown Sugar, Cane Sugar, Cane Molasses, Sugar, Soybean Oil (Bleached Wheat Flour (Bleached Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin), Folic Acid, Malted Barley Flour), Margarine (Vegetable Oil Blend (Palm Oil and Soybean Oil), Water, Salt, Contains Less Than 2% of the Following: (Soy Lecithin, Vegetable Mono & Diglycerides, Potassium Sorbate (Preservative), Citric Acid (Preservative), Natural & Artificial Flavor, Beta Carotene (Color), Vitamin A Palmitate added), Whey), Cinnamon).

Allergens: Contains Egg, Wheat, Soy, Milk; Made In A Facility With Tree Nuts And Peanuts.



5oz Blueberry Crumb Muffin

Nutrition Facts		Amount/serving % Daily Value*		Amount/serving % Daily Value*	
Total Fat 24g		48%		Total Carbohydrate 71g	
Saturated Fat 4.5g		31%		26%	
Trans Fat 0g				Total Sugars 30g	
Cholesterol 55mg		28%		Includes 33g Added Sugars	
Sodium 330mg		16%		64%	
Vitamin D 0.5mcg 2%				Protein 8g	
Calcium 60mg 4%					
Iron 2.5mg 15%					
Potassium 70mg 2%					

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used as a general guide.

Ingredients: Mufin (Sugar, Water, Bleached Wheat Flour (Bleached Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Molten Barley Flour), Whole Eggs, Bleached Oil, Water, Blueberries, Corn Starch, 2% or Less of the Following: (Corn Syrup, Dry Milk Nonfat Dry Milk, Whey Solids, Lactose, Milk Proteins), Baking Powder (Corn Starch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate), Sorbitol, Monostearate, Polyisobutyl 60, Monoglycerides, Diglycerides, Phosphoric Acid, Sodium Propionate, Salt, Vanilla Flavor (Water, Sugar, Caramel Color, Citric Acid, Natural Vanilla Flavor), Sodium Benzoate, Potassium Sorbate (Preservative), Sorbic Acid (Preservative), Streptococcus (Bread Yeast) (Cane Sugar, Sugar Cane Molasses), Sugar, Water, Bleached Wheat Flour (Bleached Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Molten Barley Flour, Margarine (Vegetable Oil Blend (Palm Oil and Soybean Oil), Water, Salt, Contains Less Than 2% of the Following: (Soy Lecithin, Vegetable Mono & Diglycerides, Potassium Sorbate (Preservative), Citric Acid (Preservative), Natural & Artificial Flavor, Beta Carotene (Color), Vitamin A Palmitate added), Whey), Cinnamon).

Allergens: Contains Egg, Wheat, Soy, Milk; Made In A Facility With Tree Nuts And Peanuts.



5oz Blueberry Crumb Muffin

Nutrition Facts		Amount/serving % Daily Value*		Amount/serving % Daily Value*	
Total Fat 24g		31%		Total Carbohydrate 71g 26%	
Saturated Fat 4.5g		23%		Dietary Fiber 19g 2%	
Trans Fat 0g		0%		Total Sugars 39g	
Cholesterol 35mg		28%		Includes 33g Added Sugars 64%	
Sodium 390mg		16%		Protein 8g	
Vitamin D 0.5mg 2% • Calcium 60mg 4% • Iron 2.5mg 15% • Potassium 70mg 2%					

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2g of sodium is a good example. % Daily Values are provided so that you can compare the nutrition content in this product with other products that you may consume. % Daily Values are based on a diet of general nutrition information.

Ingredients: Mufin Sugar, Sugar, Bleached Wheat Flour (Bleached Wheat Flour, Nicotin Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, Malted Barley Flour), Whole Eggs, Soybean Oil, Water, Blueberries, Corn Starch, 2% or Less of the Following: (Corn Syrup, Dry Milk (Nonfat Dry Milk), Whey Solids, Lactose, Milk Proteins), Baking Powder (Corn Starch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate), Sorbitol, Monostearate, Polyisobutyl 60 Monoglycerides, Diglycerides, Phosphoric Acid, Sodium Propionate, Salt, Vanilla Flavor (Water, Sugar, Caramel Color, Citric Acid, Natural and Artificial Flavors), Sodium Benzoate, Potassium Sorbate (Preservative), Sorbic Acid (Preservative), Streptococcus (Bread Yeast) (Cane Sugar, Sugar Cane Molasses), Sugar, Sugar, Bleached Wheat Flour (Bleached Wheat Flour, Nicotin Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, Malted Barley Flour), Margarine (Vegetable Oil Blend (Palm Oil and Soybean Oil), Water, Salt, Contains Less Than 2% of the Following: (Soy Lecithin, Vegetable Mono and Diglycerides, Potassium Sorbate (Preservative), Citric Acid (Preservative), Natural & Artificial Flavors, Beta Carotene (Color), Vitamin A Palmitate added), Wheat Flour, Cinnamon).

Allergens: Contains Egg, Wheat, Soy, Milk; Made In A Facility With Tree Nuts And Peanuts.

