

CYMORTH I FENYWOD
CYFANNOL
WOMEN'S AID



**We are here to support
individuals and families
who have been affected
by domestic abuse or
sexual violence**

We can offer

- Someone to talk to in confidence
- Access to safe accommodation
- Support to stay in your own home
- Specialist support for your children
- Information on how to stay safe
- Help to regain control of your life

Services Include

Crisis support
Refuge
Floating support
Groupwork
Specialist support
for 16-25 year-old
women

Drop-in to our Torfaen office
3 Town Bridge Buildings
Park Road, Pontypool NP4 6JE

We are available
Mon - Fri 9.30am to 4.30pm

**Call us on
03300 564456**

Or email us
Torfaen@cyfannol.org.uk

Together we are stronger



www.cyfannol.org.uk



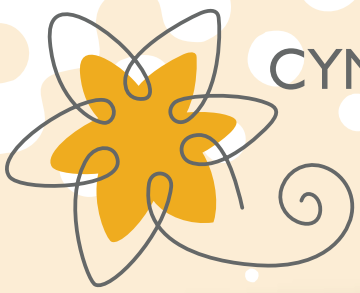
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@CyfannolWAid



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CYFANNOL

WOMEN'S AID



**Rydyn ni yma i gefnogi
unigolion a theuluoedd
sydd wedi cael eu
heffeithio gan
gam-drin domestigneu
drais rhywiol**

Gallwn gynnig

- Rhywun i siarad â hi yn gyfrinachol
- Mynediad i lety diogel
- Cefnogaeth i aros yn eich cartref eich hun
- Cefnogaeth arbenigol i'ch plant
- Gwybodaeth ar sut i gadw'n ddiogel
- Help i gymryd rheolaeth ar eich bywyd yn ôl

**Mae
Gwasanaethau'n
Cynnwys**

Cefnogaeth argyfwng
Lloches

Cefnogaeth symudol
Gwaith grŵp

Cefnogaeth arbenigol
i fenywod 16-25
mlwydd oed

**Galwch heibio i'n swyddfa Torfaen
3 Town Bridge Buildings
Park Road, Pont-y-pŵl NP4 6JE**

**Rydym ar gael o
ddydd Llun i ddydd Gwener
9.30am i 4.30pm**

**Ffoniwch ni ar
03300 564456**

**Neu e-bostiwch
Torfaen@cyfannol.org.uk**

Gyda'n gilydd rydym yn gryfach



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