

| Monday  | Tuesday   | Wednesday   | Thursday  | Friday   |
|---|---|---|---|--|
| <b>Year 9 Basketball Club (Boys and Girls)</b><br><b>LUNCH - EBA</b>                                  | <b>Year 8 Basketball Club (Boys and Girls)</b><br><b>LUNCH - RJM</b>  | <b>All Years Volleyball (Boys and Girls)</b><br><b>LUNCH - GWT</b>  | <b>Year 8/9 Boys Basketball Club</b><br><b>LUNCH – OOR</b>  | <b>Year 7 Basketball (Boys and Girls)</b><br><b>LUNCH – SFD</b>  |
| <b>Year 7-8 Girls Football Club</b><br>3:05pm – 4:15pm<br><b>@Astroturf</b><br><b>Ms Jeram</b>        | <b>Year 7-8 Volleyball Club</b><br>3:05pm – 4:00pm<br><b>@Sports Hall</b><br><b>Ms West/Sixth Formers</b>   | <b>Year 7-8 Netball Club</b><br>3:05pm – 4:15pm<br><b>@ Netball Court</b><br><b>Ms West/Ms Jeram/Volunteers</b> | <b>Year 9-11 Volleyball Club</b><br>3:05pm – 4:15pm<br><b>@Sports Hall</b><br><b>Ms West/Mr Ford</b>                          | <b>Year 10-13 Basketball Club</b><br>3:05pm – 4:15pm<br><b>@Sports Hall</b><br><b>Mr Omar/ Mr Benamaisia</b> |
| <b>Year 9-10 Netball Club</b><br>3:05pm-4:15pm<br><b>@Sports Hall</b><br><b>Ms West/Sixth Formers</b> | <b>Year 9 Boys Football</b><br>3:05pm – 4:15pm<br><b>@Astroturf</b><br><b>Mr Francis</b>  | <b>Year 10 Boys Football Club</b><br>3:05pm – 4:15pm<br><b>@Astroturf</b><br><b>Mr Ford</b>                     | <b>Year 7-9 Basketball Club Girls/Boys</b><br>3.05pm - 4.15pm<br><b>@Sports Hall</b><br><b>Mr Omar/Ms Jeram/Sixth Formers</b> | <b>Sixth Form Football Club</b><br>3:05 – 4:30pm<br><b>@Astroturf</b><br><b>Ms West</b>                      |
| <b>Year 7 Boys Football Club</b><br>3:05pm – 4:15pm<br><b>@Astroturf</b><br><b>Mr Ford</b>            | <b>Year 8 Boys Football</b><br>3.05pm - 4.15pm<br><b>@Astroturf</b><br><b>Mr Benamaisia</b>   | <b>6th Form Volleyball Club</b><br>3:05pm – 4:15pm<br><b>@Sports Hall</b><br>6th Formers                        | <b>Year 9/10/11 Girls Football Club</b><br>3:05pm – 4:15pm<br><b>@Backball court</b><br><b>Mr Benamaisia/Sixth formers</b>    |  |
|   | <b>Cycling Club</b><br>4 – 5pm Herne Hill Velodrome<br><b>Mr Meunier</b><br>Please sign up on ClassCharts if you are interested in cycling club/email Ms West<br><a href="mailto:gwest@charternorthdulwich.org.uk">gwest@charternorthdulwich.org.uk</a> |   | <b>Sixth Form/Staff Netball Club</b><br>4pm-5.15pm<br><b>@Backball court</b><br><b>Ms Vincent/Ms West</b>                     |  |

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| <b>Year 8-9 Trampolining/Bad/TT LUNCH – EBA/GWT</b>  | <b>Year 7/8/9 BADMINTON/TABLE TENNIS LUNCH - RJM</b>   | <b>YEAR 10/11 Trampolining/ Badminton/TT LUNCH - GWT</b>  | <b>Year 9/10 BADMINTON/TABLE TENNIS LUNCH – OOR</b>  | <b>Year 7 TRAMPOLINING/ BAD/TABLE TENNIS LUNCH – SFD</b>  |
| <b>Year 7-8 Girls Football Club</b><br>3:05pm – 4:15pm<br><b>@Astroturf</b><br><b>Ms Jeram</b>   | <b>Year 7-8 Volleyball Club</b><br>3:05pm – 4:00pm<br><b>@Sports Hall</b><br><b>Ms West/Sixth Formers</b>  | <b>Year 7/8/9 Netball Club</b><br>3:05pm – 4:15pm<br><b>@ Netball Court</b><br><b>Ms West/Ms Jeram/Volunteers</b> | <b>Year 9-11 Volleyball Club</b><br>3:05pm – 4:15pm<br><b>@Sports Hall</b><br><b>Ms West/Mr Ford</b>   | <b>All Years Basketball Club</b><br>3:05pm – 4:15pm<br><b>@Sports Hall</b><br><b>Mr Omar/ Mr Benamaisia</b> |
| <b>All Years Trampolining/BAD/TT</b><br>3:05pm-4:15pm<br><b>@Sports Hall</b><br><b>Ms West/Sixth Formers</b><br>Please sign up on ClassCharts if you are interested /email Ms West<br><a href="mailto:gwest@charternorthdulwich.org.uk">gwest@charternorthdulwich.org.uk</a> | <b>Year 9 Boys Football</b><br>3:05pm – 4:15pm<br><b>@Astroturf</b><br><b>Mr Francis</b>   | <b>Year 10 Boys Football Club</b><br>3:05pm – 4:15pm<br><b>@Astroturf</b><br><b>Mr Ford</b>                       | <b>All Years Trampolining/TT</b><br>3:05pm-4:15pm<br><b>@Sports Hall</b><br><b>Ms West/Sixth Formers</b><br>Please sign up on ClassCharts if you are interested /email Ms West<br><a href="mailto:gwest@charternorthdulwich.org.uk">gwest@charternorthdulwich.org.uk</a> | <b>Sixth Form Football Club</b><br>3:05 – 4:30pm<br><b>@Astroturf</b><br><b>Ms West</b>                     |
| <b>Year 7 Boys Football Club</b><br>3:05pm – 4:15pm<br><b>@Astroturf</b><br><b>Mr Ford</b>   | <b>Cycling Club</b><br>4 – 5pm <b>Herne Hill Velodrome</b><br><b>Mr Meunier</b><br>Please sign up on ClassCharts if you are interested in cycling club/email Ms West<br><a href="mailto:gwest@charternorthdulwich.org.uk">gwest@charternorthdulwich.org.uk</a> | <b>*6th Form Volleyball Club*</b><br>3:05pm – 4:15pm<br><b>@Sports Hall</b><br>6th Formers                        | <b>Year 8 Boys Football Club</b><br>3:05pm – 4:15pm<br><b>@Backball court</b><br><b>Mr Benamaisia/Sixth formers</b>  |   |

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| <p><b><u>Year 7/8/9/10 Boys and Girls Athletics – SFD/EBA</u></b><br/>Sports Hall/JAGS<br/>3:05pm – 4:15pm</p>  <p>If you want to be selected for competitions, then you should be attending this club.</p> <ul style="list-style-type: none"> <li>- 100m/200m/300m/800m and 1500m</li> <li>- Long Jump/Triple Jump and High Jump</li> <li>- Javelin/Shot Put/Discus</li> </ul> | <p><b><u>***Year 7/8 Hockey Club</u></b><br/>Astroturf/BBC/RC<br/>3:05 – 4:15pm<br/>***TBC – possible external coaches<br/>Winkworth CC</p>  | <p><b><u>Year 7/8/9/10 Boys and Girls Cricket</u></b><br/><b><u>Hardball and Softball</u></b><br/>@The Griffin Sports Ground<br/>(3:30 – 4:30) EBA and GWT<br/>We will have different nets for different age groups.<br/>(We have limited kit available to borrow, please bring your own box for hardball nets/batting)</p>  | <p><b><u>Year 7/8/9/10 Boys and Girls Rounders Club</u></b><br/>– RJM<br/>@Astroturf</p>  | <p><b><u>All Years Basketball Club</u></b><br/>3:05pm – 4:15pm<br/>@Sports Hall<br/>Mr Omar/<br/>Mr Benamaisia</p>  |
|   | <p><b><u>All years Strength &amp; Conditioning (S&amp;C)</u></b><br/>EBA – SH/BBC</p>   |   | <p><b><u>Year all years Boys and Girls Pickleball Club @ NC – GWT</u></b></p>            | <p><b><u>Sixth Form Football Club</u></b><br/>3:05 – 4:30pm<br/>@Astroturf<br/>Ms West</p>                         |

**Full Charter PE Kit is expected to ALL CLUBS!**