



Summer Menu – August 17 - August 23, 2026

Follows Canada's Food Guide

Week 3	Monday (17)	Tuesday (18)	Wednesday (19)	Thursday (20)	Friday (21)	Saturday (22)	Sunday (23)
BREAKFAST 7:30 – 9:00 am	Assorted Juices* Yogurt Assorted Cereal Oatmeal Boiled Egg/Egg Bites Toast/Butter/Preserves Freshly Baked Muffins Fresh Fruit	Assorted Juices* Yogurt Assorted Cereal Cream of Wheat Boiled Egg/Egg Bites Toast/Butter/Preserves Freshly Baked Muffins Fresh Fruit	Assorted Juices* Yogurt Assorted Cereal Oatmeal Boiled Egg/Egg Bites Toast/Butter/Preserves Freshly Baked Muffins Fresh Fruit	Assorted Juices* Yogurt Assorted Cereal Cream of Wheat Boiled Egg/Egg Bites Toast/Butter/Preserves Freshly Baked Muffins Fresh Fruit	Assorted Juices* Yogurt Assorted Cereal Oatmeal Boiled Egg/Egg Bites Toast/Butter/Preserves Freshly Baked Muffins Fresh Fruit	Assorted Juices* Yogurt Assorted Cereal Cream of Wheat Boiled Egg/Egg Bites Toast/Butter/Preserves Freshly Baked Muffins Fresh Fruit	Assorted Juices* Yogurt Assorted Cereal Oatmeal Boiled Egg/Egg Bites Toast/Butter/Preserves Freshly Baked Muffins Fresh Fruit
Café Style							
LUNCH 12:00 – 1:15 pm	Soup of the Day Assorted Sandwiches <u>Herb Roasted Chicken</u> Potato Wedges Vegetables Assorted Desserts	Soup of the Day Assorted Sandwiches <u>Hot Dog</u> Baked Beans Coleslaw Vegetables Assorted Desserts	Soup of the Day Assorted Sandwiches <u>Turkey Stew</u> Biscuits Vegetables Assorted Desserts	Soup of the Day Assorted Sandwiches <u>Lasagna</u> Caesar Salad Garlic Toast Vegetables Assorted Desserts	Soup of the Day Assorted Sandwiches <u>Clubhouse Sandwich</u> Roasted Potatoes Vegetables Assorted Desserts	Soup of the Day Assorted Sandwiches <u>Ham & Spinach Quiche</u> Vegetables Assorted Desserts	Soup of the Day Assorted Sandwiches <u>Sunday Brunch</u> Fresh Fruit Homemade Muffins Scrambled Eggs Pancakes Bacon/Sausages Hashbrowns Assorted Desserts
Café Style							
SUPPER 5:00 – 6:15 pm	Soup of the Evening <u>Pork Cutlets</u> Stuffed Potatoes Vegetables Dessert of the Evening	Soup of the Evening <u>Meatloaf</u> Mashed Potatoes Gravy Vegetables Dessert of the Evening	Soup of the Evening <u>Lemon Pepper Sole</u> Rice Vegetables <u>2nd Choice</u> Dessert of the Evening	Soup of the Evening <u>Greek Chicken</u> Baked Potatoes Gravy Vegetables Dessert of the Evening	Soup of the Evening <u>Taco Salad</u> Vegetables Dessert of the Evening	Soup of the Evening <u>Fish & Chips</u> Vegetables Dessert of the Evening	Soup of the Evening <u>Baked Ham</u> Mashed Potatoes Vegetables Dessert of the Evening

Some Items May Vary According to Availability

** Orange Juice, Apple Juice, Regular & Diet Cranberry Juice, Tomato Juice, V8, Milk, Chocolate Milk and Water available at all meals.

APPROVED