



Summer Menu – September 7 - September 13, 2026

Follows Canada's Food Guide

Week 1	Monday (07)	Tuesday (08)	Wednesday (09)	Thursday (10)	Friday (11)	Saturday (12)	Sunday (13)
BREAKFAST 7:30 – 9:00 am	Assorted Juices* Yogurt Assorted Cereal Oatmeal Boiled Egg/Egg Bites Toast/Butter/Preserves Freshly Baked Muffins Fresh Fruit	Assorted Juices* Yogurt Assorted Cereal Cream of Wheat Boiled Egg/Egg Bites Toast/Butter/Preserves Freshly Baked Muffins Fresh Fruit	Assorted Juices* Yogurt Assorted Cereal Oatmeal Boiled Egg/Egg Bites Toast/Butter/Preserves Freshly Baked Muffins Fresh Fruit	Assorted Juices* Yogurt Assorted Cereal Cream of Wheat Boiled Egg/Egg Bites Toast/Butter/Preserves Freshly Baked Muffins Fresh Fruit	Assorted Juices* Yogurt Assorted Cereal Oatmeal Boiled Egg/Egg Bites Toast/Butter/Preserves Freshly Baked Muffins Fresh Fruit	Assorted Juices* Yogurt Assorted Cereal Cream of Wheat Boiled Egg/Egg Bites Toast/Butter/Preserves Freshly Baked Muffins Fresh Fruit	Assorted Juices* Yogurt Assorted Cereal Oatmeal Boiled Egg/Egg Bites Toast/Butter/Preserves Freshly Baked Muffins Fresh Fruit
Café Style							
LUNCH 12:00 – 1:15 pm	Soup of the Day Assorted Sandwiches <u>Hamburgers with all the fixings</u> Onion Rings Vegetables Assorted Desserts	Soup of the Day Assorted Sandwiches Pork Cutlets Mashed Potatoes Gravy Vegetables Assorted Desserts	Soup of the Day Assorted Sandwiches <u>Hawaiian & Canadian Pizza</u> Caesar Salad Vegetables Assorted Desserts	Soup of the Day Assorted Sandwiches <u>Denver Sandwich</u> Potato Wedges Vegetables Assorted Desserts	Soup of the Day Assorted Sandwiches <u>Homemade Hamburger Helper</u> Vegetables Assorted Desserts	Soup of the Day Assorted Sandwiches <u>Chicken Fajita Wrap</u> French Fries Vegetables Assorted Desserts	Soup of the Day Assorted Sandwiches <u>Sunday Brunch</u> Fresh Fruit Homemade Muffins Scrambled Eggs Pancakes Bacon/Sausages Hashbrowns Assorted Desserts
Café Style							
SUPPER 5:00 – 6:15 pm	Soup of the Evening <u>Italian Chicken</u> Roasted Potatoes Gravy Vegetables Dessert of the Evening	Soup of the Evening <u>Garlic Butter Shrimp</u> Rice Vegetables <u>2nd Choice</u> Dessert of the Evening	Soup of the Evening <u>Lemon Pepper Sole</u> Rice Vegetables <u>2nd Choice</u> Dessert of the Evening	Soup of the Evening <u>Bacon & Cheese Chicken</u> Mashed Potatoes Gravy Vegetables Dessert of the Evening	Soup of the Evening <u>Pork Ribs</u> Parsley Potatoes Vegetables Dessert of the Evening	Soup of the Evening <u>Lasagna</u> Garlic Bread Vegetables Dessert of the Evening	Soup of the Evening <u>Roast Turkey</u> Mashed Potatoes Gravy Stuffing Vegetables Dessert of the Evening

Some Items May Vary According to Availability

** Orange Juice, Apple Juice, Regular & Diet Cranberry Juice, Tomato Juice, V8, Milk, Chocolate Milk and Water available at all meals.

APPROVED