



Fall Menu – September 28 - October 4, 2026

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Week 4	Monday (28)	Tuesday (29)	Wednesday (30)	Thursday (01)	Friday (02)	Saturday (03)	Sunday (04)
BREAKFAST 7:30 – 9:00 am	Assorted Juices* Yogurt Assorted Cereal Oatmeal Boiled Egg/Egg Bites Toast/Butter/Preserves Freshly Baked Muffins Fresh Fruit	Assorted Juices* Yogurt Assorted Cereal Cream of Wheat Boiled Egg/Egg Bites Toast/Butter/Preserves Freshly Baked Muffins Fresh Fruit	Assorted Juices* Yogurt Assorted Cereal Oatmeal Boiled Egg/Egg Bites Toast/Butter/Preserves Freshly Baked Muffins Fresh Fruit	Assorted Juices* Yogurt Assorted Cereal Cream of Wheat Boiled Egg/Egg Bites Toast/Butter/Preserves Freshly Baked Muffins Fresh Fruit	Assorted Juices* Yogurt Assorted Cereal Oatmeal Boiled Egg/Egg Bites Toast/Butter/Preserves Freshly Baked Muffins Fresh Fruit	Assorted Juices* Yogurt Assorted Cereal Cream of Wheat Boiled Egg/Egg Bites Toast/Butter/Preserves Freshly Baked Muffins Fresh Fruit	Assorted Juices* Yogurt Assorted Cereal Oatmeal Boiled Egg/Egg Bites Toast/Butter/Preserves Freshly Baked Muffins Fresh Fruit
Café Style							
LUNCH 12:00 – 1:15 pm	Soup of the Day Assorted Sandwiches Turkey Cutlets Mashed Potatoes & Gravy Vegetables Assorted Desserts	Soup of the Day Assorted Sandwiches Grilled Ham & Cheese Roasted Potatoes Vegetables Assorted Desserts	Soup of the Day Assorted Sandwiches Chilli Garlic Toast Vegetables Assorted Desserts	Soup of the Day Assorted Sandwiches Honey Garlic Pork Fried Rice Vegetables Assorted Desserts	Soup of the Day Assorted Sandwiches Teriyaki Meatballs Chow Mein Noodles Vegetables Assorted Desserts	Soup of the Day Assorted Sandwiches Pubhouse Fish Fries Coleslaw Vegetables Assorted Desserts	Soup of the Day Assorted Sandwiches Sunday Brunch Fresh Fruit Homemade Muffins Fresh Omelette French Toast Bacon/Sausages Hashbrowns Assorted Desserts
Café Style							
SUPPER 5:00 – 6:15 pm	Soup of the Evening Liver & Onions Baked Potatoes Vegetables 2 nd Choice Dessert of the Evening	Soup of the Evening Chicken Cordon Bleu Potato Wedges & Gravy Vegetables Dessert of the Evening	Soup of the Evening Salmon Rice Vegetables 2 nd Choice Dessert of the Evening	Soup of the Evening Cabbage Rolls Steamed Potatoes Vegetables Dessert of the Evening	Soup of the Evening Chicken with Mushroom Sauce Mashed Potatoes Vegetables Dessert of the Evening	Soup of the Evening Beef Stew Vegetables Dessert of the Evening	Soup of the Evening Roast Beef Mashed Potatoes & Gravy Yorkshire Pudding Vegetables Dessert of the Evening

Some Items May Vary According to Availability

** Orange Juice, Apple Juice, Regular & Diet Cranberry Juice, Tomato Juice, V8, Milk, Chocolate Milk and Water available at all meals.

APPROVED