



CHINOOK VILLAGE 2026 OCTOBER CALENDAR



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LEGEND GUIDE MR – Main Floor 2 nd - Floor 2 3 rd - Floor 3 4 th - The Chapel TR- Terrace Room	Volunteers Needed Morning Coffee Bistro Please call Recreation 403-526-6951 Ext. 520					
				1 9:30 Bible Study 3 rd 10:30 Hang Words 2 nd 2:00 B I N G O ! 2 nd 3:30 Balance Matters  2 nd 6:30 Music with  TR “Mixed Bag”	2 9:30 Sit & Fit 2 nd 10:30 Never have I Ever 2 nd 2:00 TERRY FATOR 3 rd  New! Get Ready to Laugh! 2:00 Ice Cream Parlour MR	3 9:30 CHAIR  ZUMBA 2 nd 10:30 Musica  Memorie 2 nd 2:00 Ice Cream Parlour MR
4 2:00 Chapel Service On 4 th 	5 9:30 Sit & Fit 2 nd 10:30  2 nd 1:30 Movie &  Popcorn! 3 rd 6:30 Hymn Sing  4 th	6 9:00 Supportive Living TR Fall Vaccine Clinic 9:30 Sit & Fit 2 nd 10:30 Healthy Minds  2 nd Brain Fitness for active aging 2:00 Ladies Tea 2 nd 6:30 Music with  TR “Uke Crew”	7 9:30 Sit & Fit 2 nd 10:00 Assisted Living 4 th Fall Vaccination Clinic 10:30 Meet & Greet  2 nd 11:00 Prayer Meeting 4 th BAND APPRECIATION No Afternoon Programs	8 9:30 Bible Study 3 rd 10:30 Chair Yoga 2 nd 2:00 B I N G O ! 2 nd 3:30 Balance Matters  2 nd 6:30 Music with  TR “Three's Company”	9 9:30 Sit & Fit 2 nd 10:30 Pumpkin 2 nd  Patch & Preschool  2:00  2 nd 2:00 Ice Cream Parlour MR	10 10:30  Virtual Tour 2:00 Ice Cream Parlour MR
11 2:00 Chapel Service On 4 th 	12  No Programs Today	13 9:30 Sit & Fit 2 nd 10:30 Healthy Minds  2 nd Brain Fitness for active aging 1:00 B12 & Blood 4 th Pressure Clinic 2:00 Lucky Envelope 2 nd  Give Away! 6:30 Music with  TR “Classic Country”	14 9:30 Sit & Fit 2 nd 10:30 Cards & Coffee 2 nd 11:00 Prayer Meeting 4 th 11:45 Men's Lunch! 2 nd  KFC sogood™ 2:00 Sing-A-Long  4 th with Arlene	15 9:30 Bible Study 3 rd 10:30  2 nd 2:00 B I N G O ! 2 nd 3:30 Balance Matters  2 nd 6:30 Music with  TR “Melody & Song”	16 9:30 Sit & Fit 2 nd 2:00 DOLLY IS LIVE! 2 nd   2:00 Ice Cream Parlour	17 9:30 Noodle Fitness 2 nd 10:30 Music with  2 nd “Russel Scherer” 2:00 Ice Cream Parlour MR
18 2:00 Chapel Service On 4 th 	19 9-12 Alberta Referendum In Terrace Room 10:00 Painting  2 nd A Masterpiece 1:30 Sewing Club 4 th 2:00 Hymn Sing  4 th	20 9:30 Sit & Fit 2 nd 10:30 Healthy Minds  2 nd Brain Fitness for active aging 2:00 The Price Was 2 nd  Right...1950 Edition 6:30 Music with  TR “Robby”	21 9:30 Sit & Fit 2 nd 10:30 Cards & Coffee 2 nd 11:00 Prayer Meeting 4 th 11:30   SIGN UP 2 nd 3:00 Wii Bowling  3 rd	22 9:30 Bible Study 3 rd 10:30 Word Mines 2 nd 2:00 B I N G O ! 2 nd 3:30 Balance Matters  2 nd 6:30 Music with  TR “2B Flat”	23 9:30 Sit & Fit 2 nd 9:30 Personal Touch TR Fashion Store 2:00  2 nd 2:00 Ice Cream Parlour MR	24 9:30 Ball Exercises 2 nd 10:30 Hyland Dancers 2 nd  2:00 Ice Cream Parlour MR
25 2:00 Chapel Service On 4 th 	26 9:30 Sit & Fit 2 nd 10:30 Mind Games 2 nd Halloween Style! 2:00 Line Dancers  TR	27 9:30 Sit & Fit 2 nd 10:00 Coffee Hour 2 nd 2:00 BIRTHDAY BASH! Music with  “The Rusty Nails” In the Terrace Room Friends & Family Welcome! 	28 9:30 Sit & Fit 2 nd 10:30 Cards & Coffee 2 nd 11:00 Prayer Meeting 4 th 2:00 RESIDENT 3 rd COUNCIL MEETING 3:00 <i>PIE à la Mode</i>  2 nd	29 9:30 Bible Study 3 rd 10:30 Horse Races  2 nd 2:00 B I N G O ! 2 nd 3:30 Balance Matters  2 nd 6:30 Music with  TR “Muriel & Og's”	30 10:30 Costume Parade! 2 nd 2:00  2 nd 2:00 Ice Cream Parlour MR	31 9:30 Chair Dancing 2 nd with Karla 10:30 Furry Friend  2 nd Dog Visits! 2:00 SPECIAL OFFERS MR ICE CREAM PARLOUR Happy Halloween! 