

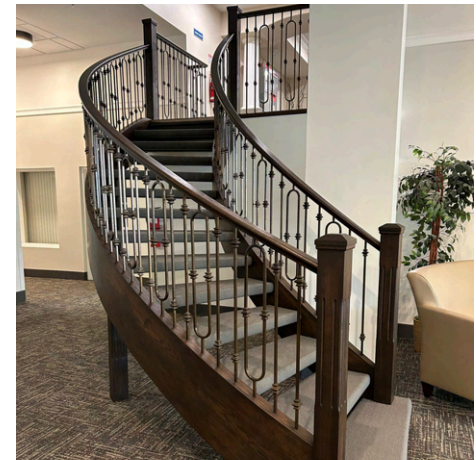
## INSIDE THIS ISSUE

- Main Lobby & Reception Makeover
- Park Updates
- Park Guidelines
- From the Desk of Linda Hygard
- 2026 Board & Committee Members
- Odds & Ends
- Changes to Phone System
- Chaplain Bob: He Shall Have Dominion
- Maintenance Messages
- New Residents
- In Remembrance
- Welcoming Committee Volunteer
- Message from Melanie
- Library News
- New Art Gallery Exhibit
- Ice Cream Parlour & Gift Shop
- Marg Telke: A Hat for Every Season
- Resident Snapshots
- Bistro Gardens Patio
- Canada Post Notice
- Upcoming Holidays & Events



## Main Lobby & Reception Makeover

The renovations in our Main Lobby and Reception area were successfully completed at the beginning of April, and we are thrilled by the positive feedback we have received from both residents and visitors so far. We are currently in the process of incorporating decor and artwork, while we eagerly await the arrival of new furniture. We look forward to adding these finishing touches and unveiling the final result!



## Park Updates Coming Soon...

You may have noticed the south end of the Park is looking a bit more open, following tree removal to make way for new landscaping. Pictured to the right is a Landscape Proposal Plan, which we will use as a guideline when making updates. The plan organizes the Park by Plant Hardiness Zones, ensuring that new plants are placed in areas where they can thrive. Read *'From the Desk of Linda Hygard'* for more details about the current state of the project from our Managing Director!



## Park Guidelines for Residents & Guests

While we are on the topic of the Park, we would like to share a few important etiquette reminders for both residents and visitors to take note of as we head into the summer months:

- **Child Supervision:** Children aged 16 and under must be accompanied by an adult at ALL TIMES while in the Park.
- **Water Safety:** The pond poses a significant water hazard - refrain from climbing on the rocks, throwing stones into the pond, or wading in.
- **Noise Considerations:** Excessive noise in the Park can disrupt nearby suites. Please be considerate of other residents' peace and quiet.
- **Pathway Restrictions:** Bikes, kids' scooters, skateboards, rollerblades, etc. are not permitted on the pathways in the Park.



- **Policies:** Just like the building, the Park is a smoke-free, alcohol-free, and pet-free environment.
- **Resident Responsibility:** As a resident, it is YOUR responsibility to ensure these rules are being followed. Any issues that arise in the Park should be reported to Reception or Maintenance staff immediately, allowing us to address concerns promptly.

Thank you for your cooperation in making our Park a pleasant outdoor space for everyone!

# From the Desk of

## Linda Hygard, Managing Director



As spring gently begins to unfold around us — despite that last surprise snowfall — we are reminded that each season arrives in its own time. I was reminded of this myself after planting a little too early and needing to replace some flowers. Moments like these can teach us patience and trust, especially when our plans do not unfold quite as we had hoped.

The same spirit is guiding us as we move forward with the work in the Park. Our contractor, who was to manage the approved project from last year, had to relocate from Medicine Hat, and we now find ourselves needing to adjust our plans. Thankfully, the foundation has been laid: we know what needs to be done, what plants are needed, and where they will go. We are now looking for a contractor to assist with the earth moving, and then we will be ready to continue. We are also grateful that our gardener, Kathy, has returned, and that our regular summer labourer will begin in mid-June, with another helper joining us through the Canada Summer Jobs grant program. We remain hopeful that all will come together in due course, and we thank everyone for the patience and grace shown along the way.

We also recently held our Annual General Meeting. Although the turnout for the buffet and meeting was smaller than we had hoped, quorum was reached once the non-diners joined us — by just one person. In many ways, a quiet meeting can be a sign that life in our community is steady and peaceful, and for that we are thankful. At the same time, this gathering is an important part of our shared responsibility as life lease holders, and we hope that next year even more residents will feel encouraged to take part. Your presence, interest, and voice all contribute to the strength and well-being of our Village community.

The regular board meeting was held prior to the AGM and Electric Vehicle parking was one topic of discussion. It was confirmed that our current practice is Electric Vehicles, diesel vehicles, or propane vehicles are not permitted in the Parkade. Hybrid vehicles are permissible at this time, but it is under review. No charging is permitted. Just a friendly reminder that all vehicles in the Parkade must be licensed, insured, and driveable.

Enough business — let's look at some of the joyful activities being planned. The first week of June is Seniors' Week, and we will gather for our traditional BBQ in the park on June 3<sup>rd</sup>. July brings our Stampede Pancake Breakfast, and the Ice Cream Parlour will be open Friday, Saturday, and Sunday at 2:00 PM throughout the summer months. As always, we are grateful for the spirit of fellowship, kindness, and neighbourly care that makes our Village feel like home. It is a blessing to share this season together in a community rooted in faith, compassion, and respect.

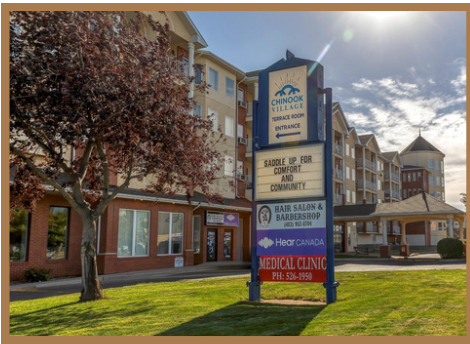


**Are you covered?...** While Chinook Village is fully insured through your monthly maintenance fees, it is the responsibility of each resident to secure individual insurance coverage. Your policy should

include: coverage for all personal contents, a Water Escape Clause, and a minimum of \$1 million in liability coverage. Similarly, all vehicles parked in the Parkade and outside lots must possess valid insurance and registration.

## 2026 Board & Committee Members

The Annual General Meeting (AGM) for the Chinook Village Housing Society was held on Wednesday, May 20<sup>th</sup>. The following Board and Committee Members have been appointed for the 2026 term:



### Housing Society Board Members

Gerhard Brost	Chairperson
Roy Hjelte	Vice Chairperson
Al Widmer	Treasurer
Gordon Demke	-
Lorrie Earl	-
Randy Fai	-
Bill T.	East Representative
Lorraine S.	West Representative
<b>Vacant</b>	South Representative
<b>Vacant</b>	Village Lane Representative

### Resident Management Committee Members

Marjorie C.	West Building
Sheryl K.	West Building
Gord N.	East Building
Bill T.	East Building
Pauline S.	South Building
Ed T.	South Building
<b>Vacant</b>	Village Lane Building

## Odds & Ends

**Friendly reminders that may not fit into a specific category, but are important for residents to know!**



Chinook Village is a Scent-Free facility. This applies to common areas throughout the building, including hallways and elevators. For the health and consideration of others, please avoid wearing scented beauty and personal products that can trigger sensitivities and allergic reactions.



Scooters must be stored in suites in Independent Living and can be parked in hallways with special permission from Maintenance Manager, John. If in the hallway, they must be parked on the opposite side of the handrails and charging should always be supervised.



It's that time of year again - Property Tax notices have been delivered, so be sure to check your mailbox!

### Changes to Phone System



As of May 11<sup>th</sup>, Chinook Village launched a new auto-attendant feature as part of our upgraded phone system. When you call our main phone line (403-526-6951) during business hours, you will now hear a recorded message with various menu options. Please listen carefully to help you choose the appropriate option. If you do not feel comfortable leaving voicemail or are unsure of who you need to talk to, know that **you can stay on the line or press 3 at any time to speak to Reception**. One of the main objectives of these changes is to streamline calls related to meal attendance, which account for a significant portion of our incoming phone traffic. Thank you for your patience and understanding as we implemented this new system and worked through any issues that came up.

# “He Shall Have Dominion”

By Chaplain Bob Church



Many of us remember when July 1<sup>st</sup> was not called Canada Day, but instead, it was called “Dominion Day.” That older name may sound unfamiliar today, but it once spoke clearly of the spiritual foundation on which our nation was built. Dominion Day marked the birth of Canada in 1867, when several provinces were joined together as one country. But the name chosen for that new nation carried a meaning far greater than politics – it pointed to God.

## **A Nation Named from Scripture**

During the discussions that led to Confederation, Sir Samuel Leonard Tilley, one of the Fathers of Confederation, suggested the name “Dominion of Canada” after reflecting on Psalm 72:8: “*He shall have dominion also from sea to sea...*”

These words gave voice to both a vision and a conviction – that Canada would grow from one ocean to another, and that it would do so under the authority and blessing of God. From this same passage came our national motto, “*From sea to sea.*”

The name Dominion was a humble one. It reminded the nation that authority ultimately belongs to the Lord, and that human leadership should be carried out with reverence, justice, and accountability before Him.

## **The Faith That Shaped a Nation**

In those early years, many of Canada’s leaders were men of faith. Scripture was read, prayers were offered, and decisions were made with a sense of responsibility before God. They understood that a nation cannot stand strong on laws and institutions alone – it needs a moral foundation rooted in something higher.

The idea of Canada as a “Dominion” reflected that belief: that a country so vast would need guidance beyond human wisdom.

## **A Growing Nation, A Fading Memory**

Over the years, Canada has become more diverse, and shaped by many cultures and perspectives. This diversity has enriched our country in many ways. Yet in the midst of that growth, the original meaning of “Dominion” has quietly faded.

With the renaming of Dominion Day in 1982, that reminder of our spiritual roots became less visible. Some may feel that as we have moved away from that foundation, we have also lost a measure of the shared moral direction that once helped guide us as a people.

## **A Gentle Reminder and a Challenge**

Remembering Dominion Day is not about turning back the clock, but about remembering the foundation that was laid before us. It calls us to reflect on the kind of nation Canada was meant to be – one that recognized God’s authority and sought His guidance.

As we look at our country today – so vast, so diverse, and still growing – we might gently ask ourselves: *Could it be that a nation like ours still needs a common guiding truth, something higher than all of us, to unite and direct us?*

And might that guiding principle still be found in the words that helped name this land: “*He shall have dominion... from sea to sea.*”



### **Sunday Chapel Services**

All Residents

2:00 PM

Chapel (4th Floor, CV Center)

### **Wednesday Prayer Meetings**

Assisted & Supportive Living

10:40 AM

Chapel (4th Floor, CV Center)

### **Bible Studies**

Independent Living  
Tuesdays @ 9:30 AM  
Garden Lounge

Assisted & Supportive Living  
Thursdays @ 9:30 AM  
3rd Floor CV Center Lounge

# Maintenance Messages



## AIR CONDITIONERS

The summer heat is on the way! Here are some essential tips to keep in mind for your air conditioner:

- Every air conditioner is equipped with thermostatic controls and adjustable fan speed settings.
- Discover your ideal temperature setting and maintain it; the unit will automatically adjust as necessary.
- Avoid setting the temperature too low, as this can strain the unit and lead to malfunctions.
- If your air conditioner is not cooling effectively, it may require servicing. Regular cleaning and recharging of the cooling gas are necessary for optimal performance.

For any air conditioner-related concerns, please contact Reception to submit a Maintenance Request.

## SAAMIS ROTARY CLUB'S BEYOND THE BIN RECYCLING ROUNDUP

**Saturday, May 30<sup>th</sup>**

**8:00 AM - 4:00 PM**

**Medicine Hat Stampede Grounds**

*What can you bring?*

- Electronics
- Tires
- Paint & Paint Containers
- Used Oil Materials
- Used Batteries
- Household Hazardous Waste



## GARBAGE & RECYCLING REMINDERS

### GARBAGE:

- Several garbage chutes are conveniently situated throughout the Village for your waste disposal needs.
- **Garbage collection occurs weekly on Fridays, between 7:00 AM and 10:00 AM.** Please refrain from using the chutes during this time!
- Loose items should not be discarded in the chutes. Make sure your garbage is bagged securely to maintain cleanliness and prevent odours in the Parkade and hallways.
- To avoid clogging the chutes, large bags of garbage should be taken directly to the garbage bins located in the Parkade.
- Please do not dispose of furniture, mattresses, or other oversized items in the garbage bins. You are responsible for taking these items to the landfill for proper disposal.

### RECYCLING:

- Recycling bins are located in the Parkade: in the West Building (against the wall of the North Building) and the East Building (against the wall of the South Building).
- Recycling is collected on Mondays and Thursdays. If the bins are full or overflowing, please inform Reception.
- The bins are designated for the following materials: **Newsprint, Mixed Paper, Mixed Plastics, Tin, and Cardboard.**
- Ensure recyclables are clean and placed in the correct bins. Anything contaminated with food residue, etc. should go in the garbage.
- Do not leave recyclables in the garbage chute rooms.



## **VOLUNTEER NEEDED!** **Independent Living Welcoming Committee**

*We're still on the hunt for a superstar volunteer to represent Village Lane on the Independent Living Welcoming Committee! These friendly faces play an important role in helping new residents feel at home by providing tours, showing them their Fire Escape Route, and introducing them to their neighbours. If this sounds up your alley, give Jaelene at Reception a ring at 403-526-6951.*



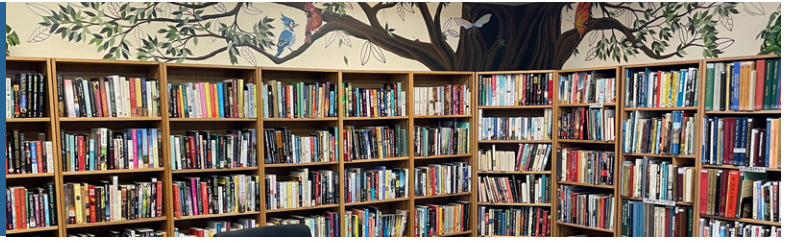
## **Message from Melanie: Being A Good Neighbour** Lifestyle Consultant

For many of our residents, making the move to Chinook Village is their first experience in a communal living environment. Chinook Village isn't your average 55+ building; it's a vibrant retirement community comprised of over 300 occupied suites and nearly 400 individual residents – that's a lot of different personalities under one roof! To foster a peaceful and harmonious living space for everyone, we kindly ask that you be mindful of your neighbours and follow our designated "quiet time" hours, which are from 10:00 PM at night to 8:00 AM in the morning. For you night owls, this means no vacuuming or doing laundry overnight, and for the early risers, try to avoid blending smoothies at 5:00 AM. If your neighbour approaches you with concerns, please do your best to be open and understanding of their perspective. Whenever possible, work together to come up with a amicable solution. Should you feel the need for additional support, you can always fill out a pink 'Your Comments Matter' card to have your concerns addressed by management. Transitioning to shared living can be an adjustment, but the advantages of having so many neighbours far exceed any of the drawbacks. Just think – the next time you need a cup of sugar, you have over 300 doors to knock on!

# Library News

from Anne Opp

HOURS: Mon, Wed, Fri | 2:00 - 3:30 PM



## DIVE INTO INSPIRING TRUE STORIES THIS SUMMER!

If you're a fan of true stories, we have a selection of books in our Chinook Village Library that you might find intriguing.

We have three copies of "Cleared for Take Off," written by John Muzzy, husband of our resident Laura Muzzy. This book is filled with fascinating and humorous stories from his years as a pilot. One copy can be found in the Christian Fiction section under the author name Owen Salway, while the other two are in the Biography section under Muzzy, John.

Our Library boasts a diverse collection of biographies about entertainers and notable figures, including: Susan Boyle, Michael Buble', Tim Conway, Walter Gretzky, Alice Kanewisher, Gordon Lightfoot, James Marshall (a local Medicine Hat artist), Minnie Pearl, Farley Mowat, Charlie Pride, Yvonne Seitz, Betty White, Lawrence Welk, Natalie Wood, and Chuck Yeager. Additionally, Chinook Village resident Pat Meek has written three books about her life.

If you enjoy biographies, be sure to stop by and explore this captivating section!



The Chinook Village Art Gallery has been transformed into a charming mini museum with its latest exhibit, titled *"Antiques and Favourite Old Things."* This nostalgic showcase features historical artifacts, treasured collectibles, and cherished family heirlooms contributed by our very own residents and staff. You can find the Art Gallery on the 2<sup>nd</sup> Floor in the North Building, by Elevator #4. This exhibit will be available for viewing until July, so don't miss it!



*Ice Cream Parlour  
& Gift Shop*

**SUMMER HOURS:**  
**Friday, Saturday & Sunday**  
**2:00 - 4:00 PM**

Location: North Building, Main Floor

Across from Suite #148 - look for the red & white striped awning!

# A HAT FOR EVERY SEASON

By Marg Telke, CV Resident

Spring has sprung – and with such grace and beauty. It feels so good to watch the children playing on green grass again, midst laughter of pure delight. And the forest of trees around Chinook Village finally breaking out in foliage of a variety of shades of green. The cloud formations, so April-like, which changes the saying to, “May showers bring June flowers.”

The best of all came as a huge surprise several mornings ago, when we awoke to a sight that made us gasp for breath (and it wasn't the new medication I was experimenting with)! The scene that greeted us was truly breathtaking. The entire airspace all around us was filled with masses of lovely, lacy snow-flowers. Clusters of beautifully crafted snowflakes formed flowers of snow. They entirely took over the skies, clouds, and trees, and we were actually “invaded” by the friendliest of creations.

Many of us residents exclaimed that never before in our 80 or 90 years of living, had we seen such a beautiful sight. It lasted over an hour, and is a real “boon” to the prairies moisture supply for crops. This explosion of sheer beauty lingers on, and triggers memories of springtimes of the past.

My 1st and 2nd graders loved making “acrostics” – that is making words to create mental images. One was about spring hats the ladies and girls wore on May Day. Here is a sample:

## H is for...

the many **Hats** mommy wears  
**Hitting**, which is bad to do  
**Heaven**, where I'll live forever  
**Help** when we're in trouble  
**Hens** that give us eggs, and mom's **Hands** that make them into meals



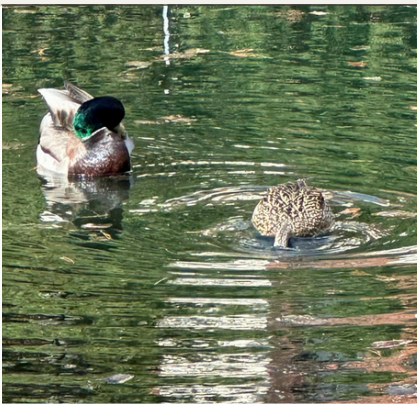
## A is for...

All the chores I have to do  
**Apples**, juicy and round  
**Arithmetic**, which is awful hard  
my **Age**, which is six

## T is for...

**Trying** to be good  
**Tears** that roll down my cheeks when I fall off my bike  
the stories my **Teacher** tells  
**Time** to go to bed, or the **Time** that goes too fast

So get on your **HAT**, one for every day. Whether it's the “Grandma Hat,” the “Gardening Hat,” or the “Neighbour Hat” - they'll help you be YOU that day!



“Bath Time”  
Submitted by Darlene A.

## Resident Snapshots



Life at Chinook  
Captured by Residents

Send your photos to [info@chinookvillage.com](mailto:info@chinookvillage.com) + they just might be featured in the next newsletter!



“Hitchin' A Ride”  
Submitted by Ron S.



**ADDRESS:**

2801 – 13 AVENUE SE  
MEDICINE HAT, AB  
T1A 3R1

**PHONE:**

403-526-6951

**FAX:**

403-526-6836

**EMAIL:**

[info@chinookvillage.com](mailto:info@chinookvillage.com)

**CHINOOK VILLAGE NEWS  
& VIEWS IS PUBLISHED  
QUARTERLY:**

- Fall Edition – Sept
- Winter Edition – Dec
- Spring Edition – Mar
- Summer Edition – June

*For Independent Living residents, the newsletter is posted to our website, bulletin boards & CondoGenie. If you would like to receive a paper copy in your mailbox, please call Reception to be put on the list!*

**VISIT OUR WEBSITE:**

[www.chinookvillage.com](http://www.chinookvillage.com)

**CHECK US OUT ON:**

Facebook & Instagram



## Bistro Gardens Patio

Nestled just off the 2<sup>nd</sup> Floor Bistro in Assisted Living, the Bistro Gardens Patio is the perfect spot to bask in the summer sun! It's open daily for the use of all Chinook Village residents & their guests, but please keep in mind that hours of availability may vary based on scheduled Recreation activities.

### NOTICE FROM CANADA POST: Mail for Former Residents



#### Canada Post has provided the following information regarding what to do if you receive mail for former residents of your suite:

Canada Post must deliver ALL mail as required under the *Canada Post Corporation Act and Regulations*. Therefore, unless senders have been notified that the person named on the mail item has moved, the sender will continue to send to that person at your address.

If you receive mail with an incorrect name, simply follow these steps:

1. Contact the sender and inform them of the error so they can update their mailing list. Note that it may take a few weeks or longer before the list is updated.
2. Cross out the address on the piece of mail, write **Moved** or **Unknown**, and return it to a Canada Post mailbox in the outgoing mail slot.

**Note:** If the mail appears to be important (i.e., from the government or bank), you can bring it down to Chinook Village Reception and we will contact the former resident/family for pick up.

If you move, Canada Post has redirection services to notify businesses and other organizations of your new address. For more information, go to [www.canadapost.ca](http://www.canadapost.ca) or visit your local post office.

Should you have any questions or concerns about your mail service, you can call Canada Post Customer Service at 1-800-267-1177.

## Upcoming Holidays & Events

- June 1-7:** Seniors' Week
- June 3:** Seniors' Week BBQ
- June 21:** Father's Day
- June 24:** Neighbourfest
- July 1:** Canada Day
- July 22-25:** MH Stampede Week
- July 22:** Stampede Pancake Breakfast
- August 3:** Heritage Day
- August 12:** Neighbourfest
- September 7:** Labour Day
- September 23:** Neighbourfest



**Seniors' Week BBQ**  
**Wednesday, June 3<sup>rd</sup>**  
**11:30 AM - 1:30 PM**  
**The Park**  
Ticket Price: \$6  
Available at Reception