

THANK YOU TO THE COMMUNITY INITIATIVES FUNDING



GULL LAKE RAC
**CARDIO/STRENGTH
CIRCUIT CLASS**

With Lacey Fryer



FEBRUARY 25 - APRIL 6, 2026

When: WEDNESDAYS | 5:15-6pm (45min Workout)

Where: GULL LAKE ELK'S HALL

Cost: \$25 FOR 6 WEEK SESSION

Participants required to register for entire 6 week session.

REGISTRATION REQUIRED

Email gull.lake.rec.sk@gmail.com to register

www.GullLakeSk.com