
Fall 2023

KENNEDY GAZETTE



OFFICIAL PUBLICATION

THE KENNEDY GAZETTE



Grandfather Mountain Highland Games

The Grandfather Mountain Highland games were non-stop fun filled four days as always. We started out with set up and the calling of the clans on Thursday. We did not have the bear foot race this year due to the unfortunate incident last year where runners were struck on the roadway. It's unfortunate to end such a wonderful tradition, but safety is more important. There was a moment of silence for the runner who lost her life in 2022 and a memorial. Despite the somber beginning of the evening there was an air of excitement, and many friends were reunited and new friendships formed. Our tent location was moved from where we've been located over the past several years, the change in scenery was nice, but we didn't see as much traffic as normal. We were joined by two former members who rejoined and even volunteered to help in the next games. Welcome back Mike and Caitlin! Many hands helped to make light work over the weekend as we were joined by David and Amy Carrick, Sean Carrick, and Karen Kennedy. Friday evening David and Amy Carrick, Sean Carrick and I attended the patron's dinner at the Best Western in Banner Elk, it was a pleasant evening despite the crowd and we enjoyed visiting with friends, chatting with people who were new to the experience, and listening to music. There wasn't much room to move around and we excused ourselves outside where Sean and David discovered the a nicely placed swing where they were able to relax and cool off apart from the crowd. Amy eventually stole Sean's seat and we had a good laugh over the pictures are on Facebook. Saturday was a pleasant, but hot and humid day many Kennedys stopped by to chat and enjoy some refreshments and cool off from the heat. We gained one new member, Michele Shoop, from York, PA. We had a decent turn out and the weather was pleasant up until time to close on Sunday. We managed to get packed out just as the rain set in. Exhausted, full of ideas and hope for next year we bid goodbye for now!

Convenors: Samantha Dodson, Kim and Rick Hageman
Submitted by: Samantha Dodson, Newsletter coordinator

Fergus Scottish Festival and Highland Games

The family of our late Canada Chieftain, John A. Kennedy, continued his legacy by convening a tent at Fergus, ON, which was held the weekend of August 10-13. The games unofficially began on Thursday evening, August 9, with a parade in downtown Fergus. Representing the Kennedy Society in the parade were Dave and Amy Carrick, proudly carrying a 50th anniversary banner.

The tent convening was a family effort featuring Lydia Kennedy, along with her mother Mary Kennedy, and several siblings: Joyce Creighton, Adele LaFond, Elaine Goddard, and Paul Kennedy. In appreciation for their continued efforts, all were awarded an Ailsa Craig award - including three that weren't able to be in attendance: Carl Kennedy, Mark Kennedy, and Diane Bradshaw. Several respective spouses and children were also there. John Kennedy certainly had an impact on his family!

The tent had a lot of activity, with several Kennedys and Carricks stopping by. Our CASSOC delegate, Andrew McMurtry, also attended. Fergus was well supported, from Thursday night's parade and on into Sunday.

Dave Carrick, who is on the CASSOC board, was also able to assist in that tent on Sunday. The CASSOC tent was constantly busy, with all clan and associate members prominently displayed - along with QR codes that would take visitors to respective websites. Very impressive!

If you get the chance to go to Fergus, it is highly recommended!

Pictured below: Amy and David Carrick, with Lydia!



THE KENNEDY SOCIETY of NORTH AMERICA IS AWARDING SCHOLARSHIPS !!!



The Kennedy Society awards annual scholarships to students of Celtic arts such as dance, pipes, drums, harp, fiddle, and language arts. Adults may also apply.

***The deadline for scholarships is March 31.*

To receive a Kennedy Society scholarship, the student must meet these criteria:

•Be sponsored by a Kennedy Society member

Note: The student himself or herself does not have to belong to the KSNA. However, the student must be sponsored by a KSNA member. If a sponsor cannot be secured, please notify the scholarship chair for assistance. Otherwise, the application will be considered invalid.

•Plan to attend a certified workshop, class lessons, or camp of instruction

•Provide documentation of certification of the workshop, class, camp, or instructor

A scholarship award covers a portion of the cost of workshop, class, or camp registration.

***** To apply, fill out the scholarship application which can be found on the Kennedy Society website at: kennedysociety.org. OR request an application from: Jill Stupalsky at the address below. Your instructor or band director may also have applications.***

***** Send the application to the Scholarship Committee in care of: Mrs. Jill Stupalsky, at Email:45Jams@gmail.com or 12130 Kelly Green Blvd Unit 92 Ft Myers, FL 33908 Please feel free to contact Jill with any other questions.***

Words from our Chaplain

The last week of January, I was admitted to our local Emergency after a few days of stomach pain. After a scan I was informed of a perforated intestine and surgery should be done asap.

Not to delay, as the condition would progressively deteriorate. Knowing a surgeon of excellent skill I asked for him, only to be told he had retired.

So now decisions and control were out of my hands, it was the trauma surgeon on duty to perform the operation. What to do?

So in giving the go ahead and not knowing how good the doctor would be, needed my faith and all would be ok.

Thank God I came thru ok, they removed some 14 inches of intestine. Likely the section that enjoyed all the cake and ice cream?

After 4/5 days I asked to be released .

After some hesitation by staff , It was granted. As I was leaving the nurse said “how fortunate I was”.

Why I asked - and she replied “most people do not recover as well or fast as I did with that surgery”.

Again I thought, Thank you God. The greatest of all healers must have been with me in surgery.

So I can pray “ Thank God”, and for anyone: give your anxieties to God, Pray, rely on God’s strength, and trust God’s wisdom. Amen

What do we do when heaven seems silent? Stay in His Word and cling to the Father. Fill your heart with His promises. Go back to Scriptures that have spoken to you in the past. Be confident that God is working behind the scenes on our behalf.

Travel Safe to the Games and God Bless, Tom Kennedy , Chaplain

The Bible tells us that each of us somehow spread GOD’S word with humility, kindness and non-defensive.

Where can we be witness to God’s love and Grace. With this in mind I would ask to relate my recent surgical experience:

Each day I try to read the following that hangs near my desk:

Give your anxieties to God

Pray

Rely on God’s strength

Trust God’s wisdom

FOR GOD
SO LOVED
THE
WORLD
THAT HE GAVE HIS ONE AND ONLY SON,
THAT WHOEVER BELIEVES IN HIM
SHALL
NOT
PERISH
BUT
HAVE
ETERNAL
LIFE.
JOHN
3:16

A Message from the Chief



It is hard to believe that it is the end of summer, not to mention that it has been four months since the 50th anniversary in Townsend. Where did the time go for me? Well:

* Blairsville GA with David and Irene Phelps. Also attending were Chris and Sue Kennedy and Scott King.

* the Ohio Scottish Games in Cleveland with Bill and Julie Kennedy, who each received Ailsa Craig awards. I also got to see Kona and Kathi Gant who were hosting a Clan Claus booth.

* Grandfather Mountain NC, with Samantha Dodson and Rick and Sue Hageman. Also attending were Karen Kennedy, Sean Carrick, and Kevin Kennedy.

* Fergus ON, with Lydia Kennedy, her mother Mary Kennedy, and siblings Joyce Creighton, Adele LaFond, Elaine Goddard, and Paul Kennedy. Ailsa Craig awards were given to those at Fergus as well as her siblings that couldn't be there: Diane Bradshaw, Mark Kennedy and Carl Kennedy. Their family is continuing the legacy left by John Angus Kennedy, our late Canadian Chieftain. Also attending was Andrew McMurtry. Afterwards, Amy and I were able to travel to Tobermory, Parry Sound, and Toronto for the vacation that we had to postpone from last year due to covid.

Unfortunately, I was not able to attend the Virginia games at The Plains with Sean and Tammy Carrick.

The year will also be coming to a close soon, but there are still games to go: Laurinburg NC and Stone Mountain GA in October and Charleston and Clover (both SC) in November. Next year for me as Chief will be Central Florida in January and then the AGM at Loch Norman NC in April, with maybe one or two others during that time period. I hope to see many more Kennedys at games until then. It will all be here before you know it!

The next AGM will be April 20-21, 2024 at Loch Norman (Charlotte NC). Information regarding hotel, schedule, etc. will be made available later.

David Carrick

Attention Tent Conveners!!

As we end our 50 year celebration, it is important to identify where we will have Kennedy representation at games for 2023. In particular, this is necessary to make sure that it is coordinated so that there is a 50th anniversary banner at respective tents.

There are five such banners that will be shipped to and between conveners that will temporarily replace the existing Kennedy banners used at tents. Please let Leo Kennedy hdviking@aol.com or Dave Carrick david_carrick55@yahoo.com know the name and date(s) of your game so that this can be accomplished. It will also help us accurately fill out the game schedule on the website.

If you have never convened a tent before and are interested in doing so, Dave and Leo can answer your questions and assist you.

Let's make this year as special as possible!

Board of Governors

David Carrick
Chief/President
25 Crosswinds Way
Greer, SC 29650
Phone: 864-918-2505
david_carrick55@yahoo.com

Joanne Engelhardt
Secretary
3508 East 43rd Court
Des Moines, IA 50317
515-266-8542
kennedyofdm@gmail.com

Ed Kennedy
Rocky Mountain Chieftain
7263 South Johnson St.
Littleton, CO 80128
Hm: 303-472-9732
Its_a_kilt@yahoo.com

Tom Kennedy
Society Chaplain
1820 Independence Circle
Lincoln, NE 68521
tkennedy1@neb.rr.com

Sean Carrick
Vice President/Deputy Chief
1131 Spicewood Pines Road
Fort Mill, SC 29708
Phone: 540-270-3998
scarrick@yahoo.com

Mike Kennedy
Western Chieftain
260 Bluebell Lane
Grants Pass, OR 97527
Cell: 408-747-7890
rbrigadoon@att.net

Colleen Caldwell
Membership Chairman
278 Reservoir Road
Mt. Pleasant, PA 15666
Phone: 724-849-0024
caldwellkids@earthlink.net

David Carrick
Regional Director, SC/TN
25 Crosswinds Way
Greer, SC 29650
Phone: 864-918-2505
david_carrick55@yahoo.com

Leo F. Kennedy, III
Chief First Class Retired
43 Beverly Circle
Greenville, RI 02828
Phone: 401-949-1780
hdviking@aol.com

Kona Gant
Great Lakes Chieftain
33145 Hawks Nest Ct
North Ridgeville, OH 44039
Cell: 440-725-2107 (preferred)
Hm: 440-738-3545
santakona@gmail.com

Ken Freshley
Webmaster
4287 Windsor Ave.
Willouby, OH 44094
Phone: 440-942-2559
ken@freshleys.net

Chris Kennedy
Regional Director, GA
6415 Barberry Hill Drive
Gainesville, GA 30506
Hm: 770-844-9916
Cell: 678-313-7013
ckennedy@homemedpro.com

Bob Davis
Treasurer
281 E. Queens Drive
Williamsburg, VA 23185
Phone: 757-229-5653
macnider@cox.net

Nina Eppes
Northeastern Chieftain
31 Norma Drive
Nashua, NH 03062
Hm: 508-320-3469
nina.eppes@gmail.com

Samantha Dodson
Newsletter Coordinator
1597 Union Hill Rd.
Hendersonville, NC 28792
Phone: 828-817-3339
SamanthaKSNA@gmail.com

Sue Kennedy
Scholarship Committee
6415 Barberry Hill Drive
Gainesville, GA 30506
Hm: 770-844-9916
Cell: 770-533-1529
kenn6633@bellsouth.net

Blairsville Scottish Games

Blairsville Scottish Games 2023 was a tale of 2 days.

Saturday was a great day for the games, the sun was shining and a slight breeze on the other side Sunday it was a complete opposite, it was constant rain and the Games were called to a early close.

On Saturday we had our Chief David Carrick Join us at the tent as well as Chris and Sue Kennedy, John Kennedy, Karen Kennedy, Christopher Kennedy, Josh Kennedy, Scott Canady, Marlene Schultz, Karen Willingham, H.Renee Parrish, Ashley Jeff,

On Sunday it was quiet with a few people braving the stormy weather, we stayed till around noon and with only David Carrick and us we closed early.

After we packed everything away the sunshine came back out and brought with family members
Ready for the Games to begin.

Chris and Sue Kennedy, John Kennedy, Karen Kennedy, Christopher Kennedy, Josh Kennedy, Scott Canady, Marlene Schultz, Karen Willingham, H.Renee Parrish, Ashley Jeff,



David and our three new members Christopher Kennedy, Renee Parrish, and Karen Willingham.

Sue and Chris got a surprise visitor at the table Sunday was our turn for the surprise



New Hampshire Highland Games



Pictured in the attached photo, left to right: Nina Eppes (Northeast Chieftain), Mary Jo LaFreniere (longtime member), Leo Kennedy (Chief First Class, Retired), David Carrick (Society Chief/President)

The 48th Annual New Hampshire Highland Games and Festival was held Friday, September 15 and Sunday, September 17, 2023. The festival also had been scheduled for Saturday, September 16, but around 6:30 that morning we were notified that the Saturday events were canceled due to forecasted high winds from the remnants of Hurricane Lee, which was off the coast of Maine and heading toward Nova Scotia by that point. The White Mountains, where the New Hampshire Highland Games are held, are well inland, but hurricane effects still can make their way into the region (and have done so in the past, though not during a games weekend). In the end, the winds were gusty all day Saturday but didn't seem as fierce as had been predicted, and there was hardly any rain. We later learned that winds reached about 30 mph in the early morning and blew over a beer tent near the athletic field as well as a couple of porta johns. Fortunately, no other damage was reported. Outside of the COVID-19 closure in 2020, it was the first time in the history of this festival that a day of events was canceled.

The first day of the festival (Friday, Sept. 15) was quiet, as it typically is, and the weather was sunny and comfortable with temperatures in the upper 60s. On the last day of the festival (Sunday, Sept. 17), the weather was sunny and warm with temperatures in the mid-70s, but it was still breezy. Some of the Saturday events were rescheduled to Sunday. We did not sign up any new members, but several people expressed interest in the Society.

Society Chief/President David Carrick traveled to New England to attend these games for the first time only to miss out on what typically is the biggest day of the weekend. He took it all in stride, however. We hope he'll be able to return someday and experience the New Hampshire Highland Games in their full glory!

—Submitted by Nina Eppes, Northeast Chieftain

Virginia Scottish Games



50th Annual Virginia Scottish Games
The Plains, VA
August 31st and September 1st

The KSNA decided rather late (read Sean procrastinated due to Tammy's health situation) to convene a tent over the Labor Day weekend at the lovely Great Meadow in The Plains, Virginia. It was the first time the Society have been back to Great Meadows since our AGM at the 2015 games. It was a VERY hot and dry event. In fact, the area had not seen rain for over 45 days. Due to the late nature of our signing up for the games, we were placed off of the beaten path of Clan Row which severely limited foot traffic to our tent.

On Saturday, Claudette and Bob Davis surprised me when they popped up unexpectedly and were great company. Late in the day, local members, Elaine and Walter Wood, finally found the tent and the conversations were a welcome distraction after Claudette and Bob left for home in Williamsburg in the early afternoon. Great news! Elaine and Walter have volunteered to become our KSNA tent conveners for this games going forward. I will be providing them training at next year's games so they are fully equipped to handle it on their own in 2025.

Sunday was even hotter than Saturday. The crowds dissipated around 3PM and we had almost no foot traffic. We have made plans to have a better showing in 2024 and look forward to representing the Society.

Sean Carrick
Deputy Chief



Future Games

Our 50th year has had quite a busy schedule based on games that we will have a confirmed presence. All of these games and their respective links are on the KSNA website. In addition to Central Florida* earlier in January (thanks Suzanne and Frank!), this list includes:

October 21-22, Stone Mountain, David and Irene Phelps*

November 4, Charleston (SC), Sean and Tammy Carrick*

November 11, Clover (SC), Sean and Tammy Carrick*

(* indicates that Society Chief Dave Carrick plans on attending)

If anyone is convening a tent that is not on this list, please contact Dave Carrick (david_carrick55@yahoo.com) so that it can be put on the website. If you would like to convene a tent (!especially out West!), definitely contact Dave!!!

Many games are more than one day. The website only allows for one date to be listed, so the Saturday date is the default listing. The respective game's link will identify the actual dates.

DUES REMINDER

DO YOU USE ONLINE BILL PAY FOR YOUR MEMBERSHIP RENEWAL?
Remember to change my address with your banking institution ASAP.
The yearly membership dues are now \$35.00 as of January 1, 2023.

Send any questions to:
Colleen Kennedy Caldwell
KSNA Membership Chair
278 Reservoir Road
Mt. Pleasant, PA 15666

Membership Updates



Colleen Caldwell Membership Chair

FALL MEMBERSHIP NEWS

Greetings to all Members of the Kennedy Society!

This summer seemed more like the ones from my childhood—hot and humid. Maybe that is not an accurate reflection but it was certainly hotter than recent summers. I hope you each had an opportunity to visit a good Scottish Festival in your area during this 50th Anniversary year for the Kennedy Society. It is encouraging to see how many new events have popped up in the past couple of years; there are three new ones within a few hours' drive from me. Check out our website calendar for where you can visit at a Kennedy tent before the end of the year. Fall is a great time to enjoy a festival!

WELCOME TO ALL OF OUR NEWEST MEMBERS!

(Ailsa) Renee Garmany Parrish of Altoona, AL
Karen Willingham of Armuchee, GA
Christopher Kennedy of Marietta, GA
Donald Kennedy of Eugene, OR
William Richardson of Hoover, AL
Lisa Lewins of Concord Twp, OH
Michele Shoop of York, PA

Kevin Kennedy of Norcross, GA
Lynne Bennetch of Harrisburg, PA
Michael Kennedy of Freedom, PA
Melissa Kennedy of Alliston, Ontario, Canada

New Lifetime Member
Patrick Kennedy of Oklahoma City, OK

Returning Members
Mike Frady of Raleigh, NC
Caitlin Frady of Raleigh, NC

Attention all Members and Tent Conveners:
Please note that I have moved! Please use my new mailing address included below to avoid mail delays. My new landline phone number is 724-849-0024; my cell phone is still 304-216-4005; email is the same
caldwellkids@earthlink.net



Attention all Members and Tent Conveners:

Please note that I have moved! Please use my new mailing address included below to avoid mail delays. My new landline phone number is 724-849-0024; my cell phone is still 304-216-4005; email is the same caldwellkids@earthlink.net.

Attention Tent Conveners:

Tent forms have been updated for 2023 with the new membership fees and my new mailing address. Please use the new forms at your tent. Contact me if you still need the new forms.

Send any questions to:
Colleen Kennedy Caldwell
KSNA Membership Chair
278 Reservoir Road
Mt. Pleasant, PA 15666



WANTED: Kennedy Gazette newsletters between 1990 and 2005.

Are there any long-time members out there who have saved their newsletters?

If this is you, please contact Colleen Caldwell. She would like to borrow them to scan and add to the website. There are still a few gaps between 1990 and 2005.

We are looking for these specific issues:

1991 Spring volume 15 number 1
1991 Summer volume 15 number 2
1994 Summer volume 18 number 2
1998 Fall volume 22 number 3

1999 Winter volume 23 number 4
2003 Winter volume 27 number 4
2004 ALL ISSUES

Fall Recipe!

Scottish Steak Pie

This is an amazing slow cooked steak pie that's extremely popular around New Years or Hogmany as it's called in Scotland. This is definitely going in our recipe book!

And who knew this is where we would finally get the answer to how to pronounce Worcestershire sauce!

INGREDIENTS

- 800g Diced Beef Stewing Steak (approx 2lb)
- 2 tbsp Plain Flour
- 2 tbsp Olive Oil/Butter
- 2 Large Roughly Chopped Onions
- 500ml Beef Stock (approx 2 cups)
- 35ml Lea & Perrins Worcestershire Sauce, Pronounced - Wooster-sheer (approx 2 tbsp)
- 1 tbsp Tomato Puree
- 1 tsp Dijon Mustard
- 375g Ready Rolled Puff Pastry (Approx 13.2 oz)
- Salt and Pepper to taste
- Beaten egg or milk to brush the pastry (optional)

INSTRUCTIONS

1. Firstly take your mixing bowl and toss the beef in the plain flour, this will help insulate the meat while browning as well as helping the sauce to thicken. You can season the flour to help add an extra depth of flavour if you'd like.
2. Heat your pan and add the oil/butter. Once hot add the onions and cook until soft.
3. Once the onions are soft add the beef to brown it, this should only take a few minutes.
4. Once browned add the stock, Worcester Sauce, tomato puree, Dijon mustard and seasoning.
5. Bring the mixture slowly to the boil.
6. Once it begins to boil reduce the heat and allow to gently simmer for about 2.5 hrs.
7. During this time stir occasionally and, if like us, you have a gas stove that doesn't have a low enough setting to simmer keep rotating the pan to avoid too much heat in one place.
8. Once the sauce is good and thick and the meat is soft tip the mixture into the pie dish. It should be roughly 3/4 full.

Fall Recipe!

Scottish Steak Pie

Instructions Continued:

9. Preheat your oven to 180°C or 356°F, approx gas mark 4.

10. Cover the top of the pie dish with the rolled puff pastry and use a knife to trim off any excess pastry. Use your thumb or a fork to push down or crimp the edge of the pastry along the rim of the dish, helping to seal the mixture and the flavor in.

11. Brush with a beaten egg or milk to help the pastry brown. Make a hole in the centre of the pie to allow steam to exit during cooking.

12. Place the pie into the preheated oven for roughly 30 mins or until the pastry has risen and is golden brown.



Kid's Corner for the Wee Ones!!

What is a Wulver?

Wulver



Draw yourself in the window.

What is a Wulver?

Cultures around the world have myths and legends. Most myths and legends are very old. Many are about animals, animals that aren't real. Some stories were made up to explain things people didn't understand. Others were made up to teach a lesson.

Some legends are about man-wolves. The most well-known known man-wolf is the werewolf, a man who turns into a wolf at the sight of a full moon. (Professor Lupin In Harry Potter stories is a werewolf.) From Scotland's Shetland Islands comes a very different man-wolf, the Wulver. The Wulver is not a human and he is not a wolf. The Wulver is an intelligent animal who has the body of a human and the head of a wolf. Instead of being a scary beast the Wulver is kind. He likes to help people who are lost find their way. The Wulver likes to spend the day sitting on a "stane" (stone) by the river fishing. He eats some of the fish he catches. What does he do with the rest of the fish? He takes it to the homes of very poor people and places it on the window sill. Because of his kindness, the poor people have food to eat.

There are very poor people all around the world. Can you be like the Wulver? Talk to your parents about the way you can help people who don't have what they need. Many of these things are done by adults, but children can help, too. Perhaps you can start a clothing drive. You can ask your friends, neighbors, and family for clothing they don't wear any longer. You can take these clothes to a Clothes Closet so they can be given to people who don't have the clothing they need. You can organize a food drive. The food can be given to a Food Pantry where it can be given to those who don't have enough food. With the help of your parents there are many things you can do to help people. In my city we have Urban Bicycle Food Ministry – Des Moines. One day each week many volunteers get together at a local church and make 320 turkey and cheese sandwiches, 400 peanut butter and jelly sandwiches, and 1,000 burritos. Then we go out on bicycles and in cars to serve the homeless in our city. Most of the volunteers are adults, but children, even children as young as 4, come to help, too! Perhaps you can encourage adults you know to start a food ministry in your city. It is a lot of work, but we have fun while we do it!

Winter Edition

It's never too early to start preparing for our next edition. Due to recent changes in formatting it's taken a while to get everything put together nicely for you. Please remember that the deadline for the next edition will be December 3rd 2023
