



**KELOWNA & WEST KELOWNA
GRADES 4 – 6 GIRLS SELECT TEAMS
SPRING LEAGUE SCHEDULE 2025**

UPDATED: APRIL 24, 2025

CHANGES AND UPDATES IN RED

TEAM WEST KELOWNA	COACH
FLAMES	DAN CUMMINS 778-214-7541
	westkelownaminorbasketball@gmail.com

TEAM KELOWNA	COACH
HEAT	RAEYA MADDEN 250-467-4511
	raeyamadden@gmail.com

ROSE VALLEY ELEMENTARY SCHOOL: 1680 Westlake Rd, West Kelowna, BC
CHIEF TOMAT ELEMENTARY SCHOOL: 3365 E Boundary Rd, West Kelowna, BC
RUTLAND MIDDLE SCHOOL: 715 Rutland Rd N, Kelowna, BC

**PROGRAM WILL RUN A WEEKLY TWO HOUR SESSION,
ONCE A WEEK IS A PRACTICE AND THE ALTERNATE WEEK IS A GAME.**

WEEK	TEAM	PRACTICE	DATE	Location	Time
1	WEST KELOWNA FLAMES	PRACTICE	MONDAY, APRIL 7	CHIEF TOMAT ELEMENTARY SCHOOL	6 – 8 PM
1	KELOWNA HEAT	PRACTICE	MONDAY, APRIL 7	RUTLAND MIDDLE SCHOOL	5 – 7 PM
2	WEST KEL FLAMES VS KELOWNA HEAT	GAME	MONDAY, APRIL 14	RUTLAND MIDDLE SCHOOL	5 – 7 PM
3	WEST KELOWNA FLAMES & KELOWNA HEAT	PRACTICE	MONDAY, APRIL 28	ROSE VALLEY ELEMENTARY	6 – 8 PM
4	KELOWNA HEAT VS WEST KEL FLAMES	GAME	MONDAY, MAY 5	ROSE VALLEY ELEMENTARY	6 – 8 PM
5	WEST KELOWNA FLAMES	PRACTICE	MONDAY, MAY 12	ROSE VALLEY ELEMENTARY	6 – 8 PM
5	KELOWNA HEAT	PRACTICE	MONDAY, MAY 12	RUTLAND MIDDLE SCHOOL	5 – 7 PM

WEEK	TEAM	PRACTICE	DATE	Location	Time
6	WEST KEL FLAMES VS KELOWNA HEAT	GAME	MONDAY, MAY 26	RUTLAND MIDDLE SCHOOL	5 – 7 PM
7	WEST KELOWNA FLAMES	PRACTICE	MONDAY, JUNE 2	ROSE VALLEY ELEMENTARY	6 – 8 PM
7	KELOWNA HEAT	PRACTICE	MONDAY, JUNE 2	GLENMORE ELEMENTARY	5 – 7 PM
8	KELOWNA HEAT VS WEST KEL FLAMES	GAME	MONDAY, JUNE 9	ROSE VALLEY ELEMENTARY	6 – 8 PM