warner institute

Nationally Recognised Training

CHC43415

Certificate IV in Leisure & Health

Interactive Online Delivery

Is this course for you?

This course is the 'right-one' for you if you are:

- Currently working in a leisure and health role and want to get your qualification.
- Currently working in the **Ageing or Disability** sector and would like to learn more about leisure and health and how it relates to your role.
- New to the Community Services sector and want to start work in a leisure and health role.

You are keen to deliver best practice approach to providing person centred, meaningful, interactive experiences for your clients, commencing when they wake.





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We've been building experts since 2005

Our Reason For Being is:

To empower people to enjoy going to work and perform better; to develop and support them to succeed.



This is what our students think:

"The trainer was the major help line in the understanding of the course, I could not recommend a more well educated trainer to work with."

Graduate, CIV Leisure and Health

"We were encouraged to ask questions and given a lot of positive feedback and encouragement to build our confidence. The activities where we were encouraged to speak up and be involved were great."

Graduate, CIV Leisure and Health

"The training was clear and easy to understand. The trainer was friendly and made learning enjoyable. Real-life examples helped explain the topic."

Graduate, CIV Leisure and Health

"The activities where we were encouraged to speak up and be involved were great."

Graduate, CIV Leisure and Health

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What will you take away from this course?

This Certificate IV in Leisure and Health recognises the pace at which the Aged Care & Disability sectors continues to evolve, with a greater focus on personal connections and interactions, and the empowerment of people to participate in their support.

This course will grow your understanding so that you can work with your clients and other health professionals to create and develop meaningful activities, and identify community events, where your clients can engage with purpose.

Completing this course will support you to improve the overall wellbeing of every person you support – so you can confidently and competently support them to live their best lives.

This course has been designed for people who are looking for a new career, or who are currently working within the Aged Care or Disability sectors and wish to gain their qualification.

Learn and Earn Pathway™ applies:

We can connect you to real job opportunities with our aged care and disability industry partners through our Learn & Earn Pathway™, so you can train on the job while completing your structured course.
This support helps you gain meaningful employment during your studies, and supports you to build your skills and consolidate your learning - helping you achieve your career goals sooner.

Session Breakdown	CIV in Leisure and Health
Induction Session	1
Classroom Sessions	37
Coaching Sessions	8
Total Sessions	46
Total Duration	12 months



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What You Will Need

Inherent course requirements

Supervised Practical Placement

This course has a mandatory requirement for students to complete 120 hours of work in a relevant role - this includes an Aged Care or Disability workplace.

If you are already working, we'll help you to understand how many hours can be undertaken in your normal role, and how many will need to be done on unpaid placement, if any.

This will vary depending on the types of work you are able to be exposed to in your normal workplace.

We'll organise your supervised work placement if you need it - Your roster for unpaid placement will be negotiated with your approved host placement provider(s) ; generally, this will be full days, five days per week.

Screening Checks and Immunisation Requirements

Aged Care and Disability employers will require you to have clear and current screening checks in place, prior to hosting you on placement, or employing you.

You will be required to provide evidence of your vaccination history for your Host Practical Placement Provider, and for potential employers.

Screening checks and immunisation requirements are determined by public health directives and/or host organisation policy. More detail is available in the Student Handbook.

If you are working you may already have these.

IT & Internet

You will require a computer or laptop and a reliable internet connection to facilitate your student journey, from enrolment to completion.

This includes accessing:
- the student portal,
- electronic learning and assessment tools, and
- live online classroom.

iPads and tablets are not sufficient tools to complete this course.

You will require both a camera and microphone to participate in online sessions.

You'll also need access to Microsoft Word to complete your written assessments.

If you require any technical coaching or support, don't panic!

We have a range of supports, including our help desk, built into our normal delivery to ensure students are comfortable.

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What will you learn?

You'll be able to more skillfully and confidently:

- Understand the importance of leisure and health in community services in both aged care and disability sectors
- Connect with your clients using a person-centered mindset, and support them to identify their goals and preferences
- Foster your client's independence and wellbeing by encouraging participation in activities that are meaningful to them
- Follow individual plans that have been designed to support clients to implement behaviour change strategies
- Gain a better understanding of how to plan participation in activities when your clients have complex needs
- Develop strength-based leisure and health programs that actively encourage group or individual participation in existing community activities
- Better determine the support required for clients with a mental health diagnosis
- Understand the impact of dementia on your clients
- Encourage a positive and collaborative approach to working to identify and overcome challenges and barriers to participation
- Understand the health status of your client, so that you can plan for engagement in



12 months



Live interactive online sessions



Morning or evening sessions each week (excl. EOY Hols)



Attendance & Participation Requirement



Mindfulness and Resilience tools are built in

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Your Course Content

Core Units

CHCCOM002	Use communication to build relationships
CHCDIV001	Work with diverse people
CHCLAH001	Work effectively in the leisure and health industires
CHCLAH002	Contribute to leisure and health programming
CHCLAH003	Participate in the planning, implementation and monitoring of individual leisure and health programs
CHCLAH004	Participate in planning leisure and health programs for clients with complex needs
CHCLAH005	Incorporate lifespan development and sociological concepts into leisure and health programming
CHCPRP003	Reflect on and improve own professional practice
HLTAAP002	Confirm physical health status
HLTWHS002	Follow safe work practices for direct client care

Elective Units to meet the specialist streams

CHCAGE001	Facilitate the empowerment of older people
CHCAGE005	Provide support to people living with dementia
CHCCCS020	Respond effectively to behaviours of concern
CHCCCS023	Support independence and wellbeing
CHCDIS003	Support community participation and social inclusion
CHCMHS001	Work with people with mental health issues
CHCDIS011	Contribute to ongoing skills development using a strengths-based approach

Practical Placement Requirements

We'll organise any placement you need

Currently Working in an activity role?

The hours you work may be credited towards the 120 hours of work required for this qualification. You will need a mix of aged and disability sector experience.

You will be provided with Warner Institute documentation to complete as evidence of these hours.

Not currently working in an activity role?

We will organise your supervised work placement.

This qualification has a practical experience requirement of 120 x hours.

You will undertake two placement blocks throughout this course, 1-2 weeks in Leisure and Health (Disability), and 2-weeks in Leisure and Health (Ageing). These will be scheduled in the second half of your course.

Your Host Placement Providers will nominate the dates and times of your placement shifts.

Observations

At the time that your placement is arranged, our team will schedule your observations.

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Fees and Funding

Scan the QR code, or click on the link underneath, to access the Fees and Funding page of our website.

On this page you'll find:

- Full details of all fees and charges associated with your enrolment in the Schedule of Fees,
- Funding criteria for your State (where applicable), and
- Our Fees and Refund Policy.

https://www.warnerinstitute.com.au/fees-and-funding

Discretionary Fees

Rescheduling Fees:

- If you miss a scheduled practical session, or confirmed practical placement, and have not provided sufficient notice, you will be charged a rescheduling fee of $55.

Other Fees:

- Additional discretionary fees (such as RPL applications, certificate reissues, class transfers, and recommencements) may apply depending on individual circumstances.

For full details, please refer to the Schedule of Fees downloadable from the Fees and Funding page via the QR code above.

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Setting You Up to Succeed

Enrolment Process

At Warner Institute, we are committed to supporting you to achieve your goals.

Our enrolment process is designed to set you up for success - ensuring that you have the right supports in place, for the best possible start in your chosen qualification.

These are the steps in our enrolment process:

1

Assessing your eligibility for funding
Will you be enrolling as a fee-for-service student, or are you eligible for government funding?

2

Is this course the right fit for you?
We'll make sure your chosen qualification matches your goals and interests, and that it will help you achieve your career goals.

We'll help identify any learning, life or other supports that can be provided, to help you succeed.

3

What supports can we put in place to help you succeed?
Don't panic! The online reading, writing and numeracy assessments help us to see if there's anything extra we can do to help you with classes and course work.

It's all part of the process to set you up to succeed.

4

Confirming your enrolment details
As we finalise your enrolment, we'll make sure that everything is set up to be ready for when you start.

If this course isn't the right fit for you right now, we'll guide you to other great options.

5

Welcome aboard!
Once enrolled, we'll set up everything you need, and get you started on your learning journey.

Join us and experience a supportive enrolment process that puts your success first!

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Setting You Up to Succeed

Our Student Wellbeing Team

Our Student Wellbeing Team collaborates with our Course Managers, monitoring students and their progress, to ensure that the right support is provided.

You can reach out to us at any time to access support with study skills, motivation, time management, and additional coaching.

When we say we're committed to your success, we mean it.



Australian Counselling Service

Warner Institute students have access to free counselling via the Australian Counselling Service (ACS).

ACS is the clinical division of the Australian Institute of Professional Counsellors.

- Free, confidential, telehealth counselling
- Help with study stress, anxiety, motivation, and personal challenges
- Diverse team of counsellors from various backgrounds
- Available 8am–8pm, 7 days a week
- No waitlist, appointments available within 48 hours
- You will hear more about this at your Induction.

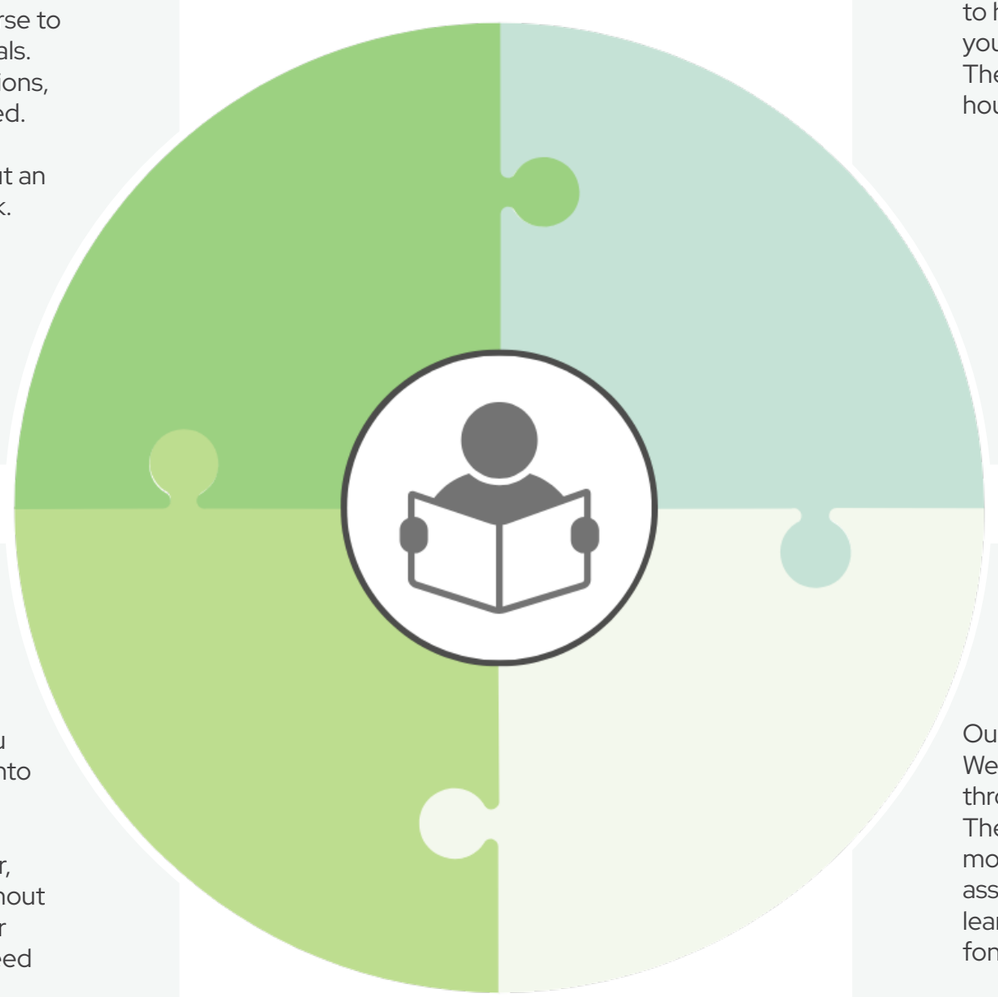
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You're at the centre of all that we do

Your Course Consultant

Our team of Course Consultants are here to help you find and enrol in the right course to support you to achieve your career goals. They're available to answer your questions, so you have all the information you need.

Speak to your Course Consultant about an obligation-free funding eligibility check.



Student Support

Our friendly Student Support Team are here to help you with any administrative support you may need.
They're available during extended business hours.

03 9555 9100
1300 1400 99

admin@warnerinstitute.com.au

Course Managers

Your Course Manager will share their real-world experience with you, so you can see how your learning transitions into working in the sector.

As an experienced and qualified trainer, they'll be there to support you throughout the course. You'll be able to call, text or email them between sessions if you need extra help.

Education Experience & Wellbeing Team

Our dedicated Education Experience & Wellbeing Team are here to support you throughout your journey.
They will provide extra support, guidance and motivation to help keep you on track with your assessments and attendance - and make your learning experience one that you will remember fondly.

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Whole Person Learning Model™

Our point of difference is that we are as committed to you, as you are to your clients.

We incorporate your learning style(s) across our sessions. Our Whole Person Learning Model™ enables you to explore your emotional intelligence; enhances resilience, whilst you apply your learning to maximise outcomes.

Throughout your course, you'll get to know yourself, so you'll better understand, communicate and connect with your clients and others.



Nurturing and support

Our students have a dedicated Course Manager supporting, coaching and mentoring them throughout their course. They are available between sessions for students, should they require extra support.

It's learning underpinned by a safety-net of non-judgmental support and mentoring provided by the Course Manager & our Lead Education Experience & Wellbeing Team.



Multi-learning methodology

Our workshop style sessions incorporate a range of activities relevant to student learning styles as determined early in the course. We include activities to improve learning capability and maintain interaction throughout each session. We ensure that it's fun.

It's learning through engagement.



Consultative delivery

Each session relates content back to specific issues that workers deal with every day. Conversations during classes help students identify how they can apply the content back in their workplace, and they are encouraged to do so.

It's learning that makes a difference to how the student does their work and what they change in their service delivery.



Contextualised material

Content is condensed into blocks of like subject matter and contextualised to the workplace. Take-Away activities reinforce their learning in the workplace immediately, so clients experience the change as the students modify the way they deliver their services.

It's meaningful learning with workplace relevance and application so students can recall what they have learned at the right time.

Our Whole Person Learning Model™ will build you up to feel more confident about yourself.

This makes it simpler for you to learn, and then after, relate it back to your workplace in a way that's useful to you.



Emotional intelligence

Our students gain a greater sense of self awareness, enabling them to be more insightful as they interact with others.

This enhances workplace communications and interaction; it supports client connection.



Build adaptability

Our students build their creative talents to stimulate innovation, encourage problem solving relevant to the situation, and anticipate & plan for change.

Students are more able to think outside the norm to manage and plan for workplace change, effectively connecting with stakeholders.



Applied learning

Our Whole Person Learning Model™ enables students to grow their capacity for retention, adoption and implementation of their new best practice skills & knowledge.

Student learning is recalled in the workplace resulting in better service delivery with better outcomes.



Resilience Toolkit

Students are exposed to tools to further build inner authentic strength and resilience through connection to values, talents, perception and passion.

Students learn to use these tools that are ultimately life changing, resulting in a more focussed, engaged, and connected team member with a toolkit to share, relevant to their clients.

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Additional Details

Qualification Description

CHC43415 Certificate IV in Leisure & Health

This qualification reflects the role of workers participating in the design, implementation and evaluation of leisure, health activities and programs for clients in one or more sector areas. Workers may be in residential facilities and/or in community agencies and day centres, completing specialised tasks and functions in relation to leisure and health. While workers are responsible for their own outputs, work is carried out under direct or indirect supervision within defined organisation guidelines.

To achieve this qualification, the candidate must have completed at least 120 hours of work as detailed in the Assessment Requirements of the units of competency.

No licensing, legislative, regulatory or certification requirements apply to this qualification at the time of publication.

Source: training.gov.au

Credit Transfers

Your revised timetable, Training Plan and Tax invoice will be provided to you where any credit transfers have been confirmed by Warner Institute.

You will be required to attend all sessions of the course until the approval is granted.

There is no reduction in the Tuition Fee for Credit Transfers for Full Fee Students.

Homework

Average 4 hrs/wk

Homework, self-study and independent research of on average 4 hours a week are required for successful completion of this course, however this may vary for each individual.

Career Outcomes

Completing this nationally accredited learning program provides you with the qualifications to work in a range of roles including:

- Community Recreation Activity Assistant
- Day Support Disability Officer
- Recreational Activities Officer
- Weekend Recreational Activities Officer
- Community Leisure Officer
- Diversional Therapy Assistant

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Your Learning Pathway

Grow with

A qualification that provides the foundation knowledge that you need, so you can confidently deliver a high quality support to your clients, and know that when you're ready to continue your development, you have the right qualifications to enable you to do so.

Certificate III in Individual Support

Adapt with

A qualification that builds on your existing knowledge so you can deliver a higher standard of care to your clients, and feel more confident and capable while doing so.

Certificate IV in Ageing Support

Certificate IV in Disability Support

Certificate IV in Leisure & Health — You are here

Lead with

A diploma level qualification to become a leader in your community and organisation. Empower your team to deliver the best quality care for your clients and have your say in the future of community and health.

Diploma of Community Services

Diploma of Leisure & Health

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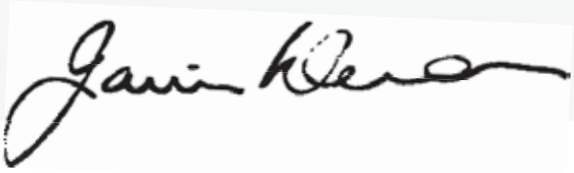
Since 2005, we've supported organisations to build their teams to confidently support their clients and community, and we've supported our students to gain the qualifications they need so that they can take the 'next step' in their lives.

My passion for training that results in workplace change, led to the research and starting of Warner Institute. The development of our Reason for Being and then the Warner Institute Whole Person Learning Model™ have become the driving force for everything we do. Our unique Whole Person Learning Model™ understands that each person is unique and learns differently. It is designed so that students grow in self awareness, confidence & resilience, becoming empowered to deliver their new best practice skills and knowledge learned as part of their courses. With our support, they apply this in their workplace until it embeds their every day practice.

I really appreciate the success stories of our graduates and the Warner Institute Alumni. So many stories demonstrate how our students new learnings have improved their lives and their clients lives.

Many of our students start out anxious and unsure about their capability to study. Post study they are now empowered in so many ways and it brings joy to our team to see their new found confidence as they graduate.

This continually reinforces to me, the value of driving our business decisions based on our Reason for Being.



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