

February Board Meeting Minutes

Date: February 26, 2026

Facilitated by: Diana McCall

In attendance: Loki Donohue, Susan Freeman, Josh Franks, Sara Ness, Rob Heskett, Javonne Green, Lauren Clark

A quorum is established

Beverly Jurenko, prospective board member, attended part of the meeting

Meeting held online via Zoom and in person at the United Way Building in Conference Room 1, In Asheville, NC, USA from 4:00pm-5:30pm

Welcome and Centering

The meeting began with a centering exercise led by Diana McCall, inviting participants to pause, breathe, and reflect on what feels precious and ephemeral in their lives. Participants shared personal reflections on topics like time, connection, and growth.

Program Evaluation Findings

Sara Ness presented quantitative and qualitative data from a recent program evaluation survey of SeekHealing participants. Key insights included:

- Generally high Net Promoter and Net Transformation Scores across different event types and locations
- Participants most wanted to gain community, emotional support, and communication skills from SeekHealing
- Areas where participants felt they got less than they wanted included community/friendship and contribution opportunities
- Barriers to participation included work/family commitments, emotional/anxiety issues, and past negative experiences Sara proposed several ideas to address these gaps, such as offering more evening/flexible sessions, streamlining contribution pathways, and improving onboarding.

Board Candidate Interview

The board interviewed Beverly Jurenko as a prospective new board member. Beverly shared her background in business, coaching, and diversity/inclusion work, as well as her strong

alignment with SeekHealing's mission and values. The board unanimously voted to welcome Beverly onto the board.

Collaborative Board Leadership

The group discussed transitioning to a collaborative board leadership model, where different board members would take turns facilitating the monthly board meetings. Assignments were made for the next four meetings, and the group considered key topics that would need to be addressed in the coming months, such as planning the annual fundraising event and exploring the purpose/structure of board committees.